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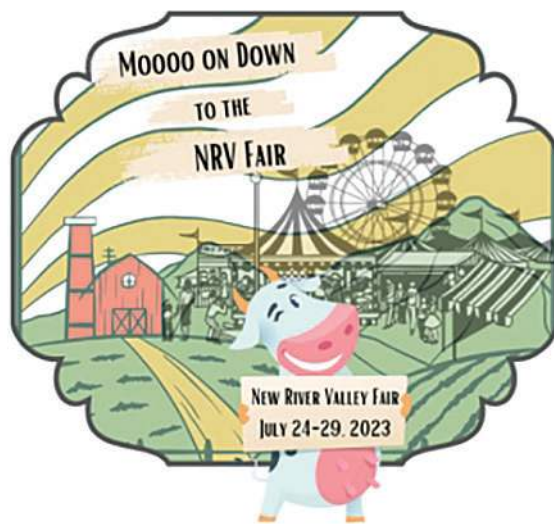
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## It's FAIR TIME

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New River Valley Fairgrounds

See A Preview

Inside This Week On  
Pages A10 and A11

## Downtown streetscape work likely won't start until 2024

By MIKE WILLIAMS  
The Patriot

It looks like it could be around the first of 2024 before construction begins on the "streetscape" project in Downtown Pulaski.

The Town of Pulaski's Scott Aust provided Town Council with an update on the project on Tuesday.

Planning for the streetscape work – which includes sidewalks, gutters, traffic islands, crosswalks, lighting, trees and other plantings and finally street paving and marking – has been ongoing since the beginning of the down-

town water line project.

That project was completed in late spring.

At the end of the water line project, Town Manager Darlene Burcham told council work would begin on the streetscape as soon as state and federal officials give Pulaski the go-ahead.

"This is a project that is being funded by the Virginia Department of Transportation," Burcham said back in the spring. "We actually received two grants [totaling more than \$1 million], one for Main Street North [the north side of the street] and one for Main Street South [the other side]."

The design was completed last August, Burcham said at the time. "But we're still dealing with VDOT in terms of their review," she said, noting the review is said to be 90 percent complete.

"But because there are federal dollars involved, we have to have both a state review and a federal review," Burcham added.

Aust said Tuesday VDOT has recently "kicked back" more comments on the town's plans for the streetscape project – something they have done, he said, about a dozen times so far.

See DOWNTOWN, page A2

## PSA, park employees come to aid of Pulaski police officer

By MIKE WILLIAMS  
The Patriot

Three Pulaski County Public Service Authority employees and a Gatewood Park employee are being considered heroes this week after coming to the aid of a Pulaski Police officer last week following an incident at the park.

At Tuesday's meeting of Town Council, Pulaski Police Chief Jill Neice described what happened.

Neice said on Monday morning, July 10 at about 11 a.m. a call

came in to the police department concerning an assault in progress at Gatewood.

"We were told a gentleman – not from Pulaski – had maliciously wounded one of the Gatewood employees," Neice said.

"When our officer [Jimmy Stone] arrived, he was immediately attacked by the man who was quite a large, strong individual," Neice said.

"All our officer could do was hold the man until backup arrived," which she said took a few

minutes.

Niece said luckily, three PSA employees – Scott Saunders, Kevin Johnson and Nicholas Edwards – and a Gatewood employee, Steven Malloy came to Stone's aid and helped contain the attacker.

"If not for them, Stone said he thought the incident would have turned out to be a deadly force incident," Neice said.

"It was incredibly dangerous,

See INCIDENT, page A2

## WEEKEND WEATHER

### Saturday

Mostly sunny, with a high near 80. Northwest wind 5 to 8 mph.

**Saturday Night** - Mostly clear, with a low around 56.

### Sunday

Sunny, with a high near 83.

**Sunday Night** - Partly cloudy, with a low around 60.

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# Downtown

Continued from Page A1

“The comments can be about anything from crosswalks to stop bars to ADA accommodations that are constantly changing and seems to be a moving target with VDOT for some reason,” he said. “Those are the big three right now – the hindrances,” Aust added.

Aust said some of the comments are due to the age of the town, the width of the streets making the ADA accommodations for a landing zone and a specific pitch for the ramps on the sidewalk – and having enough space to do that is the hard part.

“With taking out streetlights and removing poles, that buys us a little bit of space. But we’ll still have to do some fancy engi-

neering to make all that happen,” he said.

Aust noted the project’s designer, Hurt & Proffitt has been doing “an amazing job doing that.”

However, he added, Hurt & Proffitt will make changes, “we look at them, send them to VDOT and they ask for additional changes. This is about the 10th or 12th time we’ve gone through this with them.”

“We never get all the comments from VDOT at the same time,” Burcham added.

Aust said he expects the project to be put out to bid in the fall, with construction to begin 30 to 60 days later.

“End of fall, December – January time frame again,” Aust said. The same as the water line project, which began in December 2022.

“And we can do that work in the winter,” asked Vice Mayor Brooks Dawson.

Aust said that, working with concrete, “as long as the temperature is not below 35-40 degrees.”

“And there are additives they can put in to help it cure at that temperature as well,” he added.

The streetscape project plan is to complete work on one side of Main Street before moving to the other side of the street.

Aust told council he planned to walk Main Street the next day to try and come up with solutions to issues he had just been made aware of by citizens concerned about walking downtown due to some sidewalks being made of concrete and others with stone.

He said the new sidewalks to be constructed through the streetscape project will all be concrete.

Aust also reviewed with council recommendations on plantings, streetlights and trees for downtown.

# Transit needs \$46,000 more from town

By MIKE WILLIAMS  
The Patriot

Pulaski Town Council learned Tuesday night it is being looked to for another \$46,000 in funding for Pulaski Area Transit.

Council had previously budgeted the requested \$70,000 for the transit in its 2023-24 budget that took effect July 1.

However, officials from PAT reported Tuesday the transit had been awarded several grants from the state Department of Rail and Public Transportation (DRPT). The grants include operating funds for the transit, money for the repair of an engine in one of the transit buses and for replacement of three old buses.

The buses being replaced will be sold on govdeals.com, according to Transit Manager Monica Musick, with proceeds from the sale going back to DRPT.

While receiving the grants is good news, there is the downside of the transit having to come up with \$46,000 in local match funds.

The local match funding was news to council members and Town Manager Darlene Burcham.

“The town’s budget for this

year doesn’t include \$46,000 for a local match. We’d have to find it in the budget,” noted Vice Mayor Brooks Dawson, who added council and town administration “had to do some trimming to get the town budget balanced as it is.”

Dawson said it may be much harder to come up with the match money “than anyone wants it to be.”

Transit officials at the meeting noted this is the earliest they could provide the local match numbers after hearing from DRPT.

Dawson said in order to provide the money, council and staff would have to go back to the budget and figure out where the money could come from.

Transit officials told council the grant money would not be available until Oct. 1.

“So, we need to let you know by Oct. 1, is that right,” asked Mayor Shannon Collins. “That gives us time to figure out what we can do.”

Councilman Michael Reis suggested PAT provide council with a timeline on when it must decide on providing the money, how much to give and when the money would actually be needed.

In other news:

Pulaski Police Officer Andrew Doney presented Sgt. C.J. Dickerson with the Army Freedom Award for his support of members of the Army Reserve and National Guard.

Doney, who was a Military Police officer in the Army and now serves as a 1st Lieutenant in the Army Reserves said the Department of Defense provides the award to those who show employer support for those in the Guard and Reserves.

“The award recognizes supervisors and agencies that care about employees who are Reserve and Guard officers,” Doney said.

He said in some cases, such officers are often fired or mistreated.

See COUNCIL, page A3

## Allen Providing Health Care Services, Inc. PO Box 974 Pulaski, VA 24301 540-980-6022 Fax: 540-980-4814

July 17, 2023

Dear ALLEN Providing Health Care CUSTOMERS,

This is to inform you that **EFFECTIVE September 1, 2023**, Allen Providing Health Care Services, Inc. will be officially and permanently **CLOSED**. Unfortunately, the business was not purchased and will not continue to run as an ongoing operation.

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All insurance and co-pay billing will close as of 08/31/23. Any equipment purchased as cap rental items will be considered paid off and the item will belong to the customer as of 09/01/23, as soon as All copays are paid in full for all equipment billing through 08/31/23.

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## Incident

Continued from Page A1

at their own peril, they intervened and it was courageous,” Niece told council.

“If people don’t know, Stone is not a small man,” noted Mayor Shannon Collins.

Niece and Town Manager Darlene Burcham agreed.

“Usually he can hold his own,” Burcham added.

“When you hear a call like that come in and you’re a good distance away, it’s hard to sit and wait [for word],” Niece said. “Everyone was on pins and needles.

“Had it not been for those men, it might have turned out differently for the man and maybe for our officer,” she added.

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# County providing free gate admission to Fair on July 26

Pulaski County is excited to announce 'Pulaski County Family Night at the New River Valley Fair' on Wednesday, July 26.

This partnership will showcase Pulaski County to fairgoers from across the New River Valley and beyond.

Pulaski County will host activities for the public in the grandstands including live music from artists Keith Goggin from

5:30pm to 7:30pm and Chad Cox from 8:00pm to 10:00pm, dancing, games for all ages, a dunk-tank and more!

The county will also be holding The Marketplace at the Fair, featuring the following vendors: April's Earrings, The Funky Goat, Great Wilderness Brewing, I LUV COLOR, Whimsical Goddess Jewelry and Giftables, Rev it Up Decals, Quick Quality Kro-

chet, Trillium Candle Company, Knockerball Called Out, Honaker House Farm, the Ruritan Club, and more.

Several Chamber of Commerce businesses will also set up in the grandstands.

With all of these activities available, it only makes sense that the fair will also offer free gate admission for all who choose to attend this night. Come out, grab a Lion Dog, and stroll around the fairgrounds with family, friends, and fellow members of the com-

munity while enjoying access to all of Pulaski County's events in the grandstands.

Fair Association President, Malcolm Boothe, stated, "Pulaski County Family Night at the New River Valley Fair will be something new and exciting for everyone in the area. This event will bring local businesses and vendors out to give them the recognition they deserve."

Tourism Director, Erika Tolbert, stated, "Free gate admission is an invitation to anyone and ev-

eryone to enjoy the fair. The Marketplace will give fairgoers the chance to see even more of what Pulaski County has to offer."

Director of Parks and Recreation, Shay Dunnigan, said, "We are pleased to partner with the New River Valley fair in order to provide free gate admission for the New River Valley community.

I'm looking forward to an enjoyable fair week and hope to see Pulaski County families at the fair on Wednesday, July 26."

## State ends year with \$5.1 billion in excess resources

RICHMOND, VA – Governor Glenn Youngkin this week announced that Virginia's general fund revenues ended fiscal year 2023 \$3.0 billion over the official revenue forecast, generating \$5.1 billion in excess resources for the year.

For the full fiscal year, overall general fund revenues were far better than the 14.0 percent decline assumed in the official forecast, declining by just 3.5 percent.

The official estimate assumed a reversal of the extraordinary growth in individual income tax nonwithholding payments related to capital gains realizations in the prior year while the actual year-over-year change was significantly smaller than projected.

"Virginians remain overtaxed. Last year we provided \$4 billion of tax relief for individuals, families and veterans. What this year's preliminary numbers tell us is that even after that historic tax package the Commonwealth ended fiscal year 2023 with \$5.1 billion in excess resources, far more than forecasted," said Governor Glenn Youngkin.

"There is plenty of money in the system to fund our shared priorities of education, behavioral health and law enforcement while returning more of Virginians hard-earned dollars back to their wallets. Just as we did last year, I am calling on the General Assembly to reject the partisan, business-as-usual approach in Richmond, and agree on

a deal that lowers the cost of living and cost of doing business in Virginia while investing in our shared priorities. This is not about Republicans and Democrats. It's not about the Senate or the House. It's about delivering for Virginians."

"Preliminary year-end results show that revenue collections ended the fiscal year well above expectations," said Secretary of Finance Stephen Cummings.

## Council

Continued from Page A2  
ed due to their Guard and Reserve service.

"But not at the Pulaski Police Department," Doney said before presenting Dickerson with the award.

Burcham reported that a representative with Congressman Morgan Griffith's office had contacted the town and said Pulaski had made the list of localities whose request for water line replacement funds had been sent on to the Senate Appropriations Committee.

Burcham said the amount included was not as much as the town had requested, but some localities failed to make the list at all.

She reported the town's new pickleball courts at 6th Street Park will be officially opened in a ceremony Friday at 11:30 a.m. at the park.

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# Area Obituaries

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**RITA FAE WILSON THORNTON**

Rita Fae Wilson Thornton, age 81 of Radford passed away Tuesday morning July 18, 2023 at her home with her family by her side. Born December 17, 1941 in Pulaski County she was the daughter of the late Charlie Harvey Wilson & Ethel Sylvis Flinchum Wilson. She was also preceded in death by her sisters, Darlene Wilson, Sandra Wilson and brother, Alvin Wilson.

Rita is survived by her Husband of 56 years – Harold “Winston” Thornton – Radford Son – Harold Thornton, JR. – Radford

Brothers – Wilfred Wilson – Dublin, Steve Wilson – Christiansburg

Sister – Wanda Wingo – Christiansburg

Special Friends – Barbara Wilson and Debbie Shelburne

Funeral services will be held 2:00 PM – Friday, July 21, 2023 at the Bower Funeral Home-Chapel, Pulaski with Chaplain Robbie Vance officiating. Interment will follow at the Wilson-Grove Cemetery (Gum Log Road - Snowville).

The family will receive friends one hour before service time Friday at the Funeral Home.

To sign Rita’s online guestbook, visit [www.bowerfuneralhome.com](http://www.bowerfuneralhome.com)

Bower Funeral Homes, Pulaski is handling the arrangements for the family.

## BARRY EUGENE DAVISON

Barry Eugene Davison, age 63 of Pulaski, passed away peacefully at his home. He was born on October 27, 1959. There will be no services.

Online condolences may be posted by visiting [www.seaglefuneralhome.com](http://www.seaglefuneralhome.com)

Arrangements by Seagle Funeral Home, Pulaski.

540-980-1700

## SHIRLEY LEE TAYLOR

Shirley Lee Taylor, age 83 of Pulaski, died Tuesday, July 11, 2023, at Lewis Gale Hospital – Pulaski.

Arrangements are pending with Seagle Funeral Home, Pulaski.

[www.seaglefuneralhome.com](http://www.seaglefuneralhome.com)  
540-980-1700



**THOMAS JAMES GRAVLEY, JR.**

Thomas James Gravley, Jr., age 91, of Fayetteville, NC, died Saturday, July 8, 2023, at Cape Fear Valley Medical Center.

Thomas was born July 14, 1931, in Pulaski, VA, to the late Thomas James Gravley, Sr and Lara Gertrude Henley. He retired from the US Army.

Thomas is survived by two daughters; Jeannen McKnight (Charles) and Rene Dolinger (Donald); two grandchildren, Janine Brown (Joe) and Kendal Dolinger; and two great-grandchildren, Penelope Brown and Evelyn Brown.

Thomas was a veteran of the Korean War and the Vietnam War. For his service, he earned a Purple Heart and the Bronze Medal. He served honorably in the US Army, achieving the rank of Sargent First Class.

A memorial service, with full military honors, will be held at 10:00 a.m. on Friday, August 11, 2023, at the Sandhills State Veterans Cemetery, Fort Liberty, NC.

Online condolences may be made to [www.jerniganwarren.com](http://www.jerniganwarren.com)

Arrangements by Jernigan-Warren Funeral Home, 545 Ramsey St., Fayetteville, NC 28301.



**EDWARD L. AKERS**

Edward L. Akers, age 88 of Newbern, VA, died Saturday, July 15, 2023 at Harmony Assisted Living of Roanoke, VA. He was born on March 27, 1935, and was the son of the late Elsie L. Prillman Akers and the late Robert Edward Akers.

After graduating from high school, he became a member of the United States Air Force. He later retired from his civilian job, at IBM.

In addition to his parents, he was preceded in death by a brother, David Lee Akers. He is sur-

See AKERS, page A5



**JEREMY DAWSON LINKOUS**

Jeremy Dawson Linkous, 44, of Pulaski, passed away on July 5, 2023.

He is preceded in death by his father, Danny Linkous.

Left to cherish his memory are his mother and stepfather: Pamela Cook Crowder & Jerry Crowder; a son, Jacob Linkous; grandmother, Frances Cook; uncle, Gary Cook (Sharon); Great-Aunt and Uncle, Juanita and Pete Richardson.

Jeremy was a hard worker and took pride in his carpentry. Aside from work he enjoyed spending time with and taking care of his cats. He was a good-mannered, well-loved son, and will be really missed by many. His mother would love him to know he will always be her best buddy.

There will be no services at this time.

The family is in the care of Norris-Stevens Funeral Home – Pulaski, Virginia

## MARY JANE CROSIER

DUBLIN, VA – Mary Jane Crosier, age 84, of Dublin, VA, died Friday, July 14, 2023, at her home with her four children by her side. Born March 24, 1939, in Monroe County, WV, she was the daughter of the late Willie and Eliza Masters Wickline.

Mary was of the Baptist faith and was a member of the Gethsemane Baptist Church in Radford, VA. She had several jobs in her lifetime, but she is most remembered as a loving babysitter for numerous years. She was employed by Walmart in Dublin and was a cashier for Wades in Dublin and Radford for over 20 years.

In addition to her parents, she was preceded in death by her husband, Bobby Crosier; and brother, James Wickline. Survivors include her children, Tony Crosier of the home, Mike Crosier and wife Julia of Dublin, VA, Debbie Harless and husband Ron of Dublin, VA, and Sherry Ferguson and husband Brian of Boones Mill, VA; and five grandchildren, Derek, Jonathan, Zachary, Jenny, and Tyler.

Funeral services were held Tuesday, July 18, 2023, at the Broyles-Shrewsbury Funeral Home in Peterstown, WV. Burial followed at the Bradley Cemetery in Lindsie, WV.

Online guestbook can be signed or condolences may be sent to the family at [www.broyles-shrewsbury.com](http://www.broyles-shrewsbury.com). Arrangements by Broyles-Shrewsbury Funeral Home, Peterstown, WV.



**JERRY RAE NORTROP**

Jerry Rae Northrop, age 76 of Barren Springs, died Thursday, July 13, 2023, at his residence. He was born January 4, 1947, in Sidney, NY, and is the son of the late Jennie Beecher Northrop, and the late Floyd Northrop. Jerry was a proud Marine, and later became a Chef.

In addition to his parents, he is preceded in death by a brother: Richard Northrop. He is survived by his wife, and a Marine herself, Linda Ann Berry Northrop of Barren Springs: two sons; Shad Northrop of Radford, and Aaron Northrop of Georgia: a brother; Wayne Northrop of Oneonta, NY: a sister; Beverly Akulis of Conklin, NY, and three grandchildren.

Jerry believed in being cremated, and his remains will be spread by his wife, at a given time and location.

In lieu of flowers, expressions of sympathy may be made in the form of donations to Marine Toys for Tots Foundation 18251 Quantico Gateway Drive Triangle, Va. 22172. Online condolences may be sent to the family by visiting [www.seaglefuneralhome.com](http://www.seaglefuneralhome.com) Arrangements by Seagle Funeral Home, Pulaski. 540-980-1700



**TRACIE LYNN PORTER CORTEZ**

Tracie Lynn Porter Cortez, age 53 of Pulaski, formally of San Jose, California, passed away Tuesday, July 4, 2023 at her residence. She was born on February 27, 1970 in Radford, and was the daughter of the late William (Bill) Porter, Jr. and Faith Louise Ratzlaff.

In addition to her father, she was preceded in death by her husband; Jamie Cortez who resided in San Jose, California.

In addition to her mother, she is survived by her brother; Stephen (Patricia) Porter and family of Proyer, Oklahoma: step-mother; Helen Marie Dean of Pulaski: step-brother; Jerry Hughes Dean, Jr. of Pulaski, and step-sister; Dana Michelle Dean of Pulaski. She also leaves to cherish her memory by a host of family and friends.

Memorial service was held Tuesday, July 18, 2023 at Seagle

See CORTEZ, page A5



**DIXIE DUDLEY CALLAHAN**

Dixie Dudley Callahan, 75, passed away Thursday, July 13, 2023, at her home in Radford. She was preceded in death by her father, Charles Dudley; mother and stepfather, Ruby and Kinky Ritter; and brothers, Louie and Larry Ritter.

Survivors include her husband, Tommy Callahan; sons, Neil Dishon and Jeff Dishon (Julie); grandchildren, Ami Alderman, Kristin Dishon, Jeffery Dishon, Jr., and Benjamin Dishon; 5 great grandchildren; and many other relatives and friends.

Services will be private.

The Callahan family is in the care of Mullins Funeral Home & Crematory in Radford. [www.mullinsfuneralhome.com](http://www.mullinsfuneralhome.com)



**RICKEY EUGENE DALTON**

Rickey Eugene Dalton, age 65 of Pulaski, died Saturday, July 15, 2023 at his residence. Rick-ey was born on May 23, 1958 in Pulaski, and was the son of Stella Marie Gregory Dalton, and the late Richard Lawrence Dalton.

He is survived by his wife; Marilyn “Pudden” Marie Hardin Dalton of Pulaski: his mother; Stella Marie Gregory Dalton of Pulaski: two brothers; Timothy L. Dalton of Pulaski, and Randy Dalton and his wife Jackie of Pulaski: Step-children; Jack Alley, Danny Alley, Shane Alley, and Jerome (Pint) Alley.

Funeral services will be held Friday at Seagle Funeral Home at 2:00 p.m. Interment will follow in Oakwood Cemetery. The family will receive friends on Friday at the funeral home from 1:00 p.m. until 2:00 p.m.

Online condolences may be sent to the family by visiting [www.seaglefuneralhome.com](http://www.seaglefuneralhome.com) Arrangements by Seagle Funeral Home, Pulaski. 540-980-1700

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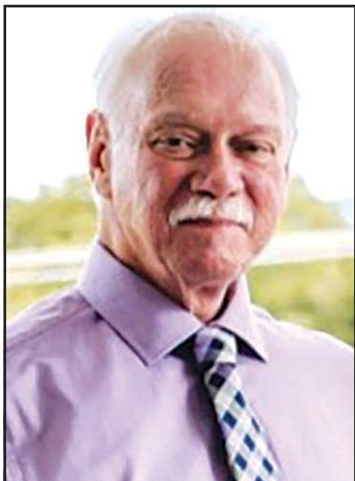
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**JAMES DOUGLAS “JIM” DUNCAN**

James Douglas “Jim” Duncan, age 71 of Beaverdam, Virginia passed away Monday, July 10, 2023 at his home. Born in Pulaski, Virginia he was the son of the late Price Farley Duncan & Ethel Bandy Duncan. He was also preceded in death by his brother Roger L. and wife, Jackie Duncan, niece Missy Wall Wyatt and aunt Mary Bandy Sheppard.

Jim was a humble and generous man who believed in taking care of all of Gods creatures. He was multitallented and especially enjoyed gardening, fishing, hiking, woodworking, automotive repair, there was not much that he wouldn’t tackle....even laying brick! He will always be remembered for his dry sense of humor. He had a great love for his family and friends.

Jim retired from electronics repair after 30 years in the trade.

He is survived by his

Wife of 47 years – Shelby Wilis Duncan – Beaverdam, VA

Brothers – Michael (Velvet) Duncan – Pembroke, VA, David Wayne Duncan – Pulaski, VA

Sister – Jean Duncan (David) Wall – Dublin, VA

God Daughter – Veronica Newcomb – Chesterfield, VA

Many nieces, nephews and one special great, great niece, Lilly Wall

Graveside funeral services will be held 1:00 p.m. Saturday, July 22, 2023 at the Thornspring UMC Cemetery, Dublin with David Edney officiating. The family will receive friends Saturday from 11:30 to 12:30 at the Funeral Home.

To sign Jim’s online guestbook, visit [www.bowerfuneral-home.com](http://www.bowerfuneral-home.com)

Bower Funeral Homes, Pulaski is handling the arrangements for the family.

## Cortez

Continued from Page A4

Funeral Home, with Pastor Randal Jones officiating.

Online condolences may be sent to the family by visiting [www.seaglefuneralhome.com](http://www.seaglefuneralhome.com) Arrangements by Seagle Funeral Home, Pulaski. 540-980-1700



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**SANDRA LEE MCGRADY**

Sandra Lee McGrady, age 71 of Pulaski passed away Monday evening July 17, 2023 at her home. Born October 15, 1951 in Williamsburg, Virginia she was the daughter of the late Ray & Dorothy Puckett McGrady. She was also preceded in death by her brother, David Michael McGrady.

Sandra had 40 years of service with the Pulaski County Juvenile & Domestic Relations District Court – 27th Judicial District of Virginia. She served 14 years as an administrative assistant with the MBA program at Radford University.

She was a devoted member and pianist with First Baptist Church, Pulaski.

Sandra is survived by her Sister – Patricia Ann McGrady – Pulaski

Brother – Jonathan Eric McGrady – Pulaski

Funeral services will be held 2:00 PM – Tuesday, July 25, 2023 at the Bower Funeral Home-Chapel, Pulaski with Rev. Dr. Henry Fiske officiating. Interment will follow at Oakwood Cemetery, Pulaski.

The family will receive friends one hour before service time Tuesday at the Funeral Home.

To sign Sandra’s online guestbook, visit [www.bowerfuneral-home.com](http://www.bowerfuneral-home.com)

In lieu of flowers, contributions may be made to the First Baptist Church (325 Randolph Avenue, Pulaski, VA 24301).

Bower Funeral Homes, Pulaski is handling the arrangements for the family.

## Akers

Continued from Page A4

vived by his lovely wife, Nancy Williams Akers, of Harmony Assisted Living of Roanoke. Also surviving are several nieces, nephews, and cousins.

Funeral service wase held Thursday, July 20, 2023 at Seagle Funeral Home, with Pastor Talmadge Stanley, and Pastor Frank Prilliman officiating. Interment followed in Newbern Cemetery with military honors.

In lieu of flowers, expressions of sympathy may be made in the form of donations to Medi Home Health and Hospice, 319 N. Washington Ave., Pulaski, VA 24301. Online condolences may be sent to the family by visiting [www.seaglefuneralhome.com](http://www.seaglefuneralhome.com) Arrangements by Seagle Funeral Home, Pulaski. 540-980-1700

# School Nutrition Program info for 2023-24 school year

The School Nutrition Program (SNP) is a Federally funded program. The SNP revenues are generated from reimbursable school meals, a la carte sales and catering. For school year 2022-2023 the school nutrition program served 351,334 breakfast meals and 474,772 lunch meals along with 16,887 supper meals.

All students in Pulaski County are eligible for all meals served at school at NO COST under the Community Eligibility Provision. Students will be allowed to purchase extra items, providing the student has cash or **enough money on their school meal account to cover the cost of ala carte items.**

**Charges:** We will not allow charges for any food or beverage item.

#### Breakfast: K-12

Students must choose a minimum of ½ cup fruit or juice with breakfast (80% of grains served for breakfast must be whole-grain rich).

2 oz. Whole grain or 1oz Whole Grain & 1oz Protein item

Fruit or Vegetable – up to 1 cup per student (4oz 100% juice and/ or ½ c fruit - fresh, canned or frozen)

8 oz. – Fat free flavored or unflavored milk, or 1% white milk

Breakfast menus are planned according to student preference and meal pattern requirements. (PK students are offered only white milk – portions are most often the same as K-12, but may be reduced)

**Do students have to take everything?** Students are encouraged to take everything that makes up a reimbursable meal for breakfast and lunch. At **breakfast** they are required to take 3 of 4 items offered that meet the breakfast requirement portion sizes. **Lunch:** Students are required to choose 3 of 5 items that meet the portion size requirements and one of which must be a ½ cup serving of a fruit or a vegetable.

#### Elementary School Lunch: K-5

Meat/Protein item (8-10 oz. per week)

Whole Grains (8-9 oz. per week)

Fresh, canned or frozen fruit (K-5- 2.5 cups per week)

Vegetables – fresh, canned or frozen – (K-5– 2.5 cups per week)

Milk: 8oz flavored, unflavored Fat Free or 1% White Milk or Fat Free

**Pulaski County Middle and High School Lunch** are offered the same menus with slightly different portion requirements.

Meat/Protein - Grade Group 6-8 (9-10 oz. per week) Grade Group 9-12 – (10-12 oz. per week)

**Whole Grains** - Grade Group 6-8 - (8-10 oz. per week) Grade Group 9-12 - (10-12 oz. per week)

**Fresh, canned or frozen fruit**

Grade Group 6-8 (2.5 cups per week)

Grade Group 9-12 – (up to 5 cups per week)

**Vegetables – fresh, canned or frozen**

Grade Group 6-8 – 3.75 cups per week

Grade Group 9-12 - 5 cups per week

**Milk:** Fat Free 8oz flavored or unflavored or Fat Free or 1% White Milk

The meal pattern requirements include portion sizes for breakfast and lunch. Meals for lunch requires specific sub vegetable groups that include:

Red/Orange Vegetables: 1 ¼ c Grade Group 9-12 - 3/4c. Grade Group K-8

Beans & Legumes: ½ per week

Dark Greens: ½ c. per week

Whole grains in specific quantities for the week

The menus are certified for performance based menu planning to ensure the USDA meal pattern requirements are met for all grade groups. Currently School Nutrition is meeting the Sodium Target 1A and within the specific caloric range for all grade groups.

Adult patrons are always welcome to have breakfast and lunch – meals served according the high school meal pattern. Price for adult meals will be \$2.55 for breakfast and \$4.35 for lunch during the 23-24 school year.

**Farm to School** continues to be a very important part of the school nutrition program. **Pulaski County School Nutrition, in partnership with Mountain View Farms, will be serving locally sourced hamburgers and ground beef for the coming school years.**

The Pulaski County School **Wellness Policy** and information related to **Food Allergy** guidance may be found on the PCVA/ School Nutrition and Fitness webpage.

The supper program **Child and Adult Care Food Program** (CACFP) continues to expand to include every school in the district. Our focus is to provide snack and/or supper meals for at risk students that participate in enrichment activities and after school activities.

**Advisory meetings with students:** The feedback we receive from students is a helpful tool in menu planning and also to hear ideas or suggestions. Students are our most important customers! Our focus is students and the menu items that keep them coming back.

**Alternate breakfast programs** have turned out to be very successful. This breakfast in the classroom model will continue through SY 23/24.

**Pulaski County Middle and Pulaski County High school** will offer as many options as possible including the Deli Sub line which has proved to be very successful. Salad options will be available as well.

The opportunity to provide extra funds for your student is available online. School Nutrition provides the following payment options:

Cash or checks are accepted at Point of Service - Please write student pin# on checks to ensure payment is correctly applied. Online prepay: My School Bucks: [www.myschoolbucks.com](http://www.myschoolbucks.com)

## Fall Craft Fair

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**CHILI DOG OR BBQ WITH BAKED BEANS,SLAW,CHIPS, AND DRINK**

Crafters and Venders welcome. Tables are \$25 for one day or \$35 for both days. Outside spaces are \$10 a day and vender must provide everything needed for set up (there is no security outside overnight). Early set up times for inside spaces on Thursday, October 19<sup>th</sup>. Call for an appointment time. The Church will be open on Friday, October 20 by 7am for set ups.

Contact---Mary Ann at (540)505-4079 to reserve your spot.

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Prescription Drug Monitoring

Recently, I was in line at my local pharmacy to pick up a prescription for my son. Ahead of me in line was a woman picking up her prescription. While waiting for my turn, I overheard the conversation happening between the woman and the pharmacist.

The pharmacist informed her that her prescription, which used to have a \$45 copay, would now cost \$240. I suspect this is because the Pharmacy Benefit Manager (PBM) required the drug manufacturer to raise their price.

PBMs do this because they charge a percentage of the list price, so while they claim a higher discount offsets the price for the consumer, it doesn't always work out that



way. And if you have a medicine that is working, PBMs manipulating the price to enhance their profits is not appropriate.

In this situation of course, I couldn't help but interject. I asked the woman if she had inquired about the cost of her drug without insurance, because we have heard testimony that due PBM manipulation and a lack of transparency in drug pricing, it might be cheaper if she paid cash than use her insurance.

Further, in this scenario, you can be required by your insurance company/PBM to try a new medicine. This also requires consultation with your doctor, and you may be like the lady at my pharmacy, who wasn't able to get her medicine that day and left to consult her doctor.

The point of health insurance is so that if we get sick, or need medication, we are not financially devastated by the high costs associated with the health care we receive.

Unfortunately, with respect to prescription drugs, the incentives for insurance companies/PBMs are backwards.

The insurance companies should be acting in a quasi-fiduciary relationship with their insurers. After all, the insured, his/her employer, or a government run program is paying the insurance company to protect the insured from high-cost medicine, not help raise the cost.

That's why I introduced H.R.3285, the Fairness for Patient Medications Act. It ensures that no patient pays more than the price their insurance company or PBM negotiated for the drug.

Under my bill, if the drug is highly-rebated, a patient would not be required to pay more than the insurance company is paying for the drug from the previous year once all the discounts are accounted for.

In other words, your insurance company, or their PBMs, shouldn't be making extra profit by charging you a higher copay than they paid for the medicine themselves.

Bottom line, this legislation is about fairness.

This bill is included in the larger legislative package, the PATIENT Act of 2023, which has passed out of the Energy and Commerce Committee and hopefully will be on the House floor soon.

H.R.3285 isn't the only legislation I have been working on in the prescription drug space this Congress.

I've also introduced H.R.4099, the RECONNECTS Act of 2023, which amends the Public Health Service Act to reauthorize the prescription drug monitoring program for an additional five years in an effort to prevent overdoses of controlled substances.

This program allows for greater collaboration and tracking of opioids within states and across state lines.

It is important that our monitoring efforts extend across state lines, as many folks live short distances from state borders and can cross state lines to access prescription drugs. The 9th District is no exception.

Whether it be Martinsville, Bristol, Bluefield, or Galax – it's important that health authorities are able to receive complete information about prescribing and patient behaviors in a timely fashion in order to facilitate a meaningful response.

H.R.4099, as part of the larger SUPPORT Act of 2023, will next be considered by the full E&C Committee.

The SUPPORT Act is itself a reauthorization of the SUPPORT for Patients and Communities Act, a bipartisan bill, passed in 2018, to address the opioid crisis.

In a recent field hearing in Gettysburg, Pennsylvania, the Committee examined the impact of the legislation five years on. We heard from Emily Keller, Special Secretary of Opioid Response, Office of Maryland Governor Wes Moore. When I asked her if the prescription drug monitoring program was working, she said she "had seen success."

This program was in the bill I wrote, which was included in the 2018 Support Act, to enhance prescription drug monitoring across states.

I and other E&C Republicans have made tackling addiction and real drug price reform and transparency a top priority of this Congress. Like the lady at my pharmacy, we all should know the real prices of our medicines.

If you have questions, concerns, or comments, feel free to contact my office. You can call my Abingdon office at 276-525-1405 or my Christiansburg office at 540-381-5671. To reach my office via email, please visit my website at [www.morgangriffith.house.gov](http://www.morgangriffith.house.gov).

Calfee CCC President provides project update

As President of the Calfee Community and Cultural Center Board of Directors, I am pleased to update the community on our progress with regard to ambitious construction and funding goals. Inflation and skyrocketing construction costs have impacted everyone and the Calfee CCC is no exception. We have had to overcome many obstacles along the way, but are pleased to announce that we are moving ahead!

In "pre-Covid-19 days," our first architectural firm estimated the construction cost for the complete project at \$2 million. An estimated additional \$500,000 was needed for furniture and fixtures. As of April 2022, we secured that amount, the lion's share of which came from two large grants - a Community Development Block Grant (CDBG) award of \$1.5 million and an Appalachian Regional Commission (ARC) grant of \$500,000 dollars. The CDBG grant is for our childcare center and the ARC grant, for the Lena Huckstep Kitchen. Remaining funds were raised through generous gifts from private foundations, individuals, and local businesses.

Last year, the Calfee CCC and the Town of Pulaski contracted with a new architectural firm. One of their first tasks was to provide an updated cost estimate for the full construction project which came in at \$3.8 million. Other start up costs had also nearly doubled, so our new fundraising goal was \$4.5 million. Rocked by that news, we began efforts to reach the new figure and by

this Spring, we had raised the difference between the first and second estimate, in part through a \$500,000 National Park Service grant, secured by Senators Warner and Kaine on our behalf.

In April, we issued an invitation to bid on the project. After receiving much interest from contractors through a pre-bid conference, we were rocked again when the lowest and only bid submitted was for \$6.7 million. This figure was now over three times the original estimate! So we had to regroup. By "we," I mean we have a Building Management Team to oversee the building process. This team consists of Town of Pulaski officials; CCCC Board members; our architectural firm; our Department of Housing and Community Development (DHCD) specialist, and community members with construction and property development expertise. This team has formulated a "phasing plan," approved by the entire CCCC Board, that will allow us to proceed to build what we can with the money that we have available. In this first phase, we will prepare three childcare classrooms as opposed to our eventual plan for six. The community kitchen will also be scaled back from the original plan to a sufficient size to take care of childcare needs. In future phases, the original, more expansive plans for the childcare center and kitchen will be built along with the digital lab, event center, and the museum. As money becomes available, they will be

See UPDATE, page A5



Find an Advisor with the Heart of a Teacher

Dear Dave,

I'm a widow, and I retired recently. My husband took care of most of our finances. We never had any debt, but after my husband died and I started learning a little bit more about how money works, I'm concerned too much of it may be invested in CDs. The total nest egg is a little over \$1.5 million, with \$300,000 of that in CDs. There's also a \$317,000 annuity, a 403(b) and around \$900,000 in IRA mutual funds. I want to learn even more about financial matters, so how do you think I should handle things going forward?

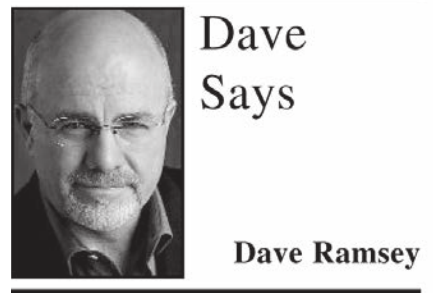
Naomi

**Dear Naomi,**

Well, the CDs (Certificates of Deposit) give you stability, if nothing else. They're generally considered a safe, low-risk investment, but they don't really give you the best bang for your bucks. If you've had good luck with a variable annuity, that's fine, too. It sounds like you've also been very fortunate with your mutual fund investing. So, with all this money in different areas, you're definitely diversified.

In my mind, it's just a matter now of wrapping your arms around it all and developing a deeper understanding of things going forward. I'd urge you to find an investment professional in your area with the heart of a teacher. I'm talking about someone who wants to help people, and is interested in more than just making money off fees or commissions.

It sounds like you understand the val-



Dave Says

Dave Ramsey

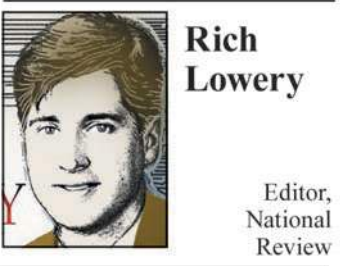
ue of learning about this stuff, and I'm really impressed by that. It's a smart and necessary thing. From here on out, every time you see an investment person—whoever it may be—your goal should be to leave the room smarter, and with more financial understanding, than you had before.

Naomi, I'm truly sorry about your husband. But you two did an amazing job with your finances over the years. You're worth well over \$1.5 million, and you have no debt. So, you're basically set for life.

Be wise, and be careful, Naomi. God bless you.

— Dave

\* Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for the company Ramsey Solutions.



The joy of minor league baseball

The Portland Sea Dogs won, but that's not why, fundamentally, the fans went home happy.

The Double-A minor league affiliate of the Boston Red Sox, the Sea Dogs play in a cozy ballpark in Portland, Maine, and are having a pretty good year -- their 2-1 victory over the Binghamton Rumble Ponies was their fourth in a row and they're in first place in the Northeast Division of the Eastern League.

I attended the Sunday afternoon ballgame during a summer stay in Maine, and I, too, went home satisfied, even though I have no rooting interest in the Sea Dogs, the Rumble Ponies, or any other Eastern League team, not even the Akron RubberDucks.

No, I was content to bask in the glow of minor league baseball, one of the glories of an American summer. The mascots loom large, the between-innings entertainment is amusingly inventive, the scores don't matter (much), and everything is geared to creating warm memories around the game that may not be the national pastime anymore, but still occupies an outsized place in the national consciousness.

At its best, minor league baseball combines the feel of a small-town parade and a meeting of the local Rotary Club, with nine innings of baseball interspersed.

The level of competition is, obviously, nothing like the majors; there's no Shohei Ohtani on the field. On the other side of the coin, there's usually no insane traffic and hassle, no highway-robbery prices (a hot dog at a Baltimore Orioles game costs \$8.25), and no jerks cursing at the top of their lungs.

You can get general admission tickets for a Portland Sea Dog games for a whopping \$11.

The allure of minor league baseball in the ordinary course of things isn't a high-stakes series against a bitter rival or a particular star. (The title of one book about the minors is "Where Nobody Knows Your Name.") Rather, it's the experience; everything is smaller scale and friendlier.

In Portland, the ballpark staff is so cheerful and solicitous you almost wouldn't be surprised if they invited you to come by their place for a clambake after the game.

On this afternoon, the team was honoring Special Olympians from Maine. A number of the athletes were part of a group that threw out first pitches, and one sang the national anthem, in a particularly heartfelt and moving rendition.

Meanwhile, the team's mascot, Slugger, who looks like a dog but is supposed to be a harbor seal, performed in skits between innings, including his tradition of losing a race with a kid around the bases. (His entry in the Mascot Hall of Fame puts his lifetime record in these races at 0-1,928.)

It all happens at Hadlock Field, considered one of the best of the minor league parks.

See LOWRY, page A7





# Virginia Dept. of Education ‘restores parental rights’

By Sarah Roderick-Fitch

(The Center Square) – Virginia parental rights advocates scored a huge victory Tuesday with the release of model policies from the Virginia Department of Education reversing a 2021 version that “kept parents in the dark.”

The guidance, Model Policies on Ensuring Privacy, Dignity and Respect for All Students and Parents in Virginia’s Public Schools, provides clearer input for school boards regarding the role of parents in decisions relating to their child’s gender identity, as well as restricting transgender students from participating in sex segregated extra-curricular activities that don’t align with their biological sex.

In addition, the new directive requires students to use bathrooms or locker rooms that correspond with their biological sex; while recognizing federal law may override such policy, it provides parents the right to opt their children out from using those facilities and must provide private, alternative facilities.

The Education Department underscored the purpose of the model policies is to “promote a safe and supportive learning environment free from discrimination and harassment for all students.” The new directive also requires schools to inform parents of bullying incidents within 24 hours.

Republican Gov. Glenn Youngkin applauded the new policies, delivering on one of his top campaign promises to protect parental rights in public education.

“The VDOE updated model policies reaffirm my administration’s continued commitment to ensure

that every parent is involved in conversations regarding their child’s education, upbringing, and care,” said Youngkin.

“The Department of Education has delivered policies that empower parents, prohibit discrimination, create a safe and vibrant learning environment by addressing bullying incidents immediately, and protect the privacy and dignity of all students through bathroom policies, athletic procedures, and student identification measures,” he added.

Critics of the new policies claim they are “dangerous” and ignored input from “thousands of Virginians,” including members of the LGBTQ+ community – accusing Youngkin and the Department of Education of playing politics.

“Governor Youngkin and the VDOE made a dangerous, politically motivated decision to ignore the thousands of Virginians who submitted public comments in opposition to his proposed model policies – policies which single out transgender and nonbinary youth in our schools,” said Narissa Rahaman, executive director of Equality Virginia.

“Youngkin did all of this with no input from LGBTQ+ advocacy groups nor subject matter experts,” Rahaman said. “Throughout the comment process, though Virginians made it clear that LGBTQ+ youth deserve safety, respect and the opportunity to thrive.”

The new policy requires that “student’s individual needs should be taken into consideration” by schools and “attempt to accommodate students with distinctive needs.”



Photos courtesy of Jill Williams

Dave Clark (below) and ACCE Student Julian Bowden contribute sweat equity to the Calfee renovation project by taking up the more recent flooring to reveal the school’s original maple flooring below. This service project takes several thousands of dollars off of the final construction cost.

## Update

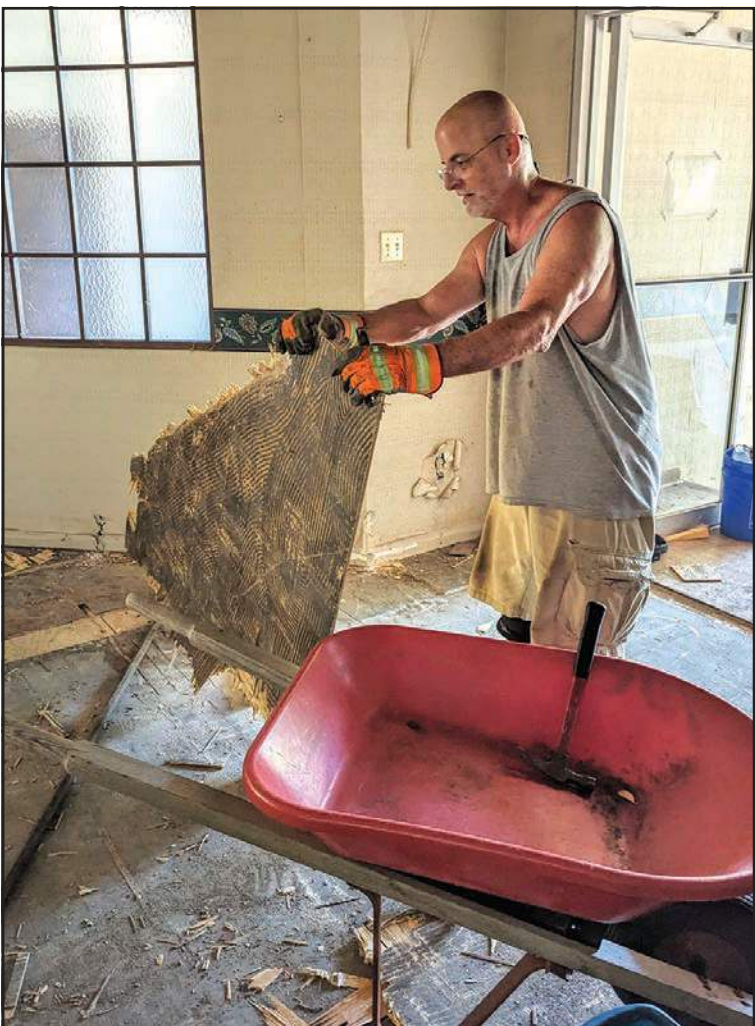
Continued from Page A6

“phased back in” into the total project. An important benefit of this phased plan is that a large part of the building’s infrastructural needs (i.e., electrical, plumbing, hvac, roof, etc.) will be taken care of during this construction.

The Town of Pulaski is the official applicant for the CDBG, ARC, and National Park Service grants. As such, it will pay these related construction bills and will then be reimbursed by these grant sources. Other funds raised from private sources for furniture and equipment have been placed in restricted bank accounts that can only be accessed with Calfee CCC Board approval.

Finally, we are pleased to invite the community to our official groundbreaking ceremony on Saturday, August 19 at 11am. Join us at the historic Calfee Training School at 1 Corbin-Harmon Drive and bring your own hammer or a trowel so that you can participate in the ceremony! The community’s support has been phenomenal and is much appreciated by the board. We hope that you can all come out to celebrate this important milestone in this project.

**Calfee CCC President  
Dr. Mickey Hickman  
Pulaski**



About Calfee CCC

Calfee Community & Cultural Center is revitalizing the legacy of the historic Calfee Training

School by serving all of Pulaski County’s children, families, and organizations, building a stronger future for Virginia’s New River Valley. Learn more at calfeeccc.org, Facebook @CalfeeCCC and Instagram @calfeecommunitycenter.

## Dublin church to hold 150th year celebration

First Dublin Presbyterian Church, ECO at 409 Church Street, Dublin will celebrate its 150th year reunion August 6 at 10:45 a.m. Meal to follow and everyone is invited. Please come join us for the celebration.




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**Deadline Is Noon Wednesday.**



Continued from Page A6

It opened in 1994 but feels like more of a throwback. It is nestled among the city’s streets, the way the classic major league ballparks once were. Railroad tracks run behind left field and an old brick exhibition center abuts the right-field line.

With a capacity of about 7,000, there isn’t a bad seat in the place. Balls fouled back behind home plate routinely leave the facility entirely. In a homage to the Green Monster in Fenway Park, left field has a 37-foot-high green fence topped by a Citgo sign and giant Coke bottle.

On Sundays, the Sea Dogs let kids under age 16 run the bases after games. Given the number

of families in attendance, it’s tantamount to inviting half the ballpark to file onto the well-manicured field. Hundreds of kids make the circuit around first and to home -- where just minutes before the professionals were playing -- at top speed. Pure. Joy.

And, oh, yeah, Portland starting pitcher Isaac Coffey struck out nine, and catcher Nathan Hickey hit a two-run homer in the victory.

It’s always one, two, three strikes, you’re out, at the old ball game, but the minor leagues offer a particularly charming version of the timeless game.

**Rich Lowry is editor of the National Review.**



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# VALLEY AUCTIONS LLC

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# Crest Hill Team Room opens in Pulaski



Crest Hill Tea Room has just opened a 2nd location in Pulaski Virginia. Fredericksburg couple Matthew and Laura McClelland chose the town of Pulaski earlier this year to move their thriving ecommerce business (Serenity Home Goods) to and as the launching point for the expansion of Crest Hill Tea Room. Seeing lots of potential in the

town of Pulaski with the revitalization of many of the neighboring communities, as well as recognizing Pulaski as a town needing investment, jobs, and a fresh perspective they are beyond excited to bring their tea room to the area. As a combination of a destination restaurant and local option for diners, in just 5 days open Crest Hill has already created 3 jobs,

and brought patrons to the town of Pulaski from as far as Roanoke. The tea room offers walk in, reservation, and to go services, to allow the community to stop in and grab a light, fresh, healthy lunch or afternoon meal. Offering vegetarian, gluten free, and vegan options as well allows those with dietary restrictions the opportunity to dine locally without having to travel the usual 30 minutes or more to



other larger restaurants. Crest Hill Tea Room will also host private bridal and baby showers, retirement and birthday parties, offer the building for rent, provide catering services, and more! A grand opening celebration is being held Saturday August 12th beginning at 10am, with a ribbon cutting ceremony on August 10th at 11am.

## Small Dog's Aggression Is a Worry

DEAR PAW'S CORNER: I have a small, mixed-breed, mostly terrier named Cookie. He's a darling to me and my son, but to anyone else, he's a terror. He is a rescue, so I don't know what his early life was like or if he was properly socialized. But I'm worried about having company over because he will bark ferociously at any strangers. What can I do to stop this? -- Janice L., Trenton, New Jersey



gressive (charging or snapping), he must stay in his kennel when visitors come, and should always be leashed and wear a muzzle when walking outdoors.

Next, talk to Cookie's veterinarian about a combination of anti-anxiety medication along with a training routine. I recommend working with a trainer so you can implement effective training methods as quickly as possible. With love, training and care, Cookie can become a confident, less aggressive dog.

Send your tips, comments or questions to ask@pawscorner.com.



cess of reducing his aggression. -- Never force Cookie to meet new visitors or strangers on the street. Let him approach visitors on his own, with you supervising. -- Ask visitors (and people on the street) not to approach Cookie or try to pet him. -- Create a safe space where you can put Cookie when visitors arrive. A kennel cage with water, soft bed and favorite toys is ideal. -- If Cookie is physically ag-

## \$54 Million in Kickbacks

\$54 Million in Kickbacks Yet another scammer thought he would get away with his crimes. In a recent case, a thief was convicted for his part in a large compounded prescription drug ring, with kickbacks and bribes that included money, dinners and hunting trips.

The Anti-Kickback Statute (AKS) bans offering bribes for medical care or drugs that aren't medically necessary for patients. This applies to prescriptions that will be paid by TRICARE and Medicare (or any government program), and it was the physicians of those patients who were targeted and encouraged to use a certain pharmacy.

Theft had apparently been going on for many years, likely beginning in 2012. Over the years, the thieves submitted over \$54 million in false claims. Of that, TRICARE had paid out over \$42 million in claims for those drugs. The compounded drugs in question had been rigged to be the most expensive possible to get back the most money in payment from TRICARE, and included drugs and pain/scar creams. The scammers would use "test billing" on fake claims to learn which claims would be paid the best.

TRICARE is the benefit program that provides coverage for retirees, spouses and families, active duty and others. In this case, the thieves




submitted fake claims in over 30 states and a few foreign countries (which is likely why the scammer turned over his passport).

The original indictment was dated 2020 and included a whole alphabet of government agencies, including the FBI, Health and Human Services, Department of Defense, Department of Justice and the VA Office of Inspector General.

Meanwhile, several others were charged in the crimes, which included soliciting or receiving health care kickbacks and offering to pay kickbacks. Additionally, they used "blanket letters of authorization" as permission to modify the prescriptions of the drugs to get the most profit.

A big thumbs-up to the Health Care Fraud Strike Force Program that spearheaded the investigation. Since 2007, they've gone after thousands of thieves that have billed more than \$24 billion in fake claims.



*Residents of the Pulaski, Dublin, and Newbern area (including Mountain View and Stone Ridge subdivisions), are invited to participate in the Pulaski Rotary Club "Parade of Flags"!*

**Your participation along with others' gifts enables the Rotary Club to provide almost \$3,500 each year to support backpack food programs and youth activities in Pulaski County.**

Now is the time to sign up for 2023 (\$35) or for 2023 and 2024 (\$65). We will display a 3' x 5' American flag in your yard on our five most patriotic holidays of the year.

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Day or Cell Phone: \_\_\_\_\_

Amount Enclosed (please check applicable boxes):

☐ \$35 for 2022-23    ☐ \$65 for 2023-2024

☐ \$\_\_\_\_\_ additional donation to the backpack food program

Holidays honored by the Flag Program include:

- ✓ Memorial Day (last Monday in May)
- ✓ Flag Day (June 14<sup>th</sup>)
- ✓ Fourth of July
- ✓ 9/11
- ✓ Veterans Day (Nov 11<sup>th</sup>)

Please mail your check by May 15<sup>th</sup> so that we can display a flag in front of your home or business starting with Memorial Day.

Please mail your check to:      Rotary Flag Project  
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*We appreciate your business!*

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**Route 11 - Dublin**



# Senators push back against mortgage fee rules

By Casey Harper

(The Center Square) – A group of Republican Senators have introduced the Middle Class Borrower Protection Act, legislation that would overturn a new federal rule that charges higher fees to certain home buyers with good credit and lower fees for buyers with worse credit.

“The average American has a credit score over 716,” said Sen. Mike Braun, R-Ind, who is helping lead the effort. “The Biden administration is making home ownership more difficult for everyday Americans by raising rates for most people with a credit score over 680 to subsidize riskier borrowers.”

The change came via the Federal Housing Finance Agency (FHFA) which changed the Loan Level Pricing Adjustments, essentially modifying the equation for how costs are decided for loan applicants.

The modified LLPA, which has been tweaked before, is a fee assessed after bankers evaluate the risk of lending them money, and the change potentially costs the

affected borrowers thousands of dollars.

The rule has sparked major controversy and pushback from critics, who say the financial jargon amounts to a thinly veiled effort to penalize those with good credit to help those with bad credit in the name of equity.

Director Sandra Thompson of FHFA said in an update on the plan that it will “advance their mission of facilitating equitable and sustainable access to homeownership.”

“This is unfair to every American who has worked hard and managed their finances responsibly - they shouldn’t have to pay more and be penalized for the choices of others,” Sen. Roger Marshall, R-Kansas, said in a statement.

Adam Russell, a spokesperson for the FHFA, told The Center Square in May that “there is a good deal of misinformation” about the policy in question.

The formula for determining fees is complex and takes into account multiple factors, making it difficult to make broad statements about the motives behind the

changes. The FHFA has repeatedly decried the characterization that fee change punishes those with better credit to help those with worse credit.

As The Center Square previously reported, proponents of the fee change argue the fee is often updated and that it is not fair to draw a line between the fee changes for the two groups, namely those with good and bad credit. They also point out that borrowers with worse credit will still pay much more than those with better credit.

Critics, though, point to the FHFA’s appeal to “equitable” loan offerings as evidence of the plan’s intent. That combined with major components of the change is enough to keep the rule embroiled in controversy.

The change in question applies only to certain loans backed by Freddie Mac and Fannie Mae. The Urban Institute has pushed back on Republicans’ claims about the plan, arguing that when accounting for the cost of the mortgage insurance borrowers have to purchase when putting down less than 20%, the alleged subsidization

does not hold up.

Republicans compared the effort to President Joe Biden’s recent federal action to forgive hundreds of billions of federal student loan debt, a measure that was overturned by the Supreme Court earlier this year.

“Folks that have worked hard

to save up and build good credit shouldn’t be punished for doing so,” said Sen. Rick Scott, R-Fla. “People who are responsible, like those who have paid off their student loans or Americans who’ve worked hard to build good credit, should be seen as role models, not piggy banks for the left.”

## Buying a New Vehicle

We all cringe the day when it becomes apparent that we need to buy a new vehicle. And it’s not only the expense that makes us leery. It’s the whole process of wondering how we’re going to be treated if we go to a dealership.

The best way to handle it is: Do your homework (a lot of it) in advance, as much as you can.

Contact your financial institution about pre-approval for a loan and their interest rates. Know how much vehicle you can buy before you end up at a dealership.

Check Kelley Blue Book online and try to determine what value your current vehicle might have. It might be worth more than you suspect because trade-ins are hot items nowadays.

Try to find something you like that’s already on the lot at a dealership that you can test drive so you’re not waiting months for

SENIOR NEWS LINE

by Matilda Charles

delivery.

Still, if you’re certain about a particular vehicle, you might see on a dealer website that the vehicle is “in transit” and will arrive “soon.” A deposit at the dealership can hold that vehicle for you.

Warning No. 1: That deposit will likely be non-refundable. Warning No. 2: Get it in writing, including the sales price and VIN. In other words, do any haggling before you put down a deposit.

When at the dealership, do not express happy feelings for any certain vehicle or color. Remain noncommittal. Expect them to

push you to accept their financing. Don’t disclose your credit score when they ask; they’re getting ready to start pushing the financing.

Don’t disclose that you’re already pre-approved for a loan elsewhere until the very end when you’ve selected a vehicle.

Don’t tell them how much you want for your trade-in; they might be ready to offer even more.

And mostly, be willing to walk away if you’re pressured too much. If you get tired, go home. There are other dealerships everywhere.

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**Volunteer Appreciation Night**  
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Join us as we celebrate our 2022/2023 Pulaski County Parks and Recreation volunteers. Coaches, Club Leaders, and Officials – we couldn’t do it without you! RSVP today to receive your free tickets and food vouchers for both you and your family.

Questions? Contact us! [jkinder@pulaskicounty.org](mailto:jkinder@pulaskicounty.org)  
[cjburgis@pulaskicounty.org](mailto:cjburgis@pulaskicounty.org)



# New River Valley Fair - July 24-29

## MONDAY, JULY 24, 2023

5:00 pm  
Fair Opens

Twiggy the Water Skiing Squirrel

Buffalo Beals Petting Zoo  
Carnival Midway Opens

5:30 pm  
Jaycees Bingo

7:30 pm  
Demo Derby

## TUESDAY, JULY 25, 2023

5:00 pm  
Fair Opens

Buffalo Beals Petting Zoo  
Carnival Midway Opens

Twiggy the Water Skiing Squirrel

5:30 pm  
Jaycees Bingo

7:00 pm  
Appalachian Hoedowners Clogging Team

7:30 pm  
Horse Pull

## WEDNESDAY, JULY 26, 2023

5:00 pm  
Fair Opens

Twiggy the Water Skiing Squirrel

Buffalo Beals Petting Zoo  
Carnival Midway Opens

5:30 pm  
Jaycees Bingo

7:00 pm  
Pet Show

Pet Show

7:30 pm  
Pulaski County Night at the Fair

## THURSDAY, JULY 27, 2023

5:00 pm  
Twiggy the Water Skiing Squirrel

Buffalo Beals Petting Zoo  
Carnival Midway Opens

Fair Opens

5:30 pm  
Jaycees Bingo

7:00 pm  
4-Wheeler Rodeo  
Appalachian Aftershock Dance Group

## FRIDAY, JULY 28, 2023

5:00 pm  
Fair Opens

Buffalo Beals Petting Zoo  
Twiggy the Water Skiing Squirrel

Carnival Midway Opens

5:30 pm  
Jaycees Bingo

6:30 pm  
The Divided Highway band with Kory Wirt  
& Garrett King

7:00 pm  
Lawnmower Races

## SATURDAY, JULY 29, 2023

2:00 am  
Fair Opens

2:00 pm  
Carnival Midway Opens

Buffalo Beals Petting Zoo

2:30 pm  
Jaycees Bingo

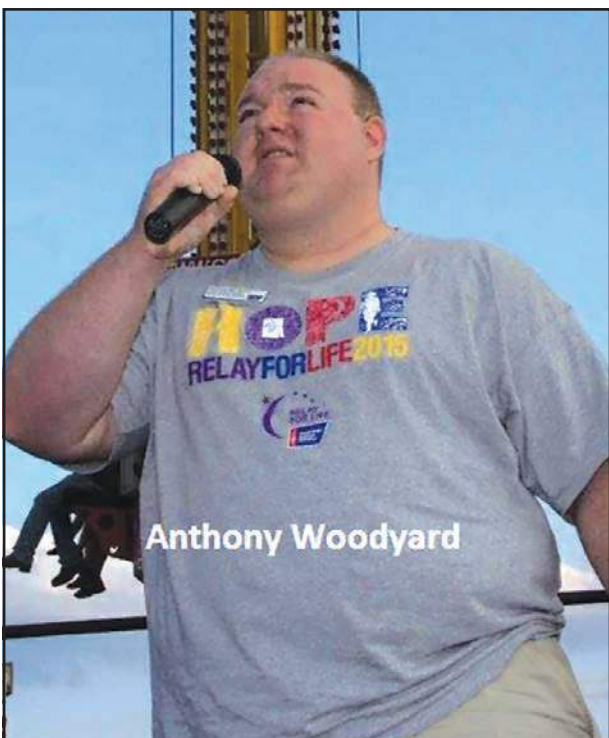
Giles County School of Dance

5:00 pm  
The Crystal River Band

Twiggy the Water Skiing Squirrel

7:30 pm  
Live Pro Wrestling

8:00 pm  
Bulls & Barrels



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THURSDAY: EVANG. DAVE AND MARISOL SCOTT

FRIDAY: EVANGELIST STEVE BOARD

SATURDAY: PASTOR CHARLIE BARBETTINI

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# Entertainment Schedule

## Mainstage

Monday.....	Anthony Woodyard sings The National Anthem	
Monday.....	Demolition Derby	7:30 pm
Tuesday.....	Horse Pull	6:30 pm
Wednesday.....	Pulaski County Night At The Fair	5:30 pm
Thursday.....	4 Wheeler Rodeo	7:00 pm
Friday.....	Lawnmower Races	7:00 pm
Saturday.....	Bulls and Barrells Rodeo	8:00 pm

## Wysor Building

Tuesday.....	Appalachian Hoedowners	7:00 p.m.
Wednesday....	Pet Show	7:00 pm
Thursday.....	Appalachian Aftershock	7:00 pm
Friday.....	The Divided Highway	6:30 pm
Saturday.....	Crystal River Band	5:00 to 7:00 pm
Saturday.....	Wrestling	7:30 pm

The Boogie Woogie Man, Jimmy Valiant in The Wysor Building  
Thursday 5 pm to 8 pm                      Saturday 2 pm to 7 pm

Princess Squad  
Chuckles The Clown  
Buffalo Bills Petting Zoo

## Admission & Tickets

Gates open: 5 pm Mon-Fri and 2 pm Saturday

Gate Admission: Mon, Tues, Thurs, Fri..... Ages 12 and up \$7, ages 7 to 11 \$3 and 6 and Under Free

Wednesday: Pulaski County Night At The Fair... Free Gate Admission ALL day

Saturday Ages 12 and up \$7, Ages 7 to 11 \$3 and 6 and under free

### Save \$\$ - Buy Tickets Online

SAVE \$5 through July 24th at 5pm - Only \$25 per person!

\$30 per person, per day After July 24th at 5pm!

### Unlimited Ride Specials are Valid For ONE Session:

Monday, Tuesday, Wednesday, Thursday OR Friday: 5pm-Close

Saturday: 2-6pm OR 5pm-Close

Bulls and Barrells Rodeo is \$10 a ticket to sit in the grandstand.



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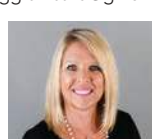
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## PET SHOW Wednesday, July 26, 2023 7:00 pm- Wysor Building

### RULES

Gate admission is FREE to the CHILD (11 and under) showing pet ONLY. Each CHILD MUST be accompanied by an adult.

There is NO entry fee. Enter pets 30 minutes BEFORE show time.

There is NO age limit on person showing the entry.

The animals/pets MUST be confined by a leash, halter, or cage.

Aggressive pets CANNOT be shown.

### LARGE DOGS

Most Adorable  
Most Mysterious Heritage  
Longest Ears  
Best Tail-Wagger  
Best Kisser

### SMALL DOGS

Most Adorable  
Most Mysterious Heritage  
Longest Ears  
Best Tail-Wagger  
Best Kisser  
CATS  
Most Beautiful  
Most Unique

### NOVELTY ANIMALS (Not a cat or dog)

Largest Animal  
Smallest Animal  
Most Colorful  
Most Unique

### ALL ANIMALS

Most Unusual/Funniest Pet Name  
Best Trick  
Most Original  
Best Theme Costume  
Owner Look-A-Like  
Best in Show

### Photo Pet Contest

(Great for those pets that don't like others or are just too big to bring in.)

### RULES

Photos should be in color and 5x7. (Smaller or larger pictures will be disqualified/not accepted.) Fair staff will mount the pictures, so DO NOT send your original. Judging will be based on the pet, not your photography skills. If the animal(s) in picture is/are not yours, you must obtain written permission from the owner and submit it when entering your pictures. You may enter more than one picture and pictures can be the same animal at different events or stages in life. Photos will be judged by fair attendees based on the categories below. Photos will be accepted Saturday, July 22, 2023 from 10:00am-3:00pm, Sunday, July 23, 2023 10:00am-2:00pm, and Monday, July 24, 2023 5:00pm-9:00pm in the Wysor Building. Photos are to be picked up Sunday, July 30th 12pm - 2:00 pm.

### Categories

Funniest  
Uniqueness  
Audience Favorite  
Colorful  
Soulful eyes  
Owner Pet Look-A-Like  
Ooops...  
Best dressed/Costume  
Best smile



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# FOPC celebrates 10 years with Family Fun Day

By WILLIAM PAINE  
The Patriot

The Friends of Peak Creek (FOPC) held a Family Fun Day at Pulaski's Heritage Park last Saturday, July 15, as a way of celebrating the environmental non-profit's 10th Anniversary. The event took place under warm sunny skies and drew well over 100 families throughout the area.

"We've got 15 different participants offering free activities for the kids," said Krystal Lovern FOPC's newly appointed Executive Director. "They're all nature based. We've got a scavenger hunt and we've got some nature art. We've got in-the-creek activities and we're building Bluebird boxes. We've also partnered with Lizard Licks and after the kids have visited 12 of the activities, then they can turn in a completed Bingo card for a free Snow Cone."

Both children and adults meandered from station to station to see what was on display. Terrie Sternberg was under one tent showing kids how to build Bluebird boxes, while Stella of the New River Conservancy was hosting a Clean Up the River game using a reconfigured "Operation" gameboard.

Members of the Virginia Department of Conservation Resources displayed pelts of native species and even gave instruction on the proper way to cast a line when fishing.

Master Naturalist Mac McCord was showing Firefly, his pet Box Turtle, to those who wandered to the Claytor Lake State Park sponsored tent. Firefly is native this this area while Twitch, his Russian Tortoise, is native to places like Afghanistan. His Blue Tongued Skink, who's tongue really is blue, comes from far away Australia. McCord was one of several Master Naturalists on site who were representing Claytor Lake State Park. The Friends of Claytor Lake (FOCL) also had a tent set for the occasion.

Bill "Opie" Opengari gave periodic tours of Peak Creek's Pollinator Garden, which he maintains at the center of Heritage



Terrie Sternberg shows how to build a Bluebird House.

Park. "It's not a formal garden," said Opengari. "It's a garden with 30 different species of native plants. There's about five that are cultivat-

ed. We have five species of mint in there and they're very aromatic. When we thin a lot of these plants out in the fall, we plant them on the shore of peak Creek and try to



Virginia DCR members display skulls and pelts of native fauna.

reestablish the native habitat along the creek. This milkweed is really spread throughout the garden and we like that because that is the host plant of the Monarch butterfly. We use volunteers to replant some of those along the bank. It's also a nursery for trees. You'll see Black Walnut, Sycamore, Silver Maple, Box Elder and sometimes we get a Black Gum tree and we dig those up and plant them along the creek in areas that are distressed, eroded and need covered."

Several kids took the opportunity to wade into Peak Creek on this hot day to see what type of creatures they could find swimming in or crawling near the water. FOPC Volunteers then helped identify the found fauna.

Organizers of the Family Fun Day were grateful that the rain stayed away for the duration of the event.

"We were a little nervous that

we might get rained out but it is turned out to be a perfect day," said Lovern, who took the position of FOPC's Executive Director on April 1 of this year. "This is a wonderful turnout."

"I'm thrilled to death about today's lovely weather," stated FOPC President Cathy Hanks. "We really wanted to do something to give back to the community. We've been here for ten years but without the support of the county and the town and the community, we wouldn't be as successful as we are. So, this is our gift back to them for supporting us over this past decade."

We subsist on donations and memberships and a few grants here and there. So, this would not be possible without our sponsors. We really appreciate them. We've touted them on our Facebook page. They will be on our newsletter but without them we wouldn't be able to do this at all."

Laura Walters, Chairwoman of the Pulaski County Board of Supervisors, was on hand to welcome those who came to the Peak Creek Family Fun Day.

"I represent the Pulaski County Board of Supervisors on the FOPC board," said Walters. "This event is awesome. It's awesome. I really like the fact that we're teaching children about water and teaching children about how to preserve things and all that."

This was the first Family Fun Day hosted by the Friends of Peak Creek but Cathy Hanks hopes it won't be the last.

"We wanted to do an environmentally fun day for everyone and these are all groups from within the New River Valley," said Hanks. "FOPC is really the only environmental group based out of town, so all of these people like the Master Naturalists and members of the Native Plant Society are from the New River Valley and they all came together. it's a great networking opportunity for everyone. We're really happy about how this turned out."



Checking out critters from the creek - Several youths attending Family Fun Day took to the water to see what they could find.



This lady is not afraid of snakes.

2023 16th ANNUAL

Tommy's Ride

Saturday, July 22, 2023

New Village Pentecostal Holiness Church

Route 100, Staffordsville, VA

9:00 A.M. Riders Registration

\$25 Single Rider, \$30 Double Rider

T-Shirts and Lunch Provided for Riders

10:00 A.M. Ride Begins

FOOD, T-SHIRTS, DOOR PRIZES, 50/50

Donations Support: Scholarship Funding

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More Info: 540-239-1678

Everyone Welcome



# Sweet takes to the oval to promote SRX race

By WILLIAM PAINE  
The Patriot

As part of the buildup for the upcoming SRX (Superstar Racing Experience) event on Thursday July 27, Pulaski County Administrator Jonathan Sweet paid a visit to the Pulaski County Motor Sports Park to test his driving skills against a couple of seasoned race car drivers.

“There’s going to be a little three-person race between me, Jonathan and Mike,” said Kyle Barnes, who runs the Sportsman Class at Motor Mile Speedway, as well as the Lonesome Pine Motorsports Park and South Boston Speedway. “We’re just going to have some fun and promote the SRX race that’s coming up.”

“I’m racing some of the best around on this oval,” said Sweet, who has had some experience driving these race cars. “Rusty Wallace provides an experience down here and I think everyone needs to come here and try it and see just how much talent and courage you need to be in one of these race cars. By the time you put the pedal to the metal, you’ve got to take your foot off the gas because you’re coming into a turn and then you’ve got to step on it again. I’m not sure how fast these things go, I’m not sure I want to find out.”

Sweet apparently has a propensity for driving whatever vehicle is presented to him, as a



Racers Ready - In anticipation of the upcoming SRX event, Pulaski County Administrator Jonathan Sweet prepares to match driving skills with two veteran race car drivers at the Pulaski County Motorsports Park. From left: Mike Looney, Jonathan Sweet and Kyle Barnes.

See SRX, page B4

## Appy League All-Star rosters listed

From the Appalachian League

CHAPEL HILL, N.C. -- The Appalachian League announced the rosters for the third Appy League All-Star Game. The rosters will feature 44 of the league’s top players from the East and West Divisions, as nominated and voted on by the league’s managers.

Two Pulaski River Turtles made the All-Star Game roster for the East. They are outfielder Sam White and pitcher Nick Weyrich.

The All-Star Game, hosted by the Kingsport Axmen and presented by Visit Kingsport, will be held at Hunter Wright Stadium in Kingsport, Tenn., on July

25 at 7 p.m. ET. The game will be streamed live on MLB.com and MLB.tv.

The hosting Kingsport Axmen coaching staff will lead the West All-Stars. Mike Guinn, who led the Axmen to a 2022 Appy League title, will manage the club, with pitching coach Josh Warner, hitting coach Aaron Guinn, fourth coach Ty’Relle Harris, athletic trainer Ciara Celestino and data coordinator Tyler DeJong rounding out his staff.

The Bluefield Ridge Runners coaching staff will lead the East All-Stars. John McLaren will manage and be joined by pitching coach Garrett Schilling, hitting coach Jerry Greeley, fourth coach Chris Allen, trainer Tommy Craig

and data coordinator Jack Harmon.

Both rosters feature 10 pitchers and 12 position players. The Burlington Sock Puppets and Johnson City Doughboys lead the way this year with seven All-Star selections each, followed closely by the Bluefield Ridge Runners (six). The Elizabethton River Riders, Greeneville Flyboys, Kingsport Axmen and Princeton WhistlePigs all have four All-Star selections. The Bristol State Liners and Danville Otterbots have three All-Stars.

Forty-one of the 44 selections are from or committed to Division I schools, with five players

representing the ACC and Big 12, and three coming from the SEC. West Virginia University leads all college programs with five selections.

The 2023 Appalachian League All-Star game will be a two-day event with a full slate of events. The league’s Future Stars Game and Home Run Derby will be held Monday, July 24, beginning at 5 p.m. ET, followed by the All-Star Game on Tuesday, July 25.

EAST ALL-STAR POSITION PLAYERS  
Position; Name; Team (2023 School/2024 Commitment)  
CATCHERS

See APPY, page B5

## Hokies meet with media in Charlotte on July 26

Hokiesports.com

GREENSBORO, N.C. – The Atlantic Coast Conference announced Tuesday that Virginia Tech student-athletes DL Josh Fuga, TE Nick Gallo and WR Ali Jennings will join head coach Brent Pry at the 2023 ACC Football Kick-off in downtown Charlotte on Wednesday, July 26.

The ACC made changes this year by expanding the league’s media day coverage to three days, after removing divisions within the conference.

Fuga (6-2, 313) – The Woodbridge, Virginia native enters his fifth season in the maroon and orange. Fuga started five games in 2022 at defensive tackle and had 10 appearances during the season. During his career, Fuga has played in 35 games amassing 43 total tackles and a blocked field goal.

Gallo (6-4, 240) – The Richboro, Pennsylvania native enters his fifth season at Tech, where he’s started 22 games at tight end over the past two seasons. Gallo finished second on the team in receptions (30) and third in receiving yards (256) in 2022. During his tenure in Blacksburg, he appeared in 46 contests and averaged 8.5 yards per reception.

Jennings (6-2, 198) – An incoming transfer from Old Dominion, Jennings is slated to be one of the top offensive weapons after being named to Pro Football Focus’ top 10 returning receivers. The Richmond, Virginia native earned All-Sun Belt First Team honors in 2022 after leading ODU with 54 receptions for 959 yards and nine touchdowns. In his career, Jennings has played in 36 games totaling 142 receptions.

Virginia Tech is scheduled to open the season against Old Dominion on Saturday, Sept. 2 at 8 p.m. ET on ACC Network. This will be the second consecutive year that Tech football will begin the season against ODU after traveling to Norfolk, Virginia in 2022.

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## EMPLOYMENT

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## YARD SALES

Yard Sale: 1410 Randolph Avenue, Pulaski. Couponing overstock items. Friday, July 21 and Saturday, July 22 from 8 a.m. to ??

3-Family Yard Sale at 3725 Second Morehead Lane, Friday July 21st and Saturday, July 22nd from 7:00 am until 4:00 pm. I will have men and woman clothes and shoes, toys, furniture, home décor, cow hide rug, camping equipment, 1970-1980 Chevrolet Truck Parts, 1955-1956 Ford Car parts. Also will be another yard sale on the same street.

Multi-Family Yard Sale: Meadowlark Place, Dublin on Saturday, July 29 from 7 a.m. to 2 p.m.

Two-Family Yard Sale: Saturday, July 22 from 8 a.m. to ??? at 4909 Old Robinson Tract Road, Pulaski.

Big Yard Sale: Friday, July 21 and Saturday, July 22 from 8 a.m. to ??? 4101 Quail Valley Drive, Dublin.

Rockford Community Church (located at 6867 Viscoe Road, Fairlawn)  
Annual Yard Sale  
August 4 & 5, 2023  
starting at 7:00 a.m.  
Hot dog luncheon each day,  
baked goods,  
clothing for everyone,  
household items,  
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books for everyone,  
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Vendor event Saturday August 5th at Jordan's Chapel Methodist Church located on Alum Spring Road, Pulaski, Va from 10AM until 3PM... Mary Kay Skin Care, The Raggedy Rooster and Sweet Possum Bakery...this is a Cash only, tax free event. Contact Sandra Jones at 540-230-7220 if you have questions or need directions.

## HOMES FOR SALE

For Sale: For sale by owner. Nice three bedroom mobile home with two baths and wood burning fireplace. Inside like new, ready to move into. Stove, refrigerator, washer and dryer, sofa and chair stays. All appliances work. Outbuildings, lots of storage. Home sits on over half-acre flat lot. Located in a residential area – not a trailer park. Quiet neighborhood, not a drive-through street. Paved road, close to Route 100 in the county near Dublin, close to Walmart. Big porch deck. \$92,500. Call 540-629-9003.

## REAL ESTATE:

Two Burial vaults in Roselawn cemetery in Christiansburg. Includes 2 vaults, 2 opening and closings and granite memorial base. \$8,500 OR BEST OFFER call (540)553-6700

Cemetery Plots for sale. Two each, side-by-side located in Highland Memory Gardens in Dublin. Lot No. 220, Block D, Units 1 and 2, Section 6 in Gar-

den of the Gospels. Call 336-858-8265.

For Sale - Burial plots at Highland Memory Gardens - Two adjoining plots, 2 steel vaults w/ installation fee - \$4800 (current cost at HMG is \$9570) Call 309-333-6148.

For Sale - Burial plots at Highland Memory Gardens - Two adjoining plots - \$2300 (current cost at HMG is \$4590) Call 309-333-6148.

For Sale: Cemetery plot for two people in Highland Memory Gardens Mausoleum in Dublin. Asking \$8,000. Paid \$10,000 for them 18 years ago. Call 540-250-0264.

Cemetery plots for sale: Cemetery plots for sale at Highland Memory Gardens in the Garden of the Last Supper. Sold for \$2,895 each, will sell for \$800 each. Call 210-416-7986.

For Sale: Graveyard plots at Highland Memory Gardens in Dublin. Two, side-by-side at Lot 24, Block "D" unit 1 and 2 in the Masonic Garden. They sell for \$2,695.00 each, will sell for \$2,000 each. Call 540-674-9311.

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## LOCAL CLASSIFIEDS

### WANTED

Newbern Methodist Church is in need of canning jars. Each year the church makes apple butter for the Newbern Fall Festival. The church is asking for donations of pint and quart canning jars. If anyone has jars to donate, we would appreciate them and will pick them up. We need jars, lids and rings. Please call 540-616-4300, 703-477-8795 or 540-674-6339. Thank you!

Want to Rent: Small storage building or garage in Pulaski. Call 540-922-5024 and leave message.

### FREE

Free commode. White, 16 inches high. In excellent condition. Four years old. Call 540-980-4602.

Free young roosters to good homes only, not for slaughter. Call 540-235-6631.

### FOR SALE: MISCELLANEOUS

For Sale: Canopy, in good condition. Pair of women's Skechers Size 11 Wide shoes, pair of Re-boks, 11 wide, in good condition. Call 540-980-5689.

For Sale: Blue smart phone tablet, model M8+ to use on network. Find micro SIM card. \$30. Call 540-980-5689.

For Sale: Microwave, small dresser, chest and two end tables. Moving, must sell. Reasonable prices. Call 980-0345.

For Sale: Pair of women's, size 11 snowboots. New. Call 540-980-5689.

For Sale: Canning jars, micro-waves. Call 540-230-5386.

For Sale: Two burial vaults in Roselawn cemetery in Christiansburg. Includes openings and closings, \$7,500 or best offer. Call or text (540)553-6700

For Sale: Deering Goodtime classic openback banjo and soft case, \$500. Call or text (540)553-6700

For Sale: Maytag washer and dryer in good condition. \$200. Call 540-577-7279.

For Sale: Couch, love seat, large chair with ottoman. Moving cannot use. \$1000.00 for items listed here. Please call 540-250-3639 for appointment to see.

Oster A5 single speed pet grooming clipper. GC - \$90.00 (540) 980-3877

FOR SALE: 275 gallon oil tank \$800 --- PRO 26 DR field & brush mower/ BS motor 14.5 hp \$2500 --- call 540-639-6974

Pear shaped diamond ring, 14K yellow gold, size 7, price reduced to \$475. Includes information card with details about the ring. Call 540-980-5361.

## JOBS



## Town of Pulaski Seeking Human Resources Manager

The Town of Pulaski, Virginia is seeking a Human Resources Manager. This position will lead and direct all functions of the Human Resources office to include: processing new hires, administering pay, benefits and leave, enforcing Town policies and procedures, maintaining confidentiality and treating all parties with dignity and respect while servicing any area of responsibility is essential.

Bachelor's Degree in Human Resources or related field preferred. Minimum of three (3) years' experience and extensive knowledge and understanding of Human Resources and payroll activities is required.

Salary range is \$56,737.00 ---- \$91,958.00

Applications may be obtained in the Municipal Building located at 42 1st Street NW, Pulaski VA or online at [www.pulaskitown.org](http://www.pulaskitown.org). Include a cover letter and resume with the application and send it to [dburcham@pulaskitown.org](mailto:dburcham@pulaskitown.org) or mail to Town of Pulaski, P.O. Box 660, Pulaski Virginia 24301. Review of applications will begin July 28, 2023 and will continue until the position is filled.

The Town of Pulaski is an Equal Opportunity Employer

## LEGAL NOTICE



## Public Notice of Unsafe Building

Property: 602 6th Street NE, Pulaski, Virginia 24301

Tax Parcel: 072-051-0248-0001

Dear Property Owner(s):

Notice is being issued pursuant to Town of Pulaski Code Sec. 38-161—Dangerous Structures. That an unsafe, derelict, and dilapidated structure exists on the aforementioned property, which constitutes a public health hazard and a safety hazard, a nuisance to the community, and blight. The Property Owner is hereby notified and required to commence repair immediately or complete demolition of the building by July 31, 2023. If no action is taken, The Town of Pulaski will demolish the structure and place a lien on the Property for the cost of demolition.

The Property Owner has the right to appeal this matter in writing on or before July 30, 2023. If so appealed will be heard at the Town Council meeting on Tuesday, August 15, 2023.

A copy of the full text of the notice is available at the Code Enforcement Office at the Town of Pulaski.

Appeals: In addition to first class mail, a notice must be emailed and faxed to the following prior to 5:00 pm EST, July 30, 2023:

Carla E. Hodge, Town of Pulaski  
Property Maintenance Official/Code Enforcement  
Fax: 540-994-8699  
Email: [chodge@pulaskitown.org](mailto:chodge@pulaskitown.org)

For further information contact Carla Hodge, 540-994-8631

## STATEWIDE CLASSIFIEDS

### AUCTIONS

ATTN. AUCTIONEERS: Advertise your upcoming auctions statewide and in other states. Affordable Print and Digital Solutions reaching your target audiences. Call this paper or Landon Clark at Virginia Press Services 804-521-7576, HYPERLINK "mailto:landonc@vpa.net" landonc@vpa.net

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## LEGAL NOTICE



## Public Hearings Pulaski Town Council

Pulaski Town Council will hold public hearings on Tuesday, August 1, 2023, at 7:00 PM in Council Chambers at 42 First St. NW to discuss the following:

- A zoning text amendment to add the definition of Medical Office(s): An establishment in which doctors, dentists, or other practitioners licensed by the Commonwealth of Virginia provide health care services to clients, including medical or health-related physical or massage therapy, exclusively on an outpatient basis, and may offer minor surgical care, but do not provide, substance abuse disorder services, overnight care, or serve as a base for an ambulance service. into the Town of Pulaski's Zoning ordinances.
- 
- A zoning text amendment to change the use of Utility Services, Major from a permitted use to a special exception in I-2 zones.
- 
- A zoning map amendment updating to the Town of Pulaski 2022 Zoning Map.
- 
- A Special Exception of 67, 69, and 73 W. Main St. [ 072-51-21-23,072-51-21-25,072-51-21-23] for Mixed-Use Development in a B-3 zone.

All persons desiring to speak should appear at the stated time and place or submit comments in writing to the Clerk of Council by Friday, July 28, 2023.

For disabled individuals who may require special auxiliary aids or services, the Town will make reasonable accommodations upon request. Please contact the Clerk of Council (540) 994-8602 before the above meeting date to arrange these accommodations. For individuals with visual or hearing impairment, contact Virginia Relay at 711 for assistance in reaching the town.

## LEGAL NOTICE

## Final Notice and Public Explanation of a Proposed Activity in a 100-Year/500-year Floodplain and Wetland

**To: All interested Agencies, Groups, and Individuals**

This is to give notice that the New River Valley Regional Commission (NRVRC) has conducted an evaluation as required by Executive Order 11988 and 11990, in accordance with HUD regulations at 24 CFR 55.20 Subpart C Procedures for Making Determinations on Floodplain Management and Wetlands Protection. The activity is funded under the Appalachian Regional Commission POWER grant program and the Department of Housing and Community Development Project (22-PW-02A). The proposed project is located at 7422 Hazel Hollow Rd, Radford, VA 24141 in Pulaski County. The proposed project area includes the development of a new concrete boat launch on the bank of the New River in Pulaski County off Hazel Hollow Rd. The project area is approximately .81 acres, located entirely within the 100-year Floodplain and partially within a riverine. The project provides motorized and non-motorized boat access to the New River at Sheffey Park, thus expanding the recreational opportunities for Pulaski County residents and tourists. This project will benefit the livability of our region and the burgeoning outdoor recreation economy. The Pulaski County boat launch at Sheffey Park is one of four new/enhanced boat launches that will extend the existing 37 miles of the New River Water Trail (Giles County) to the rest of the region, totaling 61 miles upon completion. The project includes several related components: construction of a boat launch, parking suitable for vehicles with trailers, and a foot path connecting Smith Farm Park (currently being developed).

The NRVRC has considered the following alternatives and mitigation measures to be taken to minimize adverse impacts and to restore and preserve natural and beneficial values: Because the nature of the project the boat ramp must be located in the floodplain/wetland in order to provide sufficient access to the waterway. Alternatives were considered and based on land availability and proximity to maintained roads with easy access for boat trailers, the choice of suitable sites are limited. Additionally, rail right-of-way reduces potential developable land with public access potential along the river. Alternatively, no action at all will not provide any benefit for the public. Any perceived and/or realized effects on alternative sites would be similar to any of the effects on current, selected site. The regulatory agencies involved with the permitting of the boat launch will dictate the least impactful design of the boat ramp to mitigate adverse effects. Mitigation measures include acquiring all necessary permits through the Army Corp of Engineers, Virginia Department of Environmental Quality and Virginia Marine Resource Commission. The permits obtained from the regulatory agencies will dictate any requirements for mitigation measures and compliance with state and local floodplain/wetland protection procedures. Sediment and erosion mitigation controls will be utilized throughout project construction/site disturbance. NRVRC has reevaluated the alternatives to building in the floodplain and wetland and has determined that it has no practicable alternative. Environmental files that document compliance with steps 3 through 6 of Executive Order 11988 and 11990, are available for public inspection, review and copying upon request at the times and location delineated in the last paragraph of this notice for receipt of comments.

There are three primary purposes for this notice. First, people who may be affected by activities in floodplains and wetlands and those who have an interest in the protection of the natural environment should be given an opportunity to express their concerns and provide information about these areas. Second, an adequate public notice program can be an important public educational tool. The dissemination of information and request for public comment about floodplains and wetlands] can facilitate and enhance Federal efforts Rev. 04/02/2014 Appendix 2.E: Final Notice and Notice of Explanation 48 to reduce the risks and impacts associated with the occupancy and modification of these special areas. Third, as a matter of fairness, when the Federal government determines it will participate in actions taking place in floodplains and wetlands it must inform those who may be put at greater or continued risk.

Written comments must be received by the NRVRC at the following address on or before July 21, 2023 New River Valley Regional Commission, 6580 Valley Center Drive Suite 124 Radford, VA 24141. 540-639- 9313 Attention: Kathleen Armstrong, Regional Planner II/ Community Designer. A full description of the project may also be reviewed from 9am to 5pm at the above address and electronically by request. Comments may also be submitted via email at [karmstrong@nrvc.org](mailto:karmstrong@nrvc.org).

**Date: July 14, 2023**



# SRX

Continued from Page B1

few years back, he participated in a demolition derby at the Pulaski County fairgrounds.

“I’m up for just about anything but I hope I don’t repeat what I did in the demolition derby today,” said Sweet.

As part of the promotion, Sweet brought a video crew along to mark the occasion.

“We’ve got cameras on the cars, cameras in the cars and we’ve got spotters in our ears,” said Sweet. “J.P. is going to edit it. The video will be on the WSL morning show and on our website.”

As Sweet and the other drivers readied themselves, Pulaski County Tourism Director Peggy White took a spin around the track in a race car driven by Jeff Roark, General Manager of the Pulaski County Motorsports Park.

“It was freaking awesome,” White enthused. “They are loud and they move so fast. You don’t

know how fast they go until you’re out there! I can’t imagine maneuvering this around other cars at that speed. It’s such a thrill. Apparently, Jeff held back a little bit but I gotta tell you something, I’m glad he did because I don’t know if I could have made it otherwise!”

When Sweet, along with drivers Kyle Barnes and Mike Looney took their race cars to the track, they rolled three abreast for the first several laps. The engines of these Rusty Wallace race cars revved loudly on the straightaways before the cars entered the steeply banked turns of the raceway.

Eventually, the cars began distancing themselves from each other, with Mike Looney’s race car taking the turns so fast that his rear tires drifted outward from the g-force created by his momentum. Looney is a mechanic from Craig County who has been racing at this Pulaski County racetrack since 1999.

“I’m a late model track champion,” said Looney. “I won a



William Paine/The Patriot

**Motoring towards SRX race day - The red race car that Jonathan Sweet was driving (briefly) led the way before veteran race car driver Mike Looney and Kyle Barnes turned up the pace and showed the Pulaski County Administrator how fast these cars can really go.**

Championship here in 2019 and I’ve won every race this year in late model. So, this is my favorite spot.”

After making several revolu-

tions around the track, each driver eventually pulled off into the pits to conclude the “race.”

“Jonathan’s doing good for a rookie,” said Looney. “He was

holding his own until I had to go in there and rattle his cage and get by him. You let it all hang out with these Rusty Wallace Driving Experience cars because they can take it. I encourage everybody to come out and drive one and get a little piece of the fun.”

“It was real ... it was raw,” said Sweet of the experience. “When Mike decided to show me who’s the champ and scrub me a little bit, I realized I was in a real race car and we’re going real fast. Just when you think you’re going too fast, you realize you’re not going fast enough. When these guys pass you, they make it look easy. It’s not easy. They’re athletes, but not just physical athletes or mental athletes because your focus has to be sharp. You can’t let up one bit. These guys were racing without mirrors. They’re the real deal, without question. You’ve got to come out and watch them and do this for real.”

“What’s cool about here is that it’s more about the passion,” said Looney. “It’s about pure racing. We’re here racing for fun. Racing hard to win because we love it. It’s pure.”

The SRX (Superstar Racing Experience) is well named in that some of the biggest stars in racing will be competing for the top prize including three-time

**See SRX, page B5**

## LEGAL NOTICE



### Public Notice of Unsafe Building

Property: 215 4th Street SE, Pulaski, Virginia 24301

Tax Parcel: 081-007-0154-0007

Dear Property Owner(s):

Notice is being issued pursuant to Town of Pulaski Code Sec. 38-161—Dangerous Structures.

That an unsafe, derelict, and dilapidated structure exists on the aforementioned property, which constitutes a public health hazard and a safety hazard, a nuisance to the community, and blight. The Property Owner is hereby notified and required to commence repair immediately or complete demolition of the building by August 11, 2023. If no action is taken, The Town of Pulaski will demolish the structure. The cost of the demolition and other valid administrative costs pursuant to Town of Pulaski Ordinances (See Chapter 38 Environment) will be billed the owners. The failure to pay the costs will result in placement of a lien on the Property for the billed amount.

The Property Owner has the right to appeal this matter in writing on or before August 10, 2023.

If so appealed, the matter will be heard by Town Council at the Town Council meeting on Tuesday, August 15, 2023.

A copy of the full text of the notice is available at the Code Enforcement Office at the Town of Pulaski.

Appeals: In addition to first class mail, a notice must be emailed and faxed to the Following prior to 5:00 pm EST, August 10, 2023:

Carla E. Hodge, Town of Pulaski  
**Property Maintenance Official/Code Enforcement**

## LEGAL NOTICE



### Public Hearing On Budget Appropriation

The Town Council of the Town of Pulaski, Virginia will hold a public hearing on Tuesday, August 1, 2023 at 7:00 p.m. in the Council Chambers at 42 First Street, N.W. to appropriate grant funds to a special grant account:

Revenue	Appropriation
From: Calfee CCC LLC \$117,000	To: Calfee School Adaptive Reuse Project \$117,000

All persons desiring to speak for or against the proposed budget amendment should appear at the aforementioned time and place or submit their comments in writing to the Town Manager prior to the public hearing.

For disabled individuals who may require special auxiliary aids or services, reasonable accommodations will be made by the Town upon request. Please contact the Clerk of Council at (540)-994-8602 prior to the above meeting date to arrange these accommodations. For individuals with visual or hearing impairment, contact Virginia Relay at 7-1-1 for assistance in reaching the Town.

**The Patriot**  
**540-808-3949**

### FAIR HOUSING NOTICE:

We are pledged to the letter and spirit of Virginia’s policy for achieving equal housing opportunity throughout the Commonwealth. We encourage and support advertising and marketing programs in which there are no barriers to obtaining housing because of race, color, religion, national origin, sex, elderliness, familial status or handicap.

For more information or to file a housing complaint, call the Virginia Housing Office at (804) 367-8530; toll-free call (888) 551-3247. For hearing-impaired, call (804) 367-9753. E-mail fairhousing@dpor.virginia.gov.

## STATEWIDE CLASSIFIEDS

### SERVICES

**DIVORCE** - Uncontested, \$475+\$86 court cost. **WILLS**-\$295.00. No court appearance. Estimated completion time twenty-one days. Hilton Oliver, Attorney (Facebook). 757-490-0126. Se Habla Espanol. BBB Member. **HYPERLINK** “https://hiltonoliverattorneyva.com” https://hiltonoliverattorneyva.com.

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## Holy Cow

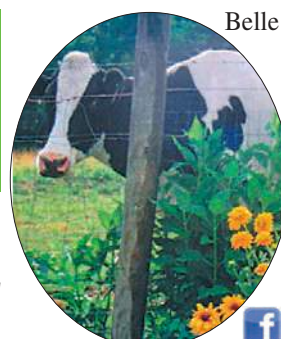
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# Appy

Continued from Page B1

Tommy Harrison, Bluefield (Miami OH) - The left-handed hitting backstop owns a .298 average and .432 OBP through 18 games.

Koby Kropf, Burlington (South Carolina - Upstate) - Kropf has racked up 23 hits, scored 15 runs and recorded 15 RBIs in 26 games with the Sock Puppets.

### INFELDERS

Carrington Aaron, Danville (Chatham HS (VA) / Virginia Tech) - A .279 hitter with a .398 OBP for Danville, Aaron has amassed 24 hits and 10 steals in 24 games.

Cade Campbell, Princeton (California - Berkeley) - Campbell has hit safely in 19 of 24 games for the WhistlePigs en route to a .303/.364/.424 batting line.

Ellis Garcia, Princeton (West Virginia) - Garcia has been a consistent presence for the WhistlePigs offense, batting .345/.429/.464 with eight extra-base hits and 17 RBIs in 21 games.

KaiKea Harrison, Bluefield (Southern California) - Harrison has produced a .790 OPS (.410 OBP) with six extra-base hits in 24 games for the Ridge Runners, scoring 16 runs while driving in another 12.

Michael Callan Moss, Danville (Seton Hall / Portal) - Moss is batting .333 with nine extra-base hits, 22 RBIs and a league-leading .496 OBP through 28 games for the Otterbots.

Sam White, Pulaski (West Virginia) - White garners All-Star honors after leading the River Turtles in a host of offensive categories, including average (.325), hits (37) and total bases (56).

### OUTFIELDERS

Vince Fattore, Burlington (Duke / Elon) - Fattore has impacted games for Burlington with his power-speed combo, tallying 13 extra-base hits, including six home runs, and 15 steals in 29 games. His .949 OPS is fifth-best in the league.

Kenny Mallory Jr., Burlington (Elon) - Mallory is batting .319 with a .464 on-base percentage and leads the Appy League with 21 stolen bases (in 23 attempts) and 40 runs scored in 36 games for the Sock Puppets.

Jesse Robinson Jr., Princeton (Virginia Commonwealth / Portal) - Robinson Jr. ranks inside the top 10 in the Appy League with a .343 average (tied-6th), 30 runs scored (5th), OPS (tied-5th), 36 hits (sixth), 26 RBIs (6th) and 53 total bases (9th).

Jordan Taylor, Danville (Florida St. / Portal) - Taylor took home Hitter of the Week honors during the Appy League's opening week and has continued to hit, producing a .281/.379/.479 with 15 extra-base hits and 58 total bases (tied for third in the League) in 30 games.

# SRX

Continued from Page B4

NASCAR Cup Series Champion Tony Stewart, two-time NASCAR Cup Series Champion Kyle Busch, 2023 Indianapolis 500 Champion Josef Newgarden, 4X Indianapolis 500 Champion Helio Castroneves along with several other champions of motor sport.

College Hall of Fame football coach Frank Beamer will serve as the Grand Marshall for the racing event and veteran broadcaster Bob Dillner will be doing the play-by-play commentary for the Sports-

### EAST ALL-STAR PITCHERS

RHP Sam Brodersen, Bluefield (Wingate / Louisiana Tech) - Brodersen (2-0, SV) has made 11 relief appearances for the Ridge Runners, fanning 22 batters in 16 innings while finishing seven games.

RHP Ciaran Caughey, Bluefield (Kent St.) - Caughey (1-0) ranks third among qualified Appy League pitchers in ERA (1.74). In 20.2 innings spanning six outings (four starts), the right-hander has fanned 24 batters while limiting hitters to a .187 average.

RHP Peyton Consigli, Bluefield (Canisius) - Consigli (1-1) took home Pitcher of the Week honors during the week's opening season and currently leads the league with 37 strikeouts, a total he's amassed in just 27 innings.

RHP Andrew Cotten, Princeton (East Tennessee St.) - Cotten (3-1, 2 HLD) ranks second in appearances (12) and owns a .360 ERA through 15 innings.

RHP Will Gagnon, Burlington (Reedley JC (CA)) - Gagnon (2-0) has been a strikeout machine in his 10 Sock Puppet relief appearances, punching out 26 batters against five walks in 15.2 innings.

RHP Colby Guy, Bluefield (Jackson St. / UNC - Asheville) - Guy's 2.45 ERA ranks 11th among qualified Appy League pitchers, and he's held hitters to a .215 clip in 25.2 innings (five starts).

RHP Connor Hegan, Burlington (North Carolina) - Hegan (2-1, SV) has operated in various roles for the Sock Puppets this season, starting two games and finishing out three others en route to 10 total appearances. He's sixth among qualified hurlers with a 2.00 ERA over 18 frames.

RHP Mason Ruh, Burlington (Northern Illinois) - The 2022 Appy League Pitcher of the Year, Ruh (5-0) garnered June Pitcher of the Month honors this season in his return to the Sock Puppets rotation.

RHP Ben Sieracki, Burlington (Elon) - The Appy League's reigning Pitcher of the Week, Sieracki has pitched to a 3.54 ERA and 1.07 WHIP with 33/8 K/BB in 28 innings, making five starts.

RHP Nick Weyrich, Pulaski (Marshall) - Weyrich (3 SV) has held opposing hitters to a .185 average (tied-7th) while logging a 3.79 ERA in 10 innings (11 appearances) for the River Turtles.

WEST ALL-STAR POSITION PLAYERS  
Position; Name; Team (2023 School/2024 Commitment)

### CATCHERS

Dalton Bargo, Bristol (Missouri / Tennessee) - Bargo leads the Appalachian League in batting average (.385) and hits (45) and ranks second in total bases (55).

Caleb Berry, Johnson City (Milligan) - Berry has produced a .333 average over his first 26 games with Johnson City, racking up nine extra-base hits and 11 steals. Defensively, Berry has thrown out nine attempted bas-

estealers and ranks second in the Appy League with 17 assists.

### INFELDERS

Tyler Cerny, Greeneville (Indiana) - Cerny has tallied eight multi-hit games to produce a .321 average. He leads the Flyboys in slugging (.551) and OPS (.926).

Tyrone "Trey" Fenderson, Elizabethton (Presbyterian) - A .286 hitter for the River Riders, Fenderson has also racked up 12 RBIs, 17 runs scored and 10 steals in 25 games.

Michael Mancini, Kingsport (James Madison) - Mancini sports a .743 OPS through 33 games, during which he's tallied more walks than strikeouts while going 17-for-19 on the basepaths.

Jack Mosh, Greeneville (Missouri) - Mosh is batting .293 through 29 games and sports a .441 OBP thanks to his strong on-base skills (20 BB vs. 12 K).

Deniel Ortiz, Kingsport (Walters State CC) - Ortiz's power has been on display for the All-Star Game-hosting Axmen, as he paces the Appy League in home runs (9), slugging (.625) and OPS (1.094). Also second in the league in total bases (70), he's batting .339 with a .469 on-base percentage through 35 games.

Logan Sutter, Johnson City (Folsom Lake CC / Purdue) - Sutter sits atop the Appy League leaderboard in RBI (39) and total bases (72) and ranks second in average (.373), hits (44), home runs (tied-7) and OPS (1.049).

### OUTFIELDERS

Jordan Austin, Bristol (Indiana State) - Austin is batting .297 with 30 hits and 13 stolen bases through 27 games.

Colby Backus, Johnson City (Tennessee) - The Appy League's June Hitter of the Month is second in the circuit in home runs (tied-7), third in total bases (tied-58) and fourth in RBIs (28) this season through 31 games for the Doughboys.

Nick Barone, Greeneville (West Virginia) - Barone is slashing .283/.355/.505 with 12 extra-base hits (4 HR) and 22 RBIs through 26 games.

Joel Dragoo, Greeneville (Presbyterian) - Dragoo, a .302 hitter, leads the Flyboys with 35 hits, 14 extra-base hits, 55 total bases and 34 RBIs, the latter ranking second across the entire Appy League.

### WEST ALL-STAR PITCHERS

LHP Will Bollinger, Elizabethton (Johnson County CC / Saint Louis) - In nine outings spanning 14 innings, Bollinger (1-0) has held hitters to a .133 average while posting a 0.84 WHIP -- the first and second-best marks among qualified Appy League pitchers.

RHP Hayden Cooper, Johnson City (SIU-Edwardsville / West Virginia) - Cooper (3-1) has been a staple in the Doughboys' rotation, posting a 3.00 ERA and 1.15 ERA across six outings (five starts). The right-hander has compiled 29 strikeouts against six walks in 27 innings.

LHP Trey Cruz, Johnson City (Northern Colorado) - Cruz (1-0, SV) leads all qualified Appy League pitchers with a 0.00 ERA, having yet to allow an earned run in 19 innings over six appearances (one start) for Johnson City. He's also second in WHIP (0.84) and third in opponents' average (.156).

RHP Brandon Decker, Bristol (Oakland) - Decker (2-0) has a 3.52 ERA over nine appearances (four starts) and ranks fourth in the league with 30.3 innings pitched.

RHP Hollis Fanning, Kingsport (Tennessee / NC State) - Since his first start for the Axmen on June 27, Fanning, a 6-foot-8 right-hander who recently committed to NC State, has pitched to a 2.12 ERA and 1.00 WHIP in four starts, totaling 21 strikeouts against three walks in 17 innings.

LHP Cole Fehrman, Johnson City (West Virginia) - Fehrman (1-0, SV) has finished out the game for Johnson City in four of six relief appearances. He ranks second in opponents' average (.146), fifth in ERA (1.88) and 10th in WHIP (1.10).

LHP Justin Guiliano, Johnson City (Canisius) - Guillano (1-0) has registered a 2.36 ERA and league-best 0.83

WHIP in six starts spanning 26.2 innings. He's tied for second in the league in both strikeouts (34) and opponents' average (.156).

RHP Ricky Reeth, Kingsport (Notre Dame) - Reeth (1-2, SV) is second in the Appy League in appearances (12) this season, having worked 24.2 frames. In addition to registering a 2.55 ERA, he is also ninth in WHIP (1.09) and 11th in strikeouts (30).

RHP Turner Swistak, Elizabethton (Tennessee / Louisiana Tech) - Swistak leads all Appy All-Star Game pitchers with 31 innings this season. He's racked up 34 strikeouts, good for a share of second in the league.

RHP Pablo Torres, Elizabethton (Bethune-Cookman) - The first-ever active Appy player invited to the USA Collegiate National Team's Training Camp, Torres (2-0, 2 SV) owns a 1.86 ERA through seven appearances, during which he's fanned 19 batters in 9.2 innings.

For more information about the Appalachian League, visit appyleague.com or follow @appyleague & @appyleaguedata on Twitter, and @appyleague on Instagram.

## ATTENTION ALL REC LEAGUE FOOTBALL PLAYERS

The Cougar Football Program will be hosting a two-day rec league football camp on

Friday, July 21, from 3:30 p.m. to 6:35 p.m., and Saturday, July 22, from 9 a.m. to 11 a.m.

**There is NO FEE for this clinic.**

The focus of the clinic will be to teach the basic fundamentals you will need to be a Cougar football player for Pulaski County and to have fun. Select members of the Cougar varsity football team will assist coaches in the instruction of the younger players. Saturday, players will be issued camp T-shirts at check in and a group photo will be taken.

At the end of the camp, players will be fed by the Cougar Football Mom's Club during a "Meet the Cougars" event. For more information about the Cougar Football Mom's Club and how you can join, contact Ebony Franklin.

To register, visit [www.pulaskicountyparksandrec.org](http://www.pulaskicountyparksandrec.org) and click on the "register" tab. From there, select "Pulaski County Cougar Football Rec Camp."

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**Fri. July 21st: Pastor Mike Gray & Patty Hart Gray**

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# Property transfers during April in Pulaski County

Property transfers in Pulaski County for the month of April 2023, as recorded by the Pulaski County Circuit Court Clerk's Office.

Hans F. Simpson to Michael P. Hopkins, property at 33 5th Street, NW, Pulaski, \$15,000.

Michael Noonkester to Earl Craig Smith, property parcel at Claytor Lake, Pulaski County, \$239,900.

Shannell C. Ball to Daniel Sommers, property at 6154 Hedge Lane, Dublin, \$43,000.

Robert C. Kesling to Raymond C. West, property at 5766 Dalton Drive, Dublin, \$239,900.

Earl S. Wilkins to Richard Lee Eversole, property at Lot 1, Atwood Subdivision, Pulaski County, \$30,000.

Austin L. Foster to Ethan Caldwell, property at 1985 Snider Lane, Pulaski, \$199,900.

Alexis Taylor to 41 Properties, LLC, property at 2606 Kirby Road, Draper, \$105,000.

Catherine Ann Hensley to Austin L. Foster, property at 406 Newbern Road, Pulaski, \$244,400.

Amber Quinney to Brian Peter Grove, property at 220 Pine Street, Pulaski, \$15,000.

John R. Bartlett to Sarah Elizabeth Wingo, property at 4584 Mallard Point Way #9, Dublin, \$679,000.

Eric Vernon Gleaves to Chris-

topher M. Pfohl, Trustee, property at North Part Lot 15-18, Burton Subdivision, Clapboard Branch, Pulaski County, \$199,000.

C. Clarke Cunningham, III to Richard Bruce Cunningham, III, property at 4762 Lakeland Road, Dublin, \$147,500.

Pulaski North, LLC to Sarah Pullman, property at 113 15th Street, NW, Pulaski, \$204,500.

RFS, LLC to Edith Maribel Salvador Joya, property at Lot 2 Fayette Street, Pulaski County, \$63,000.

RFS, LLC to Edith Maribel Salvador Joya, property at Lot 4, 416 Russell Street, Pulaski, \$48,000.

The Eaglebird Developer, LLC to Durga Shakti, LLC, property at 117 Dominion Drive, Dublin, \$750,000.

Teresa Gail Dalton to Gene D. Sutphin, property at 5133 Rock Creek Road, Hiwassee, \$20,000.

James Allen Stroupe, II to Melissa Ann Dean, property at 81 Bertha Street, Pulaski, \$124,000.

Alfred S. Woodyard to East River Two Properties, LLC, property at Little Creek Road, Dublin, \$299,600.

Raymond L. Testerman to Benjamin Patton, property at 613 GreenView Court, Pulaski, \$123,500.

Gary B. O'Dell to Mary L. Thomas, property at Lot 66, Newbern Heights, Survey 2, Pulaski County, \$25,000.

Larry D. Hawkins to Maxwell T. Frankiewicz, property at 5024 Sutphin Hill Drive, Dublin, \$546,000.

Ernest J. McDonald to Loretta L. Golon, property at 5459 Lead Mine Road, Hiwassee, \$140,000.

Rocky L. Akers to Larry D. Hawkins, property at 2040 Pleasant Hill Drive, Pulaski, \$430,000.

Andrew Cullip, Jr. to Laird Kaplan, property at 4013 Old Baltimore Road, Draper, \$227,500.

Karen S. Morris to Christopher Tolbert, property at Lots 29 & 41, C. Holbert Allison Subdivision, Survey 4, Pulaski County, \$70,000

Ronald A. Hamblin to Caleb L. Quesenberry, property at 6625 Kent Farm Road, Dublin, \$317,000.

William C. Leadmon to David N. Etter, property at 6055 OakView Avenue, Dublin, \$277,700.

Durward Alvin Smith to Wade R. Hurst Jr., property at 305 Galaway Avenue, Dublin, \$70,000.

Estate of Alma I. Martin to Lester Joy Lan Calva, property at 120 Oak Lane, Pulaski, \$105,000.

Cynthia Ann Starkey to Albert J. Cain, property at 825 5th Street NE, Pulaski, \$77,000.

Garrett A. Connors, III to ANB Investments, LLC, property at 2939 Blackberry Lane, Hiwassee, \$175,000.

Tarmac Holdings Corporation to SPA Properties, LLC, property at 1975 Peakland Drive, Pulaski, \$19,000.

Jesse Kyle Kerns to Michael Lee Smith, property at Lot 3, Highland Road, Pulaski County, \$55,000.

Federal Home Loan Mortgage Company to Steve Cox, property at 530 Patterson Avenue, Pulaski, \$49,900.

Adam L. Hankins to Roscoe F. Hoback, property at 5076 Simpson Avenue, Dublin, \$180,000.

Pensell II, LLC to Randy Keith Davis, III, property at 331 Franklin Avenue, Pulaski, \$95,000.

Samuel D. Campbell to Regrace, L.L.C., property at 528 Kerry Street, Lot 15, Section F, Hudson Terrace, Dublin, \$32,000.

Catherine E. Dalton to Gary Dean Dalton, property at 155 Oak Lane, Pulaski, \$103,000.

Shah Development, LLC to Earl W. Hagee, property at 5212 Country Meadow Drive, Lot # 113, Countryside Landing, Phase I, \$425,900.

Dennis P. Morrill to Michael Allen, property at 106 Bertha Street, Lots 1 & 2, Block 93, Pulaski, \$200,000.

Stephen D. Childress to Luis Miguel Gonzales Pardo, property at 6935 Owens Road, Snowville, \$550,000.

Dennis D. Atkins to Callahan Properties, LLC, property at Lot 5, Meadow View Heights, Dublin, \$65,000.

Stephen M. Corbin to Joseph V. Kallal, property at 8470 Whistling Straits Drive, Fairlawn, \$475,000.

Q&N, LLC to Jeep, LLC, prop-

erty at 8489 Whistling Straits Drive, Fairlawn, \$85,000.

Allen Luther Weddle to Danny King, property at 6717 North Drive, Fairlawn, \$150,000.

Lina Zhou to Tod A. Campbell, property at Lot 82, 8322 River Course Drive, Fairlawn, \$525,000.

Laura W. Walters to Brett A. Walters, property at 6697 Dudley Ferry Road, Fairlawn, \$172,000.

William M. Polce to James K. Spence, property at 6852 Beach Drive, Dublin, \$36,000.

Kathy Dawn Lytton Counts to Wildflower Homes, LLC, property at 7490 Orchard Road, Pulaski, \$80,000.

Progress Street Builders, Inc. to Robert M. Ballenger, property at 8353 Augusta National Drive, Fairlawn, \$765,286.58

Robert J. Diefenderfer to Tanya Sue Hoffman, property at 6344 Harbour Town Drive, Fairlawn, \$630,000.

Deborah G. Frets to Austin Jordan Elliott, property at 7826 Brandon Road, Fairlawn, \$300,000.

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Peppers can be green, yellow, orange, red and even purple.

# I Can Hear the Bell..... Peppers!

By **Chloe Shupe**  
**Family Nutrition**  
**Program Summer Intern**  
schloe@vt.edu

Summer is the perfect time to get out of the house and try something new. If you have never been to the farmers’ market, now is your chance!

One of the most common items sold during the summer months at markets are bell peppers as they are in peak season. Did you know that these peppers can be green, yellow, orange, red and even purple?

Not to mention, bell peppers have an abundance of health benefits. The color of the pepper doesn’t change the nutrition

factor much, but the red peppers have been on the vine the longest, so they may have a higher quantity of vitamins.

All peppers, no matter the color, are a great source of Vitamin C and this vitamin is known to promote overall health by strengthening our immune system. A strong immune system helps fight off unwanted bacteria and disease in the body, so a healthier immune system means a healthier you!

Bell peppers are also very high in Vitamin A, which strengthens eyesight, skin, and hair.

Other nutrients like potassium, fiber, and carotenoids are found in these bell peppers which effect human health in an abun-

dance of ways.

Another cool fact about bell peppers is that they can be eaten raw or cooked! They can be put on a veggie tray and served with hummus, used as a salad topping or placed on a sandwich for an extra crunch.

Bell peppers can be sauteed with other veggies and protein to create a stir fry, or they can be used as a base for a soup.

There are so many recipes that contain bell peppers, the options are endless.

Next time you find yourself looking for something to do, travel to the local farmers’ market, or nearest grocery store and grab a bell pepper to snack on.

# How to Avoid Calcium While Taking Thyroid Medication

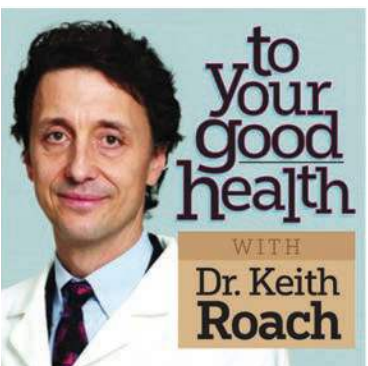
By **Dr. Keith Roach**

DEAR DR. ROACH: I had a thyroidectomy, and I take levothyroxine. Instructions for the medication state not to take it within four hours of consuming calcium. No discussion of the drug has clearly stated whether this only refers to calcium supplements or whether this also includes high-calcium foods.

I usually take levothyroxine when I wake up, between 2 a.m. and 3:30 a.m., to avoid breakfast dairy products (i.e. yogurt, cheese and soy milk) and dinner foods (broccoli, leafy greens, dairy and soy). I go to bed fairly early. I eat mainly plant-based, plus dairy.

I have asked some doctors and pharmacists, only to have them answer with the question: “Doesn’t that only apply to supplements?” I don’t know! That’s why I’m asking. I want my thyroid prescription to work as it’s supposed to. Can you shed light on this issue? -- E.G.

ANSWER: Large amounts of elemental calcium do decrease the absorption of the thyroid hormone, thyroxine. If you were to take thyroxine (Synthroid and others) at the same time as you



would a large calcium pill, you could expect the thyroid medicine to be about 7% to 8% less absorbed. (Iron and caffeine also decrease thyroid hormone absorption.)

A glass of cow’s milk taken at the same time will decrease thyroid hormone absorption. Soy milk has not been studied, but I would expect calcium-fortified soy milk to be similar to milk, yogurt and some high-calcium cheeses in their ability to reduce thyroxine absorption.

However, I think you may be taking things too far. One hour is probably adequate enough to separate calcium from thyroxine. Furthermore, if you are consistent in taking your medication, your dose will get adjusted to the correct level. I doubt that vegetables have

any effect on absorption.

Finally, in a study of people who took thyroxine sometimes with and sometimes without their calcium, the change was not enough to get them out of the desirable range, although the levels were definitely affected. The dose of thyroid hormone has a little bit of leeway in most people, although some people (such as those with a history of thyroid cancer who are now on replacement therapy after surgery) need to have a very exact dosage. So, avoiding calcium, iron and caffeine in those cases is more critical.

**Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to [ToYourGoodHealth@med.cornell.edu](mailto:ToYourGoodHealth@med.cornell.edu).**

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Donna Erickson

# Whirl Up Tasty Smoothies for Breakfast, Snacks

By **Donna Erickson**

Smoothie. It feels good just to say the word, doesn’t it? I used to think of the concoction of naturally sweet, fresh fruit flavors with crushed ice and yogurt as a magical summer thirst quencher, but with so many healthy and sometimes surprising add-ins nowadays -- from kale to beets to chia seeds -- it’s always nice to take out my blender and give some new combos a whirl.

While my preference is still a traditional blend of vitamin-rich fruits and berries (even when they come out of a package from the freezer), my family likes a variety of updated twists, too -- including adding coconut milk to the goodness for a refreshing, light taste.

But first, here are some smoothie basics using a standard blender:

1. Start with liquids such as juice, milk, kefir, yogurt, sparkling water and crushed ice.
2. Add fresh fruit (a half or whole banana is a standard ingredient for flavor and for thickening the mixture of any smoothie) and/or vegetables. To cut prep time, your school-age kids can pre-package and freeze fruit-and-veggie combinations in small plastic bags. When it’s time to make a smoothie, toss in the contents of a bag with other ingredients.
3. Whirl it all together. I pulse a few times, then blend for 15 seconds or until smooth.

Now, here’s my go-to recipe that is quick to make at breakfast time or as a satisfying afternoon snack to refuel. Older school-age kids can make it themselves with attention to their tastes and health needs. Be flexible, too, and experiment with the addition of other ingredients you have on hand, such as a few chunks of pineapple, slices of kiwi or a ripe mango. You really can’t go wrong.



**FRUIT SMOOTHIE WITH COCONUT MILK**

Makes about 2 1/2 cups

- 4 ice cubes, crushed
- 1 cup coconut milk
- 1/2 banana
- 1/2 cup plain, unsweetened yogurt
- 1 cup fresh or frozen berries, such as a combination of blueberries, strawberries and raspberries
- Dash of cinnamon (optional)

Place ingredients in blender, starting with liquids, and process until smooth.Pour into glasses.

Note: If the smoothie is too thin, add more fruit or yogurt. Too thick? Just add milk or fruit juice.

\*\*\*

**Donna Erickson creates relationships and community through food and fun. Find more to nourish and delight you at [www.donnaerickson.com](http://www.donnaerickson.com).**

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## PET OF THE WEEK

Meet Jay Jay! Jay Jay is a 3-4 year old neutered male looking for a new home! He loves head scratches, treats and lounging in the sun. He loves to be around people as well as other cats and would make the perfect lap cat!

**Pulaski County Animal Control,**  
80 Dublin Park Rd.  
Dublin, VA 24084, 540-674-8359

Monday-Friday  
10AM-4PM and 10AM-12Noon on Saturday

**Pet of the Week Is Sponsored Each Week By**  
**Todd Bruce, Mgr.**  
**Seagle Funeral Home**

# LET’S GET VACCINATED

Beginning 2023 nearly all insured patients can receive the Shingles Vaccine for FREE!

## SHINGRIX

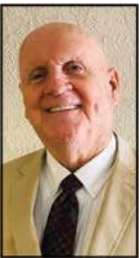
(ZOSTER VACCINE RECOMBINANT, ADJUVANTED)

# MARTIN’S

PHARMACY

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Teach Me Your Word O Lord

Terry McCraw

Grace Demands Righteous Living

We are not saved by works, but if we are saved, good works will follow. Let me give you scripture for that. Ephesians 2:10 says. “For we are his workman-ship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.”

We are created in Christ Jesus unto good works. To show forth the virtues of our Lord and Savior. We’re not saved by good works, but in order that we might do good works for the glory of God and for the benefit of humanity.

James 2: 14 thru 17 says.. “What good is it, my brothers, if someone says he has faith but does not have works? Can that faith save him? If a brother or sister is poorly clothed and lacking in daily food, and one of you says to them, “Go in peace, be warmed and filled,” without giving them the things needed for the body, what good is that? So also faith by itself, if it does not have works, is dead.”

James 2:26 says. “For as the body apart from the spirit is dead, so also faith apart from works is dead.”

To show you that after we are saved by grace through faith, good works will follow. Also obedience to God’s word is required of us after we are saved by grace through faith.

“To know to do good and to do it not, is sin.” James 4:17.

Once we are saved, we cannot relax and assume we have no further responsibility. Grace places upon us, a responsibility for righteous living.

Abundant Grace is received through Christ Jesus.

Romans 5:12. “Wherefore, as by one man sin entered into the world, and death by sin; and so death passed upon all men, for that all have sinned. For until the law sin was in the world: but sin is not imputed where there is no law. Nevertheless death reigned from Adam to Moses, even over them that had not sinned after the similitude of Adam’s transgression, who is the figure of Him that was to come.”

Verse 13 says to me, that where there is no law, personal sin is not charged against a person. Or imputed to a person. You can’t break a law if the law exists.

People sinned before the law was given, but were not charged with personal sinning. However, they were charged with the universal sin of being born in sin. The sin inherited from Adam. As his descendants we have all inherited his sinful nature. We call it the carnal nature. The old man.

Adam violated the one law that God laid down, “Thou shalt not eat of the tree of the knowledge of good and evil for in the day you do so, ye shall die.”Ever since then, all of mankind who are born of Adam’s seed are born in sin. Adam was a kind of a prototype. If he couldn’t keep God’s commandment, then none of us who are descended from his corruptible seed will be able to keep God’s commandments either.

That is until we are born again of incorruptible seed, the seed of God, and given a new nature that has not been contaminated by sin, and the Holy Spirit to give us power to overcome temptation & sin.

2500 years passed from Adam to Moses. Then the law was given by God to Moses to give to the people. During that period of time, a person was not honor

Church Directory

Draper Valley Baptist Church

3200 Lee Highway  
Draper, Va. 24324  
Pastor: Alan Pearce  
Service Times:

Bible Study Sunday, 10 a.m.  
Sunday Worship, 11 a.m.  
Sunday Evening, 5 p.m.  
email: drapervalleybc@gmail.com  
www.drapervalleybaptist.org

Grace Baptist Church

552 E. Main Street  
Dublin, Va. 24084  
Pastor: Doug Testerman  
674-1762

Primary Services:  
9:45 a.m. Sunday School  
11 a.m. Sunday worship  
Sunday Night Power Hour, 6 to 7 p.m.  
Wednesday Night 7 to 8 p.m.  
Grace Kids and Teens Bible Study

Open Door Baptist Church

4576 Miller Lane  
Pulaski, VA 24301  
Pastor: Rev. N.K. Howlett  
Sunday School, 9:45 a.m.  
Worship, 11 a.m.  
Wednesday Night, 7 p.m.  
Phone: 980-2046

Draper Methodist Church

3080 Greenbriar Road  
Draper, VA 24324  
Pastor: Lee Wiggins  
Email: office@draper-methodist-church.com  
Primary Service Times:  
Sunday School, 10 a.m.  
Worship, 11 a.m.

Christ Episcopal Church

144 North Washington Ave., Pulaski  
P.O. Box 975  
Service: 10 a.m. every Sunday  
Phone: 980-2413  
Email: christ24301@gmail.com

Jordan Chapel Methodist

Pastor: Ginny Tompkins  
Worship: 9:30 a.m.  
Sunday School: 10:45 a.m.  
Wednesday Bible Study: 7 p.m.

Cecil's Chapel Church

5801 Cecil’s Chapel Road  
Hiwassee, VA 24347  
Worship Service: 9am  
Sunday School: 10am  
www.facebook.com/cecils chapel

Valley Harvest Ministries

1 Harvest Place  
Dublin, VA 24084  
Senior Pastor Steve Willis  
Associate Pastors: Perry Slaughter,  
Walter Gueste, Derick Burton  
Sunday Worship: 10 a.m.  
Hispanic Ministry Service- Sunday 6 p.m.  
Wednesday School 7 p.m.  
www.vhmdublin.org  
540-674-4729

Dublin Baptist Church

Pastor Allen Mahan, II  
100 Hawkins Street, Dublin, VA 24084  
540-674-6061  
secretary@dublinbaptistva.org  
Website: dublinbaptistva.org  
Sunday School: 9:45 a.m.  
Morning Worship: 11 a.m.  
Sunday Adult Bible Study: 6 p.m.  
Tuesday Women’s Bible Study: 11 a.m.  
Wednesday Youth Bible Study, 7 p.m.  
Food Pantry: Wednesdays 10 a.m - 2 p.m.

Allisonia Pentecostal Holiness Church

1560 Julia Simpkins Road  
Allisonia, VA  
Pastor Justin Phillips  
Sunday Morning Worship: 10:30 a.m.  
Sunday Evening Worship: 6 p.m.

First United Methodist Church

301 N. Jefferson Ave. - Pulaski (physical)  
135 Fourth St., NW - Pulaski (mailing)  
Pastor’s Name: Josh Kilbourne  
Sunday Service: 10:00 AM  
Hispanic Service: 3 p.m.  
Contact Info. Phone: 540.980.3331  
e-mail: office@fumcpulask.org  
website: www.fumcpulask.org  
FACEBOOK@FirstUMCPulaski and  
WBLB 10:00 am

Belspring Baptist Church

6887 Depot Street  
Belspring, VA 24058  
Pastor Darrell Linkous  
Service Times:  
Sunday School: 10 a.m.  
Sunday Worship: 11 a.m.  
Wednesday Bible Study and  
Youth Group: 7 p.m.  
Darrell Linkous: 353-0081  
belspringbaptistchurch@gmail.com

Delton Church of God of Prophecy

4570 Boyd Road, Draper, VA 24324  
Pastor Vickie Lee Viars  
deltoncogop@gmail.com (276) 620-3191  
Sunday mornings - 11 AM to 12 PM  
Sunday evenings-Facebook live services  
announced on Facebook  
Wednesday evenings- To be announced at  
later future time until COVID-19 ceases  
Delton COGOP is following all COVID-19  
safety guidelines of social distancing, masks,  
cleaning, and disinfection.

Heritage Church

6195 Cleburne Boulevard, Dublin  
Joe Ratcliff, Pastor  
Service Times:  
Wednesdays, 7 p.m.;  
Sundays, 10 a.m.  
(540) 674-9220  
Website: www.heritagechurch.net  
Facebook.com/  
HeritageChurchDublinVA

First Missionary Baptist Church

7318 Manns Drive  
Fairlawn, Virginia 24141-8524  
(540) 639-5331  
email: fmbcl872@verizon.net  
Pastor: Rev. Richard A. Goodman, Sr.  
Associate Minister:  
Rev. Annette Cheek  
Clerk: Mrs. Carlotta Lewis  
Sundays:  
Morning Worship 11:00 a.m.  
The Lord's Supper - Each First Sunday  
Wednesdays: Prayer Meeting &  
Bible Study 6:30 p.m.

Draper’s Valley Presbyterian (PCA)

2755 Old Baltimore Road,  
Draper, VA 24324  
Senior Pastor: Rev. Roland Mathews  
Interim Pastor: Rev. David Gilleran  
Sunday School 9:00 a.m.  
Sunday Morning Worship 10:30 a.m.  
Sunday Evening Worship Service 6:15 p.m.  
Wednesday Youth Groups and Adult Prayer  
& Bible Study 6:30 p.m.  
Phone - 540-994-9015  
e-mail - drapers.valley@dvpc.org  
website - www.dvpc.org  
Sunday Morning Worship Live-Stream •  
10:30 a.m. (or anytime on YouTube)

Trinity Lutheran Church ELCA

2 Fifth Street, N.W., Pulaski  
540-980-3624  
Pastor: Rev. Jessica Darty  
trinitypulaski@gmail.com  
Sunday Worship 11 a.m.  
(Sept. - May)  
Sunday Worship 10:30 a.m.  
(June - Aug.)  
Sunday Worship Live stream on Facebook  
Bible Study: Wednesday, Noon  
www.trinitypulaski.org

Trinity United Methodist

Pastor: Judy Yonce  
Sunday Worship - 9:45 a.m.  
Bible Study - Wednesday, 7 p.m.  
528 5th Street, S.E.  
Pulaski, Va.  
Phone - 980-0820

Grace Ministries Church of God of Prophecy

1021 Macgill Street  
Pulaski, VA 24301  
Church: 540-980-2118  
Cell: 276-233-8083  
Bus Ministry: 540-230-2485  
www.pulaskigracemin.com  
Email: pulaskigracemin@hotmail.com  
Pastor Mike Williams  
Children's Ministry  
Aaron & Becky Sampson  
Morning Worship 10:30 a.m.  
Children’s Church 10:30 a.m.  
Children’s Free Breakfast 10:30 a.m.  
Ages 5-12  
Men’s & Women’s Ministry Wed. 6:30

Faith Bible Church

110 LaGrange Street, Pulaski, VA 24301  
Pastor: Jim Linkous  
Associate Pastor: T.J. Cox  
540-980-5433  
www.facebook/faithbiblechurch  
Sunday School: 10 a.m.  
Sunday Worship: 11 a.m.  
Sunday Children’s Church: 11 a.m.  
Sunday Evening: 6 p.m.  
Wednesday Evening Bible Study: 7 p.m.  
Children’s Meal: 6:30 p.m.  
Children’s and Youth’s Group  
Classes: 7 p.m.

Grace Episcopal Church

210 Fourth Street, Radford  
Welcoming and accepting, we have been a part  
of the Radford community for more than 130  
years.

ALL ARE WELCOME.

We offer an 8:00am Contemplative Eucharist  
service and a 10:30am Eucharist service with  
organ music and a Choir, with refreshments  
served after. The 10:30am service is live-  
streamed for those who cannot attend in person.

Find us on Facebook and  
www.graceradford.org

Dublin Christian Church

5605 Dunlap Road  
P. O. Box 1330  
Dublin, VA 24084  
(540) 674-8434  
www.dublinchristianchurch.com  
Greg “Scooter” Breisch  
Minister  
Sunday School 10:00 a.m.  
Sunday Evening Youth and Children’s  
Meetings 5:00 p.m.  
Sunday Evening Worship 6:00 p.m.  
Wednesday Night Bible Study, Youth and  
Children’s Classes 7:00 p.m.

Snowville Christian Church (DOC - Disciples of Christ)

5436 Lead Mine Rd.  
Hiwassee, VA 24347  
Pastor: Jerry King  
Website:  
www.SnowvilleChristianChurch.com  
(and Facebook)  
Office: 540-633-3761  
Email:  
office@SnowvilleChristianChurch.com  
Sunday Worship Service: 11:00 a.m.  
Sunday School: 10:00 a.m.  
Thursday Bible Study: 6:00 p.m.  
“Inspiring hope, helping people grow their  
faith, and sharing God’s love with others!”

Dublin United Methodist Church

P.O. Box 577  
424 East Main Street  
Dublin, VA 24084  
Pastor: Rev. Don Shelor  
540.674.5128  
email: dublinumc@gmail.com  
Sunday Worship Times: 9:00 & 11:00 am  
Sunday School: 10:00 am

Max Creek Baptist Church

3000 Old Route 100 Road, Draper, Va. 24324  
www.maxcreek.org  
www.facebook.com/maxcreekbaptist  
Senior Pastor: Mike Coleman  
Youth Minister: Charlie Prince  
Sunday Services  
Sunday School: 10 a.m.  
Morning Worship: 11 a.m.  
Teen Social and Class: 5 p.m.  
Evening Worship: 6 p.m.  
Wednesday Bible Study & Classes:7 p.m.

Pulaski Church of God

1621 Bob White Boulevard  
Pulaski, VA 24301  
Pastor Donald Jones  
540-980-8880  
www.pulaskicog.church  
Sunday Services  
Sunday Life Groups: 9:30 a.m.  
Sunday Morning Worship: 10:30 a.m.  
Wednesdays Midweek Connect: 7 p.m.

Randolph Avenue United Methodist Church

1607 Randolph Avenue  
Pulaski, VA 24301  
Pastor: Rev. Dr. Elston McLain  
Worship Service: 11 a.m.  
Phone: (540) 980-8775

Pulaski Christian Church, Inc.

4531 Brookmont Road, Pulaski, VA 24301  
www.pulaskichristianchurch.com/  
Rev. Kathy Warden, Pastor,  
(540) 250-2974  
Sunday School 9:45 a.m.  
Worship 11 a.m.  
Worship 7 p.m.  
Monday Bible Study  
7 to 9 p.m.  
Wednesday Bible Study  
7 p.m.

First Baptist Church

220 Magazine Street  
Pulaski, VA 24301  
540-980-3336  
Email: firstbaptist220@gmail.com  
Pastor: Rev. Douglas Patterson  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Monday’s Child Youth Group, Monday  
Evening 6 p.m.  
Wednesday Bible Study 6:30 p.m.

Dora Highway Baptist Church

321 Dora Highway  
Pulaski, VA 24301  
Pastor: Harry Gunter  
Worship Service: 11 a.m.  
Phone: (540) 320-0738  
  
New Hope Chapel  
1555 Case Knife Road, Pulaski, VA 24301  
Pastor Darrell Gray  
(276) 733-6080  
Service Times  
10 a.m. Sunday School  
11 a.m. Sunday Service

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# McCraw

Continued from Page B8

bound to keep the law of God because the law of God had not yet been given. However, Adam’s universal sin was passed down to everyone born of his seed. So every person from Adam to Moses was born in sin. And every person from Moses to this very day and every day to come upon this world, until Jesus comes, is also born in sin.

Death, in all its forms is the penalty for sin. Death in all of its negative forms, reigned over mankind from Adam to Moses, when the law was given. 1. Spiritual Death. Life apart from God. 2. Physical Death. “For it is appointed unto man once to die and after this the judgment.” 3. Eternal Death in the lake of fire. Everyone who is not saved when they die physically will end up in eternal torment in the lake of fire, which is the second death.

People from Adam to Moses were not judged by the law for it was not yet given. But still, they were under the death sentence because they were born of corruptible seed. The seed of Adam.

William Barclay has some excellent insight on these somewhat difficult scriptures. Adam was not an individual but one of mankind, and because he was one of mankind, his sin was the sin of all mankind.

It’s kinda like when Achan sinned by taking of the accursed things from Jericho, God punished the whole nation because Achan was one of that nation. And then when his sin was exposed or uncovered, not only Achan was put to death but his whole family was put to death also. His sin passed on to his whole family and to his whole nation. God saw sin in the camp and judged the whole nation for it.

Paul said that “all men sinned in Adam.” In other words, if Adam has a wicked heart, then all who are born of Adam also have a wicked heart, until they are born again, or recreated in Christ Jesus, and given a new heart and a new nature.

Jesus came bringing perfect goodness and offers it to those who believe in Him unto salvation. Just as all men were involved in Adam’s sin, all who believe in and accept Jesus as their personal Savior are involved in Jesus’ perfect goodness. “In Adam all die, but in Jesus Christ, all are made alive.” Jesus’ perfect goodness conquers death and gives us life eternal.

“It’s possible to stay clean in a dirty world.” Sheri L. Dew.

# Bible Trivia

1. Is the book of Corinth (KJV) in the Old or New Testament or neither?
  2. From Matthew 11:18, who was accused of “having a devil” because he did not drink? Mark, John the Baptist, Paul, Josiah
  3. In Exodus 15:21, who sang a patriotic song after the crossing of the Red Sea? Zipporah, Delilah, Miriam, Dinah
  4. From Judges 1:23-25, which Canaanite city did spies find the entrance to? Ai, Sardis, Colossae, Bethel
  5. In Acts 12:21-23, what ungodly ruler was struck down by an angel? Herod, Ehud, Jehu, Abner
  6. Eve’s name appears in the book of Genesis how many times? 0, 2, 13, 21
- ANSWERS: 1) Neither, 2) John the Baptist, 3) Miriam, 4) Bethel, 5) Herod, 6) 2 (Gen 3:20, 4:1)
- Comments? More Trivia? Gift ideas? Visit [www.TriviaGuy.com](http://www.TriviaGuy.com).



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**540-808-3949**

**Trinity Baptist Church**  
4008 Robinson Tract Road  
Pulaski, VA 24301  
Telephone: 980-8186  
Pastor Johnny Howlett  
Sunday Worship - 10 a.m.  
Sunday Bible Study - 6 p.m.  
Wednesday - Adult Bible Study and Youth Group - 7 p.m.

**Bob White Boulevard Baptist Church**  
3826 Bob White Boulevard  
Pulaski, VA.

Sunday School: 9:45 a.m.  
Preaching: 11 a.m.  
Sunday Evening: 7:30 p.m.  
Wednesday Prayer Service: 7:30 p.m.  
FUNDAMENTAL

**First Dublin Presbyterian Church (ECO)**  
409 Church Street, Dublin, Va. 24084  
P.O. Box 2027, Dublin, Va. 24084  
[first-dublin-presbyterian-church-eco.com](http://first-dublin-presbyterian-church-eco.com)  
Pastor:  
Mary Ann Armbrister  
Sunday Worship: 10:45 a.m.

**New Dublin Presbyterian Church**  
5331 New Dublin Church Road  
Dublin, VA 24084  
Sunday School: 10 a.m.  
Worship: 11 a.m.  
Phone: 540-674-6147  
[www.newdublin.org](http://www.newdublin.org)

*Visit The Church Of Your Choice This Week*

## BIBLE WORD SEARCH

by Elie’s Spiritual Treasures

Psalm 27:4

One thing I ask from the LORD, this only do I seek: that I may dwell in the house of the LORD all the days of my life, to gaze on the beauty of the LORD and to seek him in his temple.

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Y S H L P I I Q A H  
A A M L H Y A M Z A  
D F E L L E W D E T  
D N A E H T S E E K

Find the **bolded/underlined** words in the diagram.  
They run in all directions — forward, backward, up, down and diagonally.

[WWW.SEARCHING-FOR-JESUS.COM](http://WWW.SEARCHING-FOR-JESUS.COM)

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**Family Worship Center**  
First Pentecostal Holiness  
955 Memorial Drive, Pulaski  
980-7287  
[www.fwcpulaski.church](http://www.fwcpulaski.church)  
Jeff Willhoite, Pastor  
Sunday School 9:45 am  
Sunday Worship 10:45 am  
KidsZone 10:45 am  
Alpha & Omega Pentecostal Spanish service  
10:45 am  
Sunday Evening Worship 6 pm

**Pulaski First Church of the Brethren**  
1749 Newbern Road  
Pulaski, VA 24301  
Pastor Frank Peters  
Sunday School: 9:45  
Worship: 11 a.m.  
Wednesday Bible Study: 7 p.m.  
980-3798

**New Hope Church**  
3050 Lee Highway  
Pulaski, VA 24301 (540) 980-5506  
(Mon. - Fri., 9 a.m.-1 p.m.)  
Pastor Randy Lawrence Jr.  
Sunday Worship 10:30 a.m.  
Wednesday Evenings 7 pm  
THRIVE Teen Class  
Children’s Special Activity Classes  
Adults: Worship/Prayer Services

**Hilltop Pentecostal Holiness Church**  
4892 Veterans Hill Road  
Pulaski, VA  
Pastor Todd Garwood  
(540) 250-3741  
[ttgarwood674@gmail.com](mailto:ttgarwood674@gmail.com)

**First Christian Church of Pulaski**  
524 N Jefferson Ave  
Pulaski, VA 24301-4618  
(540) 980-7144  
[www.firstchristianpulaski.org](http://www.firstchristianpulaski.org)  
Pastor: Timothy Moore  
Men’s Sunday School: 10 am  
Worship: 11 am

**Aldersgate United Methodist**  
1946 Medallion Drive  
Pulaski, VA 24301  
(540) 980-1349  
Pastor Jim Goddard  
Sunday School 9:45 a.m.  
Sunday Worship 11 a.m.

**Pathway to Heaven Worship Center**  
Mailing Address: P.O. Box 434  
Dublin, VA 24084  
Physical Address: 7889 Cleburne Blvd.  
Dublin, VA 24084  
Pastor Winfred Keene - Phone 540-239-8092  
Sunday School: 10 a.m.  
Sunday Morning Worship: 11 a.m.  
Sunday Evening Worship: 6 p.m.  
Tuesday Evening Worship Service: 7 p.m.

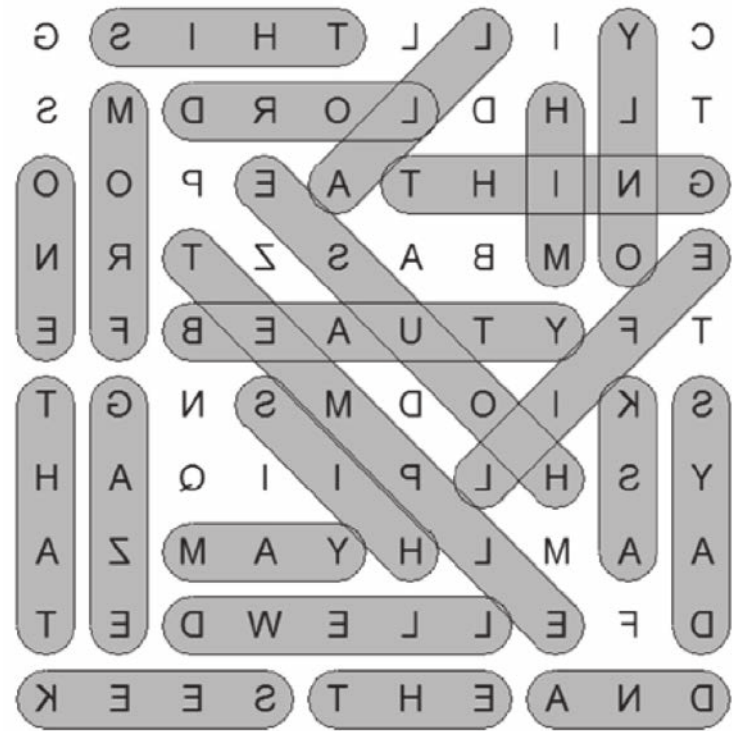
**St. Edwards Catholic Church**  
Corner of N. Washington Ave. and  
7th Street N.W., Pulaski  
Phone: 980-6511  
Fax: 980-6511  
Priest: Fr. Francis Boateng  
Mass: 11 a.m. Sunday

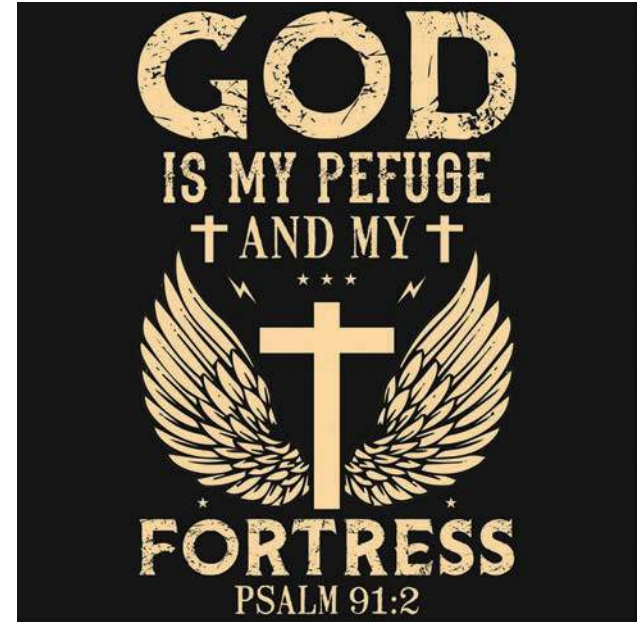
**Warriors for Christ II**  
Bishop Sherman Buckner  
600 Skyline Circle  
Pulaski, VA  
540-315-2317  
Sunday School: 10 a.m.  
Worship: 11 a.m. and 7 p.m.  
Thursday: 7 p.m. Service

**Community Christian Church**  
5382 Grace Street, Dublin VA, 24084  
540-674-4308  
Pastor: Bill Neeley  
Children’s Director: Kristen Edwards  
Youth Director: Ashley Coake  
[www.C3family.org](http://www.C3family.org); Facebook: Community Christian Church|Dublin, VA; email: [triplecsecretary@gmail.com](mailto:triplecsecretary@gmail.com)  
Wednesday Bible Study and Prayer Meeting at 6:30 p.m.; C3Kids and C3Youth meeting at 6:30 p.m.  
Thursday 10:30 a.m. Adult Bible Study  
Sunday School 9:30 a.m.  
Worship Service 10:45 a.m.


## BIBLE WORD SEARCH

Answers





**GOD**  
**IS MY PEPUGE**  
**† AND MY †**  
**FORTRESS**  
PSALM 91:2




**THE ILLUSTRATED BIBLE**

*Whatever you do, do your work heartily, as for the Lord rather than for men, knowing that from the Lord you will receive the reward of the inheritance.*

*It is the Lord Christ whom you serve.*

COLOSSIANS 3:23, 24



Ukrainian etching, artist unknown (1976)

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**SANI-MODE BARBER SHOP**  
Kelly Howlett  
Jamie Bentley  
**516 East Main Street**  
**Pulaski • 980-6991**



**STEVENS FUNERAL HOME-INC.**  
815 Randolph Ave.  
Pulaski, Va.  
(540) 980-2600

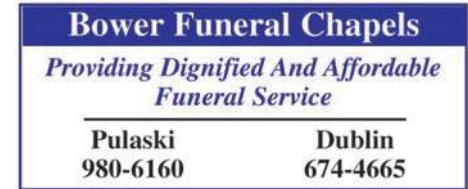


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Amber Waves

HEY, SONNY BOY, HOW ARE THE CHORES COMING ALONG?

BACK IN MY DAY, AFTER A HARD DAY'S WORK, FOR FUN WE WOULD TAKE A DIP IN THE POND.

I'D RATHER DO GAMING ON A 64" HIGH-PIXEL SCREEN WITH A SWEET 144 HZ REFRESH RATE!

WAS THAT GERMAN, SPANISH OR SOME ROBOT LANGUAGE?

Out on a Limb

OUCH!  
OUCH!  
OUCH!  
OUCH!  
OUCH!

THE ONLY THING WORSE THAN RUNNING WITH SCISSORS IS SKIPPING WITH SCISSORS.

The Spats

INFLATION IS GETTING OUT OF CONTROL.

I'LL SAY. PRICES ARE OUTRAGEOUS.

PRICES?? I WAS TALKING ABOUT YOUR WEIGHT.

TIGER

HEY, TIGER

STRIPE'S LOOSE!

THE BEST WAY TO CATCH HIM

...IS TO IGNORE HIM

JUST IGNORE HIM...

AND DO SOMETHING ELSE!

OLIVE

SO HERE IT IS...

HOW DO WE EVER WORK THIS?

I GUESS IT SORT OF WORKED... HOW ARE YOU FEELING, PETUNIA?

GET ME OUT OF THIS BODY! I FEEL SO FRAIL!

HOW YOU'RE JUST BEING MEAN!

HOCUS-FOCUS

BY HENRY BOLTONOFF

Find at least six differences in details between panels.

Just Like Cats & Dogs

WE'RE HERE TO RENEGOTIATE OUR LOAN. YOU'RE GETTING "THE LOOK," SO IT'S BEST TO JUST AGREE.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Q equals R

KRDH WH DBWYB KBP QROCZ

OQP YRLSVKPVY KPPLWHX DWKB

KWQP-ZHOXXWHX CPSQPZZWRHZ:

KBP BRVPT YWKT.

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Source SAUCE

Agitation RITHED

Wound GAMEAD

Crowd BARBEL

TODAY'S WORD

by Dave T. Phipps

by Gary Kopervas

by Jeff Pickering

by BUD BLAKE

BY HENRY BOLTONOFF

King Crossword

ACROSS

1 Artist Chagall

5 Witty one

8 Infatuated

12 — about (roughly)

13 Copper head?

14 Arkin or Alda

15 Famed circus impresario

17 A deadly sin

18 Tuscan city

19 Rapsallions

21 Craving

24 "— was saying ..."

25 Pocket bread

28 Chart toppers

30 Cagers' gp.

33 Author Tan

34 Highway divisions

35 City area, for short

36 LP speed

37 Staffer

38 College VIP

39 Luau bowlful

41 Cold War initials

43 Chin covers

46 Old hat

50 Forearm bone

51 Every year

54 Blue material?

55 Swiss canton

56 Campus digs

DOWN

1 Floor cleaners

2 Con

3 Judicial garb

4 Brain protectors

5 Pallid

6 — Dhabi

7 Jewels

8 Grand parties

9 Kitchen foil type

10 React in horror

11 Picnic invaders

16 Squealer

20 Mama Elliot

22 Spiced tea

23 Brahmanist

25 Standard

26 Little rascal

27 Ear membrane

29 Casual tops

31 Buddy

32 "Shark Tank" network

34 Set down

38 "The Godfather" star

40 Emulate

42 Resort

43 Small statue

44 Ticklish

45 Muppet

47 Uppity sort

48 Foolproof

49 TV trophy

52 Before

53 Tease

top ten

America's Most Generous Givers 2023

1. Warren Buffett

2. Bill Gates & Melinda French Gates

3. George Soros

4. MacKenzie Scott

5. Michael Bloomberg

6. Charles Feeney

7. Gordon & Betty Moore

8. Jim & Marilyn Simons

9. Mark Zuckerberg & Priscilla Chan

10. Phil & Penny Knight

Source: Forbes

Trivia test

by Fifi Rodriguez

1. WEATHER: What is the name of the hot wind that blows from the Sahara Desert to the southern coast of Europe?

2. GENERAL KNOWLEDGE: What is the name of the condition of seeing human faces in random or ambiguous objects or patterns?

3. GEOGRAPHY: What is the only country that borders the United Kingdom?

4. THEATER: Which Broadway play features a helicopter on stage?

5. LITERATURE: Who wrote the novel "One Hundred Years of Solitude"?

6. MEDICAL: What is the common name for the ailment called epistaxis?

7. TELEVISION: Which TV comedy popularized the phrase "Yabba Dabba Do"?

8. MOVIES: What is the nickname that Steven Spielberg gave the mechanical shark in the movie "Jaws"?

9. HISTORY: When did the Boxer Rebellion take place in China?

10. MATH: Which number doesn't have a corresponding Roman numeral?

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WORD LADDERS

Can you go from READS to DIALS in 6 words? Change one letter for each rung in the ladder.

READS

DIALS

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King Crossword

Solution time: 24 mins.

Answers

Americanisms

"Humanity requires both men and women and we are equally important and need one another."

— Beyoncé Knowles

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And Select the Date.

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# BIBLE WORD SEARCH

by Elie's Spiritual Treasures

Psalms 27:4

One thing I ask from the LORD, **this only** do I seek: **that I may dwell** in the **house of the LORD** **all** the **days** of my **life**, to **gaze** on the **beauty** of the **LORD** **and** to seek **him** in **his temple**.

NEW INTERNATIONAL VERSION

C Y I L L T H I S G  
T L H D L O R D M S  
G N I H T A E P O  
E O M B A S Z T R N  
T F Y T U A E B F E  
S K I O D M S N G T  
Y S H L P I I Q A H  
A A M L H Y A M Z A  
D F E L L E W D E T  
D N A E H T S E E K

Find the **bolded/underlined** words in the diagram. They run in all directions — forward, backward, up, down and diagonally.

WWW.SEARCHING-FOR-JESUS.COM

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## CryptoQuote

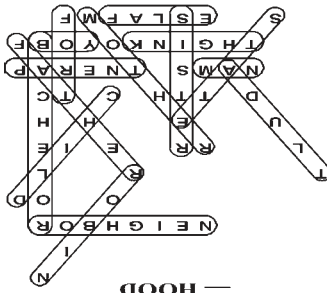
AXYDLBAAXR  
is LONGFELLOW

One letter stands for another. In this sample, **A** is used for the three L's, **X** for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

IML BOCNI IT QZTWTYOJL ON  
IML ACQULNI. IML BOCNI IT  
BTCYOUL ON IML NICTDYLNI.  
IML BOCNI IT BTCYLI ON IML  
MQZZOLNI. — HSDTKD

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The first to apologize is the bravest. The first to forgive is the strongest. The first to forget is the happiest. — Unknown



## Weekly SUDOKU

by Linda Thistle

		8	4			3	
1	4			5		8	
	6				2		7
6			2			9	
	9				1		5
		7		3			6 8
9				6		3	
	3			2 8			4
2		1	7				5

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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Puzzle Answer Appears Elsewhere In This Week's Issue

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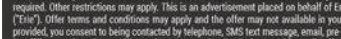
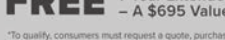
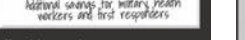
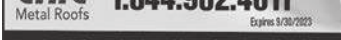
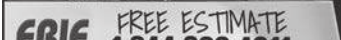
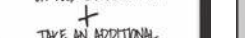
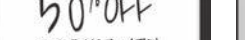
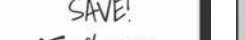
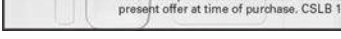
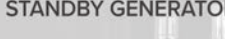
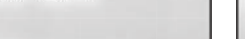
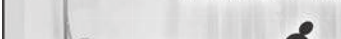
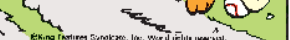
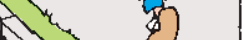
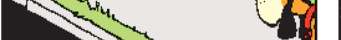
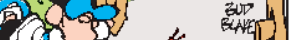
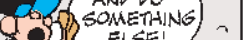
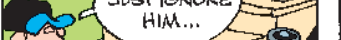


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Meredith McGrady  
Office Manager



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PULASKI COUNTY PULSE

All Dublin High Alumni

We would like to especially invite the DHS Class of 1962 to a monthly breakfast for ALL Dublin High School alumni. This is held the first Wednesday of each month in the Dublin Lion's Club Building beginning at 9 AM. It's a chance to see members of all of the classes from DHS. The Lion's Club asks only for donations to support their many community projects.

July 29

**Draper Valley PH Women's Fellowship Event**  
Encouragement For Women  
Saturday Evening, July 29, 2023  
Prayer. Fellowship. Worship Music.  
Light Refreshments will be served.  
Special Speaker: Melissa Gaona  
Starts at 6:00 P.M.

Aug. 4-5

**Class Reunion**  
Members of the Pulaski High School Class of 1973 will hold their 50th class reunion on Aug. 4 and 5, 2023. The event will be held at Thornspring Country Club and Event Center in Pulaski. Please let us know if you are interested in attending. Invites will go out later, but right now we need to determine the number interested in attending. Please email us at efsouthern@gmail.com to let us know if you plan to attend and provide your up to date address. You can write us at Class of '73 Reunion, P.O. Box 242, Pulaski, VA 24301. Also, join us on Facebook at "PHS Class of 1973 (Pulaski, VA)" Hope to hear from you soon!

Aug. 6

**Homecoming Celebration**  
First Dublin Presbyterian Church, ECO at 409 Church Street, Dublin will celebrate 150 years of continuous service to the Lord during Homecoming on Aug. 6. Service begins at 10:45 a.m. Lunch to follow.

Aug. 19

**Ice Cream Social**  
First Dublin Presbyterian Church, ECO at 409 Church Street, Dublin will hold an Ice Cream Social in the Fellowship Hall from 3 to 5 p.m. Family and friends, all are welcome to come cool off and enjoy fellowship with their ice cream.

Aug. 26

**Dublin High School 50th Class reunion**  
The Class of Dublin High School 1973 will hold their 50th class reunion on August 26, 2023. The reunion will be held at Thornspring Country Club and Event Center in Pulaski. Save the date cards have been mailed and if you haven't received one please email :cindyviers.cv@gmail.com or tcovey3@verizon.net or write DHS Class Reunion 1973, P.O. Box 233, Dublin, VA 24084. There will be more details mailed out soon.  
Join us on Facebook "Dublin High School - Virginia- Class of 1973."

Oct. 20-21

**Crafts Fair**  
First Dublin Presbyterian Church, ECO at 409 Church Street, Dublin will hold a Crafts Fair on Oct. 20 and 21. Crafters and vendors are welcome. Please contact 540-505-4079 for booth reservations. \$25 for one day, \$35 for both days. An early set-up time will be available on Thursday, Oct. 19 for inside booths upon request. Food and baked goods will be available for purchase.

The Patriot  
540-808-3949

— Weekly SUDOKU —  
Answer

7	5	8	4	9	6	2	3	1
1	4	2	3	5	7	8	9	6
3	6	9	8	1	2	5	4	7
6	1	5	2	8	4	9	7	3
8	9	3	6	7	1	4	2	5
4	2	7	5	3	9	1	6	8
9	7	4	1	6	5	3	8	2
5	3	6	9	2	8	7	1	4
2	8	1	7	4	3	6	5	9

Nov. 11

**Community Prayer and Praise Service**  
First Dublin Presbyterian Church, ECO at 409 Church Street, Dublin will hold a Community Prayer and Praise Service from 6 to 8 p.m. Special music performances and hymn singing will highlight our evening of prayer, praise and worship. Refreshments and a time of fellowship will close out the service.

On going:

**Alcohol Anonymous**  
Alcohol Anonymous meet Mondays at 8 p.m. (closed meeting); Wednesday (noon) and Thursday at 8 p.m. (open meetings) at Pulaski Presbyterian Church of America located at 975 Memorial Drive. Contact number is 540-440-0066.

**Pulaski Al-Anon Family Group**  
Pulaski Al-Anon Family Group (a support group for friends and families of alcoholics) meet every Monday night at 8 p.m. at Pulaski Presbyterian Church of America located at 975 Memorial Drive. Contact number 540-818-0621.

**Lifestyles Changes**  
If you are currently trying to lose weight, we may have what you need. Contact Bill Brewer at 540-813-1605.


**Celebrate Recovery**  
Celebrate Recovery is a Christ-centered 12-step program where people gain freedom, healing and accountability for life's hurts, habits, and hang-ups. Group Meeting at 6:15pm every Thursday at Valley Harvest Ministries, 1 Harvest Place, Dublin.

Virginians may now indicate blood type on license, ID card

RICHMOND – Virginians may now choose to indicate their blood type to include on their driver's license to assist first responders in the event of an emergency.  
Virginians have the option to indicate their blood type when they renew or replace their driver's license or ID at dmv.virginia.gov or in-person at any Virginia Department of Motor Vehicles (DMV) customer service center. Customers who are applying for a license or ID for the first time must visit a customer service center in person.  
If you renew or replace your credential online, you will be prompted with a question whether you'd like to indicate blood type during the transaction.  
Choosing to have your blood type displayed on your license or ID is optional. The blood type will be displayed in a small icon on the front of your license or ID.  
It is not required to show proof

**Heritage Cares Food still distributing food**  
Heritage Cares Food Pantry at Heritage Church is still distributing food on Thursdays from 9 a.m. to 4 p.m. The church is located a half-mile past the New River Valley Airport on Route 100 North of Dublin.  
of your blood type if you'd like it to appear on your credential. It is your responsibility to self-certify, and make sure you have your correct blood type.  
"The law was intended to aid individuals and first responders when every second counts in an emergency," said DMV Commissioner Gerald Lackey. "DMV is proud to provide Virginians with options. On your driver's license or ID, you can indicate not only your blood type, but also your willingness to be an organ donor, your veteran status and can even list important medical indicators."  
Senate Bill 345 was introduced by Sen. George L. Barker.

The Patriot  
540-808-3949



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WITH JARED STOUT BAND

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