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LION DOG Drive Thru

Saturday, June 6

11:30 a.m. - 2:30 p.m.
and 5 - 8 p.m.

Dublin Lions Club Building

*See Details Page A2

Pulaski Council Oks budgets, water, garbage pickup rates

By MIKE WILLIAMS
The Patriot

Pulaski Town Council completed its budget work for the fiscal year on Tuesday – amending the current year's budget, setting new rates for water and garbage pickup and approving a "bookmark budget" for the upcoming fiscal year that starts July 1.

Council approved a resolution to increase water rates by 3 percent as required by the Virginia Department of Health / Brookmont project agreement.

It also approved a resolution to increase residential garbage rates by \$1 monthly, following expected rate increase action by the Pulaski County Public Service Authority, which collects the garbage of town homes and businesses.

Council approved amending the current town budget on a 5-1 vote with Councilman Joseph Goodman voting "no." The amended budget, according to Town Manager Shawn Utt, brings the spending plan into conformity with updated revenue projections brought on by COVID-19.

Finally, council approved what Utt referred to as a "bookmark budget" for next fiscal year, which is required to be approved by June 31.

Utt said Tuesday the budget will

be scrutinized further in the coming weeks as the local, state and national economy sorts itself out because of the viral pandemic.

"Amendments to this budget will no doubt be made as more accurate revenue projections and more data on overall local and national economic performance becomes available," he said.

Utt reminded council the budget includes approximately \$438,000 in "set asides" which consists of unfilled positions and proposed General Fund capital projects amounting to a "cushion" of approximately 5 percent of the total budget.

"Depending upon the developments of the economic situation, these funds may be incorporated into the budget or kept back as circumstances permit or need dictates," Utt continued.

Council approved the Fiscal Year 20-21 budget on a 4-2 vote, with Goodman joined in voting "no" by Councilman Lane Penn.

Prior to the vote, Goodman said he was concerned the proposed budget "fails to recognize serious issues moving forward on repaying reserves. It shows zero intent for it."

Goodman's concern goes back to the recent revelation that the

See COUNCIL, page A2

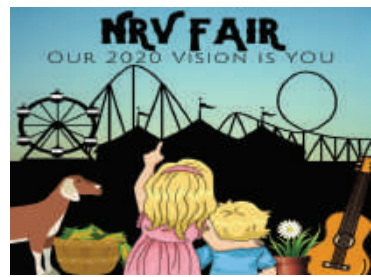
NRV Fair canceled for 2020

Due to the current restrictions and limitations surrounding the Covid-19 pandemic and the uncertainty regarding timelines that will allow us to join again safely in large groups, the Board of the New River Fair Association regrettably decided to cancel our annual fair scheduled for July 20-25, 2020.

The decision to cancel came after much consideration and included input from many of our sponsors, entertainers and vendors. We also considered the safety of our community and the future success of the New River Valley Fair. The decision of the Board was unanimous.

We are in the process of contacting our sponsors, entertainers, vendors and community groups that are impacted to ensure all parties are aware of the change.

We appreciate the continued support of the New River Valley community and look forward to the return of the Fair in 2021.



WEEKEND WEATHER

Saturday

Mostly sunny, with a high near 83. Chance of precipitation is 30%.

Saturday Night - Partly cloudy, with a low around 62. Chance of precipitation is 40%.

Sunday

Sunny, with a high near 81.

Sunday Night - Partly cloudy, with a low around 57.

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Lion Dog Drive Thru

@Dublin Lions Club Building

June 6, 2020

**Hours of Operation:
11:30AM-2:30PM & 5:00PM-8:00PM**

**Lion Dog Dinners are only \$5, consisting of two Lion Dogs, a bag of chips and a canned soda or bottled water.
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You may pre-order to ensure your delicious treats.
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If you wish to call us on the day of the event to order, please call 540.674.2754 ext. 6 between 10:00AM and 7:30PM.
Upon arrival, please enter and follow directional instruction on the lot. Once you receive your food, you must leave the paved parking area, as this will allow traffic to flow. If you wish to park and eat, there is an adjacent parking lot at the park that will be available.
Feel free to bring a blanket for a picnic on the lawn as well.
Questions, email us at info@dublinlions.org

PET OF THE WEEK



In order to protect both the citizens of Pulaski County and our personnel, we will be closed to the public until further notice.
We will alter our adoption process during this time. If you are interested in an animal here at the shelter, please submit your application with you may access on our Face Book page: Pulaski County, VA Animal Control
Once your application is approved, you will be contacted and a time will be made available for you to do a meet and greet.

Meet Lola!

This sweet girl is estimated to be around 2-3 years old. She is good with other dogs and cats and walks well on a leash. Lola loves to being around people. She will still need to be spayed and brought up to date on a rabies vaccine.

**Pulaski County Animal Control, 80 Dublin Park Rd.
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Emmanuel offers free Bible Promise Book to graduates

Emmanuel Bookstore in Pulaski is currently giving a FREE copy of The Bible Promise Book to all 2020 high school and college graduates in the area.

If you are a graduate please drop by the store located at 653 E. Main St., Pulaski. Store hours are Monday – Friday, 9 a.m. – 5 p.m. and Saturday. 9 a.m. – 3 p.m.

**The Patriot
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Pulaski County closes Randolph Park Pool, shelters, camp due to virus

Due to COVID-19 concerns, Pulaski County has announced plans for closing most activities at Randolph Park for the summer.

In a press release this week, Pulaski County said it had "been most deliberate and taken great effort to carefully evaluate the re-opening and use of certain public facilities and the hosting of certain youth programs, sporting events and community activities due to COVID-19."

"The system of opening the Commonwealth back gradually in three phases provides guidelines on what types of gathering and events may occur during those times.

"As a result of the continued uncertainty and lack of clear direction to Virginia localities regarding short- and long-term reopening planning for the Commonwealth, it is unfortunate that it has become necessary to notify the citizens of Pulaski County that the following County facilities will be unable to reopen and programs, events, and activities will be discontinued:

- Randolph Park Pool will re-

main closed for the summer of 2020 due to state restrictions related to COVID-19

- Randolph Park shelter reservations for group gatherings that do not comply with the guidelines in phases 1, 2, and 3 have been canceled during this time. Shelter reservation requests for the remainder of summer are on hold until further notification. (Note: Reservations for 2021 begin October 1st and are scheduled through the Visitor Center)

- Randolph Park 2020 Youth Summer Camp will not be held due to state restrictions related to COVID-19

- All organized Pulaski County spring and summer youth sports will not be held due to state restrictions related to COVID-19. A decision on the operation of fall sports programs has yet to be determined and will be based on future guidelines associated with COVID-19
- *All organized third-party sports tournaments (baseball/softball) to be held on County fa-

See RANDOLPH, page A3

Council

Continued from Page A1

2018-19 budget suffered primarily from a mixture of overspending, shortfalls in projected revenues and mistakes.

The end result was money being taken from the town's unassigned fund balance to cover the problems, which as of June 30, 2019 took the town's unassigned fund balance to 8.32 percent – compared to 15.34 percent a year earlier.

Goodman added he hopes council, moving forward, will make every attempt at solving the problem.

"It (budget) doesn't really recognize the need to cut more and repay the reserve funds, and I cannot

support it," Goodman added.

Later, following discussion of a report by Council Clerk and Assistant to the Town Manager David Quesenberry on how the town and several surrounding localities handle withdrawing money from unrestricted fund balance reserve funding, council voted 6-0 to instruct town staff to prepare a policy requiring that council authorize the use of unappropriated funds.

In his report, Quesenberry found that surrounding localities left authority for spending unappropriated funds to their councils.

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Northam orders removal of iconic Lee statue

RICHMOND, Va. (AP) — A towering statue of Confederate Gen. Robert E. Lee will be removed "as soon as possible" from Richmond's Monument Avenue, Virginia Gov. Ralph Northam said Thursday.

The statue, which sits on state property, move to storage while Northam's administration works "with the community to determine its future," the governor said at a news conference where the announcement was met with extended applause.

Northam made the decision after days of angry protests in Richmond and across the country over the death of George Floyd, a black man who died after a white police officer pressed a knee into his neck while he pleaded for air.

"You see, in Virginia, we no longer preach a false version of history. One that pretends the Civil War was about 'state rights' and not the evils of slavery. No one believes that any longer," Northam said.

The decision came a day after Richmond's mayor, Levar Stoney, announced he will seek to remove the other four Confederate statues along Monument Avenue, a prestigious residential street and National Historic Landmark district.

Together, the decisions mark a striking departure from recent

years when even after a violent rally of white supremacists descended on Charlottesville in 2017 and other Confederate monuments started falling around the country, Virginia did not make the same changes.

In part, local governments were hamstrung by a state law that protects memorials to war veterans. That law was amended earlier this year by the new Democratic majority at the statehouse and signed by Northam. When the changes go into effect July 1, localities will be able to decide the monuments' fate.

As for the Lee statue, Northam and his predecessor, fellow Democrat Terry McAuliffe, have not previously pressed the issue.

McAuliffe said in the aftermath of the Charlottesville rally, where a woman was killed after an avowed white supremacist drove a car into a crowd, that he lacked the authority to remove the statue without General Assembly approval. Some activists and attorneys, including staff of the American Civil Liberties Union of Virginia, disagreed.

Northam said earlier this year that he was still studying the issue.

The statues on Monument Avenue are among the most prominent collection of tributes to the Confederacy in the nation.

Today, Lee's 21-foot (6-meter) bronze equestrian sculpture rises atop a pedestal nearly twice that tall on a grassy circle 200 feet (about 61 meters) in diameter.

Northam noted the enormous size of the monument in his remarks Thursday.

"We put things on pedestals when we want people to look up," he said. "Think about the message that this sends to people coming from around the world to visit the capital city of one of the largest states in our country. Or to young children."

Elsewhere on the broad avenue lined with mansions and tony apartments are statues to Confederate President Jefferson Davis, generals J.E.B. Stuart and Thomas "Stonewall" Jackson and Confederate naval officer Matthew Maury.

A statue of black tennis hero Arthur Ashe, a Richmond native, was erected on Monument Avenue in 1996.

The decision to remove the Lee monument has so far been widely praised by black lawmakers and activists, many of whom have long called for its removal.

"I'm pleased to see it removed. It's disappointing it took so long," said Del. Lamont Bagby, who represents Richmond and neighboring Henrico County in the General Assembly and is chairman of the Virginia Legislative Black Caucus. "The Lee statue was a constant reminder to Black Virginians of racism, dehumanization, and hate that exists and was prevalent throughout our history"

A descendant of Lee, the Rev. Robert W. Lee IV, has also endorsed the monument's removal.

"Today is a day of justice not for my family but the families of countless enslaved persons

who continually have fought for justice both long before and long after the Civil War," Lee, who attended the governor's press conference, said in a statement. "Though I know the statue's eventual promised removal won't fix the issues we face it is a sign that sentiments and hearts are changing toward justice."

Northam's decision on the statue marks his most visible action so far to make good on his pledge to devote his term to promoting racial equity after a scandal over a racist photo that appeared on his medical school yearbook page nearly forced him from office last year.

Card of Thanks

A word of thanks to the two young guys who helped us move our truck out of the road last Thursday when it stopped running at Newbern Road and Memorial Drive in Pulaski.

They got us out of all that traffic, and they were super nice.

There are a lot of good people in Pulaski.

Thank you!

State Republicans respond to news of statue removal

RICHMOND - After miserably mishandling Richmond's COVID-19 and riot responses, Ralph Northam and Levar Stoney have decided it is time to divert attention from their derelict leadership.

Cue statue removal. This is Northam and Stoney's ploy to distract Virginia from their harmfully incompetent leadership over the past several months and especially the last several nights. No matter what you may think of tearing down monuments, the dynamic duo and the rest of the Virginia Democrats showed that they will not think twice about bending the knee to mob rule.

On Tuesday, Northam's press conference focused on race and the inequities faced by the African American community. He invited (Democrat) community leaders to speak, and several of them took the opportunity to urge people to vote. While they didn't technically specify the Party for which one should vote, the message would have reverberated with a brick wall. Northam took questions and was not asked once about his own struggles with racism, but rather lobbed softballs about President Trump & Jerry Falwell.

During Thursday's coronavirus (remember that??) press conference, Northam took credit for being a leader on the issue of justice for the African American community in yet another shameful attempt to make Virginia forget about his inept rule.

What Northam did not do is explain why he has not attempted to reach out to LG Justin Fairfax. He will not explain why he allowed to let Virginia fall to last in testing. He will not explain why a state of emergency was necessary for the Second Amendment rally but not for two nights of riots. He will not answer for his creation of nursing home abattoirs.

Randolph

Continued from Page A2

cilities, will be discontinued until at least July 1, 2020, due to state restrictions related to COVID-19

(*The date of July 1, 2020 is subject to change based on national and state reopening guidelines as well as the Governor's Executive Order(s) in making a determination to reopen or resume.)

Pulaski County Administration will continue to closely monitor, evaluate and react as needed to the current health crisis and will communicate to the public accordingly.

A failure to ask Ralph Northam how he can be expected to lead Virginia through this crisis given his own racist past is an abdication of responsibility by the Virginia press corps.

"Northam and Stoney have stumbled and bumbled through the first half of 2020," said RPV Chairman Jack Wilson. "And we're far from over. From botching the COVID-19 response to glaring inaction over the last few nights, they have proven themselves incapable of competent leadership. Yet only the Republican Party of Virginia seems interested in holding them accountable. Tearing down statues may be a shiny new toy, but the RPV stands ready to remind Virginia just how badly the Democrats are hurting them."



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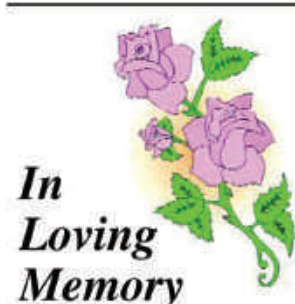
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There is nothing we can do to keep God from pursuing us. There is no sin too great, no distance we can run, that will discourage God from loving us. From the moment you were born God has been pursuing your heart.



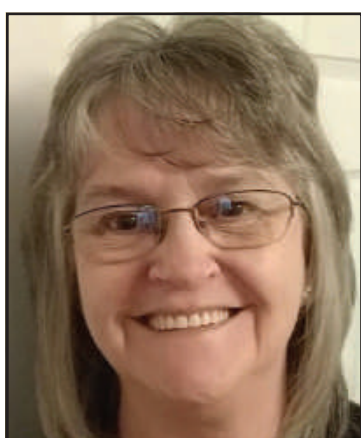
His greatest desire is for a relationship with us. Don't let your sin and failures get in the way of running to the open arms of your heavenly Father.

God is after your heart right now. Not when you become perfect or you stop sinning. He simply wants you to know that he is with you and for you. Respond to God's pursuit by giving him your heart.



Area Obituaries

Check www.pcpatriot.com Daily For Obituaries



KATHRYN YOLANDA LARUE DOWDY

Kathryn Yolanda LaRue Dowdy, age 69 of Pulaski, went to be with the Lord Tuesday, June 2, 2020. She was born on September 1, 1950 in Christiansburg, and was the daughter of the late Lettie Graham LaRue and Ernest Joseph LaRue. Kathryn was a member of the Power of Deliverance Church in Dublin. She loved her family, her church, bowling, and to meet her friends to Line-Dance. In addition to her parents, she was preceded in death by her husband, James Albert Dowdy; brother's Roy LaRue and Claude LaRue; sisters; Ginger LaRue Brewer and Revie LaRue Conner. She is survived by her daughter; Charlene R. (Jeff) Baker of Roanoke and three sons; William Scott Mollette of Bland, Ernest Joe Mollette of Dublin, and Terry Randall Mollette of Pulaski; brother; Miller (Shirley) LaRue of Christiansburg; sisters; Anna (Jack) McCrickard of Christiansburg, and Debra (Junior) Merrix of Pembroke. She is also survived by six wonderful grandchildren and many loved nieces and nephews. A public graveside service will be held Friday, June 5, 2020 at 11:00 a.m. at Highland Memory Gardens with Pastor Delores Caldwell officiating. The family will receive friends on Thursday evening from 6:00 p.m. until 8:00 p.m. at the funeral home, maintaining the Governor's restrictions of ten people at a time. Online condolences may be sent to the family by visiting www.seaglefuneralhome.com Arrangements by Seagle Funeral Home, Pulaski.



JAMES RALPH LANE

James Ralph Lane, Senior Master Sergeant USAF Retired, age 83 of Draper, died Sunday, May 31, 2020 at Pulaski Health and Rehabilitation Center. He was born on March 17, 1937 in Dublin and was the son of the late James Albert Lane and Lois Turner Lane.

In addition to his parents, he was preceded in death by two sisters: Elizabeth Lane Smith Minnick, and Evelyn Lane Earles.

Ralph is survived by his wife of over 50 years, Janet Bocock Lane of Draper. Also surviving is a sister: Carolyn Lane Kurgan of Pulaski, and a niece, Julie Earles Glass of Charleston, SC., along with brother-in-law Ralph M. Bocock.

Ralph retired in 1975 from the United States Air Force after serving 21 years all over the world, and returned home to Pulaski County, Virginia. He pursued many interests, gaining skills, knowledge and enjoyment, reflected in his home, yard, and friends. Due to the governor's restrictions, a public graveside service will be held at a later date, in the Southwest Virginia Veteran's Cemetery, Dublin. An obituary announcement will be made at that time.

In lieu of flowers, the family suggests that contributions be made in Ralph's memory to a local charity of choice. Online condolences may be sent to the family by visiting www.seaglefuneralhome.com Arrangements by Seagle Funeral Home, Pulaski.



ROXIE ANN JEWELL REED

Roxie Ann Jewell Reed, age 61 of Pulaski passed away Tuesday, June 2, 2020 at Lewis Gale Hospital, Pulaski.

Born June 29, 1958 in Radford, she was the daughter of the late Gene Autry Jewell and Etta Mae Flinchum Reed. She was also preceded in death by her stepfather, Everett Gray Reed.

She is survived by Son- Eric Scott Reed- Floyd Sister- Wanda Jewell Reed- Pulaski

Private family services will be held at Farris Cemetery, Riner

To sign the online guestbook, visit www.bowerfuneralhome.com

Bower Funeral Home, Pulaski is handling arrangements for the family.



ANDREW "ANDY" WILLIAM HOOSIER

Andrew "Andy" William Hoosier of Radford, Virginia passed away unexpectedly on Sunday, May 31, 2020 at the age of 32.

Andy is survived by his parents, Wayne and Tina Hoosier of Radford, VA; sisters and brothers-in-law Jenna (Ethan) Edwards of Enon, OH; Jessica (Kevin) Muniz of Christiansburg, VA, and Amy Marion of Christiansburg, VA; daughter Ashton Price of Blacksburg, VA; grandfather Kenneth Pennington of Dublin, VA; aunts and uncles Mary (Scott) Taylor of Dublin, VA; Susan Pennington of Dublin, VA; Kathy (Steve) Warden of Pulaski, VA; Janice Hoosier of Pulaski, VA, and Bill Medley of Dublin, VA, as well as numerous cousins, nieces, nephews, and other loved ones.

He is preceded in death by his grandparents, Evelyn Pennington, Elmer and Teena Hoosier and Aunt Dee Medley.

Andy was born in Radford, Virginia on July 29, 1987. He graduated from Pulaski County High School in 2005. At the age of 18 Andy achieved the highest level of achievement with the Boy Scouts of America by becoming an Eagle Scout. He then attended Gibboney Technical School where he obtained his Master Electrician's License; Andy was an accomplished tradesman and frequently offered his assistance to anyone who needed it.

Andy had great love for his family and spent time with them often. He was a member of First Dublin Presbyterian Church, a devout Christian, and had strong ties with his church family. He loved spending time in nature, especially the woods where he loved spending time with his dog, Dexter. Andy was proud of his daughter, Ashton, and cherished their time together. Andy was well-loved and will be missed by all who knew him. He will be remembered for his passion in helping others, his contagious laughter, and the ability to always have a smile on his face.

A graveside service for family and friends will be officiated by Pastor Kathy Warden on Thursday, June 4, 2020 at Thornspring Methodist Church Cemetery in Pulaski, VA.

To send online condolences, please visit www.bowerfuneralhome.com

Bower Funeral Home, Pulaski is handling the arrangements

MARYGENE MANNING LONGENECKER

MaryGene Manning Longenecker, 90, born on November 26, 1929, in Wayside, Georgia, died at Sharon Towers in Charlotte, North Carolina on May 30, 2020. Devoted wife of 52 years to the Rev. Hershey J. Longenecker. MaryGene also grew up as the daughter of a Presbyterian Minister, the Rev. Frederic Easley Manning.

After graduating from Wheaton College in 1951 with a degree in Christian Education, she was a teacher and assistant principal at Calvary Christian Day School in Charlotte from 1952 to 1958. She met her husband Hershey at Paniel Bible Conference in Lake Luzerne, New York, and they were married on June 28, 1958. Together they devoted their lives to serving the southern Presbyterian Church, beginning their married lives in Jonesville, South Carolina. They served in a three-church field in the Abingdon, Virginia, area, then Anderson Memorial Presbyterian Church in Pulaski, Virginia, followed by New Bethel Presbyterian Church in Piney Flats, Tennessee, before retiring from a two-church field in Welch, West Virginia in 1994. After retirement they returned to Pulaski, Virginia to serve the church again until 2000. After some time in Bristol, TN, they moved to Sharon Towers in Charlotte, North Carolina in 2003. MaryGene taught at Claremont and Jefferson Elementary Schools in Pulaski, Virginia, and also served later as a substitute. A skilled pianist, MaryGene was known for her cheerfulness and kindness to others and delighted in sharing in her husband's visitation ministry. She continued this service at Sharon Towers, visiting residents in healthcare.

MaryGene's husband Hershey died in 2010. She is survived by her older daughter, Susan L. Dawson (Mark), her younger daughter, Ruth L. Deligdisch (Glen) and grandchildren John Dawson (Dolly), David Dawson (Sara), Amy Glendinning (Bobby), and Peter Deligdisch, and by her great-grandson Silas Dawson. She is also survived by her sister Evelyn Manning, and many nieces and nephews. She was preceded in death by her sister JoAn Manning, her brother Fred Manning, and her parents, the Reverend Frederic and Josephine Manning. The family is very thankful for the capable and loving care of the staff at Sharon Towers. Memorials may be made to Good Shepherd Presbyterian Church, 3307 Rea Road, Charlotte, NC 28226, the Sharon Towers' Residents' Assistance Fund, 5100 Sharon Rd., Charlotte, NC 28210, or the Charlotte Rescue Mission, P.O. Box 33000, Charlotte, NC 28233. Arrangements under the direction of McEwen Funeral Service—Pineville Chapel, Charlotte. Morris Baker Funeral Services in Johnson City, TN, will assist with the burial and graveside service. Condolences and messages of sympathy may be sent to the family and viewed by visiting either www.mcewen-pinevillechapel.com or www.morrisbaker.com.

A private memorial service and burial will be held at New Bethel Cemetery in Piney Flats, Tennessee. A virtual memorial service

See DEATHS, page A5

Death Notices

AMANDA (TURPIN) HOPKINS

Amanda (Turpin) Hopkins, 36, of Pulaski County, Virginia left this world too soon on May 28, 2020.

A private memorial service will be held at a later date and time.

**ADDITIONAL
OBITUARIES
ON
PAGE A5**

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Is your location too small for a socially distant gathering?

Perhaps you'd like to rent the Ruritan Road Ruritan Club building in Pulaski. They are set up to accommodate up to 25 people at tables with a good social distance of 6 feet between each seat.

Give them a call if you're interested in renting the space - club treasurer Mike at (540) 250-4582.

Deaths

Continued from Page A4
will be held at 7 pm on Saturday, June 20. Further details about where and how to view will be available the week leading up to this service at gspc.net or either of the websites listed above on MaryGene's obituary page. There will also be a link to a video of this service that can be viewed afterwards.

DUSTIN SHANE KEMP
Dustin Shane Kemp, age 31 of Draper passed away Tuesday, June 2, 2020 at the UVA Medical Center.

Born November 4, 1988 in Pulaski, he was the son of Michael Leon Gallimore and the late Tammy Lynn Kemp. His uncle, Emory Jones also preceded him in death.

Dustin was a member of the Newbern Church of God.

He is survived by his
Father
Michael Gallimore & wife,
Christina Richardson Gallimore
- Austinville
Aunt (with whom he lived)
Judy Jones - Draper
Brother
Joshua Kemp - Pulaski
Half Brother
Brandon Michael Gallimore - Austinville

Private graveside funeral services will be held Monday, June 8, 2020 at Oakwood Cemetery with Pastor Bucky Cruft officiating.

To sign the online guestbook, please visit www.bowerfuneral-home.com

Bower Funeral Homes, Pulaski is handling the arrangements for the family.

PATRICIA LAWSON HIX
Patricia Lawson Hix, age 64 of Dublin passed away Wednesday, June 3, 2020 at her home.

Born June 30, 1955 in Stuttgart, Germany she was the daughter of the late Charles Graham Lawson and Helga Drexel Lawson.

Patricia was the visitation coordinator at Radford University with over 10 years of service.

She is survived by her
Husband
Wayne Edward Hix - Dublin
Mother & Father-in-law
Ronnie & Marlene Hix - Pulaski
Many cousins and friends
Special Pets
Maddie, Chloe and Kirby
Special Friends
Randy & Becky Queen - Pulaski

The family will be holding private graveside services Fri-

day, June 5, 2020 at the Highland Memory Gardens, Dublin with Pastor Philip Madison and Pastor Michael Blouse officiating.

To sign the online guestbook, please visit www.bowerfuneral-home.com

Bower Funeral Homes, Pulaski is handling the arrangements for the family.

JAMES WILLIAM "J.W." LARGEN

James William Largen, "J.W.", of Pulaski passed away Tuesday, June 2, 2020 at the age of 69. He was the son of the late James A. and Melva K. Largen.

He is survived by his brother Sammy. Also surviving are his daughter, Ashley (Roger) Funk of Dublin; granddaughter, Erica; three great-grandsons, Christian, Alex and Michael. His extended family includes many aunts, uncles and cousins; a very special nephew, Pastor Jabe Largen and family of Faison, NC; and special friends, Shane, Nancy, Scottie and Keegan Craighead. He also leaves behind his precious Yorkie, "Miss Fancy."

As per his wishes, he will be cremated with his ashes placed between his mom and dad at Thornspring Cemetery. In lieu of flowers, donations can be made to the Children's Fund at Jordan's Chapel UMC, Pulaski. A small service may be held at a later date.

Stevens Funeral Home is handling the arrangements.

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Pulaski Va

Northam announces Phase Two begins in most of Virginia today

RICHMOND—Governor Ralph Northam Tuesday signed Executive Order Sixty-Five and presented the second phase of the "Forward Virginia" plan to continue safely and gradually easing public health restrictions while containing the spread of COVID-19. The Governor also amended Executive Order Sixty-One directing Northern Virginia and the City of Richmond to remain in Phase One.

Most of Virginia is expected to enter Phase Two on Friday, June 5, as key statewide health metrics continue to show positive signs. Virginia's hospital bed capacity remains stable, the percentage of people hospitalized with a positive or pending COVID-19 test is trending downward, no hospitals are reporting PPE shortages, and the percent of positive tests continues to trend downward as testing increases. The Governor and Virginia public health officials will continue to evaluate data based on the indicators laid out in April.

"Because of our collective efforts, Virginia has made tremendous progress in fighting this virus and saved lives," said Governor Northam. "Please continue to wear a face covering, maintain physical distance, and stay home if you are high-risk or experience COVID-19 symptoms. Virginians have all sacrificed to help contain the spread of this disease, and we must remain vigilant as we take steps to slowly lift restrictions in our Commonwealth."

Executive Order Sixty-Five modifies public health guidance in Executive Order Sixty-One and Sixty-Two and establishes guidelines for Phase Two. Northern Virginia and the City of Richmond entered Phase One on Friday, May 29, and will re-

main in Phase One to allow for additional monitoring of health data. Accomack County delayed reopening due to outbreaks in poultry plants, which have largely been controlled through rigorous testing. Accomack County will move to Phase Two with the rest of the Commonwealth, on Friday, June 5.

Under Phase Two, the Commonwealth will maintain a Safer at Home strategy with continued recommendations for social distancing, teleworking, and requiring individuals to wear face coverings in indoor public settings. The maximum number of individuals permitted in a social gathering will increase from 10 to 50 people. All businesses should still adhere to physical distancing guidelines, frequently clean and sanitize high contact surfaces, and continue enhanced workplace safety measures.

Restaurant and beverage establishments may offer indoor dining at 50 percent occupancy, fitness centers may open indoor areas at 30 percent occupancy, and certain recreation and entertainment venues without shared equipment may open with restrictions. These venues include museums, zoos, aquariums, botanical gardens, and outdoor concert, sporting, and performing arts venues. Swimming pools may also expand operations to both indoor and outdoor exercise, diving, and swim instruction.

The current guidelines for religious services, non-essential retail, and personal grooming services will largely remain the same in Phase Two. Overnight summer camps, most indoor entertainment venues, amusement parks, fairs, and carnivals will also remain closed in Phase Two.

Honor Your Special Graduate

The Patriot will publish its annual graduation issue on June 19 - just before Pulaski County High School's graduation ceremony on Saturday, June 20!

You can pay tribute to your special graduate with a salute in that issue for only **\$20.**

Just send us a photo of your special grad along with their name and your words of congratulations and we'll include it in our special tribute issue.

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Unconstitutional Dangers

George Floyd

Like many Americans, I am appalled by what happened to George Floyd. The officers involved in his death did not recognize his constitutional rights to due process or even his dignity as a human being. I am glad the Department of Justice is investigating. It is right and proper, and the actions by these particular police officers was disgraceful.

FISA

All Americans fall under the protection of the Fourth Amendment to the U.S. Constitution: The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no Warrants shall issue, but upon probable cause, supported by Oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized. Remembering broad and arbitrary violations of a person's possessions by British officials before the American



Morgan Griffith
9th District Representative

Revolution, the Founders recognized the importance of guaranteeing against "unreasonable searches and seizures" by government authorities. Although the Fourth Amendment was ratified before electronic communications, it shields them as well. But the current Foreign Intelligence Surveillance Act (FISA) falls short of these guarantees. Section 215 of FISA was enacted in 2001 as part of the USA PATRIOT Act. Under its terms, the Federal Bureau of Investigation (FBI) and the National Security Agency have secured millions of phone records and data. Under FISA, these agencies merely submit a "statement of facts" to a special FISA court about how the records they seek are relevant to an investigation. No probable cause, no warrant! Further, despite the "F" in FISA standing for "Foreign," many of the communications records obtained by the intelligence community are wholly domestic. These belong to American citizens!

I believe these provisions on their face violate the constitutional rights of American citizens, so I have consistently opposed reauthorizing FISA without wholesale reform throughout my time in the U.S. House of Representatives. But dangerous and documented abuses have awakened more people to FISA's glaring problems. Last December, the U.S. Department of Justice's Inspector General issued a report on the FBI's investigation of Carter Page, a former Trump campaign official. It found numerous significant lapses in the FBI's application to the FISA court to surveil Page. Details in the "statement of facts" were not factual, and other information exculpatory to Page was omitted.

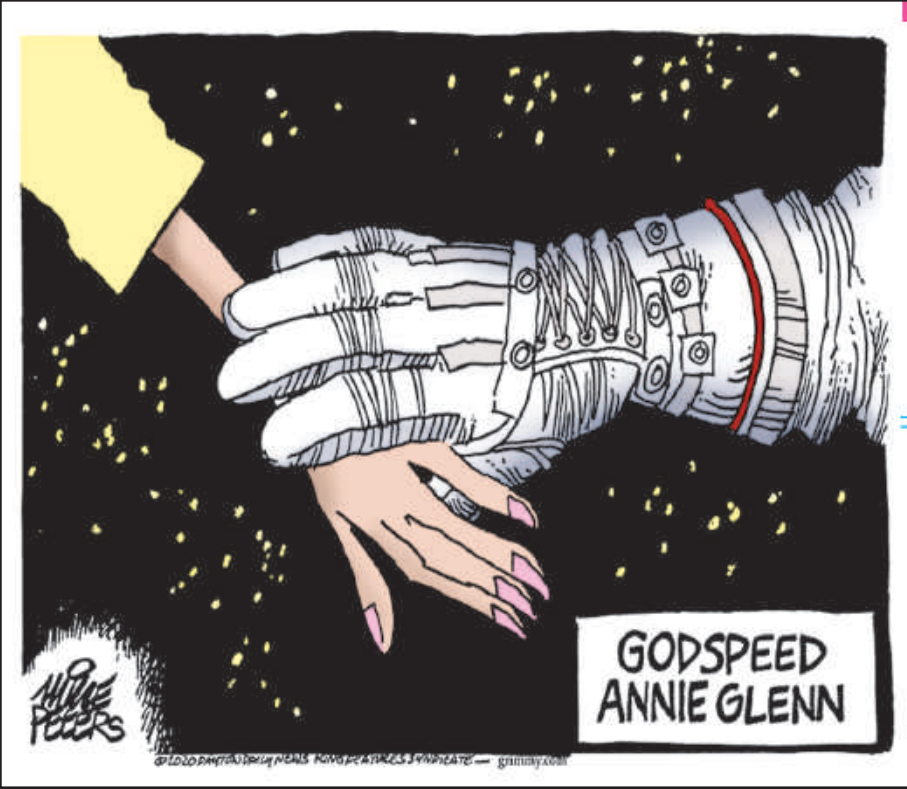
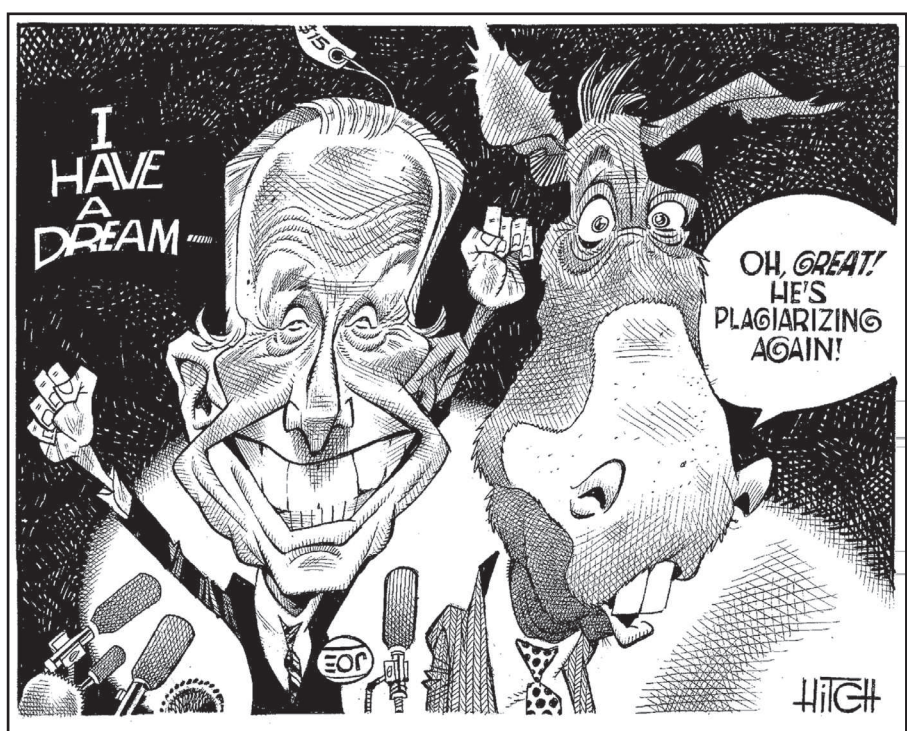
A subsequent report released by the Inspector General looked at 29 FISA applications on the American citizens and found problems in each instance. In 25 of the applications, the "facts" presented to the FISA court were erroneous or insufficiently supported. In four cases, no supporting documentation was found at all. President Trump is rightly furious about the mistreatment of his campaign by the intelligence community. He threatened to veto FISA reauthorization. I am glad that he came around to my position, as have many of my colleagues who have seen the harm that can be inflicted by the current FISA law.

But these failures should alarm every American regardless of party. Whether through incompetence or malice on the part of certain investigators, Americans were deprived of the constitutional rights guaranteed to all. If it could happen to a presidential candidate, it could happen to anyone. FISA's authorization recently expired, and Congress has been working to reauthorize it. The intelligence community does need tools to perform its important duties. I think we can find a way to enable the performance of intelligence work without putting innocent Americans at risk.

The legislation that has been put forward to reauthorize FISA, however, lacks sufficient changes. I voted against the package reauthorizing it earlier this year. When reauthorization came back to the House in May, I wanted to make sure all my colleagues were on the record in person on such an important issue. I spoke on the floor in favor of suspending the House's current proxy voting rules while litigation continues, so that no Member of Congress handed his or her vote to someone else on this matter. And I demanded the yeas and nays on the motion to go to conference with the Senate on FISA legislation. Curtailing arbitrary and invasive searches was one of the priorities of our Founding Fathers. In 1761, Massachusetts lawyer James Otis gave an impassioned speech against "writs of assistance," general warrants allowing any British official who obtained them to search anything they suspected of containing smuggled goods. John Adams said of the speech, "Then and there the child Independence was born."

We must take violations of rights as seriously today – if not for the Constitution's sake, then for our own.

If you have questions, concerns, or comments, feel free to contact my office at 540-381-5671.



Racism, rioting, redemption

It was a night I shall never forget. The date was April 4, 1968. Dr. Martin Luther King Jr. had been assassinated in Memphis and I was flying home to Washington, D.C., from Atlanta. As the plane descended over National Airport, I could see flames. Part of the city of my birth and capital of the nation was on fire.

The riots and looting in several U.S. cities after George Floyd was killed by a white Minneapolis police officer whose knee cut off his airway while he was subdued by handcuffs and lying face down in the street, reminds me of those days. When the protests started, Minnesota governor Tim Walz blamed domestic terrorists and possibly international forces trying to destabilize the country for fomenting violence and destruction of property.

TV images overwhelmed the just cause of peaceful protesters. Similar scenes helped Richard Nixon win the presidency in 1968 on a "law and order" platform. Why does this happen again and again? Leaving aside the charge of domestic terrorists and outsiders for the moment (though violence and looting solve nothing and obscure any cause), discrimination and racism have scarred America since slavery. Harvard Professor Henry Louis Gates Jr., who is African American, had his own experience when he was arrested by a white police officer in Cambridge after a neighbor reported a black man was trying to break into someone's house. It was Gates' own home.

I asked Gates for his reaction to Floyd's killing. He responded: "Racism has been part of America's cultural DNA since before the ink dried on the Constitution. Dominant in some and recessive in others, it's a gene that has mutated over time yet remains part of the inheritance weighing us down, one generation to the next. The damage it has done is systemic and goes all the way down to the cellular level."

Gates, whose PBS series "African-American Lives," and "Finding Your Roots" should be must-see TV because they help explain the African-American experience, added: "As a country, we've been here before, first following the collapse of Reconstruction and the rise of Jim Crow, and then again in a less well-known series of events that unfolded in 1919. Following the Influenza Epidemic of 1918, and the return of black soldiers from World War I, and at the apex of



Cal Thomas

Tribune Content Agency

the legitimization of Jim Crow, white vigilantes engaged in an appalling series of lynchings of innocent black victims, so brutal that it was soon dubbed 'the red summer' of 1919." Gates is quick to acknowledge it would be a mistake to ignore the "great progress" the country has made in race relations and adds: "Those of us who love freedom and justice and believe in an America that stands for racial equality and community across the color line must join arms and fight white supremacy wherever and however it rears its heinous head." This "DNA" problem is called sin by preachers and cannot be altered by government programs. If it could have, it would have by now. We have spent \$22 trillion on anti-poverty and racial justice programs, according to a 2014 study by The Heritage Foundation on the outcome of Lyndon Johnson's Great Society. The results have been minimal at best because they never cured fundamental causes of poverty. A changed heart is key, something government lacks the power to achieve. Poverty, alone, is not the only problem, though. Allowing nationwide school choice for poor children would help alleviate it for many. One can also discriminate against someone who is middle class and hate a wealthy person because of skin color. Tribalism is also a contributing factor to racism. We tend to know and stick only with members of our own "tribe." That has to change. Otherwise, even if justice is served in the George Floyd case, racism and its terrible consequences will endure. (Readers may email Cal Thomas at tcaeditors@tribpub.com. Look for Cal Thomas' new book "America's Expiration Date: The Fall of Empires and Superpowers and the Future of the United States" (HarperCollins/Zondervan).



Rich Lowery

Editor, National Review

Yes, there is good news on COVID-19

It's not March anymore. The coronavirus has taken a heartbreaking toll on Americans, but the course of the virus is not the same as it was a few months ago. We are on the other side of the curve. There are encouraging signs all over the country, and no early indications of a reopening debacle.

The question now is whether the American and political system can absorb good news on the virus, which is often ignored or buried under misleading storylines.

The press has a natural affinity for catastrophes, which make compelling viewing and good copy. The pandemic is indeed a once-in-a-generation story. So, the media is naturally loath to shift gears and acknowledge that the coronavirus has begun to loosen its grip. Meanwhile, progressives and many journalists have developed a near-theological commitment to the lockdowns, such that any information that undermines them is considered unwelcome, even threatening. This accounts for the widespread sense that no one should say things have gotten better ... *or people are going to die.*

Usually, when it is thought the public can't handle the truth, it is a truth about some threat that could spark panic. In this case, the truth is information that might make people think it's safe to go outside again. Almost all of the discussion about reopening is framed by worries that we will reopen too soon, not that we might reopen too late. That is literally unthinkable, even as we have entered a new phase.

As data analyst Nate Silver pointed out last week, the seven-day rolling average for deaths is 1,362, down from 1,761 the week prior and a peak of 2,070 on April 21. That's still much too high, but the trend is favorable. Testing capacity, such a concern for so long, has really begun to expand after hitting a plateau for weeks. Testing nationally on some days has been in the high 300,000s or over 400,000. The issue in some states now is not capacity, but actually finding enough people to test.

Scott Gottlieb of the American Enterprise Institute notes that the positivity rate, or percentage of people testing positive, has continued to fall throughout May.

The press has often, out of sloppiness or willfulness, tried to create negative news around the reopenings. CNN recently tweeted, "Texas is seeing the highest number of new coronavirus cases and deaths just two weeks after it officially re-opened." As Sean Trende of RealClearPolitics pointed out, the seven-day rolling average of new cases had indeed been trending up, but the seven-day rolling average of the number of tests had gone up, too -- which would naturally turn up more cases. The key indicator is the positivity rate, and it was down in Texas.

Headlines noted that Florida recorded 500 new cases in one

See LOWRY, page A7



U.S. food prices see historic jump, may stay high

DES MOINES, Iowa (AP) — As if trips to the grocery store weren't nerve-wracking enough, U.S. shoppers lately have seen the costs of meat, eggs and even potatoes soar as the coronavirus has disrupted processing plants and distribution networks.

Overall, the cost of food bought to eat at home skyrocketed by the most in 46 years, and analysts caution that meat prices in particular could remain high as slaughterhouses struggle to maintain production levels while implementing procedures intended to keep workers healthy.

While price spikes for staples such as eggs and flour have eased as consumer demand has leveled off, prices remain volatile for carrots, potatoes and other produce because of transportation issues and the health of workers who pick crops and work in processing plants.

In short, supermarket customers and restaurant owners shouldn't expect prices to drop anytime soon.

"Our biggest concern is long-term food costs. I believe they will continue to go up," said Julie Kalambokidis, co-owner of Adriano's Brick Oven, a restaurant in Glenwood, Iowa.

Tamra Kennedy, who owns nine Mexican-inspired fast food franchises in Iowa and Minnesota, joined Kalambokidis on a call set up by Iowa U.S. Rep. Cindy Axne and said sometimes even getting essential ingredients is difficult.

"You can pick an ingredient and I can tell you there are shortages," she said.

Big fluctuations in food prices began in March, when the coronavirus pandemic began to sink in for U.S. consumers.

The Labor Department reports that the 2.6% jump in April food prices was the largest monthly increase in 46 years. Prices for meats, poultry, fish and eggs increased the most, rising 4.3%. Although the 2.9% jump in cereals and bakery products wasn't as steep, it was still the largest increase the agency has recorded.

Dairy and related products, and fruits and vegetables increased by 1.5 percent in April.

Egg prices also reached an all-time record of more than \$3 a dozen in late March, but they have since fallen to less than \$1 a dozen.

The situation has been worse for meat prices, largely because of illnesses among slaughterhouse workers. The outbreaks struck pork processing plants the hardest, but beef and chicken processors also saw some impact as thousands of workers tested positive for the virus and the United Food and Commercial Workers union said at least 44 workers had died of COVID-19 as of Friday.

April retail prices for boneless pork chops and ham were nearly 6% higher than in March and retail prices for hamburger and sirloin steak were about 4% higher, the U.S. Department of Agriculture reported. The price of whole fresh chickens rose by more than 12%.

After numerous closures, most pork plants have reopened but often not at full capacity, forcing pig farmers to euthanize animals that couldn't be processed.

"There are biological constraints to this and that's why I would anticipate prices to stay high at least for some period of time," said Trey Malone, an agriculture economist and professor

at Michigan State University. "If you're going to euthanize thousands of animals and it takes six months to raise a new one, obviously there's going to be some type of delay or buffer in the supply chain."

By mid-May, beef and pork slaughterhouses were operating at about 60% capacity, though that figure has since climbed to nearly 90%, said Jayson Lusk, an economist at Purdue University. Although Lusk was optimistic that the worst of the meat supply crunch is over, he said it's always possible that a second wave of illness could cause the situation to worsen.

Some grocery price jumps were because of people stocking up when the coronavirus first arrived. But even as some prices have dropped, the cost of produce such as potatoes, onions and carrots has remained above last year's prices.

Much of the increase appears to be because more people are cooking at home.

For garlic, most of which is imported from China, a 278% price increase from a year ago is largely due to a sluggish supply chain in China.

Jeff Dunn, CEO of Bolthouse Farms, a major provider of carrots and distributor of salad dressings and fruit and vegetable-based beverages, said he doesn't anticipate new supply problems. But he noted that some of his company's workers in distribution and field work have become sick, and that there is an additional cost to implement and maintain procedures intended to keep workers safe.

Someone has to pick up those costs, he said.

"There is real cost being built

across every supply chain. Not just with us but with the retailer in terms of incremental cost associated with COVID," Dunn said. "At some point, if you want any chance to hold up any kind of margin, those costs are going to have to be passed on or somehow recognized by the government with some help."

Given that the percentage of Americans' paychecks that go toward food has declined over the past 50 years, many people likely can handle the recent price increases. But the coronavirus also has pushed roughly 41 million Americans out of work, and for them, even a small price hike can be troubling.

"We've obviously seen this record increase in unemployment filings, and so there are more people who are at risk in that

sense that they literally don't have any employment to secure the money that they would need to buy the food that they traditionally purchase," Malone said. "For the people who are already operating on the margins, these price increases are nontrivial."

It's also a tough time for livestock farmers, who had hoped that after some down years, they would benefit from new trade deals and a strong domestic economy.

"Farmers thought they saw the light at the end of tunnel," Lusk said. "It turns out that it was the headlight of a train."

Check out more of the AP's coronavirus coverage at <https://apnews.com/VirusOutbreak> and <https://apnews.com/UnderstandingtheOutbreak>

Love your brain for Alzheimer's Awareness Month

**Kim Butterfield, MPH
Family and Consumer Science
Agent, Roanoke/Salem
mskimb8@vt.edu;**

According to the Alzheimer's Association, there are an estimated 47 million people living with Alzheimer's and other dementias worldwide. June is Alzheimer's & Brain Awareness Month – an opportunity to focus on the importance of taking care of your brain! The Alzheimer's Association gives these 10 tips for healthy habits that can protect your brain now and into the future.

1. Butt Out – Smoking increases the risk of cognitive decline and quitting can reduce risks to levels comparable to those who do not smoke.

2. Follow Your Heart – Risk factors for heart disease, such as obesity and high blood pressure, can negatively impact your cognitive health.

3. Heads Up! – Brain injury can raise your risk of cognitive decline, so always wear a seat belt and a helmet during sports and bike riding.

4. Fuel Up – Eat a balanced diet high in vegetables and fruit. The Mediterranean style of eating has been shown to have positive effects on the brain.

5. Catch Some Zzz's – Not getting enough sleep created problems with memory and thinking.

6. Take Care of Mental Health – Depression may be linked to cognitive decline. Seek treatment if you have depression, anxiety, or stress.

7. Buddy Up – Staying socially engaged supports brain health. Share activities with friends and family.

8. Stump Yourself – Challenge your mind with puzzles, games, and other projects that require strategy.

9. Break A Sweat – Engage in regular cardiovascular health

that raises your heart rate and gets your blood pumping.

10. Hit the Books – Formal education also helps reduce cognitive decline. Take a class at a local community college, community, online, or with your local Extension office!

For resources related to Alzheimer's or care for a senior in your life, go to www.alz.org or contact you local Office on Aging.

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Lowery

Continued from Page A6

day. It generated fewer headlines, and perhaps none, when Gov. Ron DeSantis explained that the state had received a dump of 75,000 test results, yielding the 500 new cases, for a minuscule positivity rate of 0.64%.


It's not as though we haven't had a cataract of unassailably legitimate bad news over the past few months. We've been experiencing a wrenching public health crisis and a steep recession on top of it. There shouldn't be a need to obscure favorable trends. We can handle the truth.

Rich Lowry is editor of the National Review.





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Ashley Williams



Doug Futrell

Coming to Serve Dublin in 2020

States scramble to update hurricane plans for virus

By **SETH BORENSTEIN**
AP Science Writer

Officials across the U.S. South are still scrambling to adjust their hurricane plans to the coronavirus. The big unknown: Where will people fleeing storms go? The Associated Press surveyed more than 70 counties and states from Texas to Virginia,

with more than 60% of coastal counties saying as of late May that they're still solidifying plans for public hurricane shelters. They're also altering preparations for dealing with the sick and elderly, protective equipment and cleanup costs. In Georgia's McIntosh County, south of Savannah, Emergency Management Agency Director Ty Poppell said evacuations during the pandemic would be a "nightmare." He worried about social distancing at shelters and on buses used to get people out. "I'd love to be able to tell you we've got that answered right now," Poppell said. "It's a work in progress."

Hurricane season officially starts Monday, though Tropical Storms Arthur and Bertha arrived early. Forecasters are expecting a busier-than-normal season. "Everything that we do will be affected in one way or another, big and/or small, by COVID-19," Florida Emergency Management Director Jared Moskowitz said. Many counties are taking federal advice and hope to use hotels as smaller-scale shelters, while others plan to use more parts of schools besides large gymnasiums. Still others, especially in Louisiana, plan for big shelters with more social distancing.

Officials emphasize that shelters are last resorts, urging people to stay with friends or in hotels. But massive unemployment is making the expense of hotels less feasible. "Our biggest change to our hurricane plan is sheltering. How are we going to shelter those that have to evacuate? How are going

to shelter those that are positive COVID patients? There are multiple ideas that we are considering right now," Mississippi Emergency Management Agency Director Greg Michel said. During tornadoes in April, the state used hotels as shelters, which was good practice for hurricane season, he said. Most counties surveyed said they're still figuring out shelters. While that may sound worrisome, it could be beneficial because emergency managers need to update plans as the pandemic changes, University of South Carolina disaster expert Susan Cutter said. "Disasters are not going to stop for COVID-19," Brad Kieserman, an American Red Cross executive, told reporters in May. "Hope is not a plan. And we've got to plan for tens of thousands of people to evacuate in the face of hurricanes and wildfires and other disasters." Some officials acknowledged they aren't as ready for storm season as they were a year ago because of the virus. Others were more confident. "We feel the current rating of preparedness for Craven County (North Carolina) is 50% or lower as we still have not finalized shelter options," said Stanley

Kite, emergency services director of the county hit by 2018's Hurricane Florence. "Before COVID-19, would have estimated 90%." Shelters were the most mentioned worry, but comfort levels with other aspects of hurricane preparations varied, reflecting the difference in how states plan for disasters. Having enough staff for shelters is a persistent problem locally and nationally, said Walton County, Florida, emergency management chief Jeff Goldberg. Protective equipment is the biggest shortfall in several North Carolina counties. Money is always an issue, with counties often waiting for federal reimbursement. Handling nursing homes, hospitals and COVID-19 patients "is one of the most difficult challenges and would require a larger state response," said Jeffrey Johnson, fire chief in Newport News, Virginia. Other places downplayed concerns. Orleans Parish, where 2005's Hurricane Katrina ravaged New Orleans, has added social distancing and protective equipment to a 10-year-old plan that's otherwise "essentially unchanged. It's a good plan," said Collin Arnold, head of the city's

See PLANS, page A10

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by Linda Thistle

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DIFFICULTY THIS WEEK: ♦♦
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Puzzle Answer Appears Elsewhere In This Week's Issue

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*Re-Post from 2017

My younger daughter recently graduated from high school. As she reached this major milestone I was reminded by my older daughter's gift of how much we are influenced by the people around us. How much impact one person can have on another person's life. By now you're wondering what does this have to do with business. I'll get there.

The gift my daughter, Hope, gave to my younger daughter Jordan, was the book by Dr. Seuss, Oh, the Places You'll Go. She asked the most important people in Jordan's life to write her a letter. The letter their grandfather wrote said all the

Down To Business
Peggy White
Pulaski Co. Chamber of Commerce

things you would expect from a loving grandfather. But he went a step further and gave my daughter strong guidelines for a business manager. I'm going to share an excerpt with you:

"As I progressed through the management ladder I found that while a degree was important

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it did not determine success. The most important quality to managing people was the ability to lead them in a manner that would implement and follow the policies of the company, so that the company would be successful and profitable. I found there are just a few principles to successfully manage people:

- Always treat everyone as you would like to be treated.
- Let them know they work with you -not for you.
- Maintain the highest level of integrity.
- Never look down on anyone-no matter their position.
- Treat everyone fairly.
- Always keep in mind it is nice to be liked, but more important to be respected, and this can only be accomplished by the example you set. All of these principles apply to everyday life."
- As I look back I realized that I have incorporated these values my father so eloquently worded to my daughter into my life and that both my daughters have been incorporating those values into their everyday life.
- Work hard, be productive, and - above all else - stay positive!

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GIVELOCALNRV: Giving Day helps organizations both big and small

The Community Foundation of the New River Valley (CFNRV) is holding its 7th Annual Online Giving Day, GiveLocalNRV on Wednesday, June 24, 2020, to help organizations both big and small raise money in the New River Valley. This is an online Giving Day intended to encourage charitable giving and draw attention to the many nonprofit organizations serving our region. Donors visit the website —givelocalnr.org— to make a secure, online gift to their favorite nonprofit organization. The donation can be as small as \$10 or as large as your pocketbook can imagine.

Started in 2014 as part of the CFNRV's twentieth anniversary celebration, the Annual Online Giving Day has raised over \$1.2 million for over 100 nonprofit organizations in the New River Valley. This year the goal is to raise \$325,000, and the support to nonprofits is more important now than ever. With the COVID-19 pandemic, nonprofits in our community need help more than ever. Many have seen an increased demand for their services, have had to invest in new technology to move services online, and have postponed or canceled spring fundraisers that support their programs and operations. Fortunately, GiveLocalNRV gives nonprofits a platform to promote their services and take donations online, and it's a great opportunity for community members to show their support for the organizations that have stepped up to serve our region.

Shannon Hammons, Director of Development and Marketing with the New River Valley Aging on Aging said that "it's more than a giving day, it's educating the com-

munity". They participate each year on the giving day because "GiveLocal is wonderful partnership with the CFNRV. It truly makes a difference for nonprofits in the NRV. If not for donors, there would be larger gaps in funding. Not only is the giving day a partnership, but it is also a conversation starter to not only learn about the agency but projects the agency is heading up. The NRV Agency on Aging is highlighting Staples for Seniors which brings easy to prepare meals to older adults on the weekend and Fido's Pantry, assisting home bound, older adults in feeding their cat or dog." Hammons said that they have reached homebound seniors who did not previously know about their services through the annual give day in years past, and they are excited to be a part of the 2020 event.

In addition to donations from community members, organizations can earn additional grant money from the CFNRV during the Giving Day. The CFNRV will be giving out \$10,000 in grants to organizations that raise the most money, have the greatest number of unique donors by city/county and during designated power hours, or show creativity through videos, social media, and other marketing channels. Plus, donors don't have to wait until June 24th to support their favorites organizations.

Any donation received through GiveLocalNRV between June 1st and June 24th will count towards the organization's giving day total. Make a donation online today to support your favorite organizations at givelocalnr.org.

Southwest Virginia COVID-19 Advisory Council Announces Second Major Disbursement of Funds

The Southwest Virginia COVID-19 Advisory Council announced today the second major disbursement of funds raised. In partnership with the Virginia Department of Social Services (VDSS), the Advisory Council will provide a total of \$85,000 that will be available to Southwest Virginia families beginning in June.

The council has set aside \$5,000 for each of the 17 local departments of social services (LDSS) agencies in the official United Way of Southwest Virginia footprint to provide assistance that is not currently met with existing government resources, specifically benefitting the ALICE population.

ALICE, an acronym coined by United Way that stands for Asset Limited, Income Constrained, Employed represents men, women, and families who work hard and earn more than the official Federal Poverty Level, but less than the basic cost of living.



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Hanks completes Doctoral Degree

New River Community College instructional designer Pam Hanks, of Pulaski, recently earned her doctoral degree in community college leadership from Old Dominion University's Darden College of Education and Professional Studies.

"I decided to pursue the degree initially with a desire to learn as much as possible about higher education and the community college. I am passionate about the community college mission and the influences this institution has on communities locally, nationally, and globally," remarked Hanks.

Hanks, who serves in NRCC's Online Learning Department, also received the Poindexter Award (Outstanding Community College Leadership Doctoral Student Award), an award given by the ODU Darden College of Education and Professional Studies to a community college leadership doctoral graduate who exemplifies the values of mentorship, scholarship, leadership, and service of Erika Poindexter in their contribution to the program, university, and profession.

Like many college graduates across the country, Hanks was unable to participate in a previously planned May graduation ceremony; her graduation has been rescheduled for December 2020.

"I was looking forward to celebrating this accomplishment with my family, cohort members, and faculty at Old Dominion University," said Hanks. "Hopefully, the opportunity to celebrate will be possible in December."



Pam Hanks

Hanks isn't the only graduate in her family this year. Her son, Keaton, is a spring 2020 graduate of NRCC who recently completed an associate of applied science degree

in administrative support technology with a specialization in medical administrative support. Her son, Gavin, also recently completed a master's degree in public health from the University of Virginia. Not to be left out, her husband, Mark, a student resource specialist at NRCC, will complete a certificate in graduate mathematics from Radford University in July.

Hanks began working at NRCC in 2005 as an adjunct instructor while also teaching full-time at Pulaski County High School. She joined NRCC full time in 2011 in her current position. She also holds a bachelor's degree in mathematics from Radford University and a master's degree in instructional design and technology from Emporia State University.

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Dominion urges extension of disconnect ban in Va.

RICHMOND, Va. (AP) — Dominion Energy Virginia asked state regulators Monday to give utilities the option to suspend service disconnections for another four months due to the coronavirus pandemic.

The state's largest electric utility made the request in a filing with the State Corporation Commission, which in March issued a suspension of electricity, gas, water and sewer utility service disconnections for nonpayment. It later extended the moratorium to June 15.

The commission has warned that the moratorium is not sustainable "on an unlimited basis" and that the cost of unpaid utility bills are ultimately borne by

paying customers as operational costs of the utility.

"These costs do not disappear; they are shifted to other customers, who themselves may be struggling to make ends meet in the economic catastrophe caused by the COVID-19 pandemic," the commission said when it granted the extension.

Last week, the commission issued an order seeking comment through Friday on next steps, given "the huge importance of this issue to millions of Virginia utility customers, both residential and business, as well as to Virginia's economy."

In written comments submitted Monday, Dominion suggested that the SCC allow the discretion

for utilities to continue the moratorium "on a voluntary basis" for an additional four months. The company wrote that it would opt to extend the disconnect ban and a late payment fee moratorium.

"This voluntary extension will allow utilities to implement their own individual programs to assist customers in need as well as encourage payment as customers are able, helping to protect against cost shifting to other customers," Dominion wrote.

The SCC had directed any commenter advocating for an extension to identify programs or mechanisms that would ensure the costs of the unpaid bills are defrayed.

Dominion Energy Virginia

co-chief operating officer and executive vice president Bob Blue said the company is expanding payment plans for customers and adding funding to its bill payment assistance program called EnergyShare.

Both could help avoid an instance where a customer can't pay and those costs are "spread more broadly," he said.

Blue declined to say how many bills have gone unpaid since the moratorium went into place.

"We're focused on helping people be able to get through a tough time," he said.

The latest job-loss figures from the U.S. Labor Department bring to 41 million the running total of Americans who have filed for unemployment benefits since the coronavirus shutdowns took hold in mid-March. In Virginia, the seasonally adjusted unemployment rate rose to 10.6% in April, the latest month for which it is available.

Plans

Continued from Page A8
emergency preparedness office.

A year ago, officials in North Carolina's Beaufort County would have rated their readiness going into hurricane season at a 95 on a 0-to-100 scale. With the virus, that's down to 75. Brad Baker, emergency management director of Florida's Santa Rosa County, gave the same numbers "because there's a lot of unknowns with COVID."

In Nueces County, Texas, which was swamped by 2017's Hurricane Harvey, officials said they were at a 95 going into hurricane season last year. Now, it's below 80, emergency management coordinator Melissa Munguia said. If another Harvey brings 50 inches (127 centimeters) of rain, she said the same reinforcements won't arrive because "everybody's been working their personnel for many hours for over 100 days."

Florida officials were far more upbeat.

"While COVID-19 complicates things and you have to plan around COVID-19, I think Florida is as prepared as ever before in response to a hurricane," said Moskowitz, the state emergency management chief.

In Louisiana, disaster officials said they're used to "overlapping

emergencies, and you just have to plow through."

They anticipate making adjustments, "but it's hard to pin down what those changes will be," said Mike Steele, spokesman for the state's emergency preparedness office. By August and September, typically the height of Louisiana's hurricane season, the number of infections and social distancing requirements may have changed, he said.

Coping with a hurricane is hard, and the coronavirus "is going to make it a little bit more difficult," Federal Emergency Management Agency Director Pete Gaynor told reporters in May. But he said FEMA has hired 500 people since March and has a record of nearly \$80 billion in its disaster fund.

Vice President Mike Pence told President Donald Trump on Thursday that the federal government would ensure state and local authorities can handle hurricanes. "Bottom line, Mr. President, we're ready."

Academics who study disasters aren't so sure.

"I don't think they (federal officials) are doing the job they should be doing. I worry about their ability to handle a very large hurricane in addition to

COVID-19," University of South Carolina's Cutter said.

She and others said mixed messages on the coronavirus means some people aren't believing what they're hearing from Washington in an emergency.

"I think our lives are in danger now because we don't trust the federal government," Cutter said.

Between the pandemic, a crashing economy and patchy federal responses to three 2017 hurricanes, people should prepare for little help from the government, Virginia Commonwealth University emergency preparedness professor Hans-Louis Charles said.

Experts also worry that it could take longer to return to normal after a hurricane. Search and rescue teams, utility workers who restore power lines and volunteers who help clean up may be slowed or not respond at all because of concerns over virus exposure, experts said. That and other issues may mean a storm that in the past caused \$12 billion in insured damage, like 2018's Hurricane Michael, may cost 20% more, catastrophic risk modeler Karen Clark said.

While many officials are still trying to figure out shelters, they said if people are told to evacuate in a hurricane, residents must go. Storm surge is more dangerous than the virus, officials said.

"In hurricane season, we can't have mixed messages. If you live in an evacuation zone, your plan is to evacuate if ordered to do so by local officials," former FEMA director Craig Fugate said. "This message will not change, COVID or no COVID."

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Kevin C. Cox/Getty Images

A general view of the track prior to the NASCAR Cup Series Food City presents the Supermarket Heroes 500 at Bristol Motor Speedway on May 31, 2020 in Bristol, Tennessee.

NASCAR is back and fans may be right behind

By JENNA FRYER
Associated Press

CHARLOTTE, N.C. — There is finally a break in this weird, new world of NASCAR after nine races over 16 days in three different states.

Brad Keselowski lucked into a pair of wins, new favorite son Chase Elliott lost three races (but won one), and Kyle Busch ticked off his haters simply by being himself.

Some rain interruptions aside, the racing has been good. The series is starting to find a rhythm and the story lines are strong. Even seven-time NASCAR champion Jimmie Johnson has come close to winning his first race in

more than three years.

But all is not entirely well.

A sport that prides itself on the access to its drivers is racing at empty tracks, most evident Sunday at cavernous Bristol Motor Speedway. The Tennessee bullring known as “The Last Great Colosseum” can hold about 140,000 fans and once boasted a 55-race sellout streak spanning 28 years.

It was jarringly empty on a spectacular day for racing Sunday. When Elliott and Joey Logano tangled on the track with just over a lap remaining — and when Logano gave Elliott a long stare on pit road — it was eerily silent.

In the old days, before the pandemic, the crowd would have been hysterical. In the new

normal, the two drivers put on their mandatory face masks and had a peaceful discussion in front of dreary, gray grandstands.

“It’s kind of like, well, I guess we’ll go home,” runner-up Clint Bowyer said of the anticlimactic post-race dramatics. “I’m ready to have fans back. I think it’s time.”

Local tracks around the country have allowed spectators for at least the last two weekends. NASCAR, when it announced its second stretch of races through June 21 in Alabama, said the events would be without fans.

The pressure will grow to get fans back in the stands, particularly as more and more local tracks open the gates with their governors’ OK.

See NASCAR, page B4

Will open seats be familiar sight in sports?

LAWRENCE, Kan. (AP) — Empty seats have been the norm the past few years at the University of Kansas, where a succession of football coaches has failed to turn around the flailing fortunes of the Jayhawks.

Now, all those open seats — and short lines and quiet concourses — will be the norm in stadiums just about everywhere.

The coronavirus pandemic has forced universities, leagues and franchises to evaluate how they might someday welcome back fans. While opinions vary from sport to sport, nation to nation

and even state to state, one thing seems clear: Social distancing is a sure bet when fans return. So don't expect 100,000-plus fans packed into Michigan Stadium for a football game this fall or 16,300 seated inside Kansas' storied Allen Fieldhouse when college basketball season rolls around.

"We don't know how we'll be coming back," Jayhawks athletic director Jeff Long acknowledged. "We've modeled 15 to 16,000 in Memorial Stadium, and to be honest with you, we've modeled Allen Fieldhouse, and I can't bring myself to look at it because I know

how few people it will be and that's upsetting."

Most colleges rely heavily on ticket sales, souvenirs and concessions in football and basketball to raise the bottom line to the point that non-revenue sports can be fully funded. But smaller crowds are going to be necessary to ensure proper social distancing — in pro sports around the globe, too. Forbes estimates the NFL would lose \$5.5 billion in stadium revenue if all games are played without fans, and the fallout for other leagues without lucrative TV deals could be catastrophic.

The virus that causes COVID-19 is most easily spread when an infected person coughs, sneezes or talks and the droplets spread to

people nearby. That's why guidelines from the Centers for Disease Control and World Health Organization preach separation in public as an effective safeguard.

In a stadium, though, creating that kind of buffer is no easy task.

Most fans tend to file through the gates at the same time, creating a bottleneck in which thousands could be in close proximity. They gather in concourses to chat or buy food, drinks and merchandise. They stand in lines at restrooms. They surge toward the exits at the end of the game.

Most teams and leagues have not publicly revealed their plans for fall sports, though some are up front about what to expect. Iowa State is

See EMPTY, page B5



Cougar Head Coach Mark

Dixon's years at Galax reviewed

By CRAIG WORRELL
Galax Gazette Sports Editor

Much of Class 1 football in the western part of Virginia may have exhaled a sigh of relief last Wednesday. Conversely and simultaneously, the stress level among River Ridge District coaches may have experienced somewhat of an upward tick.

Mark Dixon, who in less than five years transformed Galax High School football from a run-of-the-mill small school program into a perennial state title contender, was introduced as the new head coach at Pulaski County High School in Dublin.

Although Dixon briefly resigned from Galax a few summers ago with intentions of exploring a position in the college ranks, he reversed course within a couple of weeks and remained the Maroon Tide's coach. Last Wednesday's announcement elicited some surprise, but at the same time meshed with the coach's persona — he's intrigued by the challenge provided by competition at an exponentially higher level, and the move fits with his being a family man.

“The biggest thing is that me and [wife] Wendy will be closer to the kids,” said Dixon. He and Wendy Dixon have four children in the New River Valley attending either Virginia Tech or Radford. “That played a huge role in the family part of it. But also, part of it is the challenge of playing some of these teams that I’ve heard about and that I read about in the paper all the time. I’m looking forward to that, and then the tradition of Pulaski football and what all that means. It’s super exciting. It reminds me of what Galax has right now. They love football and they have high expectations, and that energizes me.”

Galax gave Dixon his first coaching opportunity of any sort 11 years ago. After a year as an assistant, the former UVa All-American offensive lineman took over the program after the departure of Jared Van Acker and the results have been astonishing.

In the eight seasons before Dixon became head coach, Galax won 28 games. In the 10 seasons since, the Maroon Tide won 28 playoff games. December football has become commonplace for Galax, which has averaged 10 wins per season over the past 10 years. The past five seasons have brought five region titles and two of the state's three state championship game appearances — most recently this past fall — with one state title in 2015 to go with two runner-up finishes that went down to the final minutes.

The hardest part of leaving his one and only coaching position is saying goodbye to the kids in the Galax program.

“I love them, and I think the word of them,” he said. “Especially the rising seniors and all they’ve done. And the hard part is that I don’t have a lot of communication with them right now.”

Due to the shuttering of schools in March, the interaction

See DIXON, page B1

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VT to play in Hall of Fame Shootout

Hokiesports.com

CHARLOTTE, N.C. — Six teams will play in the inaugural Hall of Fame Shootout at Spectrum Arena on Nov. 13, including the Virginia Tech men's basketball team, which will take on Davidson, as announced by the Naismith Memorial Basketball Hall of Fame on Wednesday.

Game times, ticket information and television broadcast details will be released at a later date. The one-day triple-header will also feature Virginia versus Temple and East Carolina against Liberty.

"We are excited for the Hokies

to make the trip to Charlotte for the Hall of Fame Shootout," Tech coach Mike Young said. "It is a tremendous field and a great experience for our student-athletes, as well as a way for us to connect with our strong fan base in the area."

The Hokies own a slim lead in the all-time series against Davidson 20-19, and the two haven't faced off versus each other since 1971, which ironically was in Charlotte as well.

The Basketball Hall of Fame will continue to monitor the COVID-19 situation closely in the coming months and provide updates as needed.

The Locusts Are Coming

This year is to be a big one for the periodic return of the 17-locust. In reality, the name locust is a misnomer for the cicada as they are from two different families altogether. The locust is a member of the grasshopper family and resemble them as the light brown long-legged ones you spot during the summer months. Most all people are familiar with the Biblical story where locusts were one of the ten plagues brought onto the Egyptians after their 400 years of bondage imposed on the children of Israel. Locusts and grasshoppers have been a menace to civilization throughout history. The grasshopper plagues of 1873 – 1877 caused havoc to mainly the state of Minnesota and some neighboring states, destroying wheat, oat, corn and barley crops. Laura Ingles recounts this in her Little house on the Prairie book and Walnut Grove, Minnesota was the settings for the television series that depicts this time period.

The summertime cicadas (primarily Tibicens) that we see and hear every year is commonly called a "Jay Fly" and probably was so named from kids collecting them in jars to listen to the "singing" made by the male species. As Ronald Regan often remarked in describing things, "You ain't seen noting yet," when the 17-year locust will soon be seen and heard throughout VA, WVA, and N.C.; the states that this insect will be most in abundance. From reading a report from VA Tech, "There



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W.A. "Doc" Davis

will be a substantial noise issue, where an estimated 1.5 million will emerge per acre and will be a cacophonous whining like a field of out-of-tune car radios." The cicada is a cousin of the cricket family and lives its thirteen or seventeen-year underground subsisting on tree roots. They do emerge a few over the years as evidenced by the occasional shells left behind as seen on tree trunks where they emerged from their underground abode.

The numbers emerging this year will be greater than some compared to their cycles over the last fifty to seventy-five. To the best of my memory, I have concluded the year of 1952 was a big one for them as I was a mere tow-headed lad growing up on Little Walker Creek. The locusts (17-year cicadas actually) were a bonanza for my fishing buddies and myself. I have mentioned in earlier columns that the mayfly hatch would be a great time for them to emerge from the waters and a boon to all that enjoy fishing. When all these cicadas have come out of the ground this



year, I feel mayfly hatches will play a distant second in their abundance.

Our gang on the CREEK spent a lot of time there either fishing or swimming at the ole swimming hole. We often joked that during a summer shower that we got in the water to keep from getting wet. Often, when we decided to go fishing, we grabbed our poles and would gather our bait (crickets and grasshoppers in the field along the way) and minnows, crawfish or hellgrammites under the CREEK rocks. The summer of '52, we could get at our favorite fishing holes and merely pick the cicadas off the overhanging alders, willows etc. Most all the fish were near the surface feeding on the dropping or floating cicadas. We could reel in all kinds of fish as we hooked into them as soon as our baited lines hit the water. Of all the types of fish my favorite all then and now is the rock bass or commonly called the "redeye."

I on occasion have included a recipe along with my column but won't this time. I recommend you go on line and get some good ones on the locust (similar type grasshopper can be used) as it has been considered a delicacy since ancient times. John the Baptist in Matthew 3:4(KJV) ate locusts, "And the same John had his raiment of camel's hair, and a leathern girdle about his loins, and his meat was locusts and wild honey." (I've never tried locusts, but love my sourwood honey).

Many took John the Baptist to be the promised Messiah, but answered in John 1:20b(KJV), "I am not the Christ." We read in John 1:29, "The next day John seeth Jesus coming unto him, and saith, Behold the Lamb of God, which taketh away the sin of the world." As I recounted above of my days of fishing in my preteen years, it was then I asked Him into my life and recommend you do the same today if you do not know him.

Until next time

LEGAL NOTICES

PUBLIC NOTICE

Notice is given pursuant to the Pulaski County Unified Development Ordinance and Section 15.2-2310 of the 1950 Code of Virginia, as amended, that a public hearing will be held at 7:00 p.m. on Tuesday, June 16, 2020 in the Board Room of the County Administration Building, 143 Third Street, NW, Pulaski, VA 24301. The Pulaski County Board of Zoning Appeals is hosting a Public Hearing and will receive public comments in relationship to the application(s) for zoning variance as listed below:

- Petition by David Whitlock, for a variance to Article 4.3.C (Building Setback Agriculture Zone District) Pulaski County Unified Development Ordinance. Property is located on Hazel Hollow Road, Radford, VA Tax Map# 049-001-0000-0025, Cloyd District.

The public can request information and/or submit comments as part of the public hearing process, by using any one of the following methods; **E-mail:** Send information request or public comment to Elaine Holeton at eholeton@pulaskicounty.org **Phone:** Contact Elaine Holeton at 540-980-7710 or 540-440-0025 to learn more, or to have your comment transcribed for the public hearing. **Regular Mail:** Send your request for information or your comment to; Planning & Zoning Department, County of Pulaski, 143 Third Street, NW, Suite 1, Pulaski, VA 24301. **In Person:** By attending the meeting at the location listed. For disabled individuals who may require special auxiliary aids or services, the County upon request will make reasonable accommodations available. Contact the County's ADA Compliance Officer at (540) 980-7800 (TDD accessible) or (540) 980-7705, ten (10) days prior to the above meeting date to arrange for these special accommodations.

COVID-19 Message: Pulaski County is committed to safely serving the public during this Covid-19 pandemic. In consideration of the social distancing guidelines, we encourage you to contact our office prior to attending the meeting. This will enable us to share any meeting information updates and allow us the opportunity to accommodate you to the best of our ability. 540-980-7710. Thank-you.



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Job Includes:

Remove up trash and woody debris from lake. Utilizing chain saws and other equipment, utilizing correct safety procedures. Bag trash, load and unload debris from barges. Maintain equipment reporting any safety issues or malfunctions to Crew Foreman/Boat Operator. Assist in burning woody debris removed from lake. Complete DGIF approved Boater Safety Course within 1 year from hire date.

Other duties as requested by Clean Up Coordinator, Foreman, or Executive Director.

Must perform duties as outlined job description assuring compliance with county policies, and laws to create a cooperative, safe, respectful, and quality work environment.

Lifting of 50 pounds, stooping, bending, and crouching ability required. Completed or willingness to complete Boater Safety Course.

Applicant must have either a valid driver's license and provide own transportation to work site or have a reliable source of transportation to job site every day.

This is a full-time seasonal position. Pay starts at \$12.00 per hour and can increase based on performance, attitude, reliability, and attendance.

Applicants need to contact:

Jeff Caldwell
Executive Director - The Friends of Claytor Lake
(540) 395-3625

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5854 Hanks Ave., Dublin
Wide variety of miscellaneous items including glassware

Family Yard Sale
Sat., June 6, 8 a.m. -1 p.m.
Tanglewood Drive., Dublin
Spring cleanout! Lots of miscellaneous items, housewares; books; nice girls, ladies and menswear.
Stop on by!

Yard Sale Deadline - Noon Wednesday - They're FREE!

Yard Sale Deadline - Noon Wednesday - They're FREE!

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We are pledged to the letter and spirit of Virginia's policy for achieving equal housing opportunity throughout the Commonwealth. We encourage and support advertising and marketing programs in which there are no barriers to obtaining housing because of race, color, religion, national origin, sex, elderliness, familial status or handicap. For more information or to file a housing complaint, call the Virginia Housing Office at (804) 367-8530; toll-free call (888) 551-3247. For hearing-impaired, call (804) 367-9753. E-mail fairhousing@dpor.virginia.gov.

Combine finances?

Dear Dave,
Is it okay to combine finances with someone and start working on a budget before you marry them? I just got engaged, and we’ve been talking about the idea of getting a head start on our finances together.

Autumn

Dear Autumn,
First, congratulations! I hope you two will have long and happy lives together. Now comes the hard part. But you asked for my opinion, so here goes.
No, it’s not a good idea to combine finances with anyone you’re not married to. Don’t get me wrong, I’m glad you two are thinking about your finances and your future—and I’d never wish anything bad for you—but all kinds of things can happen before you become husband and wife. What if you spend time paying off his debt, or vice ver-

sa, then the relationship doesn’t work out?

However, this doesn’t mean you can’t begin working together on budgets for the future, and planning and dreaming about the goals you have together. The thing to keep in mind is you’ll both need to be operating in full transparency mode to make it happen. He should know all about your income and debts, and you should know all about his. Along the way, you two need to have serious, regular discussions about saving, spending, and debt to ensure you’re completely on the same page with your finances before the big day.

There you go. My advice is both of you should pay only your own bills until after you’re married. And remember, once that happens there’s no yours and his anymore—it all becomes ours.

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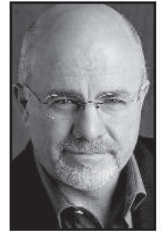
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Dave Says

Dave Ramsey

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—Dave

Dear Dave,
I’ve been researching long-term care policies. Can you reach a point financially where you can self-insure long-term care needs, and not buy a long-term care insurance policy?

Paul

Dear Paul,
It’s possible, mathematical-ly speaking, if you have the resources available to pay for the care you’d receive in a nursing home or similar facility for about 20 years. Not many folks have that kind of money, though. I think it’s a large enough bill that it makes sense to transfer the risk to a long-term care insurance policy.
Keep in mind, too, if you’re married you have to think about your spouse, and make sure they have enough to live on comfortably at the same time. That’s a lot of money. And that’s why I advise virtually everyone to put good, long-term care coverage in place at age 59 or 60. It can mean the difference between living with dignity, or having to depend on the government!

—Dave

* **Dave Ramsey** is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The Dave Ramsey Show is heard by more than 16 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

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2019 Annual Drinking Water Quality Report
Town of Pulaski
(PWSID No. 1155635)

INTRODUCTION

This Annual Drinking Water Quality Report for calendar year 2019 is designed to inform you about your drinking water quality. Our goal is to provide you with a safe and dependable supply of drinking water, and we want you to understand the efforts we make to protect your water supply. The quality of your drinking water must meet state and federal requirements administered by the Virginia Department of Health (VDH).

If you have questions about this report, please contact:

Gary Jennings, Water Treatment Plant Chief Operator, at (540) 440-6320.

If you want additional information about any aspect of your drinking water or want to know how to participate in decisions that may affect the quality of your drinking water, please contact:

Gary Jennings, Water Treatment Plant Chief Operator, at (540) 440-6320.

The times and location of regularly scheduled board meetings are as follows:

1st & 3rd Tuesday of every month at 7:00 pm in the Town of Pulaski Municipal Building, located at 42 1st Street NW, Pulaski, VA 24301

GENERAL INFORMATION

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity. Contaminants that may be present in source water include: (i) microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife; (ii) inorganic contaminants, such as salts and metals, which can be naturally occurring or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming; (iii) pesticides and herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses; (iv) organic chemical contaminants, including synthetic and volatile organic chemicals, which are byproducts of industrial processes and petroleum production, and can also come from gas stations, urban stormwater runoff, and septic systems; (v) radioactive contaminants, which can be naturally occurring or be the result of oil and gas production and mining activities. In order to ensure that tap water is safe to drink, EPA prescribes regulations that limit the amount of certain contaminants in water provided by public water systems. FDA regulations establish limits for contaminants in bottled water which must provide the same protection for public health.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline (800-426-4791).

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer who are undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline (800-426-4791).

SOURCE(S) and TREATMENT OF YOUR DRINKING WATER

The sources of your drinking water are surface water and are obtained from Gatewood Reservoir and Peak Creek.

A source water assessment of our system was conducted in 2002 by Draper Aden and Associates. The sources were determined to be of high susceptibility to contamination using the criteria developed by the state in its approved Source Water Assessment Program. The assessment report consists of maps showing the source water assessment area, an inventory of known land use activities of concern, and documentation of any known contamination

DEFINITIONS

Contaminants in your drinking water are routinely monitored according to Federal and State regulations. The table on the next page shows the results of our monitoring for the period of January 1st to December 31st, **2019**. In the table and elsewhere in this report you will find many terms and abbreviations you might not be familiar with. The following definitions are provided to help you better understand these terms:

Maximum Contaminant Level, or MCL - the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Maximum Contaminant Level Goal, or MCLG - the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Maximum Residual Disinfectant Level Goal or MRDLG: the level of drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

Maximum Residual Disinfectant Level or MRDL: the highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

Non-detects (ND) - lab analysis indicates that the contaminant is not present

Parts per million (ppm) or Milligrams per liter (mg/l) - one part per million corresponds to one minute in two years or a single penny in \$10,000.

Parts per billion (ppb) or Micrograms per liter - one part per billion corresponds to one minute in 2,000 years, or a single penny in \$10,000,000.

Picocuries per liter (pCi/L) - picocuries per liter is a measure of the radioactivity in water.

Action Level (AL) - the concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

Treatment Technique (TT) - a required process intended to reduce the level of a contaminant in drinking water.

Level 1 assessment - a study of the water system to identify potential problems and determine (if possible) why total coliform bacteria have been found in our water system.

Level 2 assessment - a very detailed study of the waterworks to identify potential problems and determine (if possible) why an *E. coli* PMCL violation has occurred and/or why total coliform bacteria have been found in our water system on multiple occasions.

Nephelometric Turbidity Unit (NTU) - nephelometric turbidity unit is a measure of the clarity, or cloudiness, of water. Turbidity in excess of 5 NTU is just noticeable to the average person. Turbidity is monitored because it is a good indicator of the effectiveness of our filtration system.

WATER QUALITY RESULTS

Microbiological Contaminants

Contaminant	MCLG	MCL	No. of Samples Indicating Presence of Bacteria	Violation (Y/N)	Month of Sampling	Typical Source of Contamination
<i>E. coli</i>	0	1 routine sample and a repeat sample are total coliform positive, and 1 is also <i>E. coli</i> positive	0	N	Jan-Dec	Human and animal fecal waste

Regulated Contaminants

Contaminant (units)	MCLG	MCL	Level Detected	Violation (Y/N)	Range	Date of Sample	Typical Source of Contamination
Nitrate (ppm)	10	10	0.08	N	-	2019	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Fluoride (ppm)	4	4	<0.2	N	-	2019	Erosion of natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factories
Barium (ppm)	2	2	0.014	N	-	2019	Discharge of drilling waste; Discharge from metal refineries; Erosion of natural deposits
Combined Radium (pCi/l)	0	5	0.26	N	-	2017	Erosion of Natural Deposits
Chlorine (ppm)	MRDLG = 4	MRDL = 4	1.12	N	0.23 - 2.17	2019	Water additive used to control microbes
Total Organic Carbon	NA	TT, met when ≥1	1.0	N #	1.0 - 1.04	2019	Naturally present in the environment
Haloacetic Acids (ppb)	NA	60	39.4	N	18.8 - 56.9	2019	By-product of drinking water disinfection
Total Trihalomethanes (ppb)	NA	80	43.2	N	18.7 – 68.9	2019	By-product of drinking water disinfection
Turbidity	NA	TT, 1 NTU Max	0.28	N	0.05 – 0.282	2019	Soil runoff
		TT, ≤ 0.3 NTU 95% of the time	100%	N			

The value reported under "Level Detected" for Total Organic Carbon (TOC) is the lowest ratio between percent of the TOC actually removed to the percentage of TOC required to be removed. A value of greater than one indicates that the water system is in compliance with TOC removal requirements. A value of less than one indicates a violation of the TOC removal requirements unless an alternative compliance criterion is used to determine compliance. # We are also in compliance using the alternate SUVA method.

Lead and Copper Contaminants

Contaminant (units)	MCLG	Action Level	90 th Percentile	Date of Sampling	# of Sampling Sites Exceeding Action Level	Typical Source of Contamination
Lead (ppb)	0	AL = 15	0	July 2018	2	Corrosion of household plumbing systems; Erosion of natural deposits
Copper (ppm)	1.3	AL = 1.3	0.084	July 2018	0	Corrosion of household plumbing systems; Erosion of natural deposits

Monitoring Results for Sodium (Unregulated-No Limits Designated)			
Level Detected (unit)	Sample Date	Typical Source	Guidance
6.1 (mg/L)	1/18/2019	Naturally Occuring; Addition of treatment chemicals/processes	For individuals on a very low sodium diet (500 mg/day), EPA recommends that drinking-water sodium not exceed 20 mg/L. Should you have a health concern, contact your health care provider.

The state allows us to monitor for some contaminants less than once per year because the concentrations of these contaminants do not change frequently. Some of our data presented in the above tables, though accurate, is more than one year old.

MCL's are set at very stringent levels by the U.S. Environmental Protection Agency. In developing the standards EPA assumes that the average adult drinks 2 liters of water each day throughout a 70-year life span. EPA generally sets MCLs at levels that will result in no adverse health effects for some contaminants or a one-in-ten-thousand to one-in-a-million chance of having the described health effect for other contaminants.

VIOLATION INFORMATION

We have been advised by State health officials of a failure to perform required monitoring in accordance with the Commonwealth of Virginia/State Board of Health *Waterworks Regulations*.

We are required to monitor your drinking water for specific contaminants on a regular basis. Results of regular monitoring are an indicator of whether or not our drinking water meets health standards. During the third calendar quarter (July – September) 2019 we did not monitor for trihalomethanes and therefore cannot be sure of the quality of our drinking water during that time.

State health officials feel there is little need for concern about the safety of your water because past records show that our system has had no documented problems with trihalomethane contamination; however, routine sampling and analysis is required to determine the quality of water delivered to our customers.

There is nothing you need to do at this time. This situation has been resolved.

We have since been collecting and having analyzed the required number of trihalomethanes samples.

ADDITIONAL HEALTH INFORMATION

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. [NAME OF UTILITY] is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to two minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline (800-426-4791).

ADDITIONAL INFORMATION ABOUT YOUR WATERWORKS

The Town of Pulaski Water Treatment Plant is a Class II facility. The plant is rated at 4.0 million gallons per day and current output is approximately 1.9 million gallons per day. The plant is staffed by eight state-licensed operators. Our goal is to provide consumers with a safe and palatable supply of drinking water at the lowest possible cost and the highest level of quality in the industry. Delivering potable water to your tap is a team effort between licensed professionals at the plant, dedicated Engineering, and Public Works Departments whose job is to maintain the Town of Pulaski's water distribution system. We operate the plant under the stringent regulatory guidelines of the Environmental Protection Agency, the Virginia Department of Health, and the Virginia Department of Environmental Quality. We perform over 150 water quality analyses each day to insure consumers the highest quality drinking water available.

NASCAR

Continued from Page B1

If fans can attend South Alabama Speedway in Ozark, why can't they go to the big show at Talladega Superspeedway in three weeks?

NASCAR has touted a health plan it was confident could get the teams back to the track and so far it has worked. No driver has failed the temperature checks required to enter the facilities so far. But it has been barely two weeks since Darlington Raceway hosted the first race back so it's far too early to know if the plan is perfect.

Masks are still required and teams have been good sports about following the rules. But it's going to get hotter and the days are long and the masks are going to become a nuisance. Social distancing is for the most part followed but awareness is fading and teams were in clusters along pit road waiting for the Bristol race to start.

NASCAR already made a huge decision to get back to business after postponing eight Cup Series races. Now it will face another in deciding if the comeback is complete and fans can return.

The push for spectators is understandable because access is a cornerstone of racing's popularity. The common fan can sit in the stands and eavesdrop on drivers via radio. They can camp in the infield with friends and sometimes run into their favorite driver out on a golf cart checking out the party scene. The lucky ones score a pit pass and get a front-row seat to every turn of a wrench or tire change.

The atmosphere is a corporate sponsor's dream as executives, guests and clients get VIP treatment at the traveling circus. Right now, there is no essential need for a team owner to be at the track, so most don't bother.

It's not an ideal model and NASCAR executive Steve O'Donnell felt it Sunday. He said on Twitter that the action-packed ending was missing crowd reactions: "Nothing better than seeing the most passionate fans in sports at the track. When we get back in the Fall I hope it is a sellout!"

NASCAR has a few days off until the Truck Series race Friday at Atlanta Motor Speedway. The teams need the time to regroup, though the drivers are fine and seem to love the current one-day shows.

NASCAR officials, though, won't get a break. They are facing hard decisions on how quickly to get back to the old days. One hopes those decisions won't be made on false confidence.

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Tech football begins voluntary workouts

BLACKSBURG – Following the standards established by the State of Virginia and Montgomery County public health officials, Virginia Tech athletics is preparing this week to open the Beamer-Lawson Practice Facility and the Steve Johnson practice fields for voluntary football strength and conditioning workouts.

"Our foremost priority continues to be the health and welfare of our student-athletes and staff, as well as the Virginia Tech and surrounding communities," said Dr. Mark Rogers, Chief Medical Officer for Virginia Tech Athletics. "We will continue to evaluate our protocols to ensure these workouts are conducted in strict adherence with current health and safety guidelines."

Rogers said student-athletes wishing to participate will undergo screening protocols prior to being cleared to participate and will be monitored on a daily basis.

Small-group workouts supervised by Coach Ben Hilgart and his staff will be limited to the Beamer-Lawson Practice Facility and the Steve Johnson practice fields. The locker room and other common football areas will remain closed at this time.

In conjunction with Mike Goforth and Tech's Sports Medicine team, all participating athletes and staff will wear recommended personal protective equipment upon entering team facilities.

"An abundance of caution will be utilized to ensure all equipment is sanitized appropriately between workout groups," Rogers said.

Virginia Tech President Tim Sands said the staged return of student-athletes is one of the first steps in the university's plan to return to on-campus instruction this fall, along with in-person clinical programs and some research operations that are also preparing to ramp up this summer.

"As our leadership team continues to plan for how our student-athletes will return to competition this fall, we recognize the need for them to have the support and facilities offered by the university," President Sands said. "We are pleased to see our football players return in small cohorts and following the required public health guidelines. I have confidence that our Athletic Director Whit Babcock and his team will create the right training opportunity and welcome our student athletes with their safety and the entire community's well-being as a top priority."

Empty

Continued from Page B1

looking at selling only enough tickets to fill up half of Jack Trice Stadium for football games and Notre Dame has warned of fewer fans and lim- its to tailgating. The Miami Dolphins released a number of ideas under consideration: using ev- ery-other turnstile, calling fans into the stadium in sections, letting them out row by row like a church service and using technology to mini- mize person-to-person contact.

Once fans return, partitioning off seats will become crucial. And those won't just be empty seats. Teams and leagues are investigating the use of temporary banners spread across entire sections that can then be sold for sponsorship, helping to bridge the gap caused by unsold tick- ets. Such banners are already used to create a more intimate settings for concerts or other events, and Bristol Motor Speedway had some of them strung up for last weekend's NASCAR race in Tennessee.

Another idea is to turn sections of 20 or more individual or bench seats into temporary suites, where a group of 10 friends and family members can be socially distant from other groups — and potentially selling them for a higher price.

"There are a lot of different things you can do," said R.J. Orr, whose Arizona-based firm Bluemedia specializes in such "seat kills" and temporary structures. They already have worked with Arizona State and other schools on similar projects.

The next challenge is keeping fans socially dis- tant when they do leave their seats. A company called WaitTime has software applications tied to security cameras that allow fans and stadium operators to know on monitors or apps just how busy certain areas might be. A motion analytics company, iinside, uses lidar sensors to detect un- safe crowding.

"We're working on tools to overlay crowd den- sity on top of stadium maps," iinside CEO Sam Kamel said. "These maps would then tell fans where to avoid, or when it's 'safe' to get a hot dog or Coke and when the food court isn't too crowd- ed."

There is little dispute that the game-day expe- rience will be vastly different.

At baseball games in Taiwan, up to 1,000 spectators have been allowed into the ballpark, but they were barred from bringing food, con- cession stands are closed and they are told to sit three seats apart. During a recent Fubon Guard- ians game in New Taipei City, about 900 people showed up at its 12,500-seat stadium, leaning across empty seats to talk with friends and mov- ing on their own to cues from cheerleaders and mascots.

"There's plenty of social distance here," said Guardians fan Sun Ming, who works in finance in New Taipei City.

It could be that way for quite a while.

Brees apologizes for flag comment

NEW ORLEANS (AP) — Drew Brees apologized Thursday for comments that were "insensitive and completely missed the mark" when he reiterated his oppo- sition to Colin Kaepernick's kneeling during the national anthem in 2016, drawing sharp criticism from fellow high-profile athletes and others in the wake of George Floyd's death.

Los Angeles Lakers great LeBron James, New Orleans Saints safety Mal- colm Jenkins and former NFL player

Martellus Bennett were just some of the high-profile athletes to criticize Brees on their Twitter feeds.

Brees, a New Orleans Saints quarter- back who won the Super Bowl in the 2009 season, was asked Wednesday in an interview with Yahoo to revisit former NFL quarterback Kaepernick's kneeling during the national anthem before games to bring awareness of police brutality and racial injustice.

"I will never agree with anybody dis- respecting the flag of the United States," Brees began, adding that the national anthem reminds him of his grandfathers, who served in the armed forces during World War II. "In many cases, it brings me to tears thinking about all that has been sacrificed, and not just in the mili- tary, but for that matter, those throughout the civil rights movements of the '60s, and all that has been endured by so many people up until this point."

2019 Annual Drinking Water Quality Report Newbern Heights (PWSID No. 1155521)

INTRODUCTION

This Annual Drinking Water Quality Report for calendar year 2019 is designed to inform you about your drinking water quality. Our goal is to provide you with a safe and dependable supply of drinking water, and we want you to understand the efforts we make to protect your water supply. The quality of your drinking water must meet state and federal requirements administered by the Virginia Department of Health (VDH).

If you have questions about this report or if you want additional information about any aspect of your drinking water or want to know how to participate in decisions that may affect the quality of your drinking water, please contact:

Gary Jennings, Water Treatment Plant Chief Operator, at (540) 440-6320.

The times and location of regularly scheduled board meetings are as follows:

1st & 3rd Tuesday of every month at 7:00 pm in the Town of Pulaski Municipal Building, located at 42 1st Street NW, Pulaski, VA 24301

GENERAL INFORMATION

Drinking water, including bottled drinking water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline (800-426-4791).

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline (800-426-4791).

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity. Contaminants that may be present in source water include: (1) Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife. (2) Inorganic contaminants, such as salts and metals, which can be naturally-occurring or result from urban storm water runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming. (3) Pesticides and herbicides, which may come from a variety of sources such as agriculture, urban storm water runoff, and residential uses. (4) Organic chemical contaminants, including synthetic and volatile organic chemicals, which are byproducts of industrial processes and petroleum production, and can also, come from gas stations, urban storm water runoff, and septic systems. (5) Radioactive contaminants, which can be naturally-occurring or be the result of oil and gas production and mining activities. In order to ensure that tap water is safe to drink, EPA prescribes regulations which limit the number of certain contaminants in water provided by public water systems. Food and Drug Administration regulations establish limits for contaminants in bottled water which must provide the same protection for public health.

SOURCE OF YOUR DRINKING WATER

The source of your drinking water is surface water purchased from Pulaski County Public Service Authority which obtains their water from Claytor Lake.

A source water assessment was conducted in 2002 by Draper Aden and Associates. The source was determined to be of high susceptibility to contamination using the criteria developed by the state in its approved Source Water Assessment Program. The assessment report consists of maps showing the source water assessment area, an inventory of known land use activities of concern, and documentation of any known contamination. The report is available by contacting your water system operator at the phone number given elsewhere in this drinking water quality report.

DEFINITIONS

Contaminants in your drinking water are routinely monitored according to Federal and State regulations. The table on the next page shows the results of our monitoring for the period of January 1st to December 31st, 2018 in the table and elsewhere in this report you will find many terms and abbreviations you might not be familiar with. The following definitions are provided to help you better understand these terms:

Maximum Contaminant Level, or MCL - the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Maximum Contaminant Level Goal, or MCLG - the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Non-detects (ND) - lab analysis indicates that the contaminant is not present

Parts per million (ppm) or Milligrams per liter (mg/l) - one part per million corresponds to one minute in two years or a single penny in \$10,000.

Parts per billion (ppb) or Micrograms per liter - one part per billion corresponds to one minute in 2,000 years, or a single penny in \$10,000,000.

Parts per trillion (ppt) or Nanograms per liter (nanograms/l) - one part per trillion corresponds to one minute in 2,000,000 years, or a single penny in \$10,000,000,000.

Picocuries per liter (pCi/L) - picocuries per liter is a measure of the radioactivity in water.

Action Level - the concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

Treatment Technique (TT) - a required process intended to reduce the level of a contaminant in drinking water.

Nephelometric Turbidity Unit (NTU) - nephelometric turbidity unit is a measure of the clarity, or cloudiness, of water. Turbidity in excess of 5 NTU is just noticeable to the average person. Turbidity is monitored because it is a good indicator of the effectiveness of our filtration system.

Maximum Residual Disinfectant Level Goal or MRDLG – the level of drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

Maximum Residual Disinfectant Level or MRDL – the highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

WATER QUALITY RESULTS

Regulated Contaminants

Contaminant (units)	MCLG	MCL	Level Detected	Violation (Y/N)	Sample Date	Typical Source of Contamination
Combined Radium (pCi-L)	0	5	1.1	N	2014	Erosion of natural deposits
Barium (ppm)	2	2	0.0228	N	2019	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits
Fluoride (ppm)	4	4	0.32	N	2019	Erosion of natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factory
Nitrate (ppm)	10	10	0.881	N	2019	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Chlorine (ppm)	MRDLG = 4	MRDL = 4	1.53 Range 0.84-2.50	N	2019	Water additive used to control microbes
Haloacetic Acids (ppb)	NA	60	40 Range 29 - 51	N	2019	By-product of drinking water disinfection
Total Trihalomethane (ppb)	NA	80	37 Range 9.7 - 60	N	2019	By-product of drinking water disinfection
TOC (Total Organic Carbon)	NA	TT: met when ≥1	1.00 Range 1.0 -	N	2019	Naturally present in the environment
Turbidity	NA	TT , 1 NTU max	0.17 Range 0.05-0.17	N	2019	Soil runoff
		TT ,≤ 0.3 NTU 95% of the time	99.8%	N	daily	

Lead and Copper Contaminants

Contaminant (units)	MCLG	Action Level	Level Detected	Action Level Exceeded	# of Sites Exceeding AL	Date of Sampling	Typical Source of Contamination
Lead (ppb)	0	AL=15	1.7	No	1	August 2018	Corrosion of household plumbing systems; erosion of natural deposits
Copper (ppm)	1.3	AL=1.3	0.262	No	0	August 2018	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives

Monitoring Results for Sodium (Unregulated-No Limits Designated)

Level Detected (unit)	Sample Date	Typical Source	Guidance
6.04 (mg/L)	1/18/2019	Naturally Occuring; Addition of treatment chemicals/processes	For individuals on a <u>very</u> low sodium diet (500 mg/day), EPA recommends that drinking-water sodium not exceed 20 mg/L. Should you have a health concern, contact your health care provider.

The state allows us to monitor for some contaminants less than once per year because the concentrations of these contaminants do not change frequently. Some of our data, though accurate, is more than one year old.MCL's are set at very stringent levels by the U.S. Environmental Protection Agency. In developing the standards EPA assumes that the average adult drinks 2 liters of water each day throughout a 70-year life span. EPA generally sets MCLs at levels that will result in no adverse health effects for some contaminants or a one-in-ten-thousand to one-in-a-million chance of having the described health effect for other contaminants.

Turbidity is a measure of the cloudiness of the water. We monitor it because it is a good indicator of the effectiveness of our filtration system.

VIOLATION INFORMATION

There were no violations for the reporting year.

ADDITIONAL HEALTH INFORMATION

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. The Town of Pulaski is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to two minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline (800-426-4791).

Amber Waves

by Dave T. Phipps

SON, I'M TAKING YOU TO A TOP SECRET FISHING SPOT MY DAD USED TO TAKE ME TO.

THE ONLY THING IS, IT'S HERE IN THIS COVE, AND YOU NEED TO WATCH FOR BIG ROCKS.

ARE YOU KIDDING? MOM SAYS I DON'T MISS A THING AND HAVE EYES LIKE A HAWK.

THERE'S ONE! WHAT DID I TELL YOU?

Out on a Limb

by Gary Kopervas

LOOK HOW THE SUBTLE LIGHT DANCES OFF THE PRETZELS... THE GLISTENING OF THE TAPS... THE EXPRESSIONLESS FACES...

SORRY, GLEN. I'M NOT INTO BAR SCENES.

R.F.D.

by Mike Marland

MAN, THE TICKS ARE WICKED AROUND MY HOUSE THIS YEAR, SIM! YOU SEEN A LOT HERE?

NOPE.

THE LITTLE BUGGERS DON'T STAND A CHANCE AROUND HERE.

The Spats

by Jeff Pickering

WHO WEARS THE PANTS IN THIS FAMILY?

YOU DO, DEAR.

AND WHO TAKES ALL THE MONEY OUT OF THE POCKETS?

POPEYE

Hi, CISHMAN

WHAT IS IT ABOUT ME YOU LOVE SO MUCH?

WELL...YER HAIR...IT SHINES LIKE OIL ON SPINACH!

ISN'T THIS JUST YOU AND ME ROMANTIC... WALKING LIKE THIS TOGETHER

YER EYES SPARKLES... LIKE SPINACH INNA WALDORF SALAD!

Y'GOT A NOSE AS PERKY AS ICED SPINACH?

YER CHEEKS GLOW LIKE A SPINACH SOUFFLE

AN' LIPS DAT TASTE LIKE FRESH SPINACH!

OH, POPEYE, THAT'S SO POETIC!

Just Like Cats & Dogs

by Dave T. Phipps

OK, MAYBE I'M WATCHING TOO MUCH CSI, BUT BY THE LOOK ON YOUR FACE I REALLY THINK WE SHOULD NOT GO TO BED ANGRY.

LAFF-A-DAY

DR. L. KRONK

"He'll never get my blood pressure down at \$100 a visit."

"Harold used to throw his around — now all he can do is drag it."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Peek

DANGER

Guard

DARWEN

Fairy

PRIEST

Stigma

MESAH

TODAY'S WORD

King Crossword

ACROSS

- 1 Small plateaus
- 6 Bamboo eaters
- 12 Big commotion
- 13 Old Roman tax
- 14 Strengthen by heating and cooling
- 15 Move a painting, maybe
- 16 Medicinal amount
- 17 Computer brand
- 19 Chaps
- 20 Nickelodeon's explorer
- 22 Marley or Dylan
- 24 Underwear with underwire
- 27 Madams' mates
- 29 Moth variety
- 32 "The House That Ruth Built"
- 35 Advantage
- 36 Out of play
- 37 List-ending abbr.
- 38 Consume
- 40 Williams or Warhol
- 42 - -de-sac
- 44 On pension: Abbr.

1	2	3	4	5	6	7	8	9	10	11
12										
14										
16										
24	25	26		27		28		29	30	31
32			33				34			
35										
42	43			44	45			46	47	48
50			51					52	53	
54								55		
56								57		

- 46 Killer whale

50 "I, Robot" author

52 Passionate states

54 Cookbook entry

55 Lab monkey

56 Merchant

57 Apportioned
- 5 Not freelance

6 Skin opening

7 Bitter

8 To the — degree

9 Scotch-based liqueur

10 Top-rated

11 Autograph

12 Possessed

18 Parents' traveling accessory

21 Sugar suffix

23 Antiquated

24 "See ya"

25 "Awesome!"

26 Sweet fortified wine
- 28 Norm

30 Eccentric

31 HBO alternative

33 Mauna —

34 Toss in

39 Figure of speech

41 Mountain air?

42 Shopper's aid

43 Addict

45 Always

47 "Golden Girls" role

48 Gunk

49 Donkey

51 Central

53 Pi follower

DOWN

- 1 Stereo fore-runner
- 2 Billions of years
- 3 Haste
- 4 Miss, neighbor

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top ten

Trending Nicknames as First Names*

- 1. Cassie
- 2. Toni
- 3. Nell
- 4. Tori
- 5. Winnie
- 6. Tilly
- 7. Eliza
- 8. Gwen
- 9. Tessa
- 10. Frankie

*girl babies

Source: babycenter.com

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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Plant is missing. 2. Apron is different. 3. Oven mitt is different. 4. Headband is missing. 5. Picture is different. 6. Girl's shoes are different.

Trivia test

- by Fifi Rodriguez
- 1. HISTORY: Who was the first to sign the Declaration of Independence?
 - 2. MOVIES: Which dwarf wore glasses in Disney's "Snow White and the Seven Dwarfs"?
 - 3. MEASUREMENTS: How many years are in a millennium?
 - 4. FAMOUS QUOTATIONS: Which stand-up comedian once said, "There are two seasons in Scotland: June and winter"?
 - 5. GEOGRAPHY: Which country is home to Mount Kilimanjaro?
 - 6. MEDICAL: What is the common condition known as "muscae volitantes"?
 - 7. GENERAL KNOWLEDGE: Which university's athletic teams are known as the Ducks?
 - 8. MUSIC: Which singer/songwriter is known as the "Man in Black"?
 - 9. MONUMENTS: Which U.S. monument is known as the Mother of Exiles?
 - 10. TELEVISION: What was the name of Norm's favorite restaurant in the "Cheers" sitcom?

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- Trivia Test Answers
- 1. John Hancock
 - 2. Doc
 - 3. 1,000
 - 4. Billy Connolly
 - 5. Tanzania
 - 6. Eye floaters
 - 7. University of Oregon
 - 8. Johnny Cash
 - 9. The Statue of Liberty
 - 10. The Hungry Heifer

King Crossword

Solution time: 24 mins.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Z equals P

VFSMUE ZRSZUR NR ZRAGOIIRE IS

WOQR WAOLLUORV WMCV?

O NRUORQR OC IFR AOWFI IS DAG

NRDAV.

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WEIGHT

Today's Word

3. Spite; 4. Shame

1. Gander; 2. Warden;

solution

SCRAMBLERS

Americanisms



"I've never lost a game. I just ran out of time."

— Michael Jordan

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Cryptoquip

Should people be permitted to give gruzzles guns? I believe in the right to arm bears.

TUCK'S COLLISION

A Direct Repair Facility

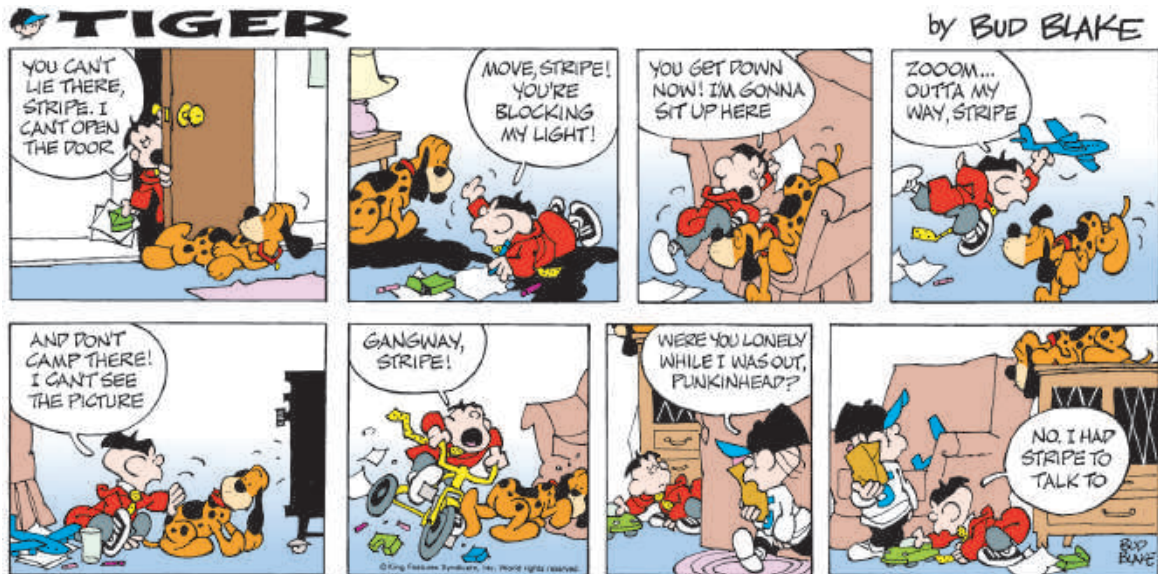
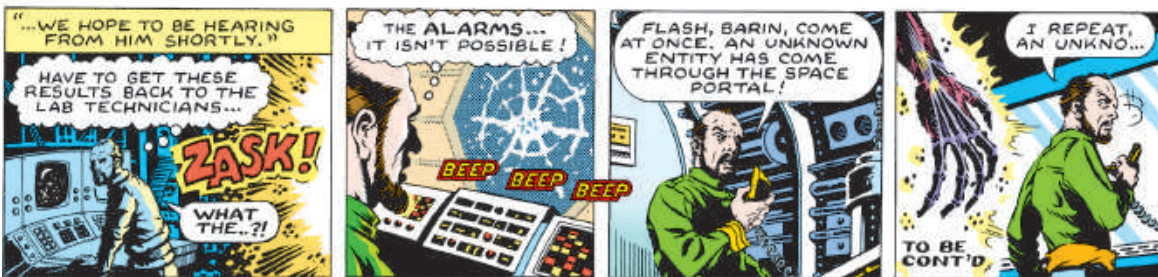
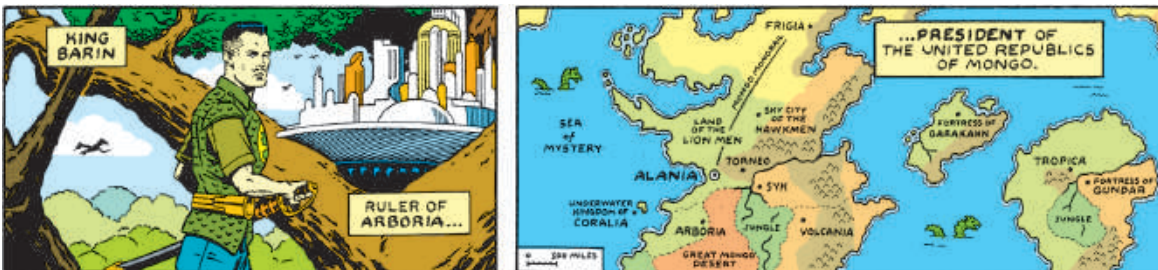
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The Patriot

www.pcpatriot.com



Hail Britannia

Queen Elizabeth II was born on April 21, 1926, but she celebrates her birthday on several different days. The English monarch's birthday had been celebrated on the actual date of his or her birth since 1788. But in 1936, after King George V died, the date was changed to the second Monday in June to commemorate his death and to get better weather for the "Trooping the Color," a British regimental parade. The date was changed again in 1959 to the second Saturday in June. To add to the confusion, some places, including Canada, Australia and New Zealand, chose a different day. In 2020, her 94th it will be celebrated in Britain on Saturday, June 13.

A Roman goddess was the inspiration for Britannia, the personification of Britain, by 1797. She always wears a Corinthian helmet, carries a trident or spear and has a lion lying at her feet. This Staffordshire figure of Britannia was made about 1820. It was sold at a Thomaston auction for \$586.

CURRENT PRICES

Sterling silver belt buckle, interwoven bands, enamel decoration, Cymric, Archibald Knox, Liberty & Co., 1903, 2 1/2 inches, \$500.

Gorham bowl, copper, hammered, applied silver insects, heron & fruit, bulbous, ruffled rim, early 20th century, 3 1/2 x 3 1/2 inches, \$1,415.

Shaker sign, "Shaker Store,
Plain & Fancy Goods," wood,
stenciled letters, old paint, 13 x 52
inches, \$3,480.

Barbie doll, No. 1, brunette ponytail, striped swimsuit, original

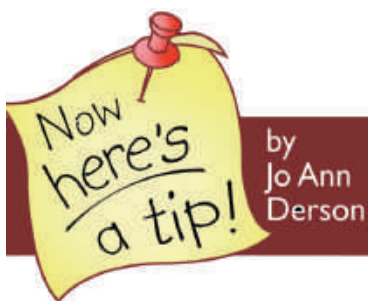


Many figures of Britannia were made with a bright-yellow dress as well as the helmet, spear and lion. She represents unity, liberty and national pride. This figure, 11 inches high by 8 inches wide, sold at auction for \$586.

accessories, box, Mattel, \$5,750.

TIP: Never use your own hairbrush on your doll. Your hair oils will harm the doll's wig. Dolls should have their own brushes.

**For more collecting news, tips
and resources, visit www.Kovels.com**



* If you love a good BOGO deal, you're not alone. Oftentimes, for items like condiments or staples, this means you need a place to put it until it's time to use. For items that are safe to store at room temperature, find a place that it out of direct light, and is cool and dark. But avoid lower cabinets that are close to the stove or dishwasher, as these can get quite warm.

* Tackle the nitty gritty around knobs and crevices of your kitchen appliances with a toothbrush! Just dampen it, add a bit of baking soda for a gritty scrub that won't scratch, and then dip it in dish soap to cut through grease and grime.

* "Want your readers to last longer? Keep them in a fabric pouch when not in use. You can attach a keychain ring to a fabric pouch and hang that from a lanyard worn around your neck if you want to keep them on you. Reading glasses bump into many things and can get scratched easily, so protect them."
-- F.J. in Florida

* Maybe you're not putting miles on your vehicle like you used to, but don't neglect your car! Take some time to get your car's interior looking great so she'll be ready when you get back on the road.

MAGIC MAZE ● POPULAR BOAT NAMES

U Z W U R P M J Y H S E Y C Z
X U S Q S N L P J R E Y R G E
E P A C **S E A D U C T I O N** C
Z X V T R R L O P I A T T O N
L J H E E I H A N L R U C I C
A Y Y H B Y W E T O I O I S V
A T T E P R R P N H P E V R L
K Y R P R E I L I A S M G E E
C T A B S P Z X W U U I S V R
Y H P E O M S L J Q I T F I G
E D Y T S I M O B A A Y X D W

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Aquaholic	Liberty	Sail	Therapy
Diversion	Misty	Sea Ya	Time Out
Fish Tales	Osprey	Seaduction	Victory
Happy Hours	Pirate	Serenity	

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CryptoQuote

AXYDLBAAXR
is **LONGFELLOW**

One letter stands for another. In this sample, **A** is used for the three L's, **X** for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

NDAZVTA QFDULMK LV VLU

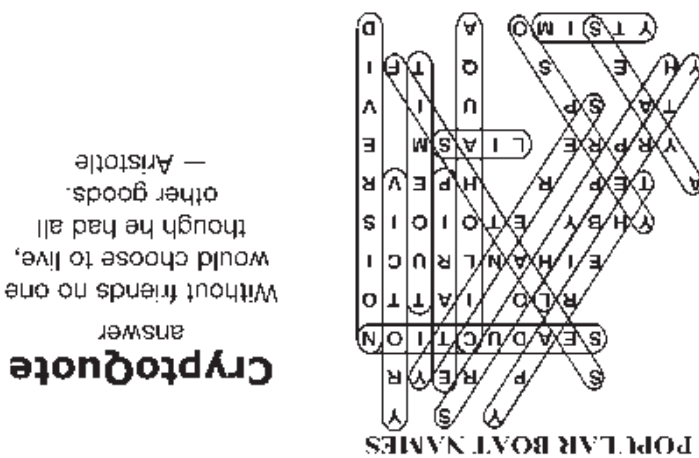
NVTJM BZVVKU AV JDXU,

AZVTRZ ZU ZOM OJJ

VAZUF RVVMK.

— OFDKAVAJU

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Give the upholstery a good cleaning. Bust out the detail brushes on your vacuum or shop vac, and give leather and plastic surfaces a wipe down with a protectant.

* Never scrub a cast iron skillet. It needs the patina in order to heat food evenly. Here's how to keep your's operational: Clean with a stiff brush and regular dish soap. Rinse clean, and dry immediately, preferably by placing

it on a warm to hot burner for a few minutes. When dry, rub with a light coating of oil.

**Send your tips to Now Here's
a Tip, 628 Virginia Drive, Or-
lando, FL 32803.**

The Patriot
540-808-3949



Church Directory

Worship Each Week In The Church Of Your Choice



Teach Me Your Word O Lord

Terry McCraw

The Alabaster Box, Part I

Luke 7:37, 38. “And behold a woman in the city who was a sinner, when she knew that Jesus sat at meat in the Pharisee’s house, brought an alabaster box of ointment. And stood at His feet behind Him weeping, and began to wash His feet with tears, and did wipe them with the hairs of her head, and kissed His feet, and anointed them with the ointment.”

This was a gathering for a meal in a Pharisee’s home, and not one in which a known sinner with an unsavory reputation would have been invited to attend. Pharisees had no dealings with known sinners. And yet she came.

This sinner woman had learned that Jesus was not like the Pharisees. He showed great compassion for those who had needs and did not shun those who were sinners.

If the Church ever expects any unsaved folks who comes to our Church services to be saved, we must treat them with love instead of as unwanted intruders.

She brought with her, an expensive alabaster box filled with costly oil. The box itself was of intrinsic value, as was the oil it contained.

She brought her very best to give to Jesus. She came to worship the One who would show her divine love and forgiveness.

Any time someone comes to Jesus with a contrite heart and a broken spirit, repenting of their sins, they are received by the Savior with love, kindness and forgiveness.

Abraham Wright said “Her tears were worth much more than even the expensive oil of spikenard.”

She poured out her love upon Jesus with the oil from her alabaster box. Some there at the feast didn’t like it but this woman didn’t care, because she didn’t come there for them. She came there for Jesus.

She came with the disposition to worship Him, with her whole heart, soul and being. Which is exactly how we should come to worship the Lord.

She came only seeking forgiveness and acceptance from the Master.

Bible scholars believe that the cost of the oil in her alabaster box was equal to the amount of a whole year’s wages. It was her most prized possession. She was willing to sacrifice all that she had for Jesus.

Inside the alabaster box, the expensive oil didn’t benefit anyone. The box had to be broken before the oil could be poured out upon the Lord.

Our gifts from God will not do much of anything unless we are willing to use them as acts of love and pure worship. God has given many of us, certain gifts. If we keep them to ourselves, they will benefit no one. What good is the gift of encouragement if we never use it to encourage others? What good is the gift of teaching or preaching if we keep it for ourselves and don’t share the gospel with others. What good is the gift of healing if we fail to lay our hands on the sick and pray for their healing?

Our gifts are given by God are given to us to be used to bring God glory and to help others. And if we fail to use the gifts that God has given us, He may very well remove them from us and give them to someone else who will use them.

“What we don’t use, we lose.”

See MCCRAW, page B9

Draper Valley Baptist Church

3200 Lee Highway
Draper, Va. 24324
Pastor: Alan Pearce
Service Times:
Bible Study Sunday, 5 p.m.
Sunday Worship, 11 a.m.
Sunday Evening, 6 p.m.
Prayer Service, Wed. 6:30 p.m.
Phone: 980-1028
www.drapervalleybaptist.org

Grace Baptist Church

552 E. Main Street
Dublin, Va. 24084
Pastor: Doug Testerman
674-1762
Primary Services:
9:45 a.m. Sunday School
11 a.m. Sunday worship
Sunday Night Power Hour, 6 to 7 p.m.
Wednesday Night 7 to 8 p.m.
Grace Kids and Teens Bible Study

Open Door Baptist Church

4576 Miller Lane
Pulaski, VA 24301
Pastor: Rev. N.K. Howlett
Primary Services:
Sunday School, 9:45 a.m.
Worship, 11 a.m.
Wednesday Night, 7 p.m.
Phone: 980-2046

Draper United Methodist Church

3080 Greenbriar Road
Draper, VA 24324
Pastor: Ruth Anne Henley
Primary Service Times:
Sunday School, 10 a.m.
Worship, 11 a.m.
Phone: 540-392-8016

Newbern Christian Church

Disciples of Christ
5183 Wilderness Road, Newbern
Rev. Denise and Ken Walker
540-440-8733

Christ Episcopal Church

144 North Washington Ave., Pulaski
Service: 10 a.m. every Sunday
Phone: 980-2413
Email: christ24301@gmail.com
www.christpulaski.dioswva.org

Jordan's Chapel UMC

Pastor: Rev. Becky Wheeler
Worship: 9:30 a.m.
Sunday School: 10:45 a.m.
Wednesday Bible Study: 7 p.m.

Cecil's Chapel United Methodist Church

5801 Cecil's Chapel Road,
Hiwassee, VA 24347
Pastor RuthAnne Henley
Worship service is 8:45am-9:45am
Sunday School is 10 - 10:45am
Ricky Dishon, 540 239 6360, www.facebook.com/cecilschapel.umc

Newbern United Methodist Church

5155 Wilderness Road
Exit 98 off I-81 Newbern
Rev. Paige Wimberly
674-6111
Worship Services: 9:45 a.m.
Sunday School: 11 a.m.

Valley Harvest Ministries

1 Harvest Place
P.O. Box 458
Dublin, VA 24084
Senior Pastor Steve Willis
Associate Pastors:
Perry Slaughter, Elaine Wood, Derick Burton
Sunday Worship: 10 a.m.
Wednesday School 7 p.m.
www.vhmdublin.org
540-674-4729

Mountain View United Methodist Church

6648 Wilderness Road
Dublin, VA 24084
Phone: 540-674-6111
mountainviewumc.yolasite.com/
Pastor: Paige Wimberly
Adult Sunday School: 10 a.m.
Morning Worship with Children's Church at 11 a.m.

Dublin Baptist Church

100 Hawkins Street
Dublin, VA 24084
540-674-6061
secretary@dublinbaptistva.org
Website: dublinbaptistva.org
Pastor: Dennis Jones
Sunday School: 9:45 a.m.
Morning Worship: 11 a.m.
Children's Church and Nursery
Evening Service: 6 p.m.
Tuesday: Women's Bible Study, 10 a.m.
Wednesday, Adult Bible Study 7 p.m.

First United Methodist Church

301 N. Jefferson Ave. - Pulaski
(physical address)
135 Fourth St., NW - Pulaski
(mailing address)
Pastor's Name: Will Shelton
Associate Pastor:
Sebastian Ruiz, Hispanic Pastor
Sunday Services
9:00 AM - Hispanic Worship
9:00AM - Contemporary Worship
10:00AM - Sunday School
11:00AM - Traditional Worship
Contact Info.
Phone: 540.980.3331
e-mail: office@fumcpulask.org
website: www.fumcpulask.org

Belspring Baptist Church

6887 Depot Street
Belspring, VA 24058
Pastor Darrell Linkous
Service Times:
Sunday School: 10 a.m.
Sunday worship: 11 a.m.
Wednesday Bible Study and
Youth Group: 7 p.m.
Darrell Linkous: 353-0081
belspringbaptistchurch@gmail.com

Memorial Baptist Church

995 Peppers Ferry Road
Pulaski, VA 24301
Pastor: Michael S. Jones
Sunday
9:45 am - Sunday School
11:00 am - Worship
Wednesday
6:30 pm - Prayer Meeting
(540) 980-4731
Email: dfarley3@verizon.net

River of Life Church

5311 Black Hollow Road, Dublin, Va. 24084
Shawn Burchett, Pastor
Sunday School 9:15 AM
Sunday Morning Worship 10:30 AM
Wednesday Evening Life
Building Service 7:00 PM
www.roledublin.com 540-674-4500

Delton Church of God of Prophecy

4570 Boyd Road, Draper, VA 24324
Pastor Vickie Lee Viars
deltoncogop@gmail.com (276) 620-3191
Service Times
Sunday school - 10 am - 11 am
Sunday Morning Worship - 11 am - 12 pm
Sunday Evenings - Devoted to
Evangelistic Outreach
Wednesday- 6 pm
2nd Wed Each Month - Free Community
Dinner - 5:45 pm - 6:45 pm
2nd Wed Each Month - Missions service
6:45 pm - 7:30 pm

Heritage Church

6195 Cleburne Boulevard, Dublin
Pastor Mike Pierce
Service Times:
Wednesdays, 7 p.m.;
Sundays, 10 a.m.
(540) 674-9220
Website: www.heritagechurch.net
Facebook.com/
HeritageChurchDublinVA

Fairlawn Baptist

6758 Oxford Avenue
Fairlawn, VA 24141

First Missionary Baptist Church

7318 Manns Drive / P.O. Box 90
New River, Virginia 24129
(540) 639-5331
email: fmbc1872@verizon.net
Pastor: Rev. Richard A. Goodman, Sr.
Associate Minister:
Rev. Annette Cheek
Clerk: Mrs. Carlotta Lewis
Sundays:
Morning Worship 11:00 a.m.
The Lord's Supper - Each First Sunday
Wednesdays: Prayer Meeting &
Bible Study 6:30 p.m.

Dublin United Methodist Church

P.O. Box 577
424 East Main Street
Pastors Don Hanshew & Don Shelor
(540) 674-5128
office@dublinumc.com
Early Worship - 8:45 am
Sunday School - 9:45 am
Praise & Worship Small Group - 10:00 am
Worship - 10:55 am

Freedom Fellowship Church

1730 West Street
Radford, VA 24141
Sr. Pastor: Jerry W. Collins
540-577-5780
jcollinsfreedomfellowship@yahoo.com
Sunday Service: 10 a.m.
11 a.m. Children's Church
Wednesday - 7 p.m. Service
7 p.m. Youth Service

Draper's Valley Presbyterian (PCA)

2755 Old Baltimore Road, Draper, VA 24324
Mailing address: Same as above
Pastor's Name: Rev. Robert E. Davis
Associate Pastor: Rev. Roland Mathews
Primary Service Times:
Sunday Morning Worship Service
8:30 and 11:00
Sunday Evening Worship Service 6:15 p.m.
Wednesday Evening (5:45 Supper in the
Fellowship Hall (Sept thru May) - Youth Groups
and Adult Bible Study 6:30 p.m.)
Contact Info:
Phone - 540-994-9015
e-mail - drapers.valley@dvpca.org
website - www.dvpca.org

Trinity Lutheran Church ELCA

2 Fifth Street, N.W., Pulaski
540-980-3624
The Rev. Terrie Sternberg
trinitypulaski@gmail.com
Sunday Worship 11 a.m.
(Sept. - May)
Sunday Worship 10:30 a.m.
(June - Aug.)
Bible Study: Wednesday, 12:30
www.trinitypulaski.org

Trinity United Methodist

Pastor: Judy Yonce
Sunday Worship - 9:45 a.m.
Bible Study - Wednesday, 7 p.m.
528 5th Street, S.E.
Pulaski, Va.
Phone - 980-0820

Snowville Baptist Church

3238 Gum Log Road, Hiwassee
Pastor: Rev. Tony Hart
Sunday School: 10 a.m.
Sunday Services: 11 a.m., 6 p.m.
Wednesday Night Service: 7 p.m.

Fairlawn United Methodist Church

7584 Brandon Road, Fairlawn, Va. 24141
Pastor Mark A. Miller
markmiller.psalml@gmail.com
Cell) 540-320-2431
Sunday School: 9:45 a.m.
Sunday Worship (with children's message):
11 a.m.
Bible Study, Wednesday: 7 p.m.
Youth Ministry
Facebook.com/Fairlawn-United-Methodist-Church

Grace Ministries Church of God of Prophecy

1021 Macgill Street
Pulaski, VA 24301
Church: 540-980-2118
Cell: 276-233-8083
Bus Ministry: 540-385-9972
www.pulaskigracemin.com
Email: pulaskigracemin@hotmail.com
Pastor Mike Williams
Children's Ministry
Aaron & Becky Sampson
Morning Worship 10:30 a.m.
Children's Church 10:30 a.m.
Children's Free Breakfast 10:30 a.m.
Ages 5-12
Men's & Women's Ministry Wed. 6:30

Faith Bible Church

110 LaGrange Street, Pulaski, VA 24301
Pastor: Jim Linkous
Associate Pastor: T.J. Cox
540-980-5433
www.facebook.com/faithbiblechurch
Sunday School: 10 a.m.
Sunday Worship: 11 a.m.
Sunday Children's Church: 11 a.m.
Sunday Evening: 6 p.m.
Wednesday Evening Bible Study: 7 p.m.
Children's Meal: 6:30 p.m.
Children's and Youth's Group Classes: 7 p.m.

Dublin Christian Church

5605 Dunlap Road
P.O. Box 1330
Dublin, VA 24084
(540) 674-8434
www.dublinchristianchurch.com
Richard R. Goad, Jr.
Senior Minister
Sunday School 10 a.m.
Worship 11 a.m.
Sunday Evening Worship and
Youth Meeting, 6 p.m.
Wednesday Bible Study and Children's Bible
Classes, 7 p.m.

First Presbyterian Church

408 N. Jefferson Avenue, Pulaski
Pastor Melissa McNair-King
(540) 980-2132
firstprespulaskiva@gmail.com
www.firstpresbyterianpulaski.org
Sunday Services:
Sept.-May: Sunday School, 9:45 a.m.,
Service 11 a.m.
June-Labor Day: Service 10 a.m.
Wednesday Family Night, 6 - 7:30 p.m.

Thornspring United Methodist Church
5670 Thornspring Church Rd.
Dublin, VA 24084
Pastor: Rev. Teresa Tolbert
Sunday School: 10 a.m.
Worship Service: 11 a.m.
Phone: (540) 980-2927

First Baptist Church
5473 Baskerville Street
Dublin, VA 24084
Pastor Wallis Brown
540-674-2677
Service: 11 a.m.

New Dublin Presbyterian Church
5331 New Dublin Church Road
Dublin, VA 24084
Pastor: Sara Jane Nixon
Website: newdublinpres.org
540-674-6147
Services 11:00 AM Sundays

Community Christian Church
Jason Allmon, Pastor
5382 Grace Street
Dublin VA, 24084
540-674-4308

First Dublin Presbyterian Church (ECO)
409 Church Street, Dublin, Va. 24084
P.O. Box 2027, Dublin, Va. 24084
first-dublin-presbyterian-church-eco.com
Minister:
The Rev. Dr. Olin Marsh Whitener, Jr.

Max Creek Baptist Church
3000 Old Route 100 Road, Draper, Va. 24324
www.maxcreek.org
www.facebook.com/maxcreekbaptist
Senior Pastor: Mike Coleman
Youth Minister: Charlie Prince
Director of Visitation: Ersel Alderman
Sunday Services
Sunday School: 10 a.m.
Morning Worship: 11 a.m.
Teen Social and Class: 5 p.m.
Evening Worship: 6 p.m.
Wednesday Bible Study & Classes:7 p.m.

Pulaski Church of God
1621 Bob White Boulevard
Pulaski, VA 24301
Pastor Donald Jones
540-980-8880
www.pulaskicog.church
Sunday Services
Sunday Life Groups: 9:30 a.m.
Sunday Morning Worship: 10:30 a.m.
Wednesdays Midweek Connect: 7 p.m.

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305 Newbern Road, Dublin
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Sunday Worship: 11:30 a.m.
Tuesday Night Bible Study: 7-8 p.m.



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4531 Brookmont Road, Pulaski, VA 24301
www.pulaskichristianchurch.com/
Rev. Kathy Warden, Pastor,
(540) 250-2974
Sunday School 9:45 a.m.
Worship 11 a.m.
Worship 7 p.m.
Monday Bible Study
7 to 9 p.m.
Wednesday Bible Study
7 p.m.

Aldersgate United Methodist
1946 Medallion Drive
Pulaski, VA 24301
(540) 980-1349
Pastor Becky Wheeler
Sunday School 9:45 a.m.
Sunday Worship 11 a.m.

First Baptist Church
220 Magazine Street
Pulaski, VA 24301
540-980-3336
Email: firstbaptist220@gmail.com
Pastor: Rev, Douglas Patterson
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Monday's Child Youth Group, Monday
Evening 6 p.m.
Wednesday Bible Study 6:30 p.m.

**Pulaski Presbyterian Church
(PCA)**
975 Memorial Drive
Pulaski, VA 24301
Office Phone:980-2631
Email: pastor@pulaskipca.org
Website: www.pulaskipca.org
Stated Supply: Rev. John Gess
Sunday School: 10:00am
Worship Service: 11:00am

Sure Foundation Christian Fellowship
6598 Annie Akers Road
Radford, VA 24141
(540) 639-3443
Pastor Steve Phillips
Sunday Morning Worship: 10:00 am
Sunday Night Prayer: 5:30 pm
Wednesday Night
Prophetic Teaching: 6:30 pm

New Hope Chapel
1555 Case Knife Road
Pulaski, VA 24301
Pastor Darrell Gray
(276) 733-6080
Pastor Gray and congregation invite you to
New Hope Chapel.
Service Times:
10 a.m. Sunday School
11 a.m. Sunday Service

**Family Worship Center
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955 Memorial Drive, Pulaski
540-980-7287
Jeff Willhoite, Pastor
Sunday School 9:45 a.m.
Sunday Worship 10:45 a.m.
KidsZone 10:45 a.m.
Evening Worship 6 p.m.
www.fwcpulaski.church

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Pulaski First Church of the Brethren
1749 Newbern Road
Pulaski, VA 24301
Pastor Frank Peters
Sunday School: 9:45
Worship: 11 a.m.
Wednesday Bible Study: 7 p.m.
980-3798

Abundant Life Ministries
3050 Lee Highway
Pulaski, VA 24301 (540) 980-5506
(Mon. - Fri., 9 a.m.-1 p.m.)
Pastor Randall K. Lawrence Sr.
Sunday Worship 10:30 a.m.
Sunday Evenings 6 p.m. by announcement
Wednesday Evenings (Family Night) 6:30-7
pm children fed, 7:15 pm Bible Classes all ages
Adult Bible Class
THRIVE Teen Class
Children's Bible Class and
Special Activitiy Classes

New Life Church of the Nazarene
45 S. Jefferson Avenue
Pulaski, VA 24301
540-980-2001
www.newlifepulaski.com
email: pastorjuls@verizon.net
Pastor: Julie Armbrister
Sunday School (all ages) 9:30 a.m.
Sunday worship: 10:45 a.m.
Wednesday Bible Study: 6 p.m.


Trinity Baptist Church
4008 Robinson Tract Road
Pulaski, VA 24301
Telephone: 980-8186
Pastor Johnny Howlett
Minister of Education Rev. Steve Taylor
Sunday School - 9:45 a.m.
Sunday Worship - 11 a.m.
Sunday Bible Study - 6 p.m.
Wednesday - Adult Bible Study and Youth
Group - 7 p.m.

Grace Fellowship Baptist Church
2640 Max Creek Road
P.O. Box 326
Hiwassee, VA 24347
Pastor: Jason N. Aker
Phone: 276-699-3176
pastorjasonaker@gmail.com
Sunday School: 10 a.m.
Sunday Worship Service: 11 a.m.
Wednesday Night Bible Study: 7 p.m.

St. Edwards Catholic Church
Corner of N. Washington Ave. and
7th Street N.W., Pulaski
Phone: 980-6511
Fax: 980-6511
Priest: Fr. Bernie Ramirez
Mass: 11 a.m. Sunday, 5:30 p.m. Thursday

Warriors for Christ II
Bishop Sherman Buckner
600 Skyline Circle
Pulaski, VA
540-315-2317
Sunday School: 10 a.m.
Worship: 11 a.m. and 7 p.m.
Thursday: 7 p.m. Service

Bob White Boulevard Baptist Church
3826 Bob White Boulevard
Pulaski, VA.
Pastor: Allen Harman
Sunday School: 9:45 a.m.
Preaching: 11 a.m.
Sunday Evening: 7:30 p.m.
Wednesday Prayer Service: 7:30 p.m.
FUNDAMENTAL

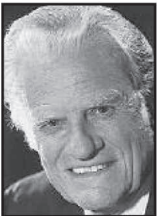


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My
Answer

Billy Graham

God: Ruler of the universe, all creation

**Q: Who's in charge of a
world that suffers, and what
can be said to its citizens that
have lost so much hope? --
W.P.**

A: The world seems to be
careening toward destruction.
We see the innocent suffer and
countless people experiencing
pain and anguish. Voices of
doubters and skeptics cry out:
"What kind of a God allows
terrible things like treacherous
weather, disease, and even
pandemics to ravage?"

Millions of people through-
out the world are suffering
from injustice, political oppres-
sion, persecution, and innocent
babies are aborted by the mil-
lions. The entire world seems
to be a hospital, a mortuary, or
a graveyard, with people asking
the same question: "Who is in
control?"

The Bible tells us that God is
the ruler of the universe -- and
all of creation. "Both riches
and honor come from You, and
You reign over all. In Your
hand is power and might" (1
Chronicles 29:12).

This same mighty God is also
a loving God who brings good
out of bad, light out of dark-
ness, and joy out of despair.

"God is in heaven; He does
whatever He pleases" (Psalm
115:3) and the Bible is clear
that God wants all people to
come to a saving knowledge
of His Son Jesus Christ as our
loving Savior and He wants to
reign in us to guide, direct, and
care for us.

Behind the love of God lies
His omniscience -- His ability
to know and understand all.
Omniscience is that quality of
God which is His alone. He
possesses infinite knowledge
and an awareness uniquely His.
At all times, even in the midst
of any type of suffering, He
knows, loves, watches, under-
stands, and, more than that, He
has a purpose. May we pray for
His purpose in our lives and
receive His amazing grace.

**(This column is based on
the words and writings of the
late Rev. Billy Graham.)**

The Patriot
540-808-3949

McCraw

Continued from Page B8

If you can play a musical instru-
ment, and you never play, even-
tually you are going to lose that
particular talent. So if you have
been blessed of God with a gift,
for heaven’s sake and yours, “use
it or lose it.”

This poor sinner woman
couldn’t do anything to keep Jesus
from being crucified; but she did
what she could. Her act of love
touched the heart of Jesus and it
was a beautiful thing. And that is
all we are asked by God to do. To
do what we can, and if we will do
that, we have fulfilled our calling
and pleased our blessed Lord in
the process.

How much is Jesus worth to
you? To this poor sinner woman,
He was worth all that she had.
This expensive oil most likely was
her life’s savings. It was the most
important thing in her hope chest.
This was what she was saving for
a rainy day. This could be sold

for a lot of money. But when she
saw Jesus, something wonderful
happened to her. Her values ex-
changed. She saw Jesus as being
worth much more than her alabas-
ter box and the oil it contained.

When we come before Jesus in
pure worship, what was import-
ant to us before doesn’t matter
anymore. All that we can think
about is Jesus, how much we love
the Master, and how much we can
give to Him.

Her tears flowed down her
cheeks like ribbons of water. She
worshipped Him without restraint.
Like you and I need to do. She
didn’t just measure a little bit of
oil from out her box of spikenard
and hold back the greater part for
herself. That’s what some of us do
sometimes. Some of us will dole
out a small amount of worship
and praise and let it go at that.
This woman gave her all to Jesus,
including her whole heart.

When we become broken, like
her alabaster box; that is when
we’ll be drawn into His presence
in a way we’ve never before
experienced.

Some of us need to lose control
every once in a while and just turn
loose and let the Holy Ghost take
over and have His way with us.
That’s when we’ll shout for joy
like we’ve never shouted before.

That’s when we’ll be lifted up
into the very presence of God’s
glory and God’s majesty. God is
looking for uninhibited worship
from us. He wants us to get out of
our spiritual strait jackets so we
can worship Him unrestrained.

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Dixon

Continued from Page B1
between coaches and players has suffered.

"It's not like I'm at school with them all the time now," he said. "I can't sit down in front of them and talk to them. That's been tough and it's been hard on them and that breaks my heart."

Dixon has been the face of the program and has received much-deserved praise for Galax's constant high level of play. But he also was clear that it was a team effort, his players and a small group of behind-the-scenes contributors.

"I'd be remiss if I didn't mention how much Jeff Combs, Wendy Dixon and Melissa Spurlin helped build that program," he said.

Combs is Galax's athletic director while Spurlin and Wendy Dixon, among other things, have been instrumental in stat-keeping, filming, practice organization and countless other unnamed, unspoken-of instances

Cup series set for 2021 return to Nashville

By DAN GELSTON
Associated Press

It's music to NASCAR's ears: the stock car series is set to return to Nashville, Tennessee in 2021.

Nashville Superspeedway will hold a Cup race for the first time next season, ending NASCAR's decade-long absence from the track. The Nashville track is owned by Dover Motorsports, Inc., which has held Cup race weekends each year since 1969. Dover will give up one of its dates and move it to Nashville for an expected late June 2021 race weekend.

Nashville Superspeedway held Xfinity and Truck events from 2001 until 2011.

The idea to return NASCAR to Nashville took root after a successful blowout last December for its season-ending awards celebration. There were burn-outs on Broadway, a party with country music star and NASCAR fan Blake Shelton and a NASCAR-themed night at the Grand Ole Opry. Buoyed by the excitement, Dover started discussions with NASCAR and its TV broadcast partners about running a race at the Superspeedway.

"Especially after the awards banquet, it was, how do we get to Nashville as soon as we possibly can?" Dover CEO Mike Tatoian told The Associated Press. "It made it a fairly easy discussion that it was through Dover Motorsports."

The 1.33-mile concrete track was built in 2001 by Dover Motorsports and hosted NASCAR and IndyCar events until 2011. The track is situated on approximately 1,000 acres just outside Nashville, and currently has 25,000 permanent grandstand seats and lights for night racing.

There's plenty of work ahead: Tatoian said giving the track a modern makeover would cost at least \$8 million to \$10 million and he'd like to fit capacity at the 25,000-50,000 mark.

He also expected to hire a full-time staff that will operate independently of Dover. NASCAR eyed a date of June 20, 2021.

Tatoian said he's hopeful the Truck, second-tier Xfinity Series and IndyCar could again find a home on the Nashville schedule.

Dover tried to cash in on the NASCAR boon of the late 1990s and early 2000s and had invested at one point more than \$100 million in building the Nashville

Mark Dixon's Tenure At Galax High School

Year	W-L	Team Accomplishments
2010	9-4	Region C Runner-up
2011	13-1	Region C Champion, Class 1 State Runner-up
2012	7-5	Lost in Region 1A West second round
2013	7-5	Lost in Region 1A West second round
2014	9-4	Lost in third round of playoffs
2015	11-4	Region 1A West Champ, Group 1A State Champs
2016	11-3	Region 1A West Champ, lost in Group 1A Semis
2017	10-4	Region 1C Champion, lost in state semis
2018	11-3	Region 1C Champion, lost in stat semis
2019	12-2	Region 1C Champion, Class 1 state runner-up

Overall: 100-35 (28-9 postseason record), six region championships, two state runner-up finishes, 2015 State Championship

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as advisors and contributors. "It wasn't just me making all the decisions," said Dixon. "It's important to get across how much those people had a hand in the success that we had at Galax. There were four people making a lot of decisions behind the scenes."

Dixon will take over a proud

Pulaski County program from Stephen James, who stepped down as head coach two weeks ago. The Cougars were 9-3 last season in their sixth year under James.

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track to go with Dover and in its portfolio and tracks it owned in the St. Louis and Memphis areas.

"The thought at the time 20-something years ago was that if NASCAR was going to have an expansion, which at the time was the right time to be thinking, we wanted to claim those markets," Tatoian said. "It didn't happen. It just never lended itself to move one of our races at that time. So in 2011, after 10 or 11 years of operating, we decided it was time to shutter the operation. But we held onto it, fortuitously, just in case there was ever an opportunity in the future to do what we're doing now."

Dover has sold nearly 300 acres of property near Nashville Superspeedway since 2018 for nearly \$10 million.

The shift to Tennessee is one of the first major signs that NASCAR truly intends to shake up its traditionally stale schedule. The sanctioning body is expected to make significant changes to its 2021 schedule, which could include more short tracks, mid-week races and doubleheaders.

The industry got an unexpected preview of what could lie ahead when the coronavirus pandemic forced a massive shakeup to this season's schedule. NASCAR has already run five Cup events since the season resumed May 17.

Dover, the site of two NASCAR weekends each year since 1971, was scheduled to hold a race in May this season until the coronavirus pandemic forced a postponement. Dover is expected to run Cup races on Aug. 22 and 23.

"It looks more and more like we'll be hosting a doubleheader," Tatoian said. "That's a strong scenario and that's what we're focused on."

Dover is scheduled to keep a May date in 2021. Tatoian said the potential of Dover losing a race had Nashville did not work was never discussed.

The Cup Series ran 42 times at the old Fairgrounds from 1958 through 1984, and the lower-level Xfinity and Truck Series last raced there in 2000. NASCAR also used to host an annual "Sound and Speed" event that mixed its stars and country artists at events around Nashville until 2010.

Brad Keselowski, Kevin Harvick, Kyle Busch and Joey Logano are among the drivers who won races at the Superspeedway.

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