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Last flood quick, but damaging in town

By **MIKE WILLIAMS**
The Patriot

The Town of Pulaski's most recent flooding event was quick, but costly with 47 structures in and around the town being damaged.

The quick event set off a new round of discussions among town council members about what can be done to stop such flooding in the future.

Pulaski Fire Chief Robbie Kiser reported to Town Council last week that damages to residences, commercial structures and town facilities from the April 13 flooding totaled over \$300,000.

Kiser told council that the town saw 22 commercial structures sustain "minor" to "affected" levels of damage. He noted the town used Virginia Department of Emergency Management (VDEM) tools in assessing the damage.

He added that, together, the town and county had

25 residential structures damaged with two in the Brookmont Road area of the county near the town being deemed destroyed. Damage to four residences were deemed as "minor," while the remaining 21 sustained "minor or affected" damage.

Kiser said the main areas of flooding within the town included the streets of Crescent, Lottier, Dora Highway, Altoona, Lafayette and East Main Street / Madison.

The town's flooding extended into the county along Brookmont Road.

Kiser said residential damage totaled in the \$176,000 range, while commercial damages amounted to \$101,000.

"It was a quick flood," Kiser noted. "It was about a six-hour event, but it did a lot of damage. The water went down about as quick as it came up."

Town owned areas affected by the flooding will need some \$50,000 in repairs.

See **FLOOD**, page A2



Mike Williams/PC Patriot
Peak Creek's channel is full as it flows through downtown next to the Pulaski Post Office during the April 13 flooding event.

WEEKEND WEATHER

Saturday	Sunday
Mostly sunny, with a high near 78. Calm wind. Chance of precipitation is 50%.	Partly sunny, with a high near 77. Chance of precipitation is 40%.
Saturday Night - Partly cloudy, with a low around 63. Chance of precipitation is 30%.	Sunday Night - Mostly cloudy, with a low around 62. Chance of precipitation is 60%.

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Tuesday is Election Day in Pulaski, Dublin, Radford

By **MIKE WILLIAMS**
The Patriot

Election day in the Towns of Pulaski and Dublin and the City of Radford City is Tuesday, May 19.

Polls will be open from 6 a.m. to 7 p.m.

Voters in both Pulaski and Dublin will elect a mayor and three members of town council.

In Radford, voters will elect two members of city council and two members of the city's school board.

Pulaski
David Clark is seeking re-election to a second term as mayor. He will be challenged by Shannon Collins.

The mayor's term is for two



years.

Three incumbents are seeking re-election on council – Jamie Radcliffe, Joseph Goodman and Greg East. Pulaski attorney Michael Reis is the lone challenger for council.

The top three vote getters are elected, and terms are for four years.

Dublin
Benny Skeens is seeking re-election to a sixth term as mayor and is being challenged by councilman Norman "Buck" Dowdy II.

Mayor terms in Dublin are for four years.

Four candidates are seeking three seats on council. They are incumbent Edith Hampton and challengers Wayne Seagle, Dallas Cox and Peggy Hemmings.

Vice Mayor Doug Irvin Sr. chose not to seek re-election.

Council terms in Dublin are for four years.

Radford
Four candidates are seeking two seats on city council, including...

See **ELECTION**, page A2

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Office Manager




Shay joins Martin's Pharmacy

By DANIELLE REID
The Patriot

Martin's Pharmacy is expanding to greater serve the needs of the Pulaski County community, with a new member on the Pharmacy staff and soon-to-open location in Dublin.

Although the pharmacy has been a local business for 77 years, Pharmacist Eddie Hale bought it 43 years ago in 1985 from Henry and Ralph Martin.

According to Martin's pharmacist Dr. William "Will" Hale, "We are constantly expanding to include many patient care services, new locations and qualified pharmacy staff. Our modernized pharmacy maintains the intimacy of a neighborhood pharmacy while serving the community's everyday health needs."

Dr. Candice Shay, Pulaski County High School graduate of 2014, is the most recent addition to the pharmacy staff. Shay began her career with Martin's the beginning of May 2020 after her graduation from the Appalachian College of Pharmacy.

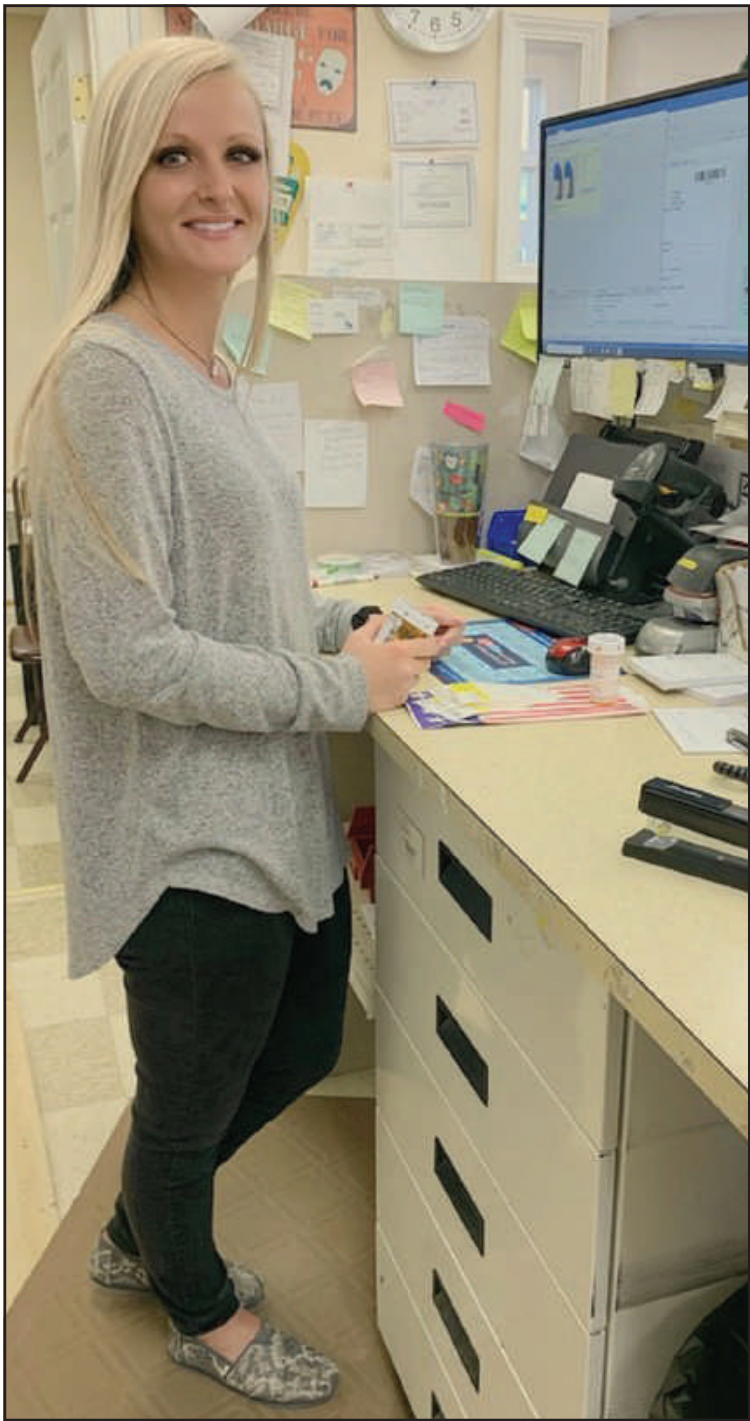
"Working for a community independent pharmacy is very rewarding," said Shay. "You can really get to know every patient on a personal level. It is nice to have that connection. There is a big difference between the corporate and independent pharmacies," comments Shay, who previously worked at a major corporate pharmacy for five years.

After high school graduation, Shay attended NRCC on the Martin's Pharmacy Scholarship while working as a pharmacy tech. "I took pre-requisites for pharmacy school at NRCC then a heavy concentration in chemistry at Appalachian College," explains Shay. By taking accelerated classes and going year-round, Shay completed pharmacy school in three years, rather than the normal four-year program.

"Pharmacy school is very competitive. You have to complete all required undergraduate classes with a high GPA, take the PCAT admission test, pass the interviews, start graduate school, and complete your doctorate level classes. In addition, during the final year of classes, you have a rotation as an intern. I interned at six different locations in a six-week rotation cycle," says Shay.

"To achieve my goals, I gave up social life, sleep and actually had to get glasses from the eye strain caused by working 18 hours a day on the computer." Shay, who ran track in high school, says running and working out helped her to deal with the stress and maintain balance. She believes that physical activity is important to good health.

Now that she has some leisure time, Shay likes to spend it with family and hiking on the local and Roanoke trails. She is looking forward to staying with Martin's Pharmacy as it grows, and



Danielle Reid / PC Patriot

Candice Shay recently joined the pharmacy staff at Martin's Pharmacy in Pulaski. Shay says, "Working for a community independent pharmacy is very rewarding. You can really get to know every patient on a personal level. It is nice to have that connection. There is a big difference between the corporate and independent pharmacies," comments Shay who previously worked at a major corporate pharmacy for five years.

to serving the people of Pulaski County; and says she is happy to be back in her hometown.

Martin's Pharmacy is located on N. Washington Avenue in downtown Pulaski, with a second location in Rural Retreat on W. Buck Avenue. In August Martin's will be opening their Dublin location adjacent to the new Family Dollar Store on Lee Highway.

Pharmacist Dr. Kristen Owens is now serving in the Rural Retreat location, while Pharmacists Dr. Ashley Williams and Doug Futrell will be based in Dublin.

As an independent pharmacy, Martin's offers home delivery within the city limits, drive-thru service, multi-dose packaging for those taking multiple medications, compounding of medications, medical therapy management by appointment, on-line wellness classes, in-house/pharmacy grade hand sanitizer, surgical masks and gloves.

Pulaski Council Oks agreement in support of 'Project Cow'

By MIKE WILLIAMS
The Patriot

After several closed-door sessions in the past, Pulaski Town Council last week gave its blessing to what it calls "Project Cow."

According to Town Manager Shawn Utt, Project Cow involves a \$3 million expansion of Calfee Park over the next five years.

Besides the additional investment in the park by its owners, Historic Calfee Park, LLC the project will also mean the retention of at least 75 jobs.

As its contribution to the project, last Tuesday town council approved a performance agreement with Historic Calfee Park, LLC that provides an annual real estate tax incentive back to the park owners.

The town will waive all real estate taxes owed by Calfee for 2020, 2021 and 2022, and 50 percent of taxes owed for tax years 2023, 2024 and 2025.

Utt reminded council that when the town owned the ball-park, it did not collect any taxes from the property.

"Now we're getting quite a bit from meals taxes and other tourism related revenues. I think we're still ahead of the game," regardless of this new agreement he said.

Utt said the agreement council was considering is a replica of a similar document adopted by the Pulaski County Board of Supervisors and the county's Economic Development Authority.

Council approved the agreement on a unanimous vote.

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Area Obituaries



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RHONDA AKERS TAYLOR
Rhonda Akers Taylor, age 63 of Dublin, was called to heaven peacefully at her home surrounded by her loved ones on May 5, 2020.

Born October 4, 1956 she was the daughter of the late Hobert Charlie Akers and Shirley Pagan Akers. She served the community as a RN for many years and was known for her big heart, strong will and sense of humor.

She is survived by
Her Husband Darrell Taylor – Dublin
Children Jerry Todd Bowyer & Taylor Vaughn – Dublin

Candace Marie Morris – Christiansburg
Rebecca Ann Moles & husband, Brady – Dublin
Grandchildren Lexi, Ben, Raegan, Brody, Tatum and Nash
Brothers Ricky Gene Akers & fiancée, Myra Albert – Pulaski

Paul Wayne Akers & wife, Angie – Barren Springs
Sisters Donna Renee Williams – Pulaski
Wendy Shannon Marshall & husband, Michail – Allisonia
Numerous nieces, nephews and friends

In light of current COVID restrictions, private funeral services were held Friday, May 8, 2020 and burial was at the Highland Memory Gardens, Dublin with Pastor Steve Willis officiating.

To sign the online guestbook, please visit www.bowerfuneralhome.com

The family would like to thank all the staff at Lewis-Gale Pulaski & Salem, the Select Specialty Hospital in Greensboro, NC and Carilion Hospice Care for her care during this time.

Bower Funeral Homes, Pulaski is handling the arrangements for the family.



TERRY LEE PORTERFIELD

Terry Lee Porterfield, age 76 of Pulaski passed away Saturday, May 9, 2020 at his home surrounded by his family. Born January 9, 1944 in Dublin, he was the son of the late John Peyton Porterfield and Rosetta Turner Porterfield. He was also preceded in death by the love of his life for 54 years, Patty Sue Porterfield, two brothers, Doug and John Porterfield and three sisters, Betty, Willie, and Judy.

He is survived by his
Daughters & Son-in-law- Karen & Tim Gregory – Pulaski
Hannah Porterfield – Pulaski
Sons & Daughter-in-law- Jeffrey & Michelle Porterfield – Draper
Michael W. Porterfield – Pulaski
Kenny and Michelle Porterfield-Allisonia

Grandsons - Joshua P. Porterfield, Zachary White, James Gregory & Angela, Brandon Porterfield & Jasmine, Christopher Porterfield, and Austin Porterfield
Granddaughters - Sarah & Clinton Martin, Abigail Gallimore & Dakota

Great Grandchildren- Layton Armbrister, Amelia & Avery White, Chandler Porterfield, and One on the way.

Sister- Connie Flinchum-Salem

Sisters -in-law- Doris Simmons-Pulaski and Wilma Simmons-Dublin

Brother-in-law- David Brooks-Roanoke

Numerous nieces and nephews

The family wishes to thank Lewis Gale Hospital-Salem and especially the Med-Home Hospice for all their concern and comfort during this difficult time.

Private family graveside services were held Wednesday, May 13, 2020 in the Dublin Town Cemetery, Dublin.

To sign the online guestbook and to send condolences to the family, visit www.bowerfuneralhome.com

Bower Funeral Home, Pulaski is handling the arrangements for the family.

GLADYS M. WARF INGRAM

Gladys M. Warf Ingram, age 82 of Pulaski passed away Monday, May 11, 2020 at the home of her daughter. Born April 30, 1938 in Wilco, West Virginia she was the daughter of the late John Clyde Warf and Minnie Catherine Cox Warf. She was also preceded in death by her husband, Floyd Andrew Ingram, Jr., grandsons, Jason Corvin and Robbie Waddell, sisters, Freda Edmonds, Ethel Collins, Ila Dunford, Gertrude Phibbs, brothers, Eddie Warf, J.C. Warf, Quinton Warf and Tommy Warf.

Gladys was a member of the Bobwhite Blvd. Church of God. She is survived by her Children

Kathy (William) Denny – Pulaski

Andrew “Andy” Ingram & Pam Slusher – Pulaski

Crystal (Brian) Leadmon – Kernersville, NC

Grandchildren Derick (Christina) Waddell, Jeremiah Waddell, Megan (Trey) Lorton, Kayla Kinder, Zachary Cole Bradley

Great Grandchildren Tyler, Brock, Lucas, Alyssa Waddell

Cameron Scott Waddell Beckham and Landon Lorton Wyatt Kinder, Ian and Isaiah Denny

Eli Webb Brother

Bobby (Shirley) Warf – Dublin Sister

Patsy Hall – Pulaski

Due to current social restrictions the family will have private graveside services Friday, May 15, 2020 at the Highland Memory Gardens, Dublin.

Flowers are appreciated and please sign the online guestbook @ www.bowerfuneralhome.com

Bower Funeral Homes, Pulaski is handling the arrangements for the family.

GARY GRANT GALLIMORE

Gary Grant Gallimore, 71 of Austinville, passed away on Tuesday, May 12, 2020 at his home. Mr. Gallimore was born in Carroll County, Virginia on October 18, 1948. He was preceded in death by his father, Robert Charles Gallimore; sister, Daune Lawson; grandson, Raiden Linkous; and brothers, Robert Charles Gallimore, Jr., Steve Gallimore and Donald William Gallimore.

Survivors include his wife, Elaine P. Gallimore of the home; daughter, Robin Linkous and Dwayne Linkous of Dublin; son, Brian Gallimore and Kim Re-pass of Dublin; mother, Emma Gallimore Newman of Austinville; siblings, Olen and Jeanne Gallimore of Austinville, Ellen Ogle of Austinville, Ray and Cheryl Gallimore of Woodlawn, Collene Gallimore of Hillsville, James Gallimore of Hillsville, Thomas and Carol Gallimore of Austinville, Iva Gallimore of Hillsville, and Jewel and David Frogel of Austinville; grandchildren, Barron Gallimore, Christian Shinn, Abby Shinn, Bryson Gallimore, Channing Gallimore, and Michael Linkous; several nieces and nephews; and several great-nieces and nephews.

A drive-in funeral service will be held on Friday, May 15, 2020 at Blue Ridge Fellowship at 1:00 PM with Rev. Doyle Passmore and Rev. Scott Flippin officiating. A drive-thru visitation will be held on Friday at the church from 11:00 AM until 1:00 PM prior to the funeral service. Burial will be in the Southwest Virginia Veteran's Cemetery. A guestbook is available online by visiting www.vaughanguynnandmcgrady.com. Vaughan-Guynn-McGrady Chapel is serving the family.

CHARLES TRUMAN HANDY

Charles Truman Handy, age 80 of Dublin, died early Monday morning May 11, 2020 at his residence. He was born in Bland Co. on August 11, 1939 to the late Evelyn Dalton Morris Moore and Shirley Morris. In addition to his parents, he was preceded in death by his brother; Wayne Morris of Draper. Charles was a longtime employee and retired from Klopman Mills in Dublin after 22 years. After retirement, he was employed with Shelor Construction for many years. He is survived by his wife: Margaret Irene Handy of Dublin: two sons; Charles David Handy of Pulaski, and Brian S. (Victoria) Handy of Pulaski: daughter; Linda (Terry) Haney of Pulaski: a sister-in-law; Christine Morris of Draper: granddaughters; Tara Brooke Haney and her fiancé, Dougie Phillippi, and Erin Elizabeth Haney: Nephews; Alan Morris and family and Mike Morris and family. Due to the Covid-19 restrictions, imposed upon by the Governor, there will be a private graveside service at Highland Memory Gardens, Dublin officiated by the Rev. Charles McPeak. In lieu of flowers, the family suggests to send memorial contributions to the American Cancer Society in memory of Charles. Online condolences may be sent to the family by visiting www.seaglefuneralhome.com Arrangements by Seagle Funeral Home, Pulaski.

SGT. EARNEST S. DRAPER

Sgt. Earnest S. Draper of Valley Road, Pulaski, Va. passed away peacefully surrounded by God and his angels on April 30, 2020 at 86 years of age.

Left to cherish his memory is his devoted and loving wife of 64 1/2 years, Mary Lou Ortiz. Also his nine children, a brother, five sisters and many grandchildren.

Godspeed till we meet again.

SARAH ELIZABETH BOSWELL

Sarah Elizabeth Boswell, age 28 of Pulaski passed away Thursday, May 7, 2020. Born February 26, 1992 in Pulaski she was the daughter of Chadwick Oliver Boswell and Carol Michelle Jones Zimmerman. She was preceded in death by her grandfathers, Robert “Bobby” Jones and Wayne Berkley Boswell.

She is survived by her Daughter Naomi June Kincaid – Pulaski

Father Chadwick Oliver Boswell – York, PA

Mother Carol Michelle Jones Zimmerman –

Maternal Grandmother Darlene June Jones

Paternal Grandmother Tracy Lee Wilkinson

Special Grandparents


Ernest Malcolm Wilkinson, Jr.
Mary Bess Boswell
Brothers Aaron Berkley Boswell – Pulaski
Noah Michael Zimmerman – Pulaski
Stepbrother Charles “Chuckie” Zimmerman IV – Covington
Aunt Beth Landreth – Willis
Uncle Michael Jones
Cousins Matthew Hurst, Rachel Holly and Josh Landreth

Due to current social gathering restrictions Memorial Services will be held later and will be updated in newspapers and our website.

Please visit and sign her online guestbook @ www.bowerfuneralhome.com

Bower Funeral Homes, Pulaski is handling the arrangements for the family.

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ADDITIONAL OBITUARIES ON PAGE A5

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OBITUARIES

ONA JONES ADAMS ANDERSON

Ona Jones Adams Anderson, age 91 of Pulaski passed away peacefully at the home of her son Earl Adams on Saturday, May 9, 2020. Born January 19, 1929 in Pulaski she was the daughter of the late Glendon Jones & Edna Ramsey Jones. Her husbands, William Adams and Lavelle Anderson, son, Larry Adams and brothers, Robert, Kenneth, Everett, Franklin, Clayton and Benny also preceded her in death.

She is survived by her Son Earl (Linda) Adams – Pulaski Grandchildren Laura (Barry) Pierce – NC Jason (Jessie) Adams – Pulaski Great Grandchildren Delainey and A.J. Pierce Alyssa Adams Sister Linda (Jim) Axon – KY In keeping with the guidelines of the current pandemic crisis, a private graveside service was held on Monday, May 11, 2020 at the Hufford Cemetery (Mt. Olivet Road) Pulaski with Rev. Randall Jones officiating.

To sign her online guestbook, please visit www.bowerfuneral-home.com

Bower Funeral Homes, Pulaski is handling the arrangements for the family.

DENNIS WAYNE ROSEBERRY, SR.

Dennis Wayne Roseberry, Sr., age 62 of Pulaski passed away Saturday, May 2, 2020.

Born July 7, 1957 in Pulaski, he was the son of the late Edsel Wayne Roseberry and Ethel Mae Wright Roseberry. He was also preceded in death by his Grandparents.

He is survived by
Two Sons
Dennis Wayne Roseberry, Jr.
Everett Wayne Coffee
Three Grandchildren
Adryane & Robbie Underwood
Sierra Coffee
Tori Roseberry
Two Great Grandchildren
Connor Underwood and Carter Underwood
Sisters
Darlene Roseberry
Joyce Ratcliff
Several nieces, nephews, cousins and many friends
Special Friend
Teresa Crowder

Private Family Memorial services will be held at a later date with Pastor Kathy Warden of the Pulaski Christian Church officiating.

You may send condolences to the family and sign the online guestbook by visiting www.bowerfuneralhome.com

Bower Funeral Home, Pulaski is handling the arrangements for the family.

Northam delays northern Virginia reopening until May 29

RICHMOND, Va. (AP) — Virginia Gov. Ralph Northam is delaying northern Virginia's reopening amid the coronavirus outbreak until at least May 29, two weeks after the rest of the state is expected to reopen.

Northam said Tuesday he's signed an executive order extending mandated closures and restrictions on businesses in northern Virginia, a heavily populated area where regional officials have said they are not yet ready to reopen.

Northam ordered some non-essential businesses closed two months ago and his planned first phase of reopening for the rest of the state is set for Friday. Phase one will retain severe restrictions. Some retail businesses will reopen with limited capacity, but indoor gyms would remain closed, beaches would remain closed to sunbathers and restaurants would still be prohibited from indoor dine-in service.

"While the data show Virginia as a whole is are ready to slowly and deliberately ease some restrictions, it is too soon for northern Virginia," Northam said.

About 70% of new cases in Virginia on any given day are from northern Virginia, Northam's office said.

His order will apply to the counties of Arlington, Fairfax,

Loudoun, and Prince William and the cities of Alexandria, Fairfax, Falls Church, Manassas, and Manassas Park. That's about 2.5 million people, or about 30% of the state's population.

The northern Virginia region shares a border with Washington, D.C. and Maryland, whose leaders have not given a date to reopen.

Many local elected officials praised Northam's decision.

"Northern Virginia is a united front, we will continue to track the statistics because we all want to reopen our economy as soon as possible based on public safety and data," Fairfax Co. Board of Supervisors Chairman Jeff McKay said.

But there was dissent. In Loudoun County, three of the nine supervisors — two Republicans and a Democrat — opposed the delay, said Supervisor Caleb Kershner, a Republican.

"We have followed strict quarantine protocols for as long as possible. Now it is time to start carefully restoring our residents' lives, and their livelihoods, to a semblance of normal," Kershner said in a Facebook post.

Also Tuesday, Northam's office said it was sending \$650 million to local governments around the state as part of its first distribution of funds from a federal coronavirus aid package. The governor's office said the money would be distributed to counties and cities around June 1 and would be allocated based on population.

Local governments can only spend the money on approved coronavirus-related expenses and the expenses have to be incurred by the end of the year.

The state received \$1.3 billion in federal aid — Fairfax County separately received about \$200 million — that can be used to help localities and Secretary of Finance Aubrey Layne said the governor wanted to get half of the money to localities quickly.

Layne said the next round of funding won't necessarily be based on population. He said the state will evaluate need and how localities have spent their share of the \$650 million before making more disbursements later this year.

"Part of that decision will be how they spend this," he said.

Officials cancel Salem Fair due to virus

ROANOKE, Va. (AP) — The Salem Fair, which attracts nearly 300,000 people to the region annually, has been canceled for this summer due to COVID-19 safety concerns, city officials announced Monday.

The fair, scheduled for July 1-12 at the Taliaferro Complex, attracts about 300,000 attendees to the region each year. Officials said the fair had to be canceled because the city could not guarantee the safety of employees and guests at the large event, The Ro-

anoke Times reported.

"When you have done this as many years as we have, you think you have seen it all," Salem Fair Manager Carey Harveycutter said in a news release. "The fair takes months and months of planning and while we are all extremely disappointed, the unknowns associated with staging an event of this magnitude, at this particular time, are simply too great. We feel badly for everyone, but we will be back."

The Salem Fair began in 1988

and has overcome oppressive heat, gale force winds and torrential downpours, according to a city news release. City Manager Jay Taliaferro said the city will work with Deggeller Attractions to bring the fair back next year.

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MAY 19 - PLEASE VOTE FOR W. SHANNON COLLINS FOR MAYOR

Dear Voters,

I believe that the town of Pulaski needs to have more transparency for its people. The people have the right to know exactly what is happening within the town. I've worked with the public and town for over 27 years and I understand the needs of the people. Concerns shouldn't be whispers nor should they be brushed aside, they need a driving force and I want to be that voice for the people of Pulaski.

I would appreciate your support on May 19!

Shannon



Don't re-define 'flattening the curve'

I recently spent a day with the New River Public Health Task Force, meeting with its members and touring facilities. The task force has guided the New River region's response to the coronavirus, and I appreciated the opportunity to learn more firsthand about their important work.

Virginia as a whole, unfortunately, has lagged in testing for coronavirus relative to other states, but this group has conducted significant numbers of tests, and they are prepared to do more. As testing will help with reopening



Morgan Griffith
9th District Representative

the economy, I was glad to learn of these successes.

Members of the task force also reiterated a point that needs to be remembered as the Commonwealth moves toward re-

opening. The point of "flattening the curve," the mantra Americans heard frequently during the beginning of this pandemic, was not to eliminate the coronavirus. The plan was to reduce the number of cases in order to avoid overwhelming the health care system.

That goal has been achieved, and so it is time to move toward reopening safely. The coronavirus will not go away. However, hopefully vaccines or treatments will reduce its impact. To wait to reopen the economy until the virus was eliminated, which was not the original goal, would be ruinous to the livelihoods and well-being of many.

I am grateful to the New River Public Health Task Force and to all of our health care professionals and public safety officials for their efforts to address the coronavirus.

Supply Chains in Danger

The coronavirus has introduced several new phrases into the popular lexicon, including one I noted above, flattening the curve.

A phrase that is not new but that should be more familiar to Americans now is "supply chains."

The financial education website Investopedia defines a supply chain as "a network between a company and its suppliers to produce and distribute a specific product to the final buyer." Behind everything we buy is a supply chain, and the coronavirus crisis indicates the relevance of supply chains to our health and national security as well as finances.

Disruptions in a supply chain can mean shortages and higher prices. Supply chains are also open to manipulation by bad actors.

The coronavirus has trained attention on one particular set of bad actors: the Communist rulers of China. They were not trustworthy international partners before, but their dishonesty and bad intentions have been made clearer by their actions during the pandemic.

The damage inflicted in part by the Chinese Communist Party indicates the urgent necessity of reevaluating its sway over the supply chains of products Americans consume.

On October 30 of last year, a few months before the coronavirus was known about and became a pandemic, the Subcommittee on Health which I serve on held a hearing about safeguarding pharmaceutical supply chains.

In 2017, the U.S. Food and Drug Administration stated that around 80 percent of active pharmaceutical ingredient manufacturers are located outside of the United States. Many of these manufacturers are in China and India, although estimates vary over their exact shares.

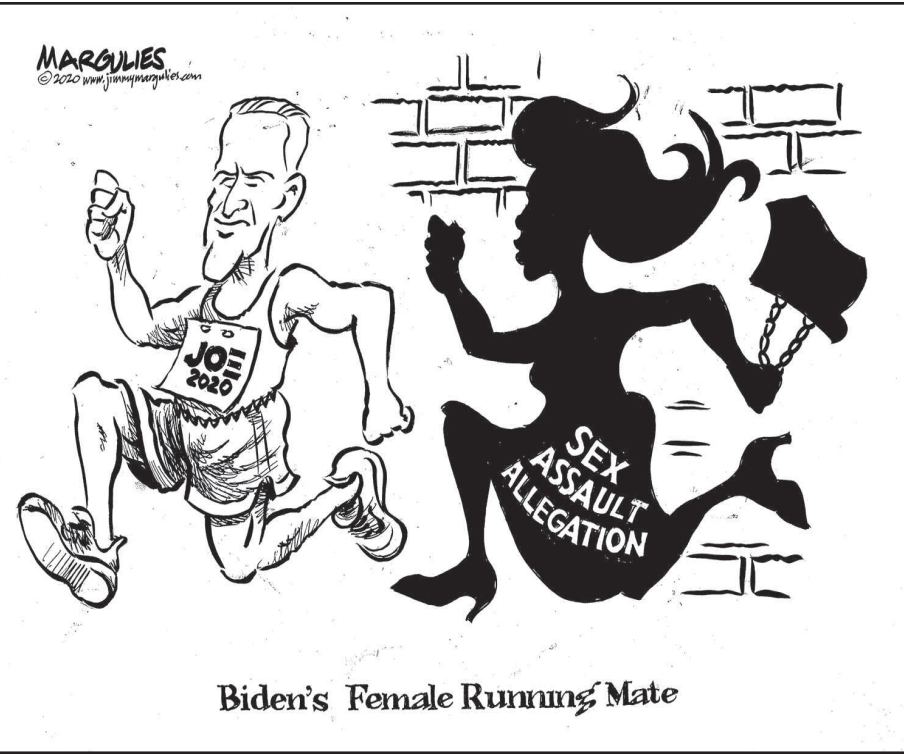
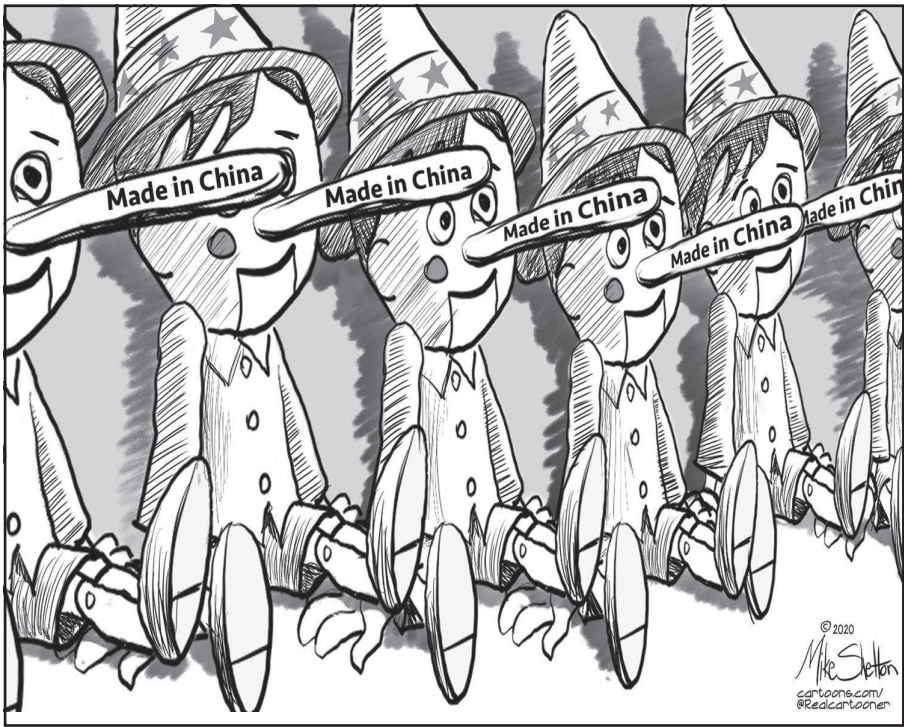
The hearing was held in part because of drug safety concerns. Impurities had been found in the ingredients of certain drugs, and China housed the manufacturers both of the ingredient and the final product.

One of the witnesses, Rosemary Gibson, had researched China's role in the U.S. medicine supply chain. She testified about China's aggressive, government-directed efforts to corner the market of important medical supplies, such as penicillin.

Part of her testimony centered on China's production of 80 percent of the global supply of pig intestines, which are needed to make the blood thinner heparin. She called them the "rare earths" of medical care. I was intrigued by this comparison because I have noted before China's domination over the world's supply of rare earth elements, which are incorporated in many technologies important to national security and advanced manufacturing.

The adage "don't put all your eggs in one basket" should be heeded in the supply chains of essential products. It does not apply only to foreign countries. In 2017, pharmaceutical supply chains were threatened by hurricanes devastating Puerto Rico.

But a non-friendly foreign power with influence over supply chains should be a serious concern. We should encourage manufacturing to return to our country as a matter of national security and public health.



Opening Up America

The choice before us seems to be no choice at all: stay inside and have no human contact with another soul, keep businesses closed, denying a livelihood to millions, or step outside and risk death. Though I believe the risk is small when comparing the number of people who have been diagnosed with COVID-19 and have recovered with the number who have died, fear may be the greater threat.

Some of a certain age may recall the fears promoted during the Cold War. There were newspaper stories and TV documentaries about how long survivors of a nuclear war would have to stay inside reinforced shelters until the fallout dissipated to a point it was safe to go out. Then, it was Geiger counters that would determine the level of radioactivity.

Today's Geiger counters are temperature gauges held to our foreheads. Symptoms, such as coughing, sneezing and fever, as well as high-risk factors, such as age and underlying health conditions, are also part of the diagnostic equation.

We are told to frequently wash our hands, not touch our faces, don't shake hands with anyone, practice social distancing -- we can recite these from memory -- but then we are also told to stay inside and only go out for "necessities," such as food and prescriptions.

Grocery stores where I shop require masks when entering and one-way traffic aisles. A hard plastic "wall" separates me from the cashier, who is also wearing a mask. Hand sanitizers and wipes are available at the entrance and exit where cart handles are wiped down after each use.

If these practices are almost as good as staying home, why can't businesses employing these practices, including restaurants and bars, be opened so people can make a living and not rely on government, whose debt now exceeds levels that will never be reduced without spending cuts (and likely tax increases if Democrats win the November election)? Restaurants can place tables six feet apart. Those operating in warmer climates could add outside tables, benches and chairs. For the fearful, takeout orders could be ramped up.

Last Sunday, my wife and I went to a local restaurant. Tables had been removed. We wore masks as did staff behind the counter. We purchased our food, left the place and ate outside without masks where tables and benches were available. There were others there, not



Cal Thomas

Tribune Content Agency

all of whom were six feet apart. People engaged in social interaction, which is what humans do and need to do. No one seemed fearful.

As experts have noted, it could be months and possibly longer before a vaccine is created. Dr. Anthony Fauci, head of the U.S. National Institute of Allergy and Infectious Diseases, told a Senate committee Tuesday there is no guarantee a vaccine will work. And there probably is more than one strain, as with influenza, so a single vaccine is unlikely to protect everyone from every strain. Does that mean staying at home until perfect safety can be guaranteed? The public won't stand for it. Demonstrators are already petitioning state governments to open up to redress their grievances.

Writing on his Facebook page, rock musician Ted Nugent expresses the growing frustration of many: "Why do I have to stay home just because you are scared? How about you stay home ... you stay in your house indefinitely, you wear a mask, you socially distance yourself from me, you avoid restaurants, you avoid baseball games, you stay off the roads, you avoid malls and beaches and parks ... I'm done playing your dumb game ... I'm no longer going to be a prisoner of your fear. I'm no longer staying in my house or catering to you because you are scared ... your fear is not an excuse to destroy America. Your fear is not my fear and your fear does not have the right to interfere with my life, my job, my income or my future as a free American citizen."

(Readers may email Cal Thomas at tcaeditors@tribpub.com. Look for Cal Thomas' new book "America's Expiration Date: The Fall of Empires and Superpowers and the Future of the United States" (HarperCollins/Zonder-van). Readers may email Cal Thomas at tcaeditors@tribpub.com.



Rich Lowery

Editor, National Review

The Science Cop-Out

If you thought the coronavirus presented difficult policy questions, don't worry -- we have science.

California Gov. Gavin Newsom tweeted the other day, "The West Coast is -- and will continue to be -- guided by SCIENCE."

Joe Biden has urged President Trump, "Follow the science, listen to the experts, do what they tell you."

Neil DeGrasse Tyson calls the crisis "a giant experiment in whether the world will listen to scientists, now and going forward."

The invocation of science as the ultimate authority capable of settling questions of how we should govern ourselves is a persistent feature of modern Western life going back several centuries, and has always been a mistake. It is especially so in this crisis, when so much is still unknown about the coronavirus and immensely complicated and consequential public policy questions are in play.

Modern science is obviously one of the wonders of our age. We owe it an unimaginable debt -- for technological advancements in medicine, transportation, industry, communication, computing and more. All honor to Newton, Turing, Curie and Einstein.

The world was slow to react to the coronavirus, and yet the genetic code of the virus was publicly posted by China on Jan. 20, and South Korea had deployed a test kit by early February. It's possible we'll have a vaccine by the end of the year.

Science has a limited competency, though. Once you are outside a lab setting and dealing with matters of public policy, questions of values and how to strike a balance between competing priorities come into play, and they simply can't be settled by people in white lab coats.

Science can make the atom bomb; it doesn't tell us whether we should drop it. Science can tell us how to get to the moon; it doesn't tell us whether we should go. Science can build nuclear reactors; it doesn't tell us whether we should deploy them.

If we are going to unquestioningly accept expert opinion, we'd better prepare for whiplash. At first, the elite consensus was that wearing masks was unnecessary. Now, we are told it's an essential piece of getting out of this mess.

We worried about running out of ventilators, but in recent weeks some doctors have been wondering whether they have been overused.

Then, there are the big questions. Science can't tell us how we should think about the trade-off between economic misery caused by shutdowns and the public health risks of reopenings. It can't determine the balance between shutting down a hospital's elective surgeries so it can prepare for a COVID-19 surge, and tanking its business.

The people in our political debate who most volubly insist that they are simply following "the science" tend also to be most

See LOWRY, page A7



Streets ministry to resume collection, distribution

Taking It To The Streets Ministries is resuming its Coronavirus Pandemic Collection and Distribution for the needy, elderly and shut-ins.

Distribution will resume Monday, May 18th from 5 p.m. til 7 p.m. at 223 N. Washington Ave. in downtown Pulaski. The distribution is for Pulaski County residents only. You will receive one allotment per household and you must present an ID.

Please note the new schedule according to the first letter of your last name:

Monday...ABCDEFG

Tuesday...HIJKLMN

Wednesday...OPQRST

Thursday...UVWXYZ

If you would like to partner with us and help us continue this collection and distribution, we ask you to send a monetary donation to Taking It To The Streets, P.O. Box 30, Pulaski, VA 24301 or visit our website at streets4god.com and send it by PayPal.

Thank you and God bless you all.

Pastor Charlie Barbettini
and the Ministry Team



Survey: Smaller entities less likely to receive PPP

ABINGDON - The COVID-19 Advisory Council is working hard to assess Tennessee and Southwest Virginia's greatest needs during this global pandemic. In order to determine these needs, United Way of Southwest Virginia surveyed local small businesses and non-profits to see who in our region has been able to utilize the Payroll Protection Program (PPP) authorized by the CARES Act.

The survey was open from April 17, 2020 until April 24, 2020, and received responses from a total of 156 organizations. The respondents consisted of 71 nonprofit organizations, 14 government entities, and 65 for profits. Of the 156 responding agencies, a total of 100 applied to the Payroll Protection Program. Of those 100 applicants, 45 were nonprofits, 45 for profits, as well as 10 other entities.

The remaining 56 responding organizations that opted to not apply to the Payroll Protection program refrained from doing so because of various reasons, however, the primary reason chosen was that the application process was confusing.

Based on the survey results,

Griffith: Ninth gains funds for virus testing

The U.S. Department of Health and Human Services (HHS) has awarded \$1,603,213 to Community Health Centers in Virginia's Ninth Congressional District to expand coronavirus testing. Congressman Morgan Griffith (R-VA) issued the following statement:

"More coronavirus testing will advance public health and help the safe reopening of our economy. The award of \$1,603,213 from HHS to Ninth District Community Health Centers means expanded testing capacity and more personal protective equipment. This is in addition to the \$3.3 billion the Federal Government appropriated to help the state deal with the coronavirus, and hopefully this additional money will help lift Virginia out of the bottom ten states for testing."

Providers receiving funding include Free Clinic Of The New River Valley, Inc., Christiansburg - \$174,979.

of the for profits that received funding, a total of 82% of those organizations have \$1,000,000 + annual operating budgets. Only 47% of the organizations with annual operating budgets under \$100,000 received funding.

The survey results also reveal that 100% of nonprofits with operating budgets of \$1,000,000 + were approved for the Payroll Protection Program and received funding. Only 25% of nonprofits with operating budgets under \$100,000 received funding.

Overall, 76% of the applications were approved. The primary reason respondents stated for not getting funding was that funds were not available or had already been used up. Several respondents wrote in to say that they did not need to apply because they are state agencies or were ineligible to apply, or had enough reserve to not need to apply.

The data show that nonprofits had a slightly higher approval rate than for profits. In this survey, smaller organizations (fewer employees and smaller operating budgets) applied at a higher rate than the larger organizations, but organizations with more employees and higher operating budgets were more likely to receive the PPP funds.

ABOUT UNITED WAY OF SOUTHWEST VIRGINIA

United Way of Southwest Virginia fights for the health, education and financial stability of every person in Southwest Virginia because they are the build-

Lowery

Continued from Page A6

resistant to nuance and prone to unscientific fervency. They are using "science" as a bludgeon and conversation stopper.

Obviously, science already has made an enormous contribution to our fight against the coronavirus, and may -- through therapies or a vaccine -- go a long way to solving this crisis. But life is not an equation, and neither is politics or policy.

We as a free people will have to decide the important questions raised by this crisis, not the doctors on TV or the researchers in the labs.

Rich Lowry is editor of the National Review.



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Hours 7:30 am -5:30 pm Monday -Friday

Sign up for the whole summer or just for a week.

Each day is filled with fun activities!

Every week we go on field trips, hiking and swimming at Claytor Lake.

Fee: Weekly rates \$65.00 full rate, partial and full scholarships available. Transportation options available.

Contact Samantha for scholarships and transportation.

Limited spots available! Register today at samanthapcyc@yahoo.com or call 540-731-4401.

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Paid For By David Clark

Lifelong Learning

With graduations upon us I'm reminded of the importance of continuing to be a lifelong learner. There is value in continuing to take in new information and always being open to new possibilities and challenges. Recently, as I reflected on my younger daughter's graduation from college, I realized how much I had learned from her through her studies and, more importantly, her experiences. Learning doesn't always happen in a classroom. Sometimes the greatest lessons are from life. Yeah, even at my age I learned one of the most important lessons of my life. You see, my daughter works with children with special needs. She has always had a gift for being able to see beyond disabilities and differences and see the real soul and essence of a person.

Recently at a Young Life ministerial Conference, my daughter's ministry for adolescents with disabilities, was spotlighted. She was speaking and had the privilege of introducing one of her students, Anna (not her real name), for a testimonial. During that conference I had a life altering moment: you know, that moment when everything just clicks and the realization hits you that it would be great if we could all do that! I saw and felt what my



Down To Business

Peggy White
Pulaski Co.
Chamber of
Commerce

daughter has known all along. It happened right after the talk and her student's testimonial when one of the leaders took the stage to applaud Anna.

He said, "Anna got up here today in front of 200 people and spoke to you from her heart. She didn't care or think about what you would think of her, and she wasn't worried what anyone would say about her. She was simply being herself. The only thing she cared about was sharing her joy with you."

Wow! It made me stop and think! How incredible is it to be able to speak in front of 200 people without a care or worry. What must it be like to not even have that enter your mind! Anna was just being herself and wanted to share her joy. How many of us can do that and feel that way without being side tracked by fears and worries about who is watching, what

they are saying, how do we look, did we say the right thing, how was it received? Can you imagine addressing 200 people with no fear and just feeling good about delivering your message? She had no concern about prejudices and no feelings of insecurity. She looks at the world in uncomplicated terms. Can you imagine?

What would that look like in our lives if there were no hidden agendas, but instead only people being pure in thought and deed? Often people get lost and are driven by three things: power, control, and money. We see politicians afraid to take a stand or do the right thing because they might lose power. Managers fall prey to mismanagement due to the fear of losing control. Business owners lose focus and operate for the purpose of making money, and they forget their mission. When people get lost or they succumb to greed, they miss experiencing the positive and fulfilling joys of success. So, thank you to my daughter and her friend Anna for teaching me what it can be like to see and feel life unencumbered by the restraints of our own fears.

Work hard, be productive, and - above all else - stay positive.

Griffith leads effort to preserve paper options for retirement documents

Congressman Morgan Griffith (R-VA) led a bipartisan letter signed by 47 Members of Congress in support of preserving paper options for retirement documents.

The letter, sent to the Office of Information and Regulatory Affairs of the White House Office of Management and Budget, urged the rejection of the U.S. Department of Labor's draft rule "Default Electronic Delivery by Employee Pension Benefit Plans under ERISA," which would allow plan administrators to provide participants and beneficiaries certain mandatory disclosures through electronic means by default.

"For retirees in rural and remote areas underserved by Internet access, including parts of Virginia's

Ninth Congressional District, electronic delivery of retirement plan documents is simply not an option," said Congressman Griffith. "Shifting to default electronic delivery places an unfair burden on them. I urge the Federal Government to remember these citizens and reject this rule."

"The Coalition for Paper Options applauds the strong, bipartisan outpouring of support to block forced e-delivery," said John Runyan, executive director of the group. "The digital age can bring many benefits but forcing citizens into it before they are ready is a recipe for cyber scams and ID theft. Millions still prefer paper delivery and that should remain the default," Runyan added.

Happy Birthday!

I thank you God for being so great,
You gave the world a blessing in 1938.

You love the Lord with all your heart,
And always has served him from the very start.

We suffered a great loss in 1997,
That was the year God called dad to heaven.

Even when your children didn't know what to do,
you stood strong as our mom and helped us get through.

Your life is a testimony on how to live,
And just as God instructed you are quick to give.

You are a devoted christian and mother of four,
A role model to many and easy to adore.

My siblings and I are blessed without measure,
That you are our mom what a beautiful treasure.

I'm writing this poem with the help from above,
because this is your passion and something you love.

God anointed your life to do all type of things,
But one He really gave you was the gift to sing.

We thank you for being our mother and friend,
Our love for you will never end.

We celebrate your birthday as you turn 80,
I'm sure I speak for everyone you are a blessed today.

Naomi Davidson we love you so dear,
May you have many more birthdays and many
More years.

Written by Renard Davidson
In tribute to his mother, Naomi Davidson of Pulaski
on her 80th birthday.

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**May 19th
Dublin Lions Club**



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Updated May 2020

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Sat. May 16th: Pastor Todd Garwood

Sat. May 22nd: Pastor Charlie Barbettini
Sat. May 23rd: Pastor Todd Garwood

NOTE: Food to go orders only 11 am until 1 pm. Barbeque, Fries, Dessert and Drinks. The Clothing Bank will remain closed during this time.

NOTE: 11 AM SUNDAY MORNING OUTREACH SERVICE AT THE STREETS
Sun. May 24th: Pastor Todd Garwood

Fri. May 29th: Pastor Charlie Barbettini
Sat. May 30th: Pastor Todd Garwood

Each Service Broadcast Live on streaming video at: www.streets4god.com

For More Information Contact: Charlie Barbettini. : 276.620.4293

Wear what you have and come as you are! Come expecting a Blessing
"Go Ye Into All The World and Preach The Gospel to Every Creature" Mark 16:15

Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Puzzle Answer Appears Elsewhere In This Week's Issue

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Meredith McGrady
Office Manager



Church, motorcycle ministry team up to feed kids

By DANIELLE REID
The Patriot

A recent visitor was thinking of relocating to our community and asked a question of several people, “What’s so great about Pulaski?”

One person spoke up, “The scenery and vistas are great here.” Another answered, “The recreation facilities are great. We have Claytor Lake and Gatewood Reservoir, for boating and fishing. But another answered, “What’s so great about Pulaski County is the people.”

We are blessed to be living in a small community where great people care about their neighbors and show their care and concern in various and sometimes unique ways.

Charlie Talbert of Faith Ryders Christian Motorcycle Ministry shared how Grace Ministries Church of God of Prophecy in Pulaski is showing great compassion by providing a hot breakfast for children in the local area. Ladies at the church, which is located at 1021 Macgill Street in Pulaski, cook and serve the hot breakfasts before Sunday morning services begin.

According to Talbert, “Grace Ministries Church had a hot breakfast program for the kids on Sunday mornings; but with the COVID-19 lockdown of the churches in Virginia, the breakfast program was in jeopardy of closing and we didn’t want kids to go hungry.”

Faith Ryders Motorcycle Ministry was started 11 years ago by Elder Eddie Wright; but different ministries within the Faith Ryders Ministry have sprung up. While each member may have his own ministry fo-



Photos courtesy of Charlie Talbert
Faith Ryders members involved in the hot breakfast program at Grace Ministries in Pulaski.



The sign at Grace Ministries on Macgill Street in Pulaski thanks Faith Ryders. Above, the official Faith Ryders Motorcycle Ministry patch.

way. They weren’t required to stay for church. We just wanted to be sure they got a hot meal and love. Many kids are not only starving for food, but for love and attention,” said Talbert.

When the children could no longer come to the church’s breakfast on Sunday, Talbert found a way to take the breakfast to them. This past Sunday, he and a handful of other Motorcycle Ministry riders gathered at Grace Ministries Church at 9:30 a.m., loaded up with hot breakfasts and rode in a small group to deliver the meals directly to nearly 40 houses.

“We want the kids to be excited about seeing us arrive with their breakfasts, so we ride to the same house together at the same time. We keep the number of riders in small groups because we don’t want the children to be frightened. The kids are having a blast with this,” chuckles Talbert.

Deliveries are not limited to Pulaski. Faith Ryders will deliver meals to areas in Pulaski County and Wytheville. States Talbert, “We will go where needed.”

Each year the Faith Ryders Motorcycle Ministry hosts a motorcycle ride to raise money for the program. This year it will be held on June 13th and everyone is encouraged to ride or support the event. One Faith Ryder is 82 years old and still participates in the annual ride.

If you are wondering why Ryders is spelled with a “Y” Talbert explains: “In the word riders, if you spell it with an “I” it is a noun. But if you use a “y” it becomes a verb - and verbs mean action. Faith Ryders Motorcycle Ministry is all about action!”

To contact Faith Ryders Motorcycle Ministry, please call: Grace Ministries Church of God of Prophecy in Pulaski at 540-980-2118 or Charlie Talbert at 540-385-9972.



Faith Ryders members make one of some 40 breakfast deliveries.

Let's Get Some Fresh Air and Wind Therapy!

We are going to have this event!!
NOTE the location change from last year.
SAME GREAT CAUSE! SAME GREAT EVENT!

Please pass this along to all your friends, with the lock down we haven't advertised like we usually do, need to get the word out!

It may be a struggle to raise the funds to feed the children this year.

If you wish to support this program but are unable to attend, you can mail in your donation.

Mail to:
Grace Ministries
Attention: Faith Ryders/Grace Ministry Breakfast Program
P.O. Box 2163
Pulaski, Va. 24301

"LETS MAKE SURE THESE CHILDREN GET AT LEAST ONE GOOD MEAL"



cus, all other Faith Ryders will step up and help.

Talbert started the Children’s Ministry at the church seven years ago because he saw so many needy children in Pulaski

who were not getting nutritious food – and he wanted to do something to help.

“All children were welcome, whether they came on the church bus or got here another

Vote Tuesday, May 19th

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E&H, NRCC announce concurrent admission pact

Emory & Henry College and New River Community College (NRCC) have established a Concurrent Admission Agreement for transfer students, which will provide a pathway for students enrolled in associate of arts and sciences transfer pathway programs to earn four-year degrees.

This new agreement will support students to take one class at the 300 level or higher (3-4 credits) free of tuition during the second year at NRCC, prior to full-time enrollment at Emory & Henry. NRCC students will start to have access to programs at Emory & Henry as well, such as academic and financial aid advising in preparation for their continuation at Emory & Henry as well as the use of the library and cafeteria and access to sporting events and theatre productions when they are currently enrolled.

Also included is the ability for NRCC graduates to seamlessly transfer to Emory & Henry without extra applications or fees. Students will be eligible to re-

ceive financial aid awards upon enrollment at Emory & Henry, among other benefits.

"Our goal is to provide the most affordable options and pathways toward higher education in our region," said Emory & Henry College President John Wells. "The high-quality education afforded at New River Community College makes a seamless transition to Emory & Henry to finish a four-year degree while saving on tuition costs. We aim to be the transfer college of choice."

"As a graduate of Emory & Henry College myself, I am especially proud of this partnership that ensures continuing education for our students at NRCC," said President Huber. "This new partnership focuses on student engagement with both institutions from the beginning, and those important campus connections will ultimately lead to their success."

For more information on transferring to Emory & Henry College, visit www.ehc.edu/transfer.

PC Schools participating in Pandemic-EBT

Pulaski County Public Schools, has announced it is participating in the Pandemic Electronic Benefit Transfer (P-EBT) program as part of a food assistance plan approved by the U.S. Department of Agriculture (USDA), Food and Nutrition Service (FNS) that is being implemented statewide by the Virginia Department of Social Services (VDSS) and the Virginia Department of Education (VDOE).

The Families First Coronavirus Response Act (P.L. 116-127) (FFCRA) authorized a temporary food assistance program for households with children affected by school closures during the nationwide public health emergency. The Food and Nutrition Service accepted state plans for the P-EBT program and, pursuant to the authority granted under the FFCRA, FNS approved Virginia's P-EBT operational plan in late April.

Summary of State Plan
The VDSS will issue P-EBT benefits to current Supplemental Nutrition Assistance Program (SNAP) households and to non-SNAP households, which include children eligible for free and reduced-price school meals, through Virginia's SNAP EBT card system. The VDSS, in conjunction with the VDOE and local school divisions, will identify eligible children in

both SNAP and non-SNAP households. Households do not have to apply for P-EBT. If a student was eligible to receive free or reduced-price meals at school before the school closure, the student will be included in the file of eligible students provided to VDSS. If a school participated in the Community Eligibility Provision (CEP) and all students received school meals at no cost, all students enrolled in the CEP school will also be included in the file of eligible students provided to VDSS.

Purpose of the P-EBT

The purpose of the P-EBT food purchasing assistance benefit is to supplement existing food assistance and nutrition programs for low-income households during the pandemic. It does not replace meals provided through the school programs operating during unexpected closures or the summer meal programs that will begin when the school year is over. Students and families who receive P-EBT should also continue to participate in other food assistance programs, such as meals provided by schools and the summer meal programs. To find current locations for school and summer meal distribution, parents and guardians should text FOOD or COMIDA to 877-877.

Where's the meat? Could meat shortage lead to healthier lifestyle?

**Sandy Stoneman,
REHS, CP-FS
Virginia Cooperative
Extension
Area Food Safety
Extension Agent**

With the news of COVID-19 outbreaks among employees of poultry and meat processing facilities, and closure—even just temporarily—of processing plants across the US, Americans are gearing up for, and may be already seeing, a meat shortage.

If you look at the amount of meat consumed in the average American diet today, this may cause more anxiety than the empty toilet paper shelves. Americans, myself included, have a taste for meat. Per capita, red meat and poultry consumption in 2019 was 223.7 pounds, the highest USDA has ever recorded. Poultry consumption has nearly tripled since 1960. While meat is a staple in our diets, do not fear, there are plenty of other ways to get protein in your meals and you may just see positive health benefits as well.

Studies have shown that scaling down meat consumption can help reduce obesity, increase life expectancy and improve the nutritional quality of your diet. That's because when people cut back on meat, they're more likely to replace it with healthier options such as vegetables, beans, grains, etc. Fox News recently published an article by Dr. Steven Masley, a nutritionist, that listed 10 ways eating less meat might do your body good:

You may lose weight

A large, five-year study published in the Journal of the Academy of Nutrition and Dietetics in 2013 revealed that people who don't eat meat have a lower average BMI than meat-eaters, and that vegans have a significantly lower obesity rate than omnivores (9.4 percent versus 33.3 percent). Plus, a new study presented at The Obesity Society's 2013 meeting found that overweight/obese people following a vegan or vegetarian diet

lost more weight than those who consumed meat—even though both groups took in the same number of calories.

You may reduce your risk of cardiovascular disease

Consuming saturated fats—which primarily come from meat and dairy—raises the level of cholesterol in your blood, and high levels of blood cholesterol increase your risk of heart disease. Ditching meat automatically lowers the amount of saturated fat in your diet, in turn reducing your cardiovascular disease risk, Masley said.

You may lower your blood pressure

Vegetarians and vegans have less hypertension than meat-eaters, according to findings published in the journal Public Health Nutrition. Researchers say it's due to their lower average weight and higher intakes of fruits and vegetables.

You'll reduce your diabetes risk

An American Diabetes Association study found that people following a vegetarian diet had a decreased risk of metabolic syndrome, a cluster of risk factors linked to type 2 diabetes, stroke, and heart disease. Study subjects who avoided meat and poultry products tended to have lower blood pressure, blood sugar, and triglycerides, as well as smaller waists, than those who regularly consumed those foods.

Your cancer risk may drop

In 2002, researchers at Loma Linda University began a 10-year study of nearly 70,000 Seventh Day Adventists, whose religious doctrine advises them against eating meat. Their research found an association between a vegan diet and a decreased risk for all cancer types. Researchers also discovered that vegetarians experienced less gastrointestinal cancer, such as colorectal cancer, and that vegan women experienced fewer

female-specific cancers, such as breast cancer.

You'll feel better in tight pants

Eating more veggies and legumes means your fiber intake will go up, and more fiber means less constipation and improved digestion overall. "I find that many women have purses stocked with digestive aids and over-the-counter products to help them get more bowel regularity, but a vegetarian diet can certainly help with that," said Dawn Jackson Blatner, RD author of The Flexitarian Diet. When you have regular digestion and are not bloated, you'll feel thinner, energized, and possibly even sexier, she said.

Your skin will glow

Vegetarianism is one of the best diets for your skin. Eating more fresh fruits, vegetables, and whole grains loads you up with antioxidants, which neutralize the free radicals that can bring on wrinkles, brown spots, and other signs of aging.

You might smell better to your significant other

Following a meatless diet could make you smell more attractive and pleasant to the opposite sex, according to research published in the journal Chemical Senses. In the study, men followed "meat" or "meatless" diets for two weeks, and wore pads under their armpits to collect body odor during the final 24 hours of the diet. (We agree—it's gross.) Women assessed the odor samples for pleasantness, attractiveness, masculinity, and intensity. Then the men switched diets and women sampled the scents again. Women judged scents from the meat-free diet as "significantly more attractive, more pleasant, and less intense."

Your energy levels might increase

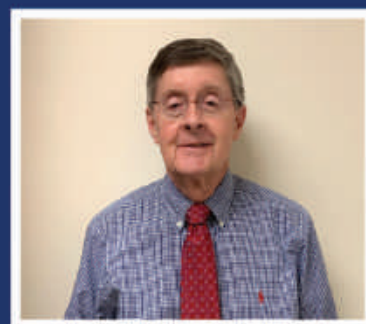
Eating more spinach, kale, beans, and other foods high in dietary nitrates may help you feel more energized over time.

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Baseball owners OK plan to begin play again in July

NEW YORK (AP) — Major League Baseball owners gave the go-ahead Monday to making a proposal to the players' union that could lead to the coronavirus-delayed season starting around the Fourth of July weekend in ballparks without fans, a plan that envisioned expanding the designated hitter to the National League for 2020.

Spring training could start in early to mid-June, a person familiar with the decision told The Associated Press. The person spoke on condition of anonymity because details of the plan were not announced.

MLB officials are slated to make a presentation to the union on Tuesday. An agreement with the players' association is needed, and talks are expected to be difficult — especially over a proposal for a revenue split that would be unprecedented for baseball. Players withstood a 7 1/2-month strike in 1994-95 to fight off such a plan.

"If you do anything that resembles a cap, that smells like a cap, you've given too much," said Dave Stewart, a four-time 20-game winner who is now an agent and spent two years as Arizona's general manager.

"A salary cap has been a non-starter for the players as long as I've been in baseball," said David Samson, president of the Expos and Marlins from 2002-17. "I think when MLB is proposing a revenue split, it is with the full knowledge that the players' union will automatically reject that."

Each team would play about 82 regular-season games: against opponents in its own division plus interleague matchups limited to AL East vs. NL East, AL Central vs. NL Central and AL West vs. NL West.

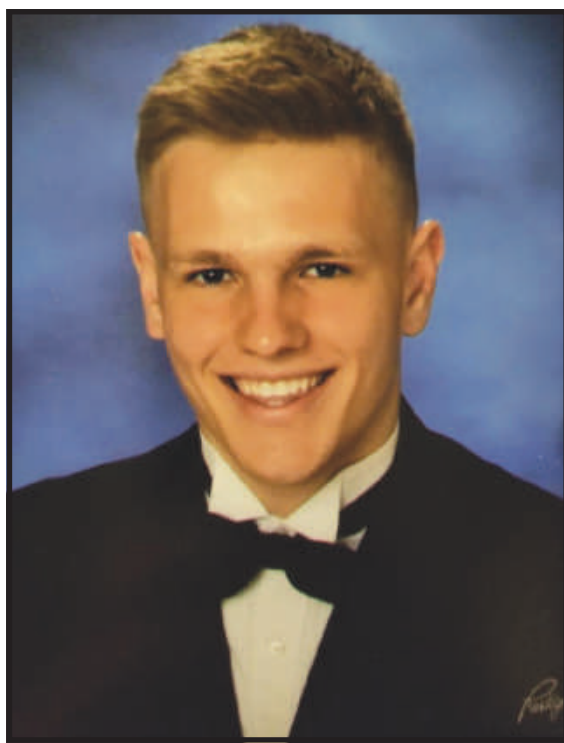
Postseason play would be expanded from 10 clubs to 14 by doubling wild cards in each

See **BASEBALL**, page B2

B'nai B'rith Nominees



Alaina Akers



Luke Russell

Two Pulaski County seniors are nominated for B'nai B'rith Award

Two Pulaski County High School seniors have been nominated for this year's B'nai B'rith Athletic and Achievement Award Sponsored by the Roanoke Jewish Federation.

Pulaski County's nominees are Alaina Akers, daughter of Anthony and Jody Akers of Pulaski and Luke Russell, son of Dean and Gina Russell of Dublin.

Four PCHS graduates have been past winners of the award. They include (2001) David Hale, (2003) Breanna Blevins, (2004) Matthew Tilley and (2005) Ryan Dean.

Nominees for the award are selected on the following basis: each to be given appropriate evaluation in considering the nominee:

- Athletics (40%) including participation, recognition and awards.
- Personal Life (20%) including service to the community, extra-curricular activities, in school: leadership, offices, positions, honors and hobbies and out of school: offices, positions, honors and hobbies.
- Scholarship (40%) including scholastic grades, standing in class, scholastic awards, results in national testing and honor societies.

Born in 1951, the B'nai B'rith Athletic and Achievement Award was conceived by a small number of Roanoke's Jewish community who were also members of the international organization known as B'nai B'rith. The award was intended to

recognize area male high school seniors who excelled in athletics, scholarship and citizenship. As female high school students became more involved in interscholastic sports, they were added in 1976 as Award recipients.

The Award fit well with the mission of B'nai B'rith. It is a worldwide Jewish organization that institutes and administers programs designed to promote social, educational and cultural betterment for both Jews and the public at large. Notably, the first winner of the B'nai B'rith Athletic and Achievement Award in what was then a segregated Roanoke school system was a student from Addison High School.

Included among those who created the Award was Artie Levin. He later became known to all who watched local television as Mr. Fitness. Artie was also an avid community activist. Hence, in 1997, the Artie Levin Personal Life Award was created in his memory. That award underscores the essential contribution that community service makes to society.

Bob "Guts" McClelland was also instrumental. A well-known sportswriter for the Roanoke World-News and legendary sandlot football coach for whom the football field at Victory Stadium was later named, he played a vital role in publicizing the Award to the general public. Through the combined efforts of these and the other founders of the Award and the work of those who followed, the B'nai

B'rith Athletic and Achievement Award has become a preeminent honor for deserving high school seniors at the many high schools in and around the Roanoke and New River Valleys that nominate female and male seniors for the Award.

Through the years, a succession of dedicated individuals oversaw the management of the B'nai B'rith Athletic and Achievement Award. This group recognized, however, that in order to make certain that the future of the Award is secure, steps should be taken to ensure its viability and continuation. Therefore, in 2019, at their request, the Roanoke Jewish Federation agreed to assume responsibility for continuing the Award in the manner envisioned by its founders. As the mission of the RJF is to promote and foster relations between the Jewish community and the community at large, it is also a natural fit.

Therefore, starting with the 70th anniversary year in which the B'nai B'rith Athletic and Achievement Award is presented, the name of the Award has been changed to the "B'nai B'rith Athletic and Achievement Award Sponsored by the Roanoke Jewish Federation." The RJF has committed itself to maintaining the Award in the manner in which it has always been given so that deserving high school seniors who excel in athletics, scholarship and citizenship will continue to be recognized and their names placed among the superstars who came before them.

NCAA moves toward paying athletes, but how?

By RALPH D. RUSSO
AP College Sports Writer

The foundation is in place for the NCAA to drastically alter its definition of amateurism.

By this time next year, college athletes may have the official OK to become paid sponsors, able to earn money for their names, images and likenesses without compromising their eligibility.

Remember when Ohio State players got into trouble with the NCAA in 2010 for trading their own memorabilia and gear for tattoos? Or when Heisman Trophy winner Johnny Manziel signed autographs for money in 2013 and everyone wondered what the punishment might be?

Under the new rules being drawn up across the NCAA, all that would most likely be fine. A report from the NCAA's Federal and State Legislation Working Group laid out how we got here, what has been agreed upon and what is still to be determined.

There is still a lot to figure out, including how, exactly, to draw up "guardrails sufficient to ensure that ... the role of third parties in student-athlete NIL activities is regulated."

Some questions and answers as the NCAA moves to address athlete compensation, a thorny issue for the nation's biggest college sports governing body for more than 60 years.

Q: Who will be permitted to pay the athletes?

A: The best way to answer that is by laying out who will not be permitted to pay the athletes: the NCAA, the schools and the conferences.

That doesn't mean everybody else is good to go: The NCAA working group said member schools should consider prohibiting athletes from promoting things like alcohol, tobacco and sports gambling. There is also a recommendation to limit what athletes can do with shoe and apparel companies — a source of angst for college sports for a long time.

Q: What about boosters?

A: Boosters likely won't be disqualified immediately from working with athletes. The NCAA plans to monitor deals athletes make and require them to disclose details, perhaps through a clearinghouse.

Q: Will this be enough to satisfy lawmakers, both state and federal?

A: No. The NCAA is trying to fend off attempts by states to force the association into opening up the free market for athletes. The NCAA is also hoping to get help from Congress in the form of a federal law to override anything states come up with and to provide uniformity.

Reactions to the NCAA's announcement from lawmakers ranged from cautiously optimistic (California state Sen. Nancy Skinner, the primary driver of the state's law on the topic, said it was a step in right direction) to downright dismissive (Florida state Rep. Chip LaMarca said: "If the NCAA's goal was to limit access, then they have accomplished their goal.").

Q: When will Congress get around to dealing with the NCAA?

A: Hard to know, but it would be best for the NCAA if it happens before Florida's state law goes into effect July 2021.

Sens. Chris Murphy of Connecticut and Mitt Romney of

See **NCAA**, page B2

Dan Callahan is taking a break. His Locker Room column will return in a couple of weeks.

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A Sunday Afternoon Drive

This Sunday (Mother's Day), my wife Linda and I took a drive on up the "Creek" from my farm just to enjoy the beautiful outdoors. About four miles up we came to the road around what was once called the "Winding Stairs." These were the shale rock outcropping that the VDOT rerouted Little Creek Road through several years ago in order to eliminate the two fords where the old original road went through the King farm.

At times of high waters, you could not as the proverbial saying goes, "Get there from here." People going up or coming down the Creek had to go back around by way of Robinson Tract Road (VA 738). This was especially hard on the mail carriers who often herded the high waters or reversed courses if the waters happened to be over the entire motor of their vehicle.

The Jefferson National comes across the road to the edge of the creek here and the picturesque flowing water near there is a scene to behold. I have often passed this spot where an old tree has fallen across the swiftly flowing waters and rests across some of the many large rocks. I keep neglecting to get myself out there with my fly rod in all my fly-fishing garb and have a picture taken by my wife. I have over the years made pictures of scenes such as this and framed them in my shop. There is the saying, "Nothing is prettier than a picture," but seeing it natural without a dude like me stuck in there is out of this world altogether.

We did not see any wildlife in the fields all the way to Interstate 77, but the beauty of God's handiwork was everywhere to behold.

Most of the wildflowers and trees are at their peak; service berry, redbuds, dogwoods and wild mustard, violets, dandelions and butter cups to name a few. The butter cups are everywhere



Woods, Water & Wildlife

W.A. "Doc" Davis

and in our yards and taken over as the dominant flower this year. The aforementioned dandelion which pops up right after you mow your untreated lawns is a distant second.

As we traversed the length of the valley going westward, we did not see anyone out and about except passing another vehicle. Occasionally, we did see more than two vehicles at houses along the way, evidence of possibly others paying mothers their respect. I remarked to Linda that it was like the best seller book, "All Quiet on the Western Front." This covid-19 virus is evidently keeping many people indoors.

We came to the land that was once that of my Great-grand Father, James Whiten Davis, then the new Hidden Valley # 2 Cemetery where many of my relatives are buried, including that of my dad and mother, Wade H & Hazel (Faw) Davis. The Davis U.M. Church is neat across from the old school building, (now a community building) beside the Little Creek Fire Department. The road was gated and locked into the home place and the original Hidden Valley Cemetery where most of the James Whiten Davis family is buried. My Grandfather, Meek Hoge Davis and Ressie (Kitts), my Grandmother along with a son, James Burke Davis, (we called him "Uncle Burke)." He was born in 1906, never married, and drafted into the Army. He served with General George Patton in

North Africa, Sicily and all the way to Czechoslovakia where the war ended. He had worked for my grandfather, a "sawmill man," and was with a crew that helped clear roads and cut timbers to enable Patton to cross small streams in his drive to cross the mighty Rhine.

I had wanted to drive the road through the hidden valley road called "Tennessee." It was so named as a fellow set out from the James Whiten home place stating, "I'm going to Tennessee," but never got there and settled along this roadway that runs about a mile parallel to the Little Creek Road and returns back into it at Arnold Hamlin's.

We continued on to the head of the "Creek" to Interstate 77 and decided to return by way of Bland and VA Rte. 42. As we turned off U.S. 52 onto 42, I saw the old black-painted cabin that was once a service station run by Meek Hoge, ironically my grandfather's first two Christian names. I had done land surveys for him and his son, Eddie Hoge and both are now deceased. Eddie was a big bear hunter as was Bill Draper that I also knew as well. I hope to share a bear hunt with Eddie Hoge in a later column.

We traveled the 30 miles of VA 42 to Rte. 100 and did spot four deer running along a ridge but no turkeys as I had hoped. Linda and I would recommend this road trip to any and all. Sixty years

ago, the Little Creek Road was a lot like the poem by Robert Frost called, "The Road Not Taken." It was graveled soil unpaved, but over the years has been widened, new bridges installed and paved the entire length. Today, the woodlands along its length are a hunter's paradise and there are still some good fishing spots in the "Creek."

There are a number of songs and poems written about roads using them as their themes. Our lives are a reflection of roads we travel through life. Many today are on the wrong road and that is the road to a literal hell. You hear many people use the word as a byword in their daily conversations and those using it are most likely going there themselves. In Matthew 7:13,14 (KTV) we read, "Enter ye in at the strait gate: for wide is the gate, and broad is the way that leadeth to destruction, and many there be which go in thereat: Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it."

You can get on the right road by watching Franklin Graham, son of father, Billy as he has been on TV lately and pray his simple prayer. You won't regret the decision and will enjoy the road as the song, "Happy Trails to You" implied in song by the famous Christian cowboy, Roy Rogers and wife, Dale Evans. They were my heroes when I was just then a young "whipper-snapper" as Gabby Hayes called us.

Until next time

NCAA

Continued from Page B1

Utah are leading a group of lawmakers examining compensation for college athletes and related issues. There was momentum for senators to take action. Then a global pandemic hit.

"It's not impossible for us to get something done before Florida's law goes into effect. I think's highly unlikely we'll do anything before the (presidential) election," Murphy told AP. "Then you're talking about November or December. The beginning of next year."

He added: "I don't know if the NCAA made the job any easier, when they outlined a series of requests from Congress that are in some ways far afield from the issue at hand."

Q: Is the NCAA angling for an antitrust exemption?

A: Not directly, but when you ask Congress to protect your organization from state laws and future lawsuits challenging your rules, it sounds a lot like you are asking for antitrust exemption. When Murphy refers to requests from the NCAA that were "far afield," this is what he's talking about.

Murphy said if the NCAA wants antitrust protections it won't be wedged into legislation focused narrowly on name, image and likeness rights.

"It probably has to be on the table if talking about a broader reform of college athletics in which players in the high revenue sports are getting paid," Murphy said.

Q: Will athletes be capped on what they can earn?

A: No, according to Ohio State athletic director Gene Smith, who led the group that produced the recommendations approved by the NCAA Board of Governors.

That is notable since the NCAA is still fighting the appeal of an antitrust case in which the plaintiffs claimed the association and its member schools and conferences have illegally capped compensation to athletes at the value of a scholarship.

Q: Can we expect to see athletes in their jerseys touting the local sandwich shop?

A: No. Athletes will not be allowed to use their school logo or brand in their personal deals.

Q: Is the NCAA football video game coming back?

A: Not under these recommendations. That would require a group licensing deal between the players and the schools, and the NCAA is steering clear of that.

Baseball

Continued from Page B1

league to four.

Teams would prefer to play at their regular-season ballparks but would switch to spring training stadiums or neutral sites if medical and government approvals can't be obtained for games at home. Toronto might have to play home games in Dunedin, Florida.

"We'll see where we will be in July," said California Gov. Gavin Newsom, whose state is the home of five MLB clubs and who has talked with baseball Commissioner Rob Manfred. "We certainly look forward to Major League Baseball and all sports resuming. But again, the question is when and that will be determined on the basis of public health and public safety and the spread of this virus."

The All-Star Game, scheduled for Dodger Stadium in Los Angeles on July 14, likely would be called off.

Medical issues will be at the forefront of talks along with economics.

"Bear with me, but it feels like we've zoomed past the most important aspect of any MLB restart plan: health protections for players, families, staff, stadium workers and the workforce it would require to resume a season," Washington pitcher Sean Doolittle tweeted. "What's the plan to ethically acquire enough tests? ... What's the protocol if a player, staff member, or worker contracts the virus?"

Teams will propose that players receive the percentage of their 2020 salaries based on a 50-50 split of revenues MLB receives during the regular-season and postseason, which likely will be among the most contentious aspects of the proposal during negotiations with the players' association.

"These concepts are beyond the spectrum of what players have both fought for and derived from the CBA from inception: salary caps, methodologies like this are something far afield from our working relationship with Major League Baseball," said Scott Boras, the sport's best-known agent. "You certainly know why they would suggest it."

That proposal would take into account fans being able to return to ballparks at some point, perhaps with a small percentage of seats sold at first and then gradually increasing.

Baseball players have refused to consider even the frameworks for the type of revenue splits that have been agreed to by unions in the NFL, NBA and NHL.

Active rosters would be expanded from 26 to around 30. With minor leagues shuttered, there likely will be the addition of about 20 players per club akin to the NFL's practice squad.

Teams would have the option of holding the resumption of spring training at home or at their facilities in Florida and Arizona. Most teams based in Florida appear to be leaning toward that option, while Arizona-based clubs are inclined to work out at home rather than deal with June heat in the Phoenix area.

Players and teams agreed to a deal on March 26 that called for each player to receive only a portion of salary, determined by what percentage of a 162-game schedule is played. As part of that deal, if no season is played each player would receive 2020 service time matching what the player earned in 2019.

But that deal is contingent there being no restrictions on mass gatherings at the federal, state, city and local level; no relevant travel restrictions in the U.S. and Canada; and Commissioner Rob Manfred after consulting the union and medical experts, determines there is no risk to playing in front of fans at regular-season ballparks.

Players and teams committed to "discuss in good faith the economic feasibility of playing games in the absence of spectators or at appropriate neutral sites." Manfred has said about 40% of MLB revenue is tied to gate, including concessions, parking, ballpark advertising, luxury suites and programs.

Union officials and players have cited the March 26 agreement as setting economic terms and say they have no inclination for additional cuts.

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Dentist office downstairs.

\$150 to \$350 per month.

Call Penny at 540-250-7367

The Patriot

www.pcpatriot.com

Dave Says

Dave Ramsey

Sponsored Each

Week By

Dublin Baptist Church

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540-674-6061

First, understand the problem

I feel truly blessed. Even with everything that is going on these days, I still have a steady job and a good income. I'm thinking about taking some money out of my savings account in order to completely pay off my credit card debt. How do you feel about this idea?

Dear Erin,
It's not a bad plan if you've come to a point where you understand a few things. The credit card and the debt aren't the real problems. They're symptoms of buying things you probably don't need with money you don't have. You need to take a long look in the mirror, because the person who's looking back at you is the real problem.

If you can accept this, and are committed to changing yourself and your financial habits, I'd say go for it. Just don't wipe out your savings in the process. Leave plenty of cash in there, especially right now when so many things are uncertain. Also, make sure you cut up that credit card, close the account, and make a promise to yourself that you'll never use those things again.

Once you do all this, and start living on a written, monthly budget, rebuild your savings as quickly as possible. Saving money is always a good thing. And everyone needs an emergency fund of three to six months of expenses for the unexpected stuff life throws at you!

Dear Dave,
Do you have a rule for calculating how much money to set aside for home repair and maintenance?

Dear Bobby,
I don't really know of a formula to determine this sort of thing. I'd suggest looking at your checkbook over the previous year, and see what you spent on maintenance and repair issues.

See DAVE, page B2

NASCAR to honor healthcare workers at Darlington

DAYTONA BEACH, Fla. – As NASCAR returns to the racetrack for the first time in more than two months, the sport will honor frontline healthcare workers in The Real Heroes 400 at Darlington Raceway on Sunday, May 17 at 3:30 p.m. ET on FOX.

The special NASCAR Cup Series race entitlement at Darlington

ton Raceway follows the launch of The Real Heroes Project, a collaborative initiative by 14 sports leagues including NASCAR to recognize and pay tribute to medical professionals serving on the front lines in the fight against COVID-19.

“As the coronavirus challenges our country in unprecedented

ways, the frontline healthcare workers – the nurses, paramedics, emergency physicians and many others – continue to inspire us with their strength and bravery in caring for their fellow Americans,” said Jill Gregory, NASCAR executive vice president and chief marketing and content officer. “These men and

women are the real heroes and the NASCAR industry is incredibly proud to honor their selflessness and service as we return to racing on Sunday.”

Through a collaboration with NASCAR, FOX Sports and the race teams, each driver’s name will be replaced above the driver-side window with the name of an individual healthcare worker currently battling the coronavirus pandemic. In addition, The Real Heroes Project logo will be displayed on the side panel of each racecar.

The healthcare workers honored on the cars, selected in part by local FOX affiliates from cities across the country, will serve as grand marshals for The Real Heroes 400 and appear in an on-air mosaic to simultaneously give the command for drivers to start their engines for the race.

“Real heroes” from the state of South Carolina include healthcare workers from St. Francis Downtown hospital in Greenville S.C., and McLeod Regional Medical Center in Florence, S.C., located just south of Darlington Raceway.

The sports leagues behind the Real Heroes Project launched a public service announcement on May 6 that featured some of the biggest names in sports including a pair of NASCAR Cup Series champions in Joe Gibbs Racing driver Kyle Busch and Stewart-Haas Racing driver Kevin Harvick. The PSA features more than 30 athletes sharing personal thank-you messages with their healthcare heroes and replacing the names on their own jerseys and uniforms with the names of individual medical professionals.

The campaign encourages

sports fans to pay tribute to the frontline healthcare workers in their lives on social media using #TheRealHeroes.

As NASCAR resumes the 2020 race season on Sunday, The Real Heroes 400 will be the first of three national series races at Darlington Raceway in the span of four days – all taking place without fans in attendance. The NASCAR Xfinity Series will return to action on Tuesday, May 19 (8 p.m. ET on FS1), followed by the second NASCAR Cup Series race at Darlington on Wednesday, May 20 (7:30 p.m. ET on FS1).

Tagovailoa signs \$30.275 million, 4-year deal

MIAMI (AP) — Now Tua Tagovailoa can pay for that Cadillac Escalade he gave his mom.

The new Miami Dolphins quarterback signed a \$30.275 million, four-year guaranteed contract, a person familiar with the negotiations told The Associated Press on Monday.

The contract includes a \$19.6 million signing bonus, according to the person who spoke to the AP on condition of anonymity because the Dolphins hadn’t announced the deal.

Tagovailoa posted a video on Mother’s Day that showed him surprising his mother, Diane, with a black SUV.

Last month the Dolphins selected Tagovailoa with the fifth overall pick in the draft. They are optimistic he’ll recover fully from a hip injury that ended his Alabama career in mid-November.

LEGAL NOTICES

NOTICE OF PUBLIC HEARING REGARDING PROPOSED MEALS EXCISE TAX INCREASE BY THE TOWN OF DUBLIN

Pursuant to the authority granted by the Virginia Code §58.1-3840, and pursuant to Article 6 of Chapter 7 of the Dublin Town Code, the Town Council of the Town of Dublin, Virginia will hold a public hearing on Thursday, May 21, 2020 at 7:00 p.m. in Council Chambers at the Dublin Town Center, 101 Dublin Park Road, Dublin, Virginia, to consider adoption of the following ordinance to increase the excise tax imposed by the Town on meals (“meals tax”) from the current 5.5 % of the selling price of each taxable meal to 7.0% of the selling price of each taxable meal. The full text of the proposed ordinance is:

Effective July 1, 2020, the excise tax on every meal, as “meal” is defined in §1(c) of Article VI of Chapter 7 of the Code of the Town of Dublin, and which meal is sold to, or prepared for sale to, the ultimate consumer within the Town of Dublin, without regard to the location of delivery or possible use by the purchaser, shall be 7.0% of the selling price of such meal. Only meals on which such excise tax may not be levied pursuant to Virginia Code §58.1-3840 (as specified therein) and §13 of Article VI of Chapter 7 of the Code of the Town of Dublin shall be exempt from this tax.

All persons desiring to comment on the proposed tax rate increase should submit their comments in writing to the Dublin Town Manager prior to the hearing, or, *subject to current health safety regulations*, may appear before the Council at the above-stated time and place

Copies of the proposed ordinance are available for review in the Dublin Town Treasurer’s Office.

NOTICE OF PUBLIC HEARING REGARDING PROPOSED WATER, SEWER, AND GARBAGE SERVICE RATE AND FEE INCREASES BY THE TOWN OF DUBLIN

Pursuant to the authority granted by the Virginia Code §§15.2-927, *et seq.* 15.2-2109, *et seq.*, and pursuant to Chapters 12, 13 & 16 of the Dublin Town Code, the Town Council of the Town of Dublin, Virginia will hold a public hearing on Thursday, May 21, 2020 at 7:00 p.m. in Council Chambers at the Dublin Town Center, 101 Dublin Park Road, Dublin, Virginia, to consider enactment of an ordinance increasing the rates and fees for water, sewer, and garbage services as follows:

Service	2019/2020	Proposed
New water and sewer application	\$25.00	\$25.00
Water disconnection or reconnection	\$60.00	\$60.00
New water service (only) security deposit	\$150.00	\$150.00
New sewer service (only) security deposit	\$100.00	\$100.00
New garbage service (only) security deposit	\$50.00	\$50.00
Combined , new water,sewer and garbage services security deposit	\$200.00	\$200.00
Sewer connection fee,in town, 3" or 4" line	\$1,500.00	\$1,500.00
Sewer connection fee,out of town, 3" or 4" line	\$1,600.00	\$1,600.00
Water connection fee,in town, 3/4" line	\$1,500.00	\$1,500.00
Water connection fee,out of town, 3/ 4" line	\$1,600.00	\$1,600.00
All other water or sewer connections (total cost to be determined prior to connection)	Act. Connect. Costs plus \$1,000.00	Act. Connect. Costs plus \$1,000.00
Customer requested water meter replacement	\$150.00	\$150.00
Customer requested water meter accuracy test	\$55.00	\$55.00
Monthly infrastructure rehabilitation fee-residential water and/or sewer	\$2.00	\$2.50
Monthly infrastructure rehabilitation fee-commercial water and/or sewer	\$3.50	\$3.50
Return Check Fee	\$50.00	\$50.00

Water, Sewer and Garbage	2019/2020	Proposed
Water	<u>2000 Min</u>	<u>rate</u>
Water - Residential In Town	\$22.26	\$24.49
	\$5.80/1000	\$6.38/1000
Water - Residential Out of Town	\$30.79	\$36.33
	\$6.62/1000	\$7.81/1000
Water - Commercial In Town	\$24.43	\$26.14
	\$5.50/1000	\$5.89/1000
Water - Commercial Out of Town	\$32.51	\$35.76
	\$7.50/1000	\$8.25/1000
Water - Industrial In Town	\$32.91	\$36.20
	\$6.50/1000	\$7.15/1000
Water - Industrial Out of Town	\$37.40	\$41.14
	\$7.50/1000	\$8.25/1000

Sewer	<u>1500 min</u>	Proposed
Sewer - Residential In Town	\$10.21	\$11.74
	\$5.25/1000	\$6.51/1000
Sewer - Residential Out of Town	\$11.94	\$14.32
	\$6.00/1000	\$7.80/1000
Sewer - Commercial In Town/Out of Town	\$22.50	\$27.00
	\$4.84/1000	\$6.15/1000
Sewer - Industrial/Manufacturing	\$93.50	\$107.53
	\$6.11/1000	\$7.02/1000
Garbage	Rate	Proposed
Garbage - Residential	\$15.00	\$17.00
Garbage - Commercial/Industrial	\$22.00	\$24.00
Dumpster (6 cu. Yd)	\$28.00	\$31.00
Dumpster Rent	\$18.50	\$21.00

Pulse

Continued from Page B3

Home maintenance is kind of like car maintenance, in that it’s going to depend on the age and general condition of the house. If you’re driving an older model car, you expect to put more into it over time, right? It’s kind of the same principle with houses. The older the structure, the greater the likelihood you’ll have to pump some money into it.

Make sure you look at things from a realistic point of view. You probably won’t need a new roof anytime soon if you had one installed in the last couple of years. But give your house a

good going over, inside and out, every six months or so. This will go a long way in assessing what’s needed—and what might pop up in the future!

—Dave

* Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 16 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

LEGAL NOTICES

PUBLIC NOTICE

The Pulaski County Board of Supervisors will convene on **Monday, May 18th, 2020**. In accordance with the Code of Virginia, the Board of Supervisors will host three (3) public hearings on this date, beginning at **7:00 p.m.**, or as soon thereafter as it can be heard, on **Monday, May 18th, 2020** in the Board Room of the County Administration Building, 143 Third Street, NW, in the Town of Pulaski to receive comments about the applications as listed below;

1)Proposed text amendments to the **Pulaski County Unified Development Ordinance (UDO)**. Text amendments relate to Article 3, 4 and 11.

2)Application by Shah Development, LLC to amend the Future Land Use Map of parcels #066-1-96, and 98 from Residential to Agriculture at 4627 Wish Lane, Dublin, Draper District.

3)Application by Shah Development, LLC to rezone parcels #066-1-96,98 and part of 95 from Medium Density Residential to Agriculture at 4627 Wish Lane, Dublin, Draper District.

The agenda items are available at the Board Document link on the Planning & Zoning Webpage.
<http://www.pulaskicounty.org/planning-zoning.html>

The public can request information and/or submit comments as part of the public hearing process, by using any one of the following methods; **E-mail:** Send information request or public comment to Elaine Holeton at eholeton@pulaskicounty.org **Phone:** Contact Elaine Holeton at 540-980-7710 or 540-440-0025 to learn more, or to have your comment transcribed for the public hearing. **Regular Mail:** Send your request for information or your comment to; Planning & Zoning Department, County of Pulaski, 143 Third Street, NW, Suite 1, Pulaski, VA 24301. **In Person:** By attending the meeting at the location listed. For disabled individuals who may require special auxiliary aids or services, the County upon request will make reasonable accommodations available. Contact the County’s ADA Compliance Officer at (540) 980-7800 (TDD accessible) or (540) 980-7705, ten (10) days prior to the above meeting date to arrange for these special accommodations.

COVID-19 Message: Pulaski County is committed to safely serving the public during this Covid-19 pandemic. In consideration of the social distancing guidelines, we encourage you to contact our office prior to attending the meeting. This will enable us to share any meeting information updates and allow us the opportunity to accommodate you to the best of our ability. 540-980-7710. Thank-you.

Like it or not, National League DHs limber up

By **BEN WALKER**
AP Baseball Writer

Before all the self-proclaimed purists forecasting the destruction of baseball strategy and the very sanctity of the sport as we know it go berserk bemoaning the inclusion of a designated hitter in the National League this season, remember this:

In a most remarkable October full of huge momentum swings, the pivotal blow that decided last year's World Series was delivered by, yep, the NL DH.

OK, that clang resonating off the right field foul screen at Minute Maid Park — courtesy of Howie Kendrick's home run in Game 7 for the visiting Washington Nationals — probably won't drown out the wailing of long-time National League fans over the plan to play this virus-delayed season with a (gasp!) DH in both circuits.

And it certainly won't quell the debate that's raged since April 6, 1973, when Ron Blomberg of the New York Yankees stepped to the plate at Fenway Park as Major League Baseball's first DH (and drew a bases-loaded walk from Luis Tiant).

To many NL fans, the simple scribble of "DH" on the lineup card sullies the whole stadium. To lots of AL fans, the mere sight of a pitcher touching a Louisville Slugger is a total affront to the diamond.

No matter, that's part of the proposal MLB owners are making to players — a full-time DH in the National League, same as the AL. This year, only.

Jim Rigglesman has managed and coached in each league and seen both sides.

"During this abbreviated season I'm OK with it," he wrote in an email Monday.

"In general, I think the NL game is a much better game. The pitcher's AB is not the point. It's all the ramifications that the pitcher hitting has on the strategy of the game. More interesting game and tougher game to manage with pitcher hitting," he said. With that, let's take a meaty cut at what this might mean as NL DHs get limber with the lumber:

WHO'S UP?

Kyle Schwarber (Cubs), Nick Castellanos (Reds) and Dominic Smith (Mets) made it to the majors with their bats, not gloves. They'd be natural fits.

Christian Yelich (Brewers), Yoenis Céspedes (Mets) and Hunter Pence (Giants) are coming off injuries. The DH spot would give them a break from

the daily grind.

Kevin Cron (Diamondbacks) hit 38 homers in Triple-A and six more for Arizona. With first baseman Christian Walker coming off a breakout season, Cron could have a new slot.

Justin Turner (Dodgers), Ryan Braun (Brewers) and Jay Bruce (Phillies) are among older players who might see time there. The Nationals (Ryan Zimmerman, Starlin Castro, Eric Thames and Kendrick) and the Rockies (Daniel Murphy and Ian Desmond) could rotate. Nick Markakis and Adam Duvall would benefit in a crowded Braves outfield.

OUCH!

Max Scherzer, Masahiro Tanaka and Adam Wainwright are among the aces in recent years to be injured either batting or running the bases. With a stop-and-go spring training and a desire to ramp up quickly to regular-season speed, no one wants to see pitchers get sidelined doing something besides throwing.

Who does this rule hurt? Start with Madison Bumgarner, the power-hitting pitcher who signed with Arizona. He loves to hit and once toyed with entering the All-Star Home Run Derby. The Diamondbacks would probably rather put up someone paid to bat.

Jacob deGrom, Clayton Kershaw and Stephen Strasburg likely will keep excelling. But their ERAs are likely to take a hit — those NL lineups will look a little more imposing.

OPPORTUNITY KNOCKS

Sonny Gray (Reds), Sandy Alcantara (Marlins) and Chris Paddack (Padres) all start for teams that struggle to score runs. With the DH, managers might let them stay in longer, instead of pulling them for a pinch-hitter.

Yasiel Puig doesn't have a team. He combined for 24 homers and 84 RBIs with Cincinnati and Cleveland last year and remains a free agent.

Matt Adams (Mets), Logan Morrison (Brewers) and Greg Bird (Rangers) signed minor league deals in the offseason and, if they prove they've still got pop, could be low-priced options. NL rosters were pretty full when the shutdown came in March, but now there figures to be rejiggering.

SPEAKING OF STATS

For every entertaining home run trot by the likes of a Bartolo Colon, don't forget: Pitchers hit a whopping .128 overall last year. NL twirlers were better at the dish — they hit .131, while their

AL counterparts flailed at .087.

There aren't many like Shohei Ohtani out there. Nelson Cruz, Edwin Encarnación, J.D. Martinez and Miguel Cabrera are easy DH fits in the AL. The NL side will be more of a scramble.

With extra playoff teams, no doubt guys like Jorge Soler, Daniel Vogelbach and Corey Dickerson could become trade targets

come October or whenever the deal deadline is set.

The move to NL DHs will surely wind up sacrificing one part of the game that traditionalists love to tout: bunting.

NL teams put down an average of 35 sacrifice bunts last year, led by the Dodgers with a majors-high 55 (they also led the NL with 279 home runs). AL teams

averaged just 16, and the Angels had the fewest with only four.

Pitchers bunt the most — when they disappear from the plate, so will a big piece of strategy that's been around forever.

The Patriot
540-808-3949

LEGAL NOTICES

NOTICE OF PUBLIC HEARING REGARDING PROPOSED CIGARETTE TAX BY THE TOWN OF DUBLIN

Pursuant to the authority granted by the Virginia Code §58.1-3840, and pursuant to §6.2 of the Dublin Town Charter, the Town Council of the Town of Dublin, Virginia, will hold a public hearing on Thursday, May 21, 2020 at 7:00 p.m. in Council Chambers at the Dublin Town Center, 101 Dublin Park Road, Dublin, Virginia, to consider adoption of the following ordinance to impose by the Town an excise tax on all cigarettes ("cigarette tax") sold or distributed within the Town of Dublin, effective July 1, 2020. The full text of the proposed ordinance is:

Effective July 1, 2020, in addition to any and all other taxes currently or subsequently imposed by law, there is hereby levied and imposed by the Town of Dublin, Virginia ("Town") an excise tax of one and one quarter cents (1.25¢) per cigarette ("cigarette tax") on all cigarettes (as defined in Virginia Code §58.1-1031) sold, whether at retail or wholesale, or otherwise distributed for consideration, within the Town. The cigarette tax applies to all cigarettes, whether sold/distributed individually or in bulk (e.g., in a package, carton, or other container). (Thus, for example, the cigarette tax on a usual pack of 20 cigarettes will be 25¢, and on a usual carton of 10 packs of cigarettes, \$2.50.)

The tax shall be collected at the time of sale or distribution of cigarette(s) to a consumer or recipient of such cigarette(s) by the person(s) or entity(ies) effecting such sale or distribution (such person(s) or entity(ies) being referred to herein as "cigarette vendor"), and then remitted quarterly, within 15 consecutive business days after the end of the preceding quarter, to the Treasurer of the Town of Dublin with a written or electronic accounting stating the number of cigarettes sold, the total tax amount collected, and the amount being remitted. The remitter of the cigarette tax collections shall be entitled to deduct from each quarterly remittance two percent (2%) of the cigarette tax collections for that quarter in consideration for his/its compliance with this ordinance.

If any cigarette vendor claims that the cigarette tax has already been collected and paid by his/its vendor (e.g., a wholesaler or like distributor), then the cigarette vendor shall submit to the Treasurer of the Town of Dublin a sworn statement (affidavit) from the wholesaler/distributor, signed by such wholesaler/distributor or his/its authorized agent, which states (i) the name of the person(s) or entity(ies) to whom/which cigarettes were sold/delivered/distributed, (ii) the date(s) of such sales/deliveries/distributions, (iii) the number of cigarettes sold/delivered/distributed, (iv) the amount of Town cigarette tax collected, (v) the amount of Town cigarette tax paid, and (vi) when the cigarette tax was paid to the Town. In the absence of such sworn statement, or if such statement cannot be verified or is inaccurate or false, then the cigarette vendor effecting the sale or distribution of cigarette(s) to the end-user of such cigarette(s) shall be presumptively liable for payment of the cigarette tax to the Town. Should the cigarette vendor responsible for payment of the cigarette tax fail to do so fully and timely, then that cigarette vendor shall be additionally liable to the Town for interest on the unremitted amount at the annual rate of 10%, accruing from the date on which remittance of the cigarette tax was due. All cigarette tax collections shall be deemed to be held in trust for the Town, and the wrongful and fraudulent use of such collections, other than remittance to the Treasurer of the Town of Dublin as provided by this ordinance, shall *prima facie* constitute embezzlement under Virginia Code §18.2-111. Each person or entity who/which is responsible for collection and payment of the cigarette tax under this ordinance shall maintain written or electronic records of their sales/distributions of cigarettes and promptly produce those records to the Treasurer of Town of Dublin upon request.

The Town Treasurer shall notify all known or believed cigarette vendors located in the Town as of the date of enactment of this ordinance, and all subsequent applicants for Town business licenses, of the enactment of this ordinance; however, that any cigarette vendor does not receive such notification shall not relieve him/it of his/its obligations under this ordinance.

All persons desiring to comment on the proposed tax rate increase should submit their comments in writing to the Dublin Town Manager prior to the hearing, or, *subject to current health and safety regulations*, may appear before the Council at the above-stated time and place.

Copies of the proposed ordinance are available for review in the Dublin Town Treasurer's Office.

NOTICE OF PUBLIC HEARING TOWN OF DUBLIN FISCAL YEAR 2020-2021 BUDGET

The Dublin Town Council will hold a public hearing regarding the proposed budget for fiscal year 2020/2021 at its regular meeting starting at 7:00 p.m. on May 21, 2020 in the Council Chambers at the Dublin Town Center, 101 Dublin Park Road, Dublin, Virginia. Attendance and comment by the public is welcome, *subject to current health and safety regulations*. The Dublin Town Council will then convene for approval of a budget for fiscal year 2020/2021 at 7:00 p.m. on June 18, 2020 at the Dublin Town Center, 101 Dublin Park Road, Dublin, Virginia.

The following is a synopsis of the proposed budget and is published for informational and fiscal planning purposes only:

<u>General Fund</u>	2020-2021
Revenue:	
Real Estate & Personal Property Taxes	\$336,300
Other Local Taxes	\$377,833
Licenses and Permits	\$63,000
Fines	\$14,688
State Revenue	\$188,967
Miscellaneous Revenue	<u>\$286,120</u>
Total General Fund Revenue	\$1,266,908
Expenditures:	
General Administrative	\$184,731
Police	\$410,266
Fire/Marshal	\$9,977
Fire	\$91,658
Street Department	\$3,000
Street Lighting	\$20,900
REMSI, Inc.	\$6,800
Recreation Department	\$2,500
Capital Outlay	\$38,986
Debt Service	\$92,540
Nondepartmental	\$325,550
General Fund Balance	\$50,000
General Fund Cash Flow Reserves	\$30,000
Total General Fund Expenditures	\$1,266,908
<u>Enterprise Fund</u>	
Revenue:	
Water Sales	\$1,686,417
Sewer Fees	\$531,240
Solid Waste Collection/Disposal Fees	\$239,000
Dublin Industrial Park	\$624,445
Total Enterprise Fund Revenues	<u>\$3,081,102</u>
Expenditures:	
Water Department	\$1,301,679
Sewer Department	\$324,600
Nondepartmental	\$350,590
Capital Outlay	\$206,879
Solid Waste Collection/Disposal	\$130,662
Dublin Industrial Park	\$545,884
Debt Service	\$150,808
Enterprise Unrestrictive Reserves	\$70,000
Total Enterprise Fund Expenditures	\$3,081,102
Total Budget-Revenue & Expenditures for both Funds	<u>\$4,348,010</u>

PULASKI COUNTY ASSISTANT FINANCE DIRECTOR

The County of Pulaski is seeking an Assistant Finance director that will be responsible for assisting in the oversight of all county financial functions including the Board of Supervisors, Public Service Authority, Economic Development Authority, and the Department of Social Services. This individual works with the Treasurer, Commissioner of Revenue, School Board, staff, Compensation Board and various state and federal agencies to manage the financial, personnel and risk management aspects of County operations. This position will significantly focus on the finance, budgetary aspects and management of the PSA.

This position will require extensive knowledge of local government accounting systems to include: budgetary operations, annual review and preparation of departmental budgets, posting, monitoring of revenues and expenditures and statistical tracking, federal, state and local reporting, cash receipting, financial draw downs, audits, long-term financial planning, maintenance of property, general liability, building, auto, workers compensation and unemployment insurances and tracking of the county's self-insured health and dental plans.

The qualified individual must be knowledgeable of the laws and policies governing municipal finance, budgeting, accounting techniques, GAAP and GASB methods and procedures, municipal bonds, contracts and investment opportunities. This position requires a Bachelor's Degree in Accounting or Finance and four to six years of extensive experience in a municipal financial administrative position and supervisory experience of multiple staff. For a full job description, please see Pulaski County's website at www.pulaskicounty.org.

This is a full-time, non-exempt position with benefits such as health, dental, optional vision, retirement, vacation, sick leave and paid holidays. The salary range for this position is \$43,220 - \$72,784 and is commensurate upon education and experience.

Interested individuals may apply at the appropriate Virginia Employment Commission or download and submit an application from www.pulaskicounty.org to Tammy Safewright, Human Resources Director, 143 Third Street, NW, Suite 1, Pulaski, VA 24301 or tsafewright@pulaskicounty.org.

**Position is open until filled
Equal Opportunity Employer**

Amber Waves

HEY LOU, WHAT'S ALL THE HUBBUB WITH THE FARMER?

I HEARD THE FARMER TALKING ABOUT SOME NEW VIRUS GOING AROUND THAT'S CONTAGIOUS.


OH, THAT'S JUST A BUNCH OF MEDIA HYPE. I DON'T BELIEVE A WORD OF THAT FAKE NEWS.



by Dave T. Phipps

Out on a Limb

by Gary Kopervas



HAND SANITIZER?

UGH...

R.F.D.

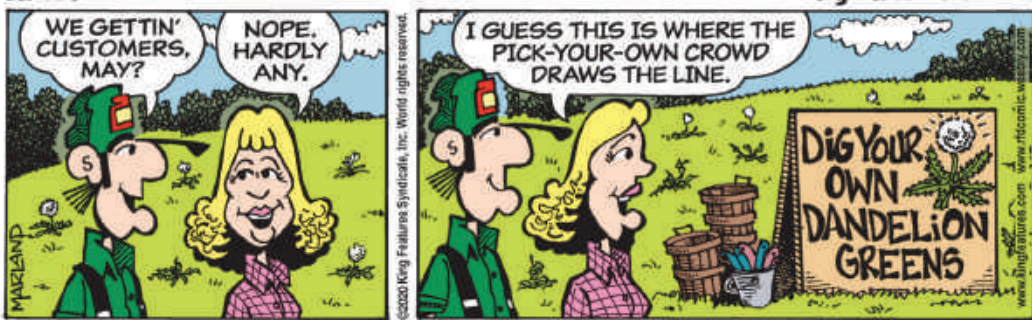
by Mike Marland

WE GETTIN' CUSTOMERS, MAY?

NOPE. HARDLY ANY.

I GUESS THIS IS WHERE THE PICK-YOUR-OWN CROWD DRAWS THE LINE.

DIG YOUR OWN DANDELION GREENS



The Spats

by Jeff Pickering

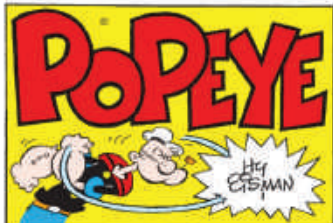
I CAN SPEAK NINE DIFFERENT LANGUAGES FLUIDLY.

DON'T YOU MEAN "FLUENTLY"??

NO, FLUIDLY. I CAN ONLY SPEAK THEM UNDER WATER.




POPEYE



I HEER'D YER STILL GOIN' AFTER OLIVE!

Y'HEER'D RIGHT?



Y' GOTTA PROBLEM WIT DAT?



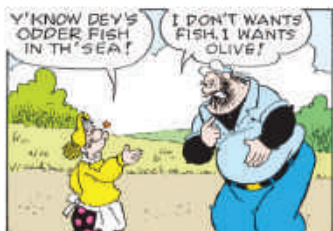
SHE'S POPEYE'S SWEETIE!

I TINK SHE FINDS ME INT'RESTIN'!



Y' KNOW DEY'S ODDER FISH IN TH' SEA!

I DON'T WANTS FISH. I WANTS OLIVE!



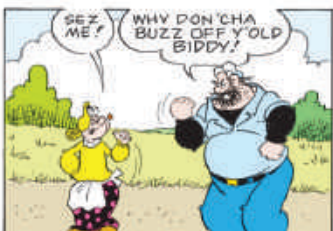
WELL...Y'CAINT HAVE 'ER!

SEZ WHO?



SEZ ME?

WHY DON' CHA BUZZ OFF Y'OLD BIDDY!

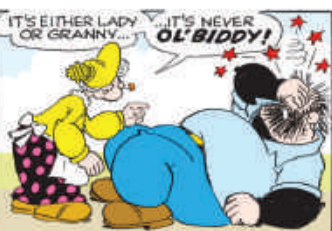


BLAM!



IT'S EITHER LADY OR GRANNY...

IT'S NEVER OL' BIDDY!



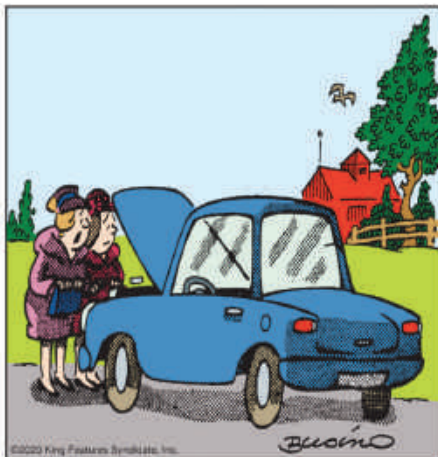
Just Like Cats & Dogs

by Dave T. Phipps

LOOK ON THE BRIGHT SIDE HONEY. THIS NEW CYBER SECURITY IS SO GOOD I DON'T THINK THERE'S ANY WAY TO CONVINCE IT WE ARE US.



LAFF-A-DAY



"If my husband were only here, I'm sure I could tell HIM how to fix it."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Notable
SALTINE

Choice
PITON

Remove
SPEEDO

Extent
PECOS

TODAY'S WORD

King Crossword

ACROSS

- 1 Work units
- 5 Urban carrier
- 8 Wanders
- 12 Hoodlum
- 13 Bobby of hockey
- 14 Leave out
- 15 Atmosphere
- 17 With skill
- 18 Godlike
- 19 Indefinite interval
- 21 To and —
- 22 Regimen
- 23 Sheepish comment
- 26 Mess up
- 28 Manicurist's concerns
- 31 Mater preceder
- 33 Insult (Sl.)
- 35 Nike slogan, "Just —"
- 36 Unpaid bills
- 38 1960s Pontiac
- 40 Homer's neighbor
- 41 Faraway fleet?
- 43 Actress Thurman
- 45 Help
- 47 Least adorned
- 51 Physicist Niels
- 52 Food of the gods

1	2	3	4	5	6	7	8	9	10	11
12					13			14		
15				16				17		
18							19	20		
			21			22				
23	24	25		26		27		28		29
31			32		33		34		35	
36				37		38		39		40
			41			42		43		44
45	46					47			48	49
51						52	53			
54						55			56	
57						58			59	

- 54 Tourney situations
- 55 Wire measure
- 56 Soda fountain treat
- 57 Right on the map?
- 58 Snoop
- 59 Arctic diving birds

- 6 Tour of —
- 7 The staff of life
- 8 Proceed
- 9 Drive
- 10 Pickling herb
- 11 Eyelid woe
- 16 Ireland
- 20 Victory
- 23 Evil
- 24 Brewery product
- 25 Surprise attacks
- 27 Tractor-trailer
- 29 Falsehood

- 30 Norm: Abbr.
- 32 Originally
- 34 Unshaven, in a way
- 37 "Mayday!"
- 39 Mr. Sharif
- 42 Postage buy
- 44 Scent
- 45 Singer Lane
- 46 Protein-rich bean
- 48 Birthright barterer
- 49 Symbol of smoothness
- 50 Body pics
- 53 Russian space station

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top ten

Deadliest Animals on Earth*

1. Mosquitoes

2. Humans

3. Snakes

4. Sandfly

5. Dogs

6. Kissing bugs

7. Freshwater snails

8. Scorpions (tie)

9. Tsetse fly

10. Ascaris roundworms

*Fatalities per year

Source: CBSnews.com

Trivia test

by Fifi Rodriguez

1. GEOGRAPHY: The island of Hispaniola is divided into which two countries?

2. U.S. STATES: Which state is known as the Badger State?

3. MEDICAL: Which human organ is involved in the development of diabetes?

4. AD SLOGANS: Which company advises clients to "leave the driving to us"?

5. MONUMENTS: How long ago was Stonehenge built?

6. ENTERTAINERS: Which singer/actress was born with the name Anna Mae Bullock?

7. COMICS: What kind of dog is Snoopy in the "Peanuts" comic strip?

8. GENERAL KNOWLEDGE: How many official languages does the United Nations have?

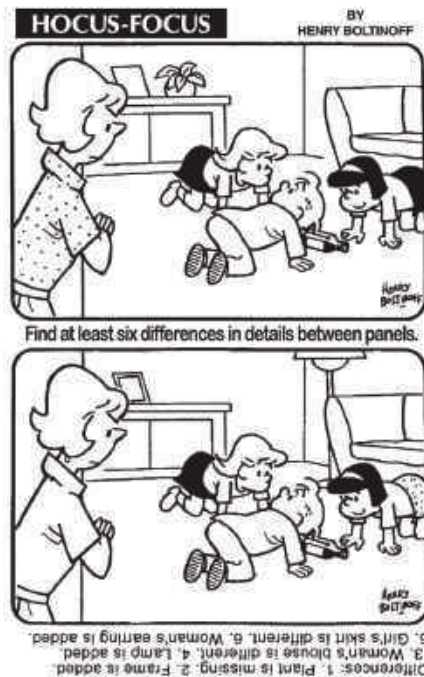
9. MEASUREMENTS: How many drops are in a teaspoon?

10. MUSIC: How many members sing in the Mormon Tabernacle Choir?

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Plant is missing. 2. Frame is added. 3. Girl's skirt is different. 4. Lamp is added. 5. Girl's shirt is different. 6. Woman's earring is added.

Trivia Test Answers

1. Haiti and the Dominican Republic

2. Wisconsin

3. Pancreas

4. Greyhound bus lines

5. About 5,000 years ago

6. Tina Turner

7. A beagle

8. Six: English, Spanish, Russian, Arabic and Chinese

9. 76

10. 360

Solution time: 25 mins.

Answers

King Crossword

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Q equals B

EBAPN MOC QBNLQADPNCG EOB

ZBJJGJJCJN MOC QDHHGJM ZCYMBGT

FAJYPCJ QC T YOCJMFTJMC

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STOPPED


Today's Word

1. Salient. 2. Option. 3. Depose. 4. Scope.

SCRAMBLERS

solution

Americanisms



"Age is an issue of mind over matter. If you don't mind, it doesn't matter."

— Mark Twain

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CryptoQuip

Would the bodybuilder who possessed the biggest pectoral muscles be a chestmaster?

answer

TUCK'S COLLISION

A Direct Repair Facility

ALL INSURANCES ACCEPTED!

1001 East Main Street, Pulaski, VA (Adjoining Duncan Suzuki)

(540) 980-1922

The Patriot



www.pcpatriot.com

MAGIC MAZE — STREET

A P M J G D A X D V S Y Q N K
I F D E H T S S O R C A A X V
T Q O M J H I F W C A W Y W U
R P N L J H F G N D B O Z X V
T W L R Q O M D I O K W I H F
D B O Z Y W V T N H B T T R N
Q O M R N L L E G E K R N I I
I I F B D R L W E K C D I U A S
Z X A Y S A E L W C A A V O A
U S R R Y W N F E M A S E S B
Q O D N M K J I H F E B D D B

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: **Most Crooked Street in the World**

Across the	Dead-end	High	Sesame
Back	Downing	Main	Two-way
Basin	Easy	Narrow	Wall
Bourbon	Fleet	One-way	

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CryptoQuote

AXYDLBAAXR
is **LONGFELLOW**

One letter stands for another. In this sample, **A** is used for the three L's, **X** for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

UZ TDRSXDEC LGA ED TDRS-

IJUAH SUHJIC MSOLSAI GT

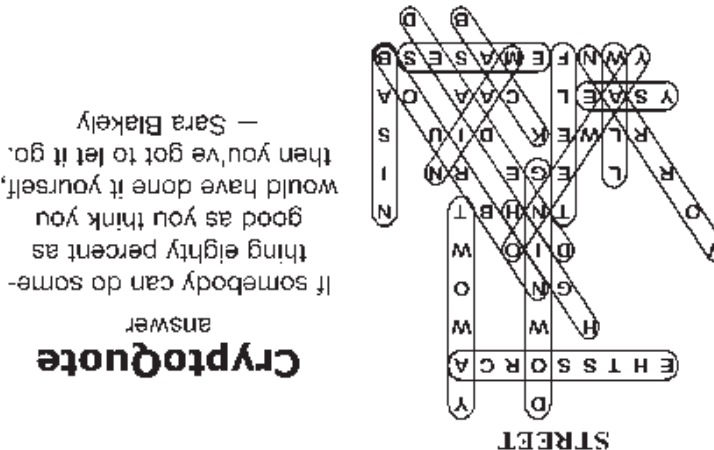
HDDE GT CDQ IUJAB CDQ

KDQFE JGWS EDAS UI CDQOTSFZ,

IJSA CDQ'WS HDI ID FSI UI HD.

— TGOG XFGBSFC

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answer
CryptoQuote

No Insurance? We Can Help!

The Pulaski Free Clinic provides complete medical care to adult residents of Pulaski County who have no insurance and who qualify financially. You may qualify! Call the clinic at (540) 980-0922, or stop by the clinic between 9:00 am and 4:00 pm Monday through Thursday at 25 4th Street Northwest in downtown Pulaski to set up an appointment for financial screening.



**Stump Grinding,
Trench Digging,
Rock and Concrete
Broken Up,
Lot Clearing, Backhoe**

One Or Many Stumps. Water, Sewer or Electric
Trenches. Patios, Driveways, Rocks Busted Up.

CRJ Enterprises, LLC
1201 E. Main Street
239-1467 Pulaski, Va. 24301 **230-6602**
(540) 980-7261

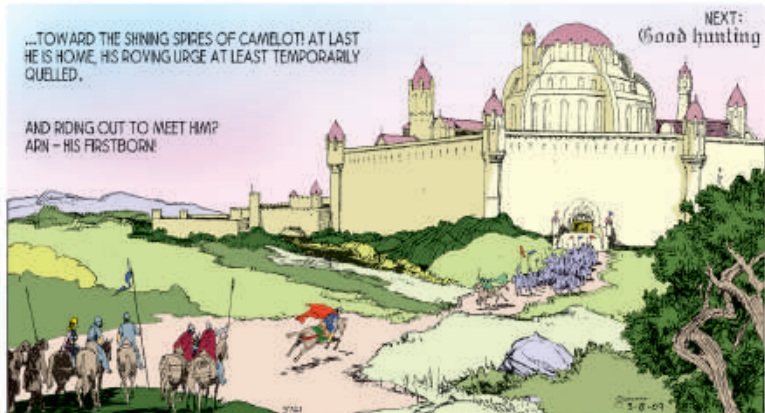
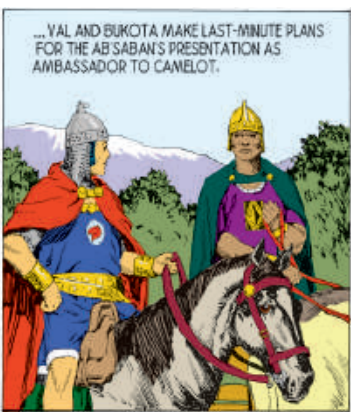
be right, because it's so yum-
my." -- E.D. in Arkansas

* Clean hairbrushes and
combs by soaking them in a
baking soda/water solution. Put
them bristles down in a large
cup and add the solution. Don't
do this to wood handle brushes.

* "Here's a convenient way

to measure oil and not have to
wash an inconveniently shaped
measuring cup: Label a glass jar
with marks for common kitchen
measurements: 1/4, 1/3, 1/2,
2/3, 3/4 and 1 cup. So easy." --
J.K. in Vermont

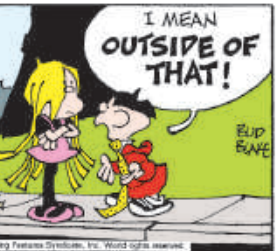
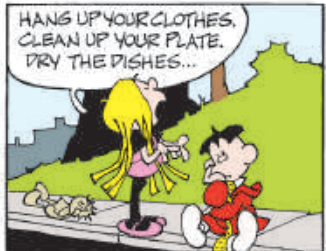
Send your tips to Now
Here's a Tip, 628 Virginia
Drive, Orlando, FL 32803.



WRITTEN BY
DASHIELL HAMMETT
AND ILLUSTRATED BY
ALEX RAYMOND.
"SECRET AGENT X-9"
FIRST APPEARED IN
NEWSPAPERS ON
JANUARY 22, 1934.



DURING RAYMOND'S
TENURE ON
"SECRET AGENT X-9"
HE WORKED
SIMULTANEOUSLY
ON TWO OTHER
COMIC STRIPS...
...INTERNATIONAL
ADVENTURER
"JUNGLE JIM"
AND A SCI-FI
STRIP CALLED
"FLASH GORDON."



Penny Toys

Children have always wanted to imitate the activities of people they see. So, toys have been made for centuries that are dressed to look like friends and, if possible, let them pretend to cook, play or work like grown-ups. In Germany, toy factories made small colorful tin toys from about 1880 to 1914 that could move and imitate a mother cooking or a boy roller skating. The price of the small toy was a penny, so they were named "penny toys" by today's collectors.

About 175 antique penny toys were sold in an important Ber-toia auction recently, and prices were much higher than a penny. The lowest price was \$180. The highest price was \$11,400 for a walking camel with a well-dressed Arab rider. The top of the rider's turban could be turned to make the clockwork toy move. There were several toys showing a boy or a girl at school sitting at the traditional bench attached to a desk. The child's arm moved and opened the top of the desk to show candy hidden inside. This schoolboy penny toy sold for \$840. Toys today are much more complicated with electric motors or digital instructions, but kids still play school.

CURRENT PRICES

Clock, Petal style, green, blue, orange, composite, enamel, metal, style of George Nelson, 17 1/2 in. \$75.

Delft Charger, pedestal, fern fronds, flowers, blue, white, 14 in. \$280.

Elephant Match Safe, silver plate, cream tusks, trunk down,

KOVELS
Antiques & Collecting
By Terry and Kim Kovel



The toy schoolboy sold at auction was admiring a picture on the desktop that was hiding candy. Discovering and eating the candy made the toy great fun. Today it is a collector's treasure costing \$840. The excellent condition of the original paint adds to the price.

c. 1900, 2 1/4 x 1 1/2 in. \$430.

Lustres, cranberry, bohemian glass, scalloped edge bowls, cut glass prisms, enamel & gilt flowers, 14 in. pair. \$680.

TIP: Be sure that any restorer, refinisher or upholsterer working on your antique is insured.

For more collecting news, tips and resources, visit www.Kovels.com



* If you have a stubborn stain on the driveway or garage floor, try oven cleaner. Spray the spot and cover it (to keep pets out) and then let it sit for several hours. Give it a good scrub and rinse with the hose. It might just do the trick!

* "I have a tip for you. When pouring water in your coffee pot, use a 4-inch funnel by placing it in the tank. Helps from spilling water. Pour slowly!" -- P.T. in Illinois

* Three ways to honor veterans on Memorial Day: pause for the National Moment of Remembrance (3 p.m. local time), a minute-long pause to remember those who lost their lives in service to our country; donate flowers or place flowers on the graves of veterans in your local cemetery; listen to the stories of veterans through StoryCorps' oral history project (storycorps.org/discover/military-voices).

* "Here's a recipe tip from my brother's man cave: Take a can of beer and mix it with a cup of barbecue sauce. Add a couple drops of hot sauce if you're feeling spicy. Use the mix to marinate chicken thighs for several hours before slapping them on the grill. He says the beer helps the chicken absorb the flavor, and he must



Church Directory

Worship Each Week In The Church Of Your Choice



Teach Me Your Word O Lord

Terry McCraw

God puts rainbows of love in our lives

Part II

The Florida Boys used to sing a song about God's Rainbow of love. "There's a Rainbow of Love, pointing to, Heaven above; shining through every cloud, there's a Rainbow of perfect Love."

In the dark cloud of Death, God puts a Rainbow of love, called the Rainbow of Reunion.

Many of us have left a loved one at the grave site and our hearts were shattered into a million pieces. The grave seemed so final and cold.

But in the dark clouds of death, God puts a Rainbow of love called the Rainbow of Reunion.

One of these days and it won't be long, Jesus is going to step out upon the clouds of glory and those who have died in Christ will be raised from their graves. They'll receive new glorified bodies that will never know a pain, a sickness, a sorrow, and will never grow old. A split second later, those of us who are saved and still alive at His coming, will also be transformed and we'll all receive new bodies that will be immortal, incorruptible and undefiled. And we're all going to be caught up together to meet the Lord Jesus in the air, and so shall we ever be with the Lord and our Loved Ones.

"Oh there's going to be, a meeting in the air, in the sweet, sweet by and by, we're going to meet Him, meet Him in the air, in that home above the sky. Oh such singing we will hear, never heard by mortal ear, 'Twill be glorious, I do declare; And God's own son will be the leading one

At the meeting in the air."

We WILL see our sainted moms again.

We WILL see our sainted dads again.

We will see our sisters and our brothers again.

We will see our sons and our daughters again.

WE WILL see our friends again.

So we can be encouraged, knowing that Death is not the final curtain call for the Redeemed of the Lord. We WILL see our loved ones again, at that meeting in the air. For in the dark cloud of death, God puts a Rainbow of love, called the Rainbow of Reunion.

Vestal Goodman used to sing a great song. "What will it be when we get over yonder, And join the throng upon the glassy sea; We'll join our loves ones and crown Christ forever. Oh this is just what Heaven means to me."

The Apostle Paul said, "But I would not have you to be ignorant, brethren, concerning them which are asleep, that ye sorrow not, even as others which have no hope. For if we believe that Jesus died and rose again, even so them also which sleep in Jesus will God bring with him. For this we say unto you by the word of the Lord, that we which are alive and remain unto the coming of the Lord shall not prevent them which are asleep. For the Lord Himself shall descend from heaven with a shout, with the voice of the archangel, and with the trump of God: and the dead in Christ shall rise first: Then we which are alive and remain shall be caught up together with them in the clouds, to meet the Lord in the air: and so shall we

See MCCRAW, page B9

Draper Valley Baptist Church

3200 Lee Highway
Draper, Va. 24324
Pastor: Alan Pearce
Service Times:
Bible Study Sunday, 5 p.m.
Sunday Worship, 11 a.m.
Sunday Evening, 6 p.m.
Prayer Service, Wed. 6:30 p.m.
Phone: 980-1028
www.drapervalleybaptist.org

Grace Baptist Church

552 E. Main Street
Dublin, Va. 24084
Pastor: Doug Testerman
674-1762
Primary Services:
9:45 a.m. Sunday School
11 a.m. Sunday worship
Sunday Night Power Hour, 6 to 7 p.m.
Wednesday Night 7 to 8 p.m.
Grace Kids and Teens Bible Study

Open Door Baptist Church

4576 Miller Lane
Pulaski, VA 24301
Pastor: Rev. N.K. Howlett
Primary Services:
Sunday School, 9:45 a.m.
Worship, 11 a.m.
Wednesday Night, 7 p.m.
Phone: 980-2046

Draper United Methodist Church

3080 Greenbriar Road
Draper, VA 24324
Pastor: Ruth Anne Henley
Primary Service Times:
Sunday School, 10 a.m.
Worship, 11 a.m.
Phone: 540-392-8016

Newbern Christian Church

Disciples of Christ
5183 Wilderness Road, Newbern
Rev. Denise and Ken Walker
540-440-8733

Christ Episcopal Church

144 North Washington Ave., Pulaski
Service: 10 a.m. every Sunday
Phone: 980-2413
Email: christ24301@gmail.com
www.christpulaski.dioswva.org

Jordan's Chapel UMC

Pastor: Rev. Becky Wheeler
Worship: 9:30 a.m.
Sunday School: 10:45 a.m.
Wednesday Bible Study: 7 p.m.

Cecil's Chapel United Methodist Church

5801 Cecil's Chapel Road,
Hiwassee, VA 24347
Pastor RuthAnne Henley
Worship service is 8:45am-9:45am
Sunday School is 10 - 10:45am
Ricky Dishon, 540 239 6360, www.facebook.com/cecilschapel.umc

Newbern United Methodist Church

5155 Wilderness Road
Exit 98 off I-81 Newbern
Rev. Paige Wimberly
674-6111
Worship Services: 9:45 a.m.
Sunday School: 11 a.m.

Valley Harvest Ministries

1 Harvest Place
P.O. Box 458
Dublin, VA 24084
Senior Pastor Steve Willis
Associate Pastors:
Perry Slaughter, Elaine Wood, Derick Burton
Sunday Worship: 10 a.m.
Wednesday School 7 p.m.
www.vhmdublin.org
540-674-4729

Mountain View United Methodist Church

6648 Wilderness Road
Dublin, VA 24084
Phone: 540-674-6111
mountainviewumc.yolasite.com/
Pastor: Paige Wimberly
Adult Sunday School: 10 a.m.
Morning Worship with Children's Church at 11 a.m.

Dublin Baptist Church

100 Hawkins Street
Dublin, VA 24084
540-674-6061
secretary@dublinbaptistva.org
Website: dublinbaptistva.org
Pastor: Dennis Jones
Sunday School: 9:45 a.m.
Morning Worship: 11 a.m.
Children's Church and Nursery
Evening Service: 6 p.m.
Tuesday: Women's Bible Study, 10 a.m.
Wednesday, Adult Bible Study 7 p.m.

First United Methodist Church

301 N. Jefferson Ave. - Pulaski
(physical address)
135 Fourth St., NW - Pulaski
(mailing address)
Pastor's Name: Will Shelton
Associate Pastor:
Sebastian Ruiz, Hispanic Pastor
Sunday Services
9:00 AM - Hispanic Worship
9:00AM - Contemporary Worship
10:00AM - Sunday School
11:00AM - Traditional Worship
Contact Info.
Phone: 540.980.3331
e-mail: office@fumcpulask.org
website: www.fumcpulask.org

Belspring Baptist Church

6887 Depot Street
Belspring, VA 24058
Pastor Darrell Linkous
Service Times:
Sunday School: 10 a.m.
Sunday worship: 11 a.m.
Wednesday Bible Study and
Youth Group: 7 p.m.
Darrell Linkous: 353-0081
belspringbaptistchurch@gmail.com

Memorial Baptist Church

995 Peppers Ferry Road
Pulaski, VA 24301
Pastor: Michael S. Jones
Sunday
9:45 am - Sunday School
11:00 am - Worship
Wednesday
6:30 pm - Prayer Meeting
(540) 980-4731
Email: dfarley3@verizon.net

River of Life Church

5311 Black Hollow Road, Dublin, Va. 24084
Shawn Burchett, Pastor
Sunday School 9:15 AM
Sunday Morning Worship 10:30 AM
Wednesday Evening Life
Building Service 7:00 PM
www.roledublin.com 540-674-4500

Delton Church of God of Prophecy

4570 Boyd Road, Draper, VA 24324
Pastor Vickie Lee Viars
deltoncogop@gmail.com (276) 620-3191
Service Times
Sunday school - 10 am - 11 am
Sunday Morning Worship - 11 am - 12 pm
Sunday Evenings - Devoted to
Evangelistic Outreach
Wednesday- 6 pm
2nd Wed Each Month - Free Community
Dinner - 5:45 pm - 6:45 pm
2nd Wed Each Month - Missions service
6:45 pm - 7:30 pm

Heritage Church

6195 Cleburne Boulevard, Dublin
Pastor Mike Pierce
Service Times:
Wednesdays, 7 p.m.;
Sundays, 10 a.m.
(540) 674-9220
Website: www.heritagechurch.net
Facebook.com/
HeritageChurchDublinVA

Fairlawn Baptist

6758 Oxford Avenue
Fairlawn, VA 24141

First Missionary Baptist Church

7318 Manns Drive / P.O. Box 90
New River, Virginia 24129
(540) 639-5331
email: fmbc1872@verizon.net
Pastor: Rev. Richard A. Goodman, Sr.
Associate Minister:
Rev. Annette Cheek
Clerk: Mrs. Carlotta Lewis
Sundays:
Morning Worship 11:00 a.m.
The Lord's Supper - Each First Sunday
Wednesdays: Prayer Meeting &
Bible Study 6:30 p.m.

Dublin United Methodist Church

P.O. Box 577
424 East Main Street
Pastors Don Hanshew & Don Shelor
(540) 674-5128
office@dublinumc.com
Early Worship - 8:45 am
Sunday School - 9:45 am
Praise & Worship Small Group - 10:00 am
Worship - 10:55 am

Freedom Fellowship Church

1730 West Street
Radford, VA 24141
Sr. Pastor: Jerry W. Collins
540-577-5780
jcollinsfreedomfellowship@yahoo.com
Sunday Service: 10 a.m.
11 a.m. Children's Church
Wednesday - 7 p.m. Service
7 p.m. Youth Service

Draper's Valley Presbyterian (PCA)

2755 Old Baltimore Road, Draper, VA 24324
Mailing address: Same as above
Pastor's Name: Rev. Robert E. Davis
Associate Pastor: Rev. Roland Mathews
Primary Service Times:
Sunday Morning Worship Service
8:30 and 11:00
Sunday Evening Worship Service 6:15 p.m.
Wednesday Evening (5:45 Supper in the
Fellowship Hall (Sept thru May) - Youth Groups
and Adult Bible Study 6:30 p.m.)
Contact Info:
Phone - 540-994-9015
e-mail - drapers.valley@dvpca.org
website - www.dvpca.org

Trinity Lutheran Church ELCA

2 Fifth Street, N.W., Pulaski
540-980-3624
The Rev. Terrie Sternberg
trinitypulaski@gmail.com
Sunday Worship 11 a.m.
(Sept. - May)
Sunday Worship 10:30 a.m.
(June - Aug.)
Bible Study: Wednesday, 12:30
www.trinitypulaski.org

Trinity United Methodist

Pastor: Judy Yonce
Sunday Worship - 9:45 a.m.
Bible Study - Wednesday, 7 p.m.
528 5th Street, S.E.
Pulaski, Va.
Phone - 980-0820

Snowville Baptist Church

3238 Gum Log Road, Hiwassee
Pastor: Rev. Tony Hart
Sunday School: 10 a.m.
Sunday Services: 11 a.m., 6 p.m.
Wednesday Night Service: 7 p.m.

Fairlawn United Methodist Church

7584 Brandon Road, Fairlawn, Va. 24141
Pastor Mark A. Miller
markmiller.psalml@gmail.com
Cell) 540-320-2431
Sunday School: 9:45 a.m.
Sunday Worship (with children's message):
11 a.m.
Bible Study, Wednesday: 7 p.m.
Youth Ministry
Facebook.com/Fairlawn-United-Methodist-Church

Grace Ministries Church of God of Prophecy

1021 Macgill Street
Pulaski, VA 24301
Church: 540-980-2118
Cell: 276-233-8083
Bus Ministry: 540-385-9972
www.pulaskigracemin.com
Email: pulaskigracemin@hotmail.com
Pastor Mike Williams
Children's Ministry
Aaron & Becky Sampson
Morning Worship 10:30 a.m.
Children's Church 10:30 a.m.
Children's Free Breakfast 10:30 a.m.
Ages 5-12
Men's & Women's Ministry Wed. 6:30

Faith Bible Church

110 LaGrange Street, Pulaski, VA 24301
Pastor: Jim Linkous
Associate Pastor: T.J. Cox
540-980-5433
www.facebook.com/faithbiblechurch
Sunday School: 10 a.m.
Sunday Worship: 11 a.m.
Sunday Children's Church: 11 a.m.
Sunday Evening: 6 p.m.
Wednesday Evening Bible Study: 7 p.m.
Children's Meal: 6:30 p.m.
Children's and Youth's Group Classes: 7 p.m.

Dublin Christian Church

5605 Dunlap Road
P.O. Box 1330
Dublin, VA 24084
(540) 674-8434
www.dublinchristianchurch.com
Richard R. Goad, Jr.
Senior Minister
Sunday School 10 a.m.
Worship 11 a.m.
Sunday Evening Worship and
Youth Meeting, 6 p.m.
Wednesday Bible Study and Children's Bible
Classes, 7 p.m.

First Presbyterian Church

408 N. Jefferson Avenue, Pulaski
Pastor Melissa McNair-King
(540) 980-2132
firstprespulaskiva@gmail.com
www.firstpresbyterianpulaski.org
Sunday Services:
Sept.-May: Sunday School, 9:45 a.m.,
Service 11 a.m.
June-Labor Day: Service 10 a.m.
Wednesday Family Night, 6 - 7:30 p.m.

Thornspring United Methodist Church
5670 Thornspring Church Rd.
Dublin, VA 24084
Pastor: Rev. Teresa Tolbert
Sunday School: 10 a.m.
Worship Service: 11 a.m.
Phone: (540) 980-2927

First Baptist Church
5473 Baskerville Street
Dublin, VA 24084
Pastor Wallis Brown
540-674-2677
Service: 11 a.m.

New Dublin Presbyterian Church
5331 New Dublin Church Road
Dublin, VA 24084
Pastor: Sara Jane Nixon
Website: newdublinpres.org
540-674-6147
Services 11:00 AM Sundays

Community Christian Church
Jason Allmon, Pastor
5382 Grace Street
Dublin VA, 24084
540-674-4308

First Dublin Presbyterian Church (ECO)
409 Church Street, Dublin, Va. 24084
P.O. Box 2027, Dublin, Va. 24084
first-dublin-presbyterian-church-eco.com
Minister:
The Rev. Dr. Olin Marsh Whitener, Jr.

Max Creek Baptist Church
3000 Old Route 100 Road, Draper, Va. 24324
www.maxcreek.org
www.facebook.com/maxcreekbaptist
Senior Pastor: Mike Coleman
Youth Minister: Charlie Prince
Director of Visitation: Ersel Alderman
Sunday Services
Sunday School: 10 a.m.
Morning Worship: 11 a.m.
Teen Social and Class: 5 p.m.
Evening Worship: 6 p.m.
Wednesday Bible Study & Classes:7 p.m.


Pulaski Church of God
1621 Bob White Boulevard
Pulaski, VA 24301
Pastor Donald Jones
540-980-8880
www.pulaskicog.church
Sunday Services
Sunday Life Groups: 9:30 a.m.
Sunday Morning Worship: 10:30 a.m.
Wednesdays Midweek Connect: 7 p.m.

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305 Newbern Road, Dublin
Pastor Elder Stephen Muse
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Sunday School: 10:30 a.m.
Sunday Worship: 11:30 a.m.
Tuesday Night Bible Study: 7-8 p.m.



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Pulaski Christian Church, Inc.
4531 Brookmont Road, Pulaski, VA 24301
www.pulaskichristianchurch.com/
Rev. Kathy Warden, Pastor,
(540) 250-2974
Sunday School 9:45 a.m.
Worship 11 a.m.
Worship 7 p.m.
Monday Bible Study
7 to 9 p.m.
Wednesday Bible Study
7 p.m.

Aldersgate United Methodist
1946 Medallion Drive
Pulaski, VA 24301
(540) 980-1349
Pastor Becky Wheeler
Sunday School 9:45 a.m.
Sunday Worship 11 a.m.

First Baptist Church
220 Magazine Street
Pulaski, VA 24301
540-980-3336
Email: firstbaptist220@gmail.com
Pastor: Rev, Douglas Patterson
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Monday's Child Youth Group, Monday
Evening 6 p.m.
Wednesday Bible Study 6:30 p.m.

**Pulaski Presbyterian Church
(PCA)**
975 Memorial Drive
Pulaski, VA 24301
Office Phone:980-2631
Email: pastor@pulaskipca.org
Website: www.pulaskipca.org
Stated Supply: Rev. John Gess
Sunday School: 10:00am
Worship Service: 11:00am

Sure Foundation Christian Fellowship
6598 Annie Akers Road
Radford, VA 24141
(540) 639-3443
Pastor Steve Phillips
Sunday Morning Worship: 10:00 am
Sunday Night Prayer: 5:30 pm
Wednesday Night
Prophetic Teaching: 6:30 pm

New Hope Chapel
1555 Case Knife Road
Pulaski, VA 24301
Pastor Darrell Gray
(276) 733-6080
Pastor Gray and congregation invite you to
New Hope Chapel.
Service Times:
10 a.m. Sunday School
11 a.m. Sunday Service

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540-980-7287
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Sunday Worship 10:45 a.m.
KidsZone 10:45 a.m.
Evening Worship 6 p.m.
www.fwcpulaski.church

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Pulaski First Church of the Brethren
1749 Newbern Road
Pulaski, VA 24301
Pastor Frank Peters
Sunday School: 9:45
Worship: 11 a.m.
Wednesday Bible Study: 7 p.m.
980-3798

Abundant Life Ministries
3050 Lee Highway
Pulaski, VA 24301 (540) 980-5506
(Mon. - Fri., 9 a.m.-1 p.m.)
Pastor Randall K. Lawrence Sr.
Sunday Worship 10:30 a.m.
Sunday Evenings 6 p.m. by announcement
Wednesday Evenings (Family Night) 6:30-7
pm children fed, 7:15 pm Bible Classes all ages
Adult Bible Class
THRIVE Teen Class
Children's Bible Class and
Special Activitiy Classes

New Life Church of the Nazarene
45 S. Jefferson Avenue
Pulaski, VA 24301
540-980-2001
www.newlifepulaski.com
email: pastorjuls@verizon.net
Pastor: Julie Armbrister
Sunday School (all ages) 9:30 a.m.
Sunday worship: 10:45 a.m.
Wednesday Bible Study: 6 p.m.

Trinity Baptist Church
4008 Robinson Tract Road
Pulaski, VA 24301
Telephone: 980-8186
Pastor Johnny Howlett
Minister of Education Rev. Steve Taylor
Sunday School - 9:45 a.m.
Sunday Worship - 11 a.m.
Sunday Bible Study - 6 p.m.
Wednesday - Adult Bible Study and Youth
Group - 7 p.m.

Grace Fellowship Baptist Church
2640 Max Creek Road
P.O. Box 326
Hiwassee, VA 24347
Pastor: Jason N. Aker
Phone: 276-699-3176
pastorjasonaker@gmail.com
Sunday School: 10 a.m.
Sunday Worship Service: 11 a.m.
Wednesday Night Bible Study: 7 p.m.

St. Edwards Catholic Church
Corner of N. Washington Ave. and
7th Street N.W., Pulaski
Phone: 980-6511
Fax: 980-6511
Priest: Fr. Bernie Ramirez
Mass: 11 a.m. Sunday, 5:30 p.m. Thursday

Warriors for Christ II
Bishop Sherman Buckner
600 Skyline Circle
Pulaski, VA
540-315-2317
Sunday School: 10 a.m.
Worship: 11 a.m. and 7 p.m.
Thursday: 7 p.m. Service

Bob White Boulevard Baptist Church
3826 Bob White Boulevard
Pulaski, VA.
Pastor: Allen Harman
Sunday School: 9:45 a.m.
Preaching: 11 a.m.
Sunday Evening: 7:30 p.m.
Wednesday Prayer Service: 7:30 p.m.
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My
Answer

Billy Graham

Going to church won't buy your way in Heaven

Q: I do a lot of volunteer work. I don't really have time to go to church, but I believe that God will smile on my help to others, however my friends tell me that it takes more than that to please God. Is that true? -- V.W.

A: The Bible tells the story of a young man known as the Rich Young Ruler. He wanted to have assurance that he would go to Heaven someday and have eternal life, so he worked very hard to meet a spiritual criteria as he believed it. Many people today work hard to satisfy this self-inflicted expectation while forgetting the reason behind "doing good."

There are many people who spend their lives doing good deeds, believing that they are serving God but they actually have little time for Him. They spend far more time watching television than reading the Bible. They spend far more time on social media than seeking wisdom from the Lord through prayer. There is no time for God and their hearts are a long way from Him.

The Bible says that the Lord searches the heart. Think of it. The great God of Heaven searches our hearts. "I, the Lord, search the heart" (Jeremiah 17:10). He is in there probing. Scriptures tell us that God ponders the heart of every person. "Every way of a man is right in his own eyes: but the Lord [ponders] the hearts (Proverbs 21:2, KJV).

People rationalize that the way they're living is all right. Doing good and going to church doesn't buy our way into Heaven. God doesn't accept our evaluation of our lives. He weighs our spiritual lives. He also does a wonderful thing; He promises to give us a new heart if we will submit to Him and receive His salvation.

(This column is based on the words and writings of the late Rev. Billy Graham.)

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Continued from Page B8

ever be with the Lord. Wherefore comfort one another with these words.” 1 Thes. 4: 13-18.

Jesus said, “Let not your hearts be troubled. You believe in God, believe also in Me. In My Father’s House are many Mansions. I go to prepare a place for you, that where I am, there ye may be also.” John 14: 1-3.

We may never get a mansion here in this life, but if we’ve been born again of the Spirit of God, we WILL have a Mansion in Heaven.

The Rapture Scriptures are confirmed in 1 Cor. 15:51-55. “Behold, I show you a mystery; We shall not all sleep, but we shall all be changed, In a moment, in the twinkling of an eye, at the last trump: for the trumpet shall sound, and the dead shall be raised incorruptible, and we shall be changed. For this corruptible must put on incorruption, and this mortal must put on immortality. So when

this corruptible shall have put on incorruption, and this mortal shall have put on immortality, then shall be brought to pass the saying that is written, Death is swallowed up in victory. O death, where is thy sting? O grave, where is thy victory?

The word Rapture simply means a “catching away.” When Christ returns for the children of God, He will appear in the air and the graves of the sleeping saints will burst open and the dead in Christ will arise first and be given gloried bodies, like unto Christ’s resurrected body. One moment later, those who are alive in Christ at His coming, will also be glorified and will, together with those who were just resurrected, rise to meet the Lord Jesus in the air and shall accompany Him to Heaven.

So we will join our loved ones who have died in Christ and we’ll never be separated from them

again. “Some Glad Morning, when this Life is ore; I’ll fly away; to that home on God’s celestial shore, I’ll fly away.”

Gravity will release its hold on us and we shall rise to meet Jesus in the air. It won’t be an airplane ride, but it will be a plain air ride. And we shall be reunited with our loved ones who died in Christ, never to be parted from them again.



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NRCC plans for December graduation ceremony

New River Community College has announced plans to hold an in-person commencement ceremony to honor the Class of 2020 later this year in December.

While the exact date and time will be announced at a later date, the ceremony will honor those who completed degrees in fall 2019, spring 2020, summer 2020 and fall 2020 semesters.

"While we will not be able to honor the Class of 2020 with a formal ceremony at this time, we know how important it is to the graduates and their family and friends to be able to celebrate these accomplishments together as one NRCC family. Our sincere hope is that by scheduling a December event, we will be able to honor the hard work and dedication of our students," said NRCC President Pat Huber. "The

Class of 2020 has adapted to changes in their education in a way that no graduating class before has ever had to, and we look forward to honoring their diligence and determination to finish the journey."

In the event that an in-person ceremony is not an option in December due to continuing COVID-19 concerns, NRCC continues to explore other alternative options to ensure that graduates are celebrated. Any updates and changes will be directly communicated to graduates.

NRCC students who complete their programs of study in May or August of this year will receive their diplomas by mail later this summer, after conferral of awards. All students who receive diplomas in the mail are eligible to participate in the December commencement event.

LOCAL Flavor

With David Hoover

I know we are under Covid-19 and are just starting to be on the downhill side, but we have to come back. One of the items, we are dealing with everything from toilet paper to beef, pork and chicken. Items such as toilet paper are starting to be more available in stores.

The meats are on the farm, but the meat packing houses are closed because the virus has hit so many employees. Pray for them.

It is time to cook simple main courses such as smoked ham. Get them boneless it is better to buy larger because you can cut and freeze for a later meal.

Boneless Ham:

2-3 lbs. cooked ham
1/4 cup mustard
1/4 cup brown sugar

Bake pre-cooked ham for 3 hours at 300 degrees. If you not like sugar, use diet Coke, root beer, or Dr. Pepper.

Look for canned and pre-cooked foods, you can buy, mainly beef, pork and chicken. Beef and pork can be made into meatballs, casseroles, soups. There are beef and pork, such as sausage, hot dogs, breakfast sausage both link and tub. Another idea, pre-bake a 8"- 9" pie crust (follow the instructions) set aside. Then in a bowl add chopped onion, canned peas, and pre-cooked sliced potatoes. Add cheddar soup, onion soup or whatever you like, mix in meat of choice and veggies, cover with cheese, cover with another pie crust, Bake at 350 degrees for 40-45 mins.

One of the easy canned meat is Spam and Treet. If you are ever in the area of the Pacific Ocean, you can get it anywhere. The folks in the Pacific love spice ham. In comes in cans, which you can dice into breakfast meat, slice into sandwiches or cut into



long thin strips to put into salad. Slicing spice ham into 3/8" -1/2" makes steak, it is good eating. It is always a good idea to purchase meat items and canned fruits and veggies.

Thank you and God bless you all, as we adjust to the changes in the world.

Good Eats!

Dave
Send those recipes to
The Patriot
P.O. Box 2416,
Pulaski, Va. 24301

Weekly SUDOKU

Answer

7	5	6	3	9	1	4	8	2
4	1	9	6	2	8	3	7	5
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2	6	5	8	1	3	9	4	7
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8	4	1	7	6	9	2	5	3

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WCC announces virtual graduate recognition ceremony for May 30

Wytheville Community College (WCC) will post a virtual graduate recognition ceremony on Saturday, May 30, at 2 p.m. on YouTube, Facebook, and on the homepage of the college's website.

Due to COVID-19 pandemic, the Virginia Community College System (VCCS) cancelled n-person commencement ceremonies at all 23 community colleges, including WCC. WCC does plan to reschedule the in-person ceremony at some point in the future. In the meantime, the college wanted to proceed with recognizing its graduates this spring.

"We are extremely proud of our students and their accomplishments," said Dr. Dean E. Sprinkle, WCC President. "Commencement is a milestone for students, and even though we cannot hold a traditional ceremony at this time, we want to honor our graduates through this virtual ceremony."

The virtual ceremony will be pre-recorded and will include a message from Sprinkle, along with the reading of each graduates name and degree, diploma, or certificate earned. Graduates also have an opportunity to submit a photo to be included in the video. Information has been emailed to all graduates, directing them to the submission

form at forms.gle/bLyDr8J9B-m6Lm3PSA. Information about the virtual graduate recognition ceremony can be found at <https://www.wcc.vccs.edu/2020-virtual>, or graduates my contact Ms. Renee Thomas, Dean of Student

Success and Academic Development, at rthomas@wcc.vccs.edu.

WCC faculty and staff will also be recording messages for graduates that will be shared later this month via social media.

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